



(OLLI) at the University of Connecticut, Waterbury, CT

**Lifelong Learning** | Providing older adults with opportunities to engage in intellectual development, cultural stimulation, and social interaction. Visit us at [www.waterbury.uconn.edu/osher](http://www.waterbury.uconn.edu/osher)



## **SPRING 2013**

**NEW - 10 weeks! March 1 - May 10  
(no classes March 29)**

## **SUMMER 2013**

**Tuesday, Wednesday, Thursday  
June 4 - 27**





L-R: Michele Pizzuto, Julie Wilson and Dr. William Pizzuto

# WELCOME

to the University of Connecticut's Waterbury Campus!

2

Welcome to the University of Connecticut's, Waterbury campus! Our campus proudly serves Waterbury and the region by delivering educational programs for undergraduate, graduate, and lifelong learning students in a dynamic, accessible, state-of-the-art environment. We are equally proud to be associated with The Bernard Osher Foundation and the network of one hundred and seventeen (117) Osher Lifelong Learning Institutes across the United States. We express deep thanks to The Bernard Osher Foundation for its generosity and vision with regard to the lifelong learning movement. Whether you will be connecting with college for the first time, reconnecting with higher education, or returning to UConn, we want this to be a positive and enriching experience. OLLI members bring a unique and positive energy to our campus through their enthusiasm and their depth of life experience in various careers, family life, and civic engagement.

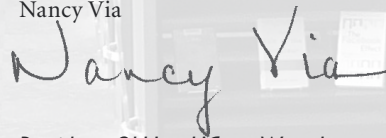
I extend a warm welcome to each and every one of you. Please enjoy your time here and savor the fun of learning.

William J. Pizzuto, Ph. D.

  
Director, UConn Waterbury Campus

Greetings and welcome to all OLLI members and presenters. Our 2013 spring semester includes some firsts for our OLLI program. We are now offering 10-week courses, as well as classes of 5 and 8-weeks in length and our 2013 summer course offerings are more numerous too. In May, we will be voting for and installing our new slate of officers and members-at-large who represent all OLLI members on our Leadership Council. We thank the many UConn people who have put their magic touch on everything that we do here at UConn Waterbury – for helping cast a bright light on our marvelous OLLI program. Enjoy!

Nancy Via

  
President, OLLI at UConn Waterbury



## Dear Returning and New OLLI Members!

Welcome to the start of 2013 and the beginning of the seventh calendar year of OLLI at UConn Waterbury! On behalf of the administration of UConn Waterbury, it brings me great joy to wish you a wonderful New Year and an enjoyable and fruitful year of lifelong learning. We are pleased to see the continued commitment in exploring your own interests and “digging deeper” into knowledge, culture, and the controversies of the world. These learning endeavors are thankfully never ending and often are a catalyst for new experiences and drawing out a deeper meaning of life. Whether it is the decision to travel somewhere new, share something new with a grandchild, or simply read a new book, lifelong learning can often be just the first step in enriching one’s life through something DIFFERENT and NEW! OLLI members should be commended for their willingness to challenge themselves and engage in new learning and meaningful discussion with their peers.

As we begin 2013, we will be celebrating Nancy Via’s fifth and final academic year as President of OLLI. Please join me in thanking Nancy and each member of the Leadership Council for their dedication and guidance. I would also like to thank the OLLI Staff. Rita Quinn continues to offer a depth of dedication and effort that is exceptional. Kathy Houlihan leads our member-volunteers in an initiative (OLLI VIPs) that makes OLLI run smoothly “behind the scenes” and “in front of the scenes.” Thanks to all the committee volunteers! Our OLLI Student Workers are among “UConn’s finest” and we couldn’t do it without their energy and exuberance. The work of OLLI at UConn Presenters is the core of what we do – without their knowledge and commitment OLLI simply would not exist. As always, we thank Dr. William J. Pizzuto and every single employee of the Waterbury Campus. The University and the Campus are the foundation on which this program is built. Deep gratitude to everyone!

As OLLI members, you continue to humble us with your volunteerism and financial donations. Thank you for your continued support – it is noticed!

Please celebrate our collective successes and please share a lifelong learning story at OLLI with a friend!

Warmly,

Brian G. Chapman, Ed.D.  
*Director of The Osher Lifelong Learning Institute  
at the University of Connecticut*

### REGISTRATION

- Registrations are still first-come, first-served, with members always receiving the first opportunity to register.
- Confirmation letters will be mailed out around mid-February.
- ALL FEES ARE NON-REFUNDABLE
- Encourage a friend to go to the website for course information and a membership registration form.





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Registration Form .....	Centerfold
Fill out yellow sheet in middle of book and return with payment	
Spring / Summer listings / registration form also available on	
OLLI website <a href="http://www.waterbury.uconn.edu/osher">www.waterbury.uconn.edu/osher</a>	



## Mission

*OLLI at UConn is a member-driven, community-responsive program offering non-credit learning experiences (courses, lectures, and special events) for older adults who want to engage socially and intellectually with their peers as teachers and learners. Situated on an intimate, state-of-the-art university campus with traditional-age students and research faculty, OLLI also provides fertile ground for an intergenerational interaction and exchange of ideas. The urban campus reaches out to a diverse region which provides opportunities for partnership with other cultural, educational, and arts organizations.*

**Save the Dates!**  
**Fall OLLI Session**

**September 13 to November 15, 2013**  
**Deadline for Course Proposals – May 1, 2013**



(L-R) Mom, Pij Kadish and Daughter, Merle Arcovio

## Why Lifelong Learning?

Enjoyment, fulfillment, intellectual stimulation, shared enthusiasm, challenging discussions, enriching existing friendships and forging new ones – these benefits merely begin to answer the question, “Why Lifelong Learning?”

Lifelong learning is an educational philosophy that embraces a comprehensive definition of human inquiry; educational activities can and should be available through all stages of life. We are endowed at birth with insatiable curiosity and an incredible capacity to learn. Spend a few moments watching a group of children who encounter something completely new that captures their attention and challenges their intellect. There is pure delight in the adventure of experimentation and the thrill of discovery.

The magnificent news is that there is no expiration date on inquisitiveness and imagination. Lifelong learning is a gift we give ourselves that allows us to once again experience that sense of awe and wonder, coupled with the satisfaction of mastering a new skill or adding to our store of knowledge. For adult learners, lifelong learning offers the added practical benefit of maintaining brain health.

Cognitive stimulation, otherwise known as “exercise for your brain,” is essential to maintaining high cognitive functioning in later life. “Cognition is dependent upon brain function and brain function can be improved through physical exercise and cognitive stimulation. Lifelong learning institutes offer older adults a myriad of opportunities to enhance their cognitive function.” (Simone & Scullin, 2006)

Harkening back to the days when we were encouraged to seek a well-rounded education, we now have the opportunity to engage fully and ask the deeper questions using our own life histories and those around us. Lifelong learning allows us to relish – either again or for the first

time – the big ideas of art, history, music, health, philosophy, politics, religion, science and more. And not just with our contemporaries, but with people ten, twenty, or thirty years older or younger. Some OLLI courses and programs are designed to be intergenerational, with college undergraduates learning alongside OLLI members. The mix of young and old in a university setting opens up new worlds of interest, re-examination, excitement, varying points of view, and sometimes a healthy level of controversy. It enlivens our mind, helps focus our life, and gives us new insights to the world around us. And there are no exams! So come and revel in the experience of learning for the joy of it!

### It’s ALL in the Family!

A founding OLLI at UConn member, **Allyne (Pij) Kadish** says she believes she is “truly one of the ‘oldest’ members – in participation and age!” A member of the Leadership Council, she worked on the original Council Guidelines, Strategic Planning and Nominating Committees. Pij says “OLLI is a place to meet, learn, listen, enjoy, bond, relax, seek new avenues of pleasure and learning, new people and interesting topics – a wonderful addition to senior lifestyle. I never tire of new things! And the greatest thing is to have my daughter following me in our involvement in OLLI – both in taking classes and being a leadership council member and volunteer.”

**Merle Arcovio** accompanied her Mom, Pij, to help put stickers on OLLI brochures during one of OLLI’s first semesters, and by the end of the day she was hooked! She then signed up for classes, committees, worked as a volunteer at Open House and never looked back. Now, over 4 years later, Merle is a committee co-chair, leadership council member and book club member – but most importantly, a proud OLLI member. Just goes to show, “Mother does know best.” OLLI is everything and so much more!

