Youth Mental Health First Aid
The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations, and is appropriate for any adult (e.g., caregivers, school staff, community service workers) who regularly interacts with young people (ages 12-18).
Offered: Monday May 19th (8:30-4:30)

PREPaRE WS2—Crisis Intervention and Recovery: The Roles of School-Based Mental Health Professionals
This workshop provides knowledge necessary to meet the mental health needs of students and staff following a school-associated crisis event, and is appropriate for those providing crisis intervention services in schools.
Offered: Tues May 20th (8:30-4:30) and Wed May 21st (8:30-4:30)

Space is limited for each session—take one or both but register early!
Visit http://care4youth.uconn.edu/ for more information, including session descriptions, presenters, and registration.

Sessions Appropriate for Wide Audiences:
- Parents and Caregivers
- Community-based providers
- K-12 educators and administrators
- Pupil Services personnel and School Resource Officers

Sponsors include:
- Department of Educational Psychology, UConn
- Youth and Family Services of Haddam-Killingworth, Inc.
- Connecticut Council on Problem Gambling
- EASTCONN
- Ana Grace Project of Klingberg Family Centers
- Clifford Beers Clinic
- Connecticut Association of School Psychologists (CASP)

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