

MAY 19-21, 2014

AT UCONN STORRS

A CROSS-SYSTEMS CONFERENCE ON YOUTH SOCIAL, EMOTIONAL, AND BEHAVIORAL WELLNESS



CARE 4 Youth

CONNECTING **A**WARENESS and **R**ESPONSE to **E**MOTIONAL
NEEDS FOR YOUTH

Youth Mental Health First Aid

The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations, and is appropriate for any adult (e.g., caregivers, school staff, community service workers) who regularly interacts with young people (ages 12-18).

Offered: Monday May 19th (8:30-4:30)

PREPaRE WS2—Crisis Intervention and Recovery: The Roles of School-Based Mental Health Professionals

This workshop provides knowledge necessary to meet the mental health needs of students and staff following a school-associated crisis event, and is appropriate for those providing crisis intervention services in schools.

Offered: Tues May 20th (8:30-4:30) and Wed May 21st (8:30-4:30)

Space is limited for each session—take one or both but register early!

Visit <http://care4youth.uconn.edu/> for more information, including session descriptions, presenters, and registration.

Sessions Appropriate for Wide Audiences:

- Parents and Caregivers
- Community-based providers
- K-12 educators and administrators
- Pupil Services personnel and School Resource Officers

Sponsors include:

- Department of Educational Psychology, UConn
- Youth and Family Services of Haddam-Killingworth, Inc.
- Connecticut Council on Problem Gambling
- EASTCONN
- Ana Grace Project of Klingberg Family Centers
- Clifford Beers Clinic
- Connecticut Association of School Psychologists (CASP)

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