**To join and register for spring and summer classes, please fill out the enclosed membership form and return by Friday, February 22, 2013. Please use the designated course number(s) to indicate your class choice(s) on the membership registration form – and include 1st, 2nd and 3rd course choices! Also check the special events you’d like to attend and be sure to include your vehicle information for our OLLI files. ALL FEES ARE NON-REFUNDABLE!**

# Annual Membership Benefits

## ALL FEES ARE NON-REFUNDABLE!

**Annual OLLI Membership is \$60 – this is also called Basic Membership. When a member pays the annual \$60 membership, benefits include:**

- Opportunity to register for OLLI courses (see fee structure below)
- Participation in OLLI Café and other Lunchtime Activities
- UConn Waterbury parking pass allows parking when on campus (see directions/parking on pages 11 and 39 for details)
- OLLI members are also Mattatuck Museum Members (see page 38 for details)
- UConn Library Privileges
- Priority Registration
- Opportunity to participate in OLLI Trips
- Entrance to Special OLLI Events
- Discounts to OLLI partnership events
- Year-round notices about additional OLLI programs and events
- OLLI membership card (issued once)
- Opportunity to contribute by joining OLLI committees/OLLI VIPs

### TYPICAL COURSE FEE STRUCTURE

- 5-week class - \$25
- 6-week class - \$30
- 8-week class - \$40
- 10-week class - \$50

Refer to At-A-Glance listing for course cost!

**If you are a returning OLLI,  
your membership expiration date is noted  
on mailing label of the brochure –  
after your name!**

OLLI provides memberships on 12-month cycles. The cycles extend from March to February of the following year OR September to August of the following year. Members are entitled to register for courses for all sessions that occur within their membership cycle.

### Membership Cycle Examples

Members who joined OLLI in spring or summer 2012 have a membership cycle from March 2012 through February 2013. These members need to renew their membership now and pay the annual \$60 fee (new membership will extend from March 2013 to February 2014).

Members who joined OLLI in fall 2012 have a membership cycle from September 2012 through August 2013. These people remain members through August 2013 and do not pay the membership fee at this time (they will renew their membership in fall or August 2013).

A member joining OLLI for the first time in spring or summer 2013 will have a membership cycle from March 2013 to February 2014 – paying \$60 now to cover annual membership.

**If you are a CURRENT OLLI, your membership expiration date is noted on mailing label of brochure – after your name!**

# Giving Back to OLLI!

OLLI at UConn is currently funded by endowment interest, membership and course fees, and in-kind support from the University.

### How are we supported by the Bernard Osher Foundation?

As of Spring 2011, OLLI at UConn received a generous gift endowment to be invested by the University of Connecticut Foundation. A portion of the interest from this endowment will be used each year to continue funding operational expenses. Operational expenses are used to provide staffing, equipment, promotion, and other day-to-day expenses.

### What are the advantages of an endowment?

Endowments provide long-term stable funding. Endowment principal can never be spent. Rather, endowment is invested and the Institute receives a pre-determined portion of the annual interest each year. Unused portions of the interest (if any) would be added back to the initial principal to increase the size of the endowment as a future hedge against inflation.

### How can I help?

As we prepare for the future, we need to rely more heavily on individual donations from members and non-members who believe in the transformative work of lifelong learning and want to support its continuation and growth. You can help by making a tax-deductible donation of any size to our OLLI Sustainability Fund, and/or by remembering OLLI and UConn Waterbury in your estate planning (“Planned Giving”). Every individual who donates to OLLI at UConn demonstrates local community support for lifelong learning and reinforces the commitment of the Bernard Osher Foundation. We have created an OLLI family here at UConn and together we can proudly sustain an Institute that improves the lives of thousands.

If you have questions, please contact Brian Chapman, Director of OLLI at 203-236-9881 or [brian.chapman@uconn.edu](mailto:brian.chapman@uconn.edu). To make a donation in support of the “OLLI Sustainability Fund,” please use the adjoining form and mail it with your check to the address indicated.

- To donate online go to UConn Foundation’s website: [www.foundation.uconn.edu](http://www.foundation.uconn.edu) – In the box provided, identify the Gift Designation by entering “OLLI Sustainability Fund (22682).”
- To donate by phone call: 800.269.9965 or 860.486.5000
- To donate appreciated securities call: 860.486.2965
- To donate via check, please make your check payable to: The University of Connecticut Foundation, Inc.

### Please always remember to mention and include in memo: “OLLI Sustainability Fund (22682).” Mailing Address:

The University of Connecticut Foundation, Inc.

\*Attn: Data Services  
2390 Alumni Drive, Unit 3206,  
Storrs, CT 06269-3206

### What is the OLLI Sustainability Fund?

Donations to the Fund will benefit the general operation of the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut – Waterbury Campus.

### Why are all donations payable to “The University of Connecticut Foundation?”

#### What is the role of the UConn Foundation?

The University of Connecticut Foundation is a tax-exempt corporation that operates exclusively to promote the educational, scientific, cultural, and recreational objectives of the University of Connecticut. As the primary fundraising vehicle for the University, the Foundation’s mission is to solicit, receive and administer gifts and financial resources from private sources to support UConn’s pursuit of excellence in teaching, research and public service. Donations to OLLI and UConn Waterbury are invested by the UConn Foundation. For more information about the UConn Foundation please visit: [www.foundation.uconn.edu](http://www.foundation.uconn.edu).

By including OLLI Sustainability Fund #22682 on your check, it will ensure that your donation will benefit the OLLI program in Waterbury.



## OLLI Sustainability Fund

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Are you a UConn alumnus/a?  Yes  No

School/College: \_\_\_\_\_ Class Year: \_\_\_\_\_

### Matching Gift

My or my spouse/partner's employer will match my gift.  
(Please enclose completed matching gift form.)

Visit [www.matchinggifts.com/uconn](http://www.matchinggifts.com/uconn) to find out if your employer matches gifts made to the Foundation.

### Additional Information

Employer: \_\_\_\_\_

Position/Title: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Work e-mail: \_\_\_\_\_

### Special Requests

For joint credit, my spouse/partner's name is:  
\_\_\_\_\_

I wish this gift to be anonymous.

This gift is being made in honor/memory of:  
\_\_\_\_\_

Send notification to: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Method of Payment

- To donate by phone: call 800.269.9965 or 860.486.5000
- To donate appreciated securities: call 860.486.2965
- To donate online: [www.foundation.uconn.edu](http://www.foundation.uconn.edu)

Check enclosed \$ \_\_\_\_\_

Made payable to The University of Connecticut Foundation, Inc.,  
2390 Alumni Drive, Unit 3206, Storrs, CT 06269-3206  
Please include #22682 with payment.

Credit Card \$ \_\_\_\_\_

Visa  MasterCard  AMEX  Discover

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ \*Code: \_\_\_\_\_

\*The last 3 or 4 digits located on the back of your card (front right for American Express)

Name as it appears on your card:  
\_\_\_\_\_

Signature: \_\_\_\_\_

### IMPORTANT NOTICE

Your gift will be received by The University of Connecticut Foundation, Inc., a Connecticut non-profit that exists exclusively to benefit UConn by raising and administering private gifts and philanthropic grants to support the University's pursuit of excellence in teaching, research and public service. You may obtain a copy of the Foundation's financial report, or you may contact us at 2390 Alumni Drive, U-3206, Storrs, CT 06269, or 800-269-9965. The Foundation is exempt from registration as a charitable organization in a number of states and jurisdictions. If the Foundation is required to register and comply with state laws related to charitable contributions, the official registration, documents and financial information can be obtained from that state's Attorney General, Secretary of State, or other charitable solicitation licensing agency. For additional state contact information, please visit our website at [www.foundation.uconn.edu](http://www.foundation.uconn.edu).

**REGISTRATION WITH A STATE AGENCY DOES NOT CONSTITUTE OR IMPLY ENDORSEMENT, APPROVAL OR RECOMMENDATION BY THAT STATE.**



# OLLI-At-A-Glance

## CALENDAR OF EVENTS

*(Please pre-register for these events on membership registration form)*

Open registration for spring and summer sessions – all returning and new OLLI members can register for classes and events. Spring Session is March 1 - May 10, Summer Session is in month of June. Registration begins January 23 and ends February 22, 2013.

FEBRUARY

5

**UConn Research Lecture:  
Fossils, Energy, and  
Global Warming**

Open to OLLI members and the public (see page 34 for details)

MARCH

5

**UConn Library Workshop**

Open to OLLI members only (see page 31 for details)

25

**AARP Drivers Safety**

Open to OLLI members and the public (see page 35 for details)

27

**UConn Research Lecture:  
Symbols and Social  
Interaction**

Open to OLLI members and the public (see page 34 for details)

27

**Mattatuck Museum Lunch  
& Learn: The Male Nude in  
20th c. American Art**

Limited seating for OLLI members only (see page 30 for details)

8

APRIL

3 & 10

**Creative Sustenance:**

Open to OLLI members and the public (see page 33 for details)

9 & 16

**AARP Workshops:  
Decide. Create. Share.**

Open to OLLI members and the public (see page 35 for details)

15

**American Mural Project**

Open to OLLI members and the public (see page 33 for details)

17

**Mattatuck Museum Lunch  
& Learn: A History of  
Waterbury in 50 Objects**

Limited seating for OLLI members only (see page 30 for details)

24

**UConn Research Lecture:  
Lunch Ladies: Labor and  
Social Change in the School  
Food Movement**

Open to OLLI members and the public (see page 34 for details)

MAY

1

**DEADLINE for  
Fall Course Proposals!**

6

**AARP Drivers Safety**

Open to OLLI members and the public (see page 35 for details)

8

**Mattatuck Museum Lunch &  
Learn: Holy Land USA**

Limited seating for OLLI members only (see page 30 for details)

15

**Botanical Gardens / Lincoln  
Center NYC (trip)**

Open to OLLI members – sign up with Friendship Tours (see page 32 for details)

SEPTEMBER

22-24

**Philadelphia, PA (trip)**

Open to OLLI members – sign up with Friendship Tours (see page 32 for details)



SPRING COURSE CATEGORIES / NUMBERS / TITLES / COST / PAGE NUMBERS

Please use designated course number as your choice on membership registration form!  
Include 1st, 2nd and 3rd choices!

ART & ART HISTORY

<b>AH-413</b> A History of Art in 50 Objects .....	\$25
<i>Dr. Virginia Bush</i> .....	19
<b>AH-414</b> Architecture of Early Periods .....	\$25
<i>John Damico</i> .....	21

COMPUTERS

<b>CO-401</b> Not Your Father's Internet for Beginners .....	\$25
<i>Cindy Eastman</i> .....	14
<b>CO-404</b> The Many Faces of Google .....	\$40
<i>Peter Freeman</i> .....	20
<b>CO-405</b> Digital Photography Basics .....	\$40
<i>Peter Freeman</i> .....	16
<b>CO-407</b> Not Your Father's Internet – Advanced .....	\$25
<i>Cindy Eastman</i> .....	15

CULTURE & LANGUAGE

<b>CL-402</b> Conversational German I .....	\$50
<i>Irene Zemaitaitis</i> .....	17
<b>CL-415</b> Conversational French for Travelers .....	\$50
<i>Mary Conseur</i> .....	15
<b>CL-417</b> Introductory Spanish – Spanish Experience, Part I .....	\$25
<i>Judy Kollias</i> .....	15
<b>CL-418</b> German I Continued .....	\$50
<i>Irene Zemaitaitis</i> .....	21

GENEALOGY

<b>GE-403</b> Who Do You Think You Are? French Canadian Edition .....	\$25
<i>Diane Ciba</i> .....	14

HEALTH & WELLNESS

<b>HW-405</b> Reiki Level I .....	\$40
<i>Barbara Schafer</i> .....	20
<b>HW-411</b> Chair Yoga .....	\$25
<i>Kathleen Greco</i> .....	14
<b>HW-412</b> Yoga: Stretch, Strengthen and Breathe .....	\$25
<i>Cynthia Paolino</i> .....	15
<b>HW-417 (A&amp;B)</b> Alexander Technique .....	\$25
<i>Peter Anderheggen &amp; Michaela Hauser-Wagner</i> .....	18
<b>HW-419</b> Medically Speaking! .....	\$40
<i>Dr. Raymond Sullivan &amp; Guest Speakers</i> .....	20
<b>HW-422</b> Kick Start Your Health .....	\$35
<i>Jane Sirignano</i> .....	19
<b>HW-423</b> Cancer Project: Food for Prevention, Survival .....	\$35
<i>Jane Sirignano</i> .....	19
<b>HW-424</b> Chinese Medicine: Yin & Yang .....	\$40
<i>William Courtland</i> .....	20
<b>HW-425</b> Meditation .....	\$25
<i>Kathleen Sierakowski</i> .....	21

HISTORY

<b>HS-425</b> European History for Travelers: Eastern & Southern Europe .....	\$25
<i>Diane Stone</i> .....	19
<b>HS-435</b> European History for Travelers: Western Europe .....	\$25
<i>Diane Stone</i> .....	16
<b>HS-443</b> The American Constitution Dissected .....	\$25
<i>Barry Davis</i> .....	15
<b>HS-446</b> The Supreme Court .....	\$50
<i>Penny O'Connell</i> .....	16
<b>HS-448</b> Heroines: Female Cultural Icons .....	\$50
<i>Penny O'Connell</i> .....	20
<b>HS-449</b> A Forest of Mirrors: Impact of Espionage .....	\$50
<i>Dr. David Reed</i> .....	21

HORTICULTURE

<b>HC-401</b> Don't Treat Your Soil Like Dirt! .....	\$25
<i>Chris Baliko</i> .....	14
<b>HC-404</b> From Seeds to Planting, to Harvest, to Table .....	\$25
<i>Nunzio DeFilippis</i> .....	12 & 14

INTERIOR DESIGN

<b>ID-001</b> Home Interior Decorating for Beginners .....	\$25
<i>Cheryl DiRollo</i> .....	19

LITERATURE & WRITING

<b>LW-403</b> In So Many Words .....	\$50
<i>Cindy Eastman</i> .....	17
<b>LW-420</b> Story Chip – Bet You Can't Read (or write) Just One! .....	\$50
<i>Jean McGavin</i> .....	21
<b>LW-423</b> For the Love of Children's Literature .....	\$25
<i>Christine Guiditta</i> .....	18
<b>LW-424</b> Writing on the Write Side of Your Brain .....	\$25
<i>Nancy Whitney</i> .....	17

MATH & SCIENCE

<b>MS-413</b> Earth and its Weather, Plate Tectonics, & Oceans .....	\$25
<i>Gary Ruggeri</i> .....	17

MUSIC

<b>MU-416</b> Bump Diddy Strum .....	\$40
<i>Elizabeth Hanahan</i> .....	16
<b>MU-423</b> Healing Power of Music .....	\$25
<i>Julie Cook</i> .....	19
<b>MU-424</b> Opera: A Passion for the Ages .....	\$50
<i>Nunzio DeFilippis</i> .....	21

PERFORMING ARTS

<b>PA-418</b> The Making of <i>The Music Man!</i> .....	\$25
<i>Dr. Stuart Brown</i> .....	15

PERSONAL DEVELOPMENT

<b>PD-414</b> Passport to Retirement .....	\$40
<i>James Coleman</i> .....	18
<b>PD-415</b> Women and Investments .....	\$25
<i>Jessica Kott</i> .....	16
<b>PD-418</b> Connecting to Your Inner Artist .....	\$25
<i>Rose-Ann Chrzanowski</i> .....	15

PHILOSOPHY & RELIGION

<b>PR-401</b> Gospel of Mary Magdalene .....	\$25
<i>Rev. Jim Bradley</i> .....	18
<b>PR-410</b> More Wonders Of Greek Mythology .....	\$50
<i>Dr. Carol Rizzolo</i> .....	17
<b>PR-412</b> Here Comes Homo Luminous! .....	\$25
<i>Dr. Maria Decsy</i> .....	15
<b>PR-413</b> Eastern Religions .....	\$40
<i>Dr. Maria Decsy</i> .....	19

SPORTS

<b>SP-401</b> The Official Game .....	\$25
<i>Edward Conlan</i> .....	14

VISUAL ARTS

<b>VA-410</b> A Journey into the World of International Movies .....	\$40
<i>Nunzio DeFilippis</i> .....	18
<b>VA-411</b> Watercolor Techniques .....	\$25
<i>Susan Wolanic</i> .....	14
<b>VA-412 (A&amp;B)</b> Amazing 1-2-3 Acrylic Painting .....	\$50
<i>Deneen Datcher</i> .....	20 & 21
<b>VA-414</b> Experiment with Watercolor .....	\$50
<i>Briana Zonas</i> .....	16
<b>VA-415</b> An Enriching Experience with Acrylic Painting .....	\$50
<i>Judy Jaworski</i> .....	17
<b>VA-416</b> Almodovar Films! Spanish Experience, Part II .....	\$40
<i>Nunzio DeFilippis</i> .....	17
<b>VA-417</b> Expressive Self-Portraits .....	\$50
<i>Briana Zonas</i> .....	19

# OLLI-At-A-Glance

## SPRING COURSE TIME SLOTS / PAGES / ROOM NUMBERS

CLASS TIMES	FIRST 5 WEEKS MARCH 1, 8, 15, 22, APRIL 5	8-10 WEEKS MARCH 1, 8, 15, 22, APRIL 5, 12, 19, 26 MAY 3, 10	LAST 5 WEEKS APRIL 12, 19, 26, MAY 3, 10
8:15 AM - 9:45 AM	HC-401 DON'T TREAT YOUR SOIL LIKE DIRT! Chris Baliko   Room #324, Page 14	CL-415 CONVERSATIONAL FRENCH FOR TRAVELERS Mary Conseur   Room #318, Page 15	SP-401 THE OFFICIAL GAME Edward Conlan   Room #324, Page 14
	GE-403 WHO DO YOU THINK YOU ARE? FRENCH CANADIAN EDITION Diane Ciba   Room #217, Page 14		VA-411 WATERCOLOR TECHNIQUES Susan Wolanic   Room #102D, Page 14
	CO-401 NOT YOUR FATHER'S INTERNET - BEGINNERS Cindy Eastman   Room #317, Page 14		CO-407 NOT YOUR FATHER'S INTERNET - ADVANCED Cindy Eastman   Room #317, Page 15
	HW-411 CHAIR YOGA Kathleen Greco   Room #102, Page 14		PA-418 THE MAKING OF THE MUSIC MAN! Dr. Stuart Brown   Room #217, Page 15
10:00 AM - 11:30 AM	CL-417 INTRODUCTORY SPANISH - SPANISH EXPERIENCE, PART I Judy Kollias   Room #323, Page 15	MU-416 BUMP DIDDY STRUM (8 classes start March 15) Elizabeth Hanahan   Room #227G, Page 16	PD-418 CONNECTING TO YOUR INNER ARTIST Rose-Ann Chrzanowski   Room #321D, Page 15
		CO-405 DIGITAL PHOTOGRAPHY BASICS (8 classes) Peter Freeman   Room #317, Page 16	
		HS-446 AMERICAN HISTORY CONTINUES: THE SUPREME COURT Penny O'Connell   Room #333, Page 16	
	PR-412 HERE COMES HOMO LUMINOUS! Dr. Maria Decsy   Room #204, Page 15	VA-414 EXPERIMENT WITH WATERCOLOR Briana Zonas   Room #102D, Page 16	PD-415 WOMEN & INVESTMENTS Jessica Kott   Room #210, Page 16
		LW-403 IN SO MANY WORDS Cindy Eastman   Room #123C, Page 17	
	HS-443 AMERICAN CONSTITUTION DISSECTED Barry Davis   Room #324, Page 15	PR-410 MORE WONDERS OF GREEK MYTHOLOGY Dr. Carol Rizzolo   Room #327, Page 17	HS-435 EUROPEAN HISTORY FOR TRAVELERS: WESTERN EUROPE Diane Stone   Room #324, Page 16
HW-412 YOGA: STRETCH, STRENGTHEN AND BREATHE Cynthia Paolino   Room #102, Page 15	CL-402 CONVERSATIONAL GERMAN 1 Irene Zemaitaitis   Room #213, Page 17		
11:40 AM - 1:00 PM	LW-424 WRITING ON THE WRITE SIDE OF YOUR BRAIN Nancy Whitney   Room #321D, Page 17	PR-413 EASTERN RELIGIONS: MEDICINE FOR THE WESTERN MIND (8 classes) Dr. Maria Decsy   Room #327, Page 19	LW-423 FOR THE LOVE OF CHILDREN'S LITERATURE Christine Guiditta   Room #318, Page 18
	VA-416 ALMODOVAR FILMS! SPANISH EXPERIENCE, PART II, (11:40 AM TO 2:45 PM) Nunzio DeFilippis   Room #323, Page 17	PD-414 PASSPORT TO RETIREMENT (8 classes) James Coleman   Room #210, Page 18	PR-401 GOSPEL OF MARY MAGDALENE Rev. Jim Bradley   Room #217, Page 18
	MS-413 EARTH - ITS WEATHER, PLATE TECTONICS, & OCEANS Gary Ruggeri   Room #217, Page 17	VA-417 EXPRESSIVE SELF-PORTRAITS Briana Zonas   Room #102D, Page 19	VA-410 A JOURNEY INTO THE WORLD OF INTERNATIONAL MOVIES (11:40 AM TO 2:45 PM) Nunzio DeFillippis   Room #323, Page 18
	HW-417 A THE ALEXANDER TECHNIQUE (Class also offered the 2nd 5 weeks of SP) Peter Anderheggen & Michaela Hauser-Wagner   Room #102, Page 18		HW-417 B THE ALEXANDER TECHNIQUE (Class also offered the 1st 5 weeks of SP) Peter Anderheggen & Michaela Hauser-Wagner   Room #102, Page 18

**SPRING COURSE TIME SLOTS / PAGES / ROOM NUMBERS**

<b>CLASS TIMES</b>	<b>FIRST 5 WEEKS MARCH 1, 8, 15, 22, APRIL 5</b>	<b>8-10 WEEKS MARCH 1, 8, 15, 22, APRIL 5, 12, 19, 26 MAY 3, 10</b>	<b>LAST 5 WEEKS APRIL 12, 19, 26, MAY 3, 10</b>
<b>1:15 PM - 2:45 PM</b>	<b>HW-422 KICK START YOUR HEALTH</b> Jane Sirignano   Room #119, Page 19	<b>HW-424 CHINESE MEDICINE: FEMALE YIN &amp; MALE YANG</b> (8 classes start March 15) William Courtland   Room #201, Page 20	<b>HS-425 EUROPEAN HISTORY FOR TRAVELERS: EASTERN &amp; SOUTHERN EUROPE</b> Diane Stone   Room #324, Page 19
		<b>CO-404 THE MANY FACES OF GOOGLE</b> (8 classes) Peter Freeman   Room #317, Page 20	
		<b>HW-405 REIKI, LEVEL I</b> (8 classes) Barbara Schafer   Room #102, Page 20	
	<b>AH-413 A HISTORY OF ART IN 50 OBJECTS</b> Dr. Virginia Bush   Room #203, Page 19	<b>HW-419 MEDICALLY SPEAKING!</b> (8 classes) Dr. Ray Sullivan & Guest Presenters Room #204, Page 20	<b>HW-423 CANCER PROJECT</b> Jane Sirignano   Room #119, Page 19
		<b>VA-412 A AMAZING 1-2-3 ACRYLIC PAINTING</b> (Also at 3:00 PM & in SU) Deneen Datcher   Room #102D, Page 20	
		<b>HS-448 HEROINES: FEMALE CULTURAL ICONS</b> Penny O'Connell   Room #326, Page 20	
	<b>ID-001 HOME INTERIOR DECORATING FOR BEGINNERS</b> Cheryl DiRollo   Room #324, Page 19	<b>CL-418 GERMAN 1 - CONTINUED</b> Irene Zemaitaitis   Room #213, Page 21	<b>MU-423 THE HEALING POWER OF MUSIC</b> Julie Cook   Room #227G, Page 19
		<b>HS-449 A FOREST OF MIRRORS - THE IMPACT OF ESPIONAGE ON HISTORY</b> Dr. David Reed   Room #217, Page 21	
		<b>LW-420 STORY CHIP - BET YOU CAN'T READ (OR WRITE) JUST ONE!</b> Jean McGavin   Room #321D, Page 21	
<b>3:00 PM - 4:30 PM</b>	<b>AH-414 ARCHITECTURE OF EARLY PERIODS</b> John Damico   Room #324, Page 21	<b>VA-412 B AMAZING 1-2-3 ACRYLIC PAINTING</b> (also offered at 1:15 PM & in Summer) Deneen Datcher   Room #102D, Page 21	<b>HW-425 MEDITATION: SURVIVAL STRATEGY FOR STRESSFUL LIVING</b> Kathleen Sierakowski   Room #102, Page 21
		<b>MU-424 OPERA: A PASSION FOR THE AGES</b> Nunzio DeFilippis   Room #326, Page 21	

The Osher Lifelong Learning Institute at the University of Connecticut Waterbury campus does not endorse any products, services, or outside organizations. OLLI presenters and speakers are prohibited from promoting products, services, or organizations while in service to OLLI (during teaching or presenting for scheduled OLLI classes or events). OLLI presenters and speakers cannot require the purchase of specific books, educational materials, or supplies from which they will benefit. OLLI does maintain partnerships with other organizations for the purpose of furthering its educational mission for members. OLLI members and presenters are encouraged to share information about educational and cultural activities outside the classroom in order to promote intellectual stimulation and expansion of the OLLI learning community beyond the University and the campus.

**PARKING - PLEASE READ!**

**UConn Police Officers conduct routine parking enforcement in the attached campus parking garage and all cars will be ticketed for parking violations. These violations include, but are not limited to: failure to display a UConn parking decal, parking in an unauthorized area - NO PARKING on level one, fire lanes, handicap and reserved spaces. Parking fines can be as high as \$150 for parking in handicap spaces or misuse of a handicap permit. The fine for not displaying a University decal is \$30 and cars without a parking decal can be towed! NO ONE ALLOWED TO PARK ON LEVEL ONE OF THE UCONN GARAGE. ALL REPLACEMENT OR SECOND CAR PARKING DECALS - including newly purchased vehicle decals: \$10. No parking decal issued if car registration license numbers are not in OLLI files!**



## OFF-SITE , SPECIAL PROGRAM / NON-FRIDAY CLASSES

CLASS TIMES	29 DAYS: MARCH 5 TO SEPTEMBER 17
TUESDAYS 10:00 AM - 1 PM	<p>HC-404 FROM SEEDS TO PLANTING, TO HARVEST, TO TABLE                      Tuesdays, March 5 to September 17                      Nunzio DeFilippis   Brass City Harvest, Fulton Park Farm, Page 14</p>

### From Seeds to Planting to Harvest to Table: The Greening of Waterbury

Tuesdays, March 5 - September 17, 2013

(see participation policy below)

Cost: \$25 (Special Project-Reduced Fee)

A special comprehensive learning project from the Osher Lifelong Learning Institute at the University of Connecticut in partnership with Brass City Harvest in a state-of-the-art greenhouse and a unique urban green space in a historic Olmstead-designed park. This is a one-of-a-kind opportunity for OLLI at UConn members to “adopt” gardens in support of a growing national trend related to urban gardening and food production.



**What to expect:** A rich, hands-on, learning project with an avid gardener-instructor and a deeply rewarding experience in urban gardening that will result in food production for less advantaged populations. Learn about soil preparation techniques, planting, growing viable seedlings, and raised-bed gardening techniques. Participants will be directly involved in the “greening of Waterbury.” This first-ever partnership also provides the powerful experience of connecting with community members and providing fresh food to Waterbury residents through soup kitchens.

**Location:** The activities of this project will be based at two locations in Waterbury – the South End Greenhouse, at 324 Mill Street and Fulton Farm (located on upper Pine Street) in Waterbury.

During the early planting weeks classes and activities will take place at the brand new indoor gardening facility on Mill Street (with restroom facilities). During the growing season and in good weather the classes and activities will take place outdoors in the Fulton Park gardens. Fulton Farm has approximately 150 raised beds that are approximately 3’ x 20’ and 12” high. The beds are laid out with a wide main lane to transport materials, with 18” walking paths in between beds. The ground is a bit uneven in spots thanks to our burrowing forest friends, so participants will need to watch where they walk.

The Fulton Park site has restrooms located in the park itself, which may require participants to drive in small groups to reach that location.

**Physical Activity Level:** Moderate, with the ability to work in raised beds gardens which can involve bending or kneeling or a modified way to work with soil and plants.

**Participation Policy:** As an enrollee in this project, a commitment to participation from the pre-growing season through growing season to harvest is expected. It is assumed that individuals take vacations and have other family and life commitments that will cause them to be absent at times. Reasonable absences can be arranged with the OLLI Presenter in advance. Due to the nature of live plants and gardens, the project will require a minimum commitment of three hours a week, and during the growing season (mid-May to mid-July), additional gardening hours would be desirable and highly encouraged. New England weather will dictate some meeting times and sites, as determined by the OLLI presenter:

**Questions:** contact OLLI presenter Nunzio DeFilippis at [nonnonunzio@comcast.net](mailto:nonnonunzio@comcast.net) or 347-743-7499



**SUMMER COURSE CATEGORIES / NUMBERS / TITLES / COST / PAGE NUMBERS**

Please use designated course number as your choice on membership registration form!  
 Include 1st, 2nd and 3rd choices!

**ART & ART HISTORY**

<b>AH-415</b> Masters of Modern Architecture.....	\$20
<i>John Damico</i> .....	23
<b>AH-416</b> Painting for Princes .....	\$20
<i>Dr. Virginia Bush</i> .....	23

**CULTURE & LANGUAGE**

<b>CL-415</b> Conversational French for Travelers .....	\$40
<i>Mary Conseur</i> .....	22

**HEALTH & WELLNESS**

<b>HW-407</b> Food to Live For!.....	\$30
<i>Jane &amp; Larry Sirignano</i> .....	23
<b>HW-411</b> Chair Yoga.....	\$40
<i>Kathleen Greco</i> .....	22
<b>HW-426</b> To Age or Not to Age?.....	\$20
<i>Dr. Eashwarlall Ramdhani</i> .....	23

**HISTORY**

<b>HS-447</b> Moonshiners, Bootleggers, Rumrunners .....	\$20
<i>Don Moore</i> .....	22

**LITERATURE & WRITING**

<b>LW-411</b> Writing as Transformative Art .....	\$20
<i>Dorothy Sterpka</i> .....	22
<b>LW-420</b> Story Chip.....	\$20
<i>Jean McGavin</i> .....	22

**MUSIC**

<b>MU-421</b> Dear Old DAD – Dulcimer Tuning! .....	\$40
<i>Elizabeth Hanahan</i> .....	23
<b>MU-425</b> Poetry & Music.....	\$20
<i>Julie Cook &amp; Sandra Ebner</i> .....	22
<b>MU-426</b> Theme and Variation .....	\$30
<i>Jane Davis Sine</i> .....	23

**VISUAL ARTS**

<b>VA-412</b> Amazing 1-2-3 Acrylic Painting.....	\$20
<i>Deneen Datcher</i> .....	23

**SUMMER COURSE TIME SLOTS / PAGES / ROOM NUMBERS**

CLASS TIMES	4 CLASSES	6-8 CLASSES
8:30 AM - 9:45 AM		<b>CL-415 CONVERSATION FRENCH FOR TRAVELERS</b> Tuesdays and Thursdays, June 4, 6, 11, 13, 18, 20, 25, 27 Mary Conseur   Room #TBD, Page 22
		<b>HW-411 CHAIR YOGA</b> Tuesdays and Thursdays, June 4, 6, 11, 13, 18, 20, 25, 27 Kathleen Greco   Room #102, Page 22
10:15 AM - 11:45 AM	<b>LW-420 STORY CHIP</b> Thursdays, June 6, 13, 20, 27   Jean McGavin   Room #321D, Page 22	<b>MU-421 DEAR OLD DAD - MOUNTAIN DULCIMER TUNING!</b> Tuesdays and Thursdays, June 4, 6, 11, 13, 18, 20, 25, 27 Elizabeth Hanahan   Room #227G, Page 23
	<b>MU-425 POETRY &amp; MUSIC</b> Tuesdays, June 4, 11, 18, 25   Julie Cook & Sandra Ebner   Room #102, Page 22	
	<b>LW-411 WRITING AS TRANSFORMATIVE ART</b> Tuesdays, June 4, 11, 18, 25   Dorothy Sterpka   Room #TBD, Page 22	
	<b>HS-447 MOONSHINERS, BOOTLEGGERS, RUMRUNNERS</b> Thursdays, June 6, 13, 20, 27   Don Moore   Room #TBD, Page 22	
12:00 PM - 1:30 PM		<b>MU-426 THE CREATIVE PROCESS - THEME AND VARIATION</b> Tuesdays and Thursdays, June 4, 6, 11, 13, 18, 20 Jane Davis Sine   Room #TBD, Page 23
12:30 PM - 2:45 PM	<b>HW-407 FOOD TO LIVE FOR!</b> Wednesdays, June 5, 12, 19, 26   Jane Sirignano   Room #119, Page 23	
1:45 PM - 3:15 PM	<b>AH-416 PAINTING FOR PRINCES</b> Wednesdays, June 5, 12, 19, 26   Dr. Virginia Bush Room #TBD, Page 23	
	<b>VA-412 AMAZING 1-2-3 ACRYLIC PAINTING</b> Wednesdays, June 5, 12, 19, 26   Deneen Datcher   Room #102D, Page 23	
	<b>AH-415 MASTERS OF MODERN ARCHITECTURE</b> Thursdays, June 6, 13, 20, 27   John Damico   Room #TBD, Page 23	
	<b>HW-426 TO AGE OR NOT TO AGE?</b> Thursdays, June 6, 13, 20, 27   Dr. Eashwarlall Ramdhani   Room #TBD, Page 23	

# Course Descriptions

## OLLI OFF-SITE / NON-FRIDAY LEARNING PROJECT

HC- 404

### From Seeds to Planting, to Harvest, to Table

Presenter: Nunzio DeFilippis

29 Weeks – Tuesdays from 10:00 AM to 1:00 PM during spring – hours to change during summer

March 5 to September 17 - \$25 (special project reduced fee)

Brass City Harvest Greenhouse and Fulton Park Farm in Waterbury (see page 12 for more details)

This unique class and volunteer learning project will begin with soil preparation, planting of the vegetable seeds and caring for the seedlings in the greenhouse. Seedlings will later be transplanted into small pots, and in early summer, brought to the raised beds in Fulton Park. OLLI participants will then spend time weeding and taking care of the plants and delivering produce to the soup kitchen! For more information see page 12.



## SPRING SESSION ON-CAMPUS CLASSES (NO CLASSES ON MARCH 29)

8:15 AM – 9:45 AM

HC-401

### Don't Treat Your Soil Like Dirt!

Presenter: Chris Baliko

5 Classes – Fridays from 8:15 AM to 9:45 AM

March 1, 8, 15, 22, April 5 - \$25

Room #324

This class will discuss ways to create healthier and safer environments. Topics will cover soil biology and testing, organic alternatives to synthetic products, composting, and native plants.

GE-403

### Who do you Think you are? French Canadian Edition

Presenter: Diane Ciba

5 Classes – Fridays from 8:15 AM to 9:45 AM

March 1, 8, 15, 22, April 5 - \$25

Room #217

Discover resources to help build your family tree and learn how to transcribe and translate the stories hidden in French Canadian Church records. Explore the lives of your ancestors – the men and women who came to New France to build a new nation. Start writing and illustrating family stories that will capture the past.

CO-401

### Not Your Father's Internet - for Beginners

Presenter: Cindy Eastman

5 Classes – Fridays from 8:15 AM to 9:45 AM

March 1, 8, 15, 22, April 5 - \$25

Room #317

Welcome to the world of verbs: Facebook me – I'll text you – Just Google it! The Internet has created a whole new way of communicating and with it, a new language. In this course you will email, post and attach. If you are just starting out using the Internet and want to do more, this is for you. Learn new tools to help you navigate this new world.

HW-411

### Chair Yoga: Relax, Renew & Rejoice from a Chair

Presenter: Kathleen Greco

5 Classes – Fridays from 8:15 AM to 9:45 AM

March 1, 8, 15, 22, April 5 - \$25

Room #102 (please be prompt so as not to interrupt class in 102D)

Enjoy the benefits of popular Yoga postures from the comfort and safety of your chair. Each class will take you through a practice that will improve your abilities as you combine breathing and movement. Experience improved health as you apply Yoga to everyday life.

VA-411

### Watercolor Techniques

Presenter: Susan Wolanic

5 Classes – Fridays from 8:15 AM to 9:45 AM

April 12, 19, 26, May 3, 10 - \$25 (art supplies)

Room #102D (please be prompt so as not to interrupt class in 102)

This introductory art class will cover various watercolor techniques, with the instructor demonstrating and participants following along. Both beginners and intermediate painters welcome – and participants will leave each class with a nature painting.

SP-401

### The Official Game

Presenter: Edward Conlan

5 Classes – Fridays from 8:15 AM to 9:45 AM

April 12, 19, 26, May 3, 10 - \$25

Room #324

Let's take an in-depth look at sports officials – the preparation they go through and some questions that arise to help them determine whether or not they really want to officiate. The rules and mechanics of the game will also be discussed. Come hear an official's point of view, covering the game of football and others.

*“OLLI is a blessing to so many in so many ways.”*



**PA-418**

**The Making of *The Music Man!***

Presenter: Dr. Stuart Brown  
 5 Classes – Fridays from 8:15 AM to 9:45 AM  
 April 12, 19, 26, May 3, 10 - \$25  
 (recommended book)  
 Room #217

The Music Man – one of the classics of the Broadway stage – almost didn't make it to New York. Learn the story behind the making of this beloved musical.

**CO-407**

**Not Your Father's Internet - Advanced**

Presenter: Cindy Eastman  
 5 Classes – Fridays from 8:15 AM to 9:45 AM  
 April 12, 19, 26, May 3, 10 - \$25  
 Room #317

The Internet has created a whole new way of communicating with family, friends and the world. If you have a computer and want to start a blog, share family pictures or reconnect with old classmates, this is the class for you. If you are already using the Internet to email, shop and research, you will become more confident in this self-paced course designed to ease the user into increased productivity.



**CL-415**

**Conversational French for Travelers**

Presenter: Mary Conseur  
 10 Classes – Fridays from 8:15 AM to 9:45 AM (this course is also taught in summer session)  
 March 1, 8, 15, 22, April 5, 12, 19, 26, May 3, 10 - \$50  
 (required book)  
 Room #318

The goal of this OLLI course is to help the participant feel more confident about traveling to a French-speaking country with simple words/phrases to use in hotels, airports, train/bus stations, and restaurants. No prior knowledge of French required. Simple homework assignments will be recommended.

**10:00 AM - 11:30 AM**

**CL-417**

**Introductory Spanish - The Spanish Experience, Part I**

Presenter: Judy Kollias  
 5 Classes from 10:00 AM to 11:30 AM  
 March 1, 8, 15, 22, April 5 - \$25 (required book)  
 Room #323

This course, if combined with "A Glimpse of Almodavar", provides members with the opportunity to have a unique Spanish educational experience. This course is an introduction to the beautiful Spanish language (greetings, introductions, numbers, days of the week, asking directions) with a splash of grammar and adventures into the intriguing cultures of the Spanish-speaking world. You are encouraged, **but not required**, to enroll in both Spring courses. The courses are offered in tandem with the standard short break in between. Given the time of day, OLLI presenters will be sensitive to enrollees needs to bring a snack.

**PR-412**

**Here Comes Homo Luminous!**

Presenter: Dr. Maria Decsy  
 5 Classes – Fridays from 10:00 AM to 11:30 AM  
 March 1, 8, 15, 22, April 5 - \$25  
 Room #204

This course will touch on the Mayan calendar, Inca, Hopi and Tibetan prophesies and other hopeful predictions. Ancient wisdom traditions tell us that the time has arrived for humans to awaken their unlimited power to live an illuminated life. Topics covered will be the galactic alignment, the renewal of the spirit of the Americas, the shift of ages, and the great opportunity for the transformation of humanity.

**HW-412**

**Yoga: Stretch, Strengthen and Breathe**

Presenter: Cynthia Paolino  
 5 Classes – Fridays from 10:00 AM to 11:30 AM  
 March 1, 8, 15, 22, April 5 - \$25 (yoga mat)  
 Room #102 (please be prompt so as not to interrupt class in 102D)

This movement class will help create balance between mind, body and spirit through the practice of yoga postures. Increasing the body's flexibility, strength and balance, it will include a final relaxation to reduce stress and promote healing.

**HS-443**

**The American Constitution - Dissected**

Presenter: Barry Davis  
 5 Classes – Fridays from 10:00 AM to 11:30 AM  
 March 1, 8, 15, 22, April 5 - \$25  
 Room #324

After a previous OLLI session examining the conditions and issues that led up to the writing of the Constitution, this class will examine the writing, accompanied by reading of the Constitution of the United States – exploring its meanings and place in history and our lives.

**PD-418**

**Connecting to Your Inner Artist**

Presenter: Rose-Ann Chrzanowski  
 5 Classes – Fridays from 10:00 AM to 11:30 AM  
 April 12, 19, 26, May 3, 10 - \$25 (supplies)  
 Room #321D

Take a relaxing journey of self-discovery while learning about sound (instruments) as healing tools. Connect with your inner artist as you create mandalas, journals, and paintings. Create personal art from the soul, with no need to be an artist in the traditional sense; this art is in your heart. These activities can be done with grandchildren!

*"OLLI is fabulous!"*

# Course Descriptions



**PD-415**  
**Women & Investments: Take Control of Your Financial Future**  
Presenter: Jessica Kott  
5 Classes – Fridays from 10:00 AM to 11:30 AM  
April 12, 19, 26, May 3, 10 - \$25  
Room #210

Gain confidence by establishing an appropriate investment strategy. Get practical advice to better understand your options. A portion of each class will be devoted to answering investment-related questions from participants. Topics covered will include portfolio management and maintenance, fixed income securities, and equity securities. Men are also encouraged to register for this class!

**HS-435**  
**European History for Travelers to Enrich your Vacation Experience: Western Europe**  
Presenter: Diane Stone  
5 Classes – Fridays from 10:00 AM to 11:30 AM  
April 12, 19, 26, May 3, 10 - \$25  
Room #324

The great tourist attractions of Western Europe are on everyone's "bucket list." Americans live in a 237-year-old country,

and what we see in Europe can be hundreds or even thousands of years old. Join this classroom journey to gain a greater understanding of the places you plan to visit as we explore London, Paris, Florence, Venice, and Rome.

**MU-416**  
**Bump Diddy Strum - Introduction to the Mountain Dulcimer**  
Presenter: Elizabeth Hanahan  
8 Classes – Fridays from 10:00 AM to 11:30 AM  
March 15, 22, April 5, 12, 19, 26, May 3, 10 - \$40  
(instruments provided)

**Note:** this class begins the third week of Spring OLLI session – required book

Room #227G (2nd fl. Library – take stairs or Library elevator to #2 and follow signs to Math Tutor Room)

Come learn to play the Appalachian mountain dulcimer and obtain a foundation of the roots of American folk music. No music experience is needed; you will be playing tunes by the end of the first class. Instruments will be available on loan from the presenter. Learn the history and development of the dulcimer, the styles of playing, and care of the instrument.

**CO-405**

## **Digital Photography Basics**

Presenter: Peter Freeman  
8 Classes – Fridays from 10:00 AM to 11:30 AM  
March 1, 8, 15, 22, April 5, 12, 19, 26 - \$40  
(bring your camera)  
Room #317

This hands-on computer course will cover how a digital camera works, photo composition, and photo processing using Google's free photo editing tool, Picasa. Participants must be familiar with the computer and Internet. Bring your digital camera. There will also be a field trip. Limited enrollment due to computer classroom size.

**HS-446**

## **American History Continues: The Supreme Court**

Presenter: Penny O'Connell  
10 Classes - Fridays from 10:00 AM to 11:30 AM  
March 1, 8, 15, 22, April 5, 12, 19, 26, May 3, 10 - \$50  
(required book)  
Room #333

Ten major Supreme Court decisions will be investigated so that we can analyze the role of the Supreme Court. Among the cases considered will be Marbury vs. Madison, Dred Scott, Roe vs. Wade, Citizens United, and Brown vs. Board of Education.

**VA-414**

## **Experiment with Watercolor**

Presenter: Briana Zonas  
10 Classes – Fridays from 10:00 AM to 11:30 AM  
March 1, 8, 15, 22, April 5, 12, 19, 26, May 3, 10 - \$50  
(art supplies)  
Room #102D (please be prompt so as not to interrupt class in 102)

This hands-on course will get you comfortable with watercolor art, without the pressure of creating the perfect picture! Participants will learn the basic aspects of the watercolor art and without the pressure of creating the perfect picture! Both beginners and intermediate painters welcome.

Some courses have required and/or recommended reading. The UConn Co-op bookstore welcomes OLLI members and carries a supply of most required or recommended books. OLLI members are also entitled to join the Co-op OLLI Book Club to save money on their book purchases. A Co-op book card will be issued to new members only. Please see Co-op when card is full. Please keep your Co-op book card from session to session. Come see and buy the new OLLI Sweatshirt!

*“Each class I’ve taken has enriched my life  
and altered my way of seeing daily life.”*

**LW-403**

**In So Many Words**

Presenter: Cindy Eastman

10 Classes – Fridays from 10:00 AM to 11:30 AM

March 1, 8, 15, 22, April 5, 12, 19, 26, May 3, 10 - \$50  
(notebook or journal)

Room #123C

Everyone can write. Writing is a phenomenological process by which we humans make sense of our experiences. In this facilitated course, participants will learn strategies and models for journaling and will be guided to hear their own writing voice.

**PR-410**

**More Wonders of Greek Mythology**

Presenter: Dr. Carol Rizzolo

10 Classes – Fridays from 10:00 AM to 11:30 AM

March 1, 8, 15, 22, April 5, 12, 19, 26, May 3, 10 - \$50  
(recommended book)

Room #327

Did you ever wonder why so many of us have such fondness for Greek Myth? Using artwork inspired by stories of old, and Ovid’s literary masterpiece *The Metamorphosis* as our roadmap, this class will explore the delightfully timeless stories of the ancient civilization that so informed our own!

**CL-402**

**Conversational German I: Auf Deutsch, Bitte!**

Presenter: Irene Zemaitaitis

10 Classes – Fridays from 10:00 AM to 11:30 AM

March 1, 8, 15, 22, April 5, 12, 19, 26, May 3, 10 - \$50  
(required book)

Room #213

This introductory conversational class will acquaint you with essential vocabulary, grammar and expressions. Participants will practice with short dialogs. Brief written exercises along with homework will be assigned and short quizzes will serve as feedback for the students and the presenter. Oral participation in class will be encouraged.

**VA-415**

**An Enriching Experience with Acrylic Painting**

Presenter: Judy Jaworski

10 Classes – Fridays from 10:00 AM to 11:30 AM

March 1, 8, 15, 22, April 5, 12, 19, 26, May 3, 10 - \$50  
(art supplies)

Room #318

Learning to paint is a means of therapy and satisfaction to last a lifetime. Participants will learn to develop their own style and technique with guidance. All artists welcome!

**11:40 AM – 1:00 PM**

**Note:** These classes meet during OLLI Café and conflict with other lunchtime offerings.

**LW-424**

**Writing on the Write Side of Your Brain**

Presenter: Nancy Whitney

5 Classes – Fridays from 11:40 AM to 1:00 PM

March 1, 8, 15, 22, April 5 - \$25 (notebook and recommended reading)

Room #321D

Tap into your own personal writing style – stretch your imagination, creativity and your writing abilities and skills, and have fun doing it. This class is for the novice or experienced writer. Stretch that write side of your brain and see what happens on the page. All kinds of creative writing will be explored – fiction, non-fiction, poetry and other challenges.

**VA-416**

**A Glimpse of Almodovar Films! The Spanish Experience, Part II**

Presenter: Nunzio DeFilippis

5 Classes – Fridays from 11:40 AM to 2:45 PM

(note: this class runs through two time slots)

March 1, 8, 15, 22, April 5 - \$40

Room #323

This class, if combined with “Introductory Spanish”, provides members the opportunity to have a unique Spanish educational experience. You are encouraged, **but not required**, to enroll in both spring classes. The classes are offered in tandem with the standard short break in-between. Given the

time of day, OLLI presenters will be sensitive to enrollees needs to bring a snack. Enjoy films such as *All About My Mother*, *Woman on the Verge of a Nervous Breakdown*, and *Volver* (to name a few).

**MS-413**

**Earth and its Weather, Plate Tectonics, and Oceans**

Presenter: Gary Ruggeri

5 Classes – Fridays from 11:40 AM to 1:00 PM

March 1, 8, 15, 22, April 5 - \$25

Room #217

This class deals with the dynamic earth and its changing climate, plate movements and oceanic systems. Hear how the atmosphere and its history will affect climate change today and in the future, along with how plate tectonics (changing continental movements) affect the earth.





# Course Descriptions

*“This is the best thing I’ve done since retirement. It’s very fulfilling to continue learning.”*



## HW-417 A

### **The Alexander Technique: Posture, Balance and Movement**

Presenter: Peter Anderheggen

Co-Presenter: Michaela Hauser-Wagner

5 Classes – Fridays from 11:40 AM to 1:00 PM  
(this class also offered the second 5 weeks of SP)  
March 1, 8, 15, 22, April 5 - \$25

Room #102 (please be prompt so as not to interrupt class in 102D)

Learn how to improve your posture, balance, and back health. The Alexander Technique is a method of self-care developed more than 100 years ago and has recently received increased attention for its relief of chronic back pain. In addition to lectures and discussion, members will be encouraged to participate actively in each session – learning methods of restorative rest, and better ways to sit, walk, work, and exercise, in addition to recovering from pain, avoid injury and improve overall well-being.

## LW-423

### **For the Love of Children’s Literature**

Presenter: Christine Guiditta

5 Classes – Fridays from 11:40 AM to 1:00 PM  
April 12, 19, 26, May 3, 10 - \$25 (required books to be read before class begins)

Room #318

Do you have a life-long interest in children’s literature? Or would you like to learn more? This course offers an opportunity to revisit the wide variety of books available for young readers. Participants will enjoy reading a selection of genres, and engaging in activities to present books to a wide age group (pre-

school to seniors). Commitment to read books ‘before’ start of class: *Charlotte’s Web*, *Esperanza Rising*, *Chasing Vermeer* and *The Tale of Despereaux*.

## PR-401

### **Gospel of Mary Magdalene**

Presenter: Rev. Jim Bradley

5 Classes – Fridays from 11:40 AM to 1:00 PM  
April 12, 19, 26, May 3, 10 - \$25

Room #217

An inquiry into the “apostle to the apostles”, her gospel, her place in the earliest church and how she might guide us today. Parts of the Gospel are attributed to Mary Magdalene’s survival. This course will present a view into the earliest church’s spirituality that would have altered greatly the history of Christianity.

## VA-410

### **A Journey into the World of International Movies**

Presenter: Nunzio DeFilippis

5 Classes – Fridays from 11:40 AM to 2:45 PM  
(note: this class runs through two time slots)  
April 12, 19, 26, May 3, 10 - \$40

Room #323

Come explore the world of France, Italy, USA, Afghanistan and Poland through some of their greatest movies that will include *Jean de Florette* and *Manon of the Spring*, *Amarcord*, *The Kite Runner* and *The Double Life of Veronique*.

## HW-417 B

### **The Alexander Technique: Posture, Balance, and Movement**

Presenter: Peter Anderheggen

Co-Presenter: Michaela Hauser-Wagner

5 Classes – Fridays from 11:40 AM to 1:00 PM  
(this class also offered the first 5 weeks of SP)  
April 12, 19, 26, May 3, 10 - \$25

Room #102 (please be prompt so as not to interrupt class in 102D)

Learn how to improve your posture, balance, and back health. The Alexander Technique is a method of self-care developed more than 100 years ago and has recently received increased attention for its relief of chronic back pain. In addition to lectures and discussion, members will be encouraged to participate actively in each session – learning methods of restorative rest, and better ways to sit, walk, work, and exercise, in addition to recovering from pain, avoid injury and improve overall well-being.

## PD-414

### **Passport to Retirement - the New Retirement. Is Your Money Ready?**

Presenter: James Coleman

8 Classes – Fridays from 11:40 AM to 1:00 PM  
March 1, 8, 15, 22, April 5, 12, 19, 26 - \$40  
(required workbook/purchase in class for \$25)

Room #210

How is retirement changing for Americans? This course will cover reliable sources of retirement income, investment strategies to reduce risk while increasing return, how to position your portfolio to withstand volatility in the markets, and help you preserve your

estate for your heirs. There will be visual aids and handouts that are clear and easy to understand. The 140-page workbook for purchase will be used as a class reference tool and future resource.

**PR-413**

**Eastern Religions: Medicine for the Western Mind**

**Presenter: Dr. Maria Decsy**  
**8 Classes – Fridays from 11:40 AM to 1:00 PM**  
**March 1, 8, 15, 22, April 5, 12, 19, 26 - \$40**  
**Room #327**

Explore together the wisdom and spirituality of Hinduism, Buddhism, the two ways of China (Confucianism and Daoism), and Shinto. We will also try to see how these wisdom traditions may enrich and illuminate our western spiritual and religious belief systems.

**VA-417**

**Expressive Self-Portraits**

**Presenter: Briana Zonas**  
**10 Classes – Fridays from 11:40 AM to 1:00 PM**  
**March 1, 8, 15, 22, April 5, 12, 19, 26, May 3, 10 - \$50**  
**(art supplies)**  
**Room #102D**

Learn the basics on how to draw the face. Then through experimentation, participants will learn to express their inner personality, recognize the proportions of the human face, and create a self-portrait with watercolor techniques.



**1:15 PM – 2:45 PM**

**HW-422**

**Kick Start Your Health**

**Presenter: Jane Sirignano**  
**Co-Presenter: Larry Sirignano**  
**5 Classes – Fridays from 1:15 PM to 3:00 PM**  
**March 1, 8, 15, 22, April 5 - \$35**  
**Room #119**

Based on a new curriculum from Neal Barnard, MD, and new recipes with food power for health, this course will focus on digestive health, breaking the food seduction, keys for natural appetite control, healthy blood pressure and more. Each class will offer a fun recipe demo, tasting delicious, healthy food samples, with a take-home packet of easy and affordable recipes.

**AH-413**

**A History of Art in 50 Objects**

**Presenter: Virginia Bush**  
**5 Classes – Fridays from 1:15 PM to 2:45 PM**  
**March 1, 8, 15, 22, April 5 - \$25**  
**Room #203**

Inspired by A History of the World in 100 Objects by the Director of the British Museum, this class will review a personal selection of (mostly small) art works that illuminate the artistic, political, religious, economic and social trends of their times. Focus will be on painting and sculpture, ceramics, jewelry, and furnishings, to name a few.

**ID-001**

**Home Interior Decorating for Beginners**

**Presenter: Cheryl DiRollo**  
**5 Classes – Fridays from 1:15 PM to 2:45 PM**  
**March 1, 8, 15, 22, April 5 - \$25**  
**Room #324**

This beginner course is for those who would like to learn some basic concepts of interior design. It will cover developing a floor plan, defining your color scheme, selecting a decorating style, and window treatments, to name a few. Required homework and/or projects to do out of class.

**HS-425**

**European History for Travelers: A Focus on Eastern & Southern Europe**

**Presenter: Diane Stone**  
**5 Classes – Fridays from 1:15 PM to 2:45 PM**  
**April 12, 19, 26, May 3, 10 - \$25**  
**Room #324**

This course is a continuation of European History for Travelers, with emphasis on Southern and Eastern Europe. It will focus on the main tourist sites, and the geographic areas from which most of the Waterbury area immigrant groups and their ancestors came to the U.S. from the mid-19th to the mid-20th centuries. We will cover the areas of Southern Italy, Poland, Lithuania, and Prague.

**HW-423**

**Cancer Project: Food for Prevention, Survival and Good Health**

**Presenter: Jane Sirignano**  
**Co-Presenter: Larry Sirignano**  
**5 Classes – Fridays from 1:15 to 3:00 PM**  
**April 12, 19, 26, May 3, 10 - \$35**  
**Room #119**

Learn cancer-related nutrition topics from Neal Barnard, MD and how to prepare nutrient-dense, fiber-rich, healthy meals, most of which are gluten-free or easily adaptable. Everyone interested in cancer prevention and survival, getting and staying healthy are welcome. A food shopping tour of LaBonne's in Watertown will be included with the course.

**MU-423**

**The Healing Power of Music**

**Presenter: Julie Cook**  
**5 Classes – Fridays from 1:15 PM to 2:45 PM**  
**April 12, 19, 26, May 3, 10 - \$25**  
**Room #227G (2nd fl. Library - take stairs or Library elevator to #2 and follow signs to Math Tutor Room)**

Explore different ways that music enhances our well-being, as well as specific practices proven to reduce stress. Activities will include toning, drumming, the use of chant, plus some techniques used by sound healers. Bring your voice and open mind; instruments will be provided. No experience necessary!

# Course Descriptions

*"I plan to take this course again.*

*It was fun, informative, and probably a life-changing experience."*

## CO-404

### The Many Faces of Google

Presenter: Peter Freeman

8 Classes – Fridays from 1:15 PM to 2:45 PM

March 1, 8, 15, 22, April 5, 12, 19, 26 - \$40

Room #317

Google has a reputation for being the most popular search engine to find information on the Web. However, most users do not know about the many free, hidden tricks and tools buried in Google. This hands-on course will show you where to look and how to use the hidden power in Google to discover the powerhouse that it really is. Participants must have computer Internet knowledge. Limited enrollment due to computer classroom size.

## HW-405

### Reiki, Level I

Presenter: Barbara Schafer

Assistants: Rosemary Toletti & Cecilia Baranowski, Reiki Master Teachers

8 Classes – Fridays from 1:15 PM to 2:45 PM

March 1, 8, 15, 22, April 5, 12, 19, 26 - \$40

(recommended book)

Room #102

Reiki is a non-invasive caring way of energizing, restoring, and balancing the energy centers in our bodies. Why take this course? To heal yourself and others in body, mind and spirit; reduce stress and promote profound relaxation; enhance health and prevent illness, feel more energized, improve

mental clarity, increase creativity, calm yourself and others; and promote a sense of deep peace and well-being. The course will cover definitions, history, basic principles, how it works, the chakras and energy field. Participants will practice doing Reiki on themselves and others, and will receive a Reiki attunement. Anyone can learn it!

## HW-419

### Medically Speaking!

Presenters: Dr. Raymond Sullivan;

David Angelicola, M.D.; Terri L. Cyr, O.D.,

Jaye Howes, M.S.N. Nurse Practitioner;

Arvind Shah, M.D.; and Douglas Welsh, PhD

8 Classes – Fridays from 1:15 PM to 2:45 PM

March 1, 8, 15, 22, April 5, 12, 19, 26 - \$40

Room #204

This new course concept will be a multi-disciplinary symposium covering various health issues of interest to seniors. Topics will be: an introduction to cancer, the inside story and what's next; the insight into eye care; urgencies and emergencies; two cardiovascular lectures on hypertension and the common heart rhythm disturbance, A-Fib; a stimulating lecture on the psychology of life entitled: The Human Traffic Jam and You and Me; with the symposium ending on a lighter note with What's So Funny About Your Health?

## HW-424

### Chinese Medicine: Female Yin and Male Yang

Presenter: William Courtland

8 Classes – Fridays from 1:15 PM to 2:45 PM

March 15, 22, April 5, 12, 19, 26, May 3, 10 - \$40

(note: this class begins 3rd week of spring session)

Room #201

This course will examine woman and man as two different expressions of Spiritual energy to determine how important it is for a woman to express her Yin and for a man to express his Yang energy. The negative consequences on their health will be discussed when either do not express or deliberately repress those two qualities of energy that are the origin of life and can also become the source of disease.

## HS-448

### Heroines: Female Cultural Icons

Presenter: Penny O'Connell

10 Classes – Fridays from 1:15 PM to 2:45 PM

March 1, 8, 15, 22, April 5, 12, 19, 26, May 3, 10 - \$50

Room #326

This course will attempt to define a heroine by looking at examples of heroines in the following categories: queens, elected officials, religious figures, military leaders, humanitarians, scientists, whistle-blowers, wives, mothers and fictional characters. Each week students will be asked to nominate candidates in a different category. The class will then discuss those choices and identify the heroic attributes of each candidate. By the end of the course we should have a working definition of a heroine.

## VA-412 A

### Amazing 1-2-3 Acrylic Painting

Presenter: Deneen Datcher

10 Classes – Fridays from 1:15 PM to 2:45 PM

March 1, 8, 15, 22, April 5, 12, 19, 26, May 3, 10 - \$50

(plus art supplies) This class also offered at 3:00 PM and in summer.

Room #102D (please be prompt so as not to interrupt class in 102)

Everyone can paint! In this unique paint-along class – with the ever-so-popular 1-2-3 fun and easy techniques – several landscapes and still-life paintings can be completed in this class. You'll be amazed at what you can accomplish.





**CL-418**

**German I – Continued:  
Wollen Sie Deutsch Lernen?**

Presenter: Irene Zemaitaitis

10 Classes – Fridays from 1:15 PM to 2:45 PM

March 1, 8, 15, 22, April 5, 12, 19, 26, May 3, 10 - \$50  
(required book)

Room #213

German I lessons will be continued in text. Vocabulary, grammar and phrases from dialogs will be presented for learning. Brief exercises and short quizzes will serve as feedback – and homework will be assigned.

**HS-449**

**A Forest of Mirrors – the Impact  
of Espionage on History**

Presenter: Dr. David Reed

10 Classes – Fridays from 1:15 PM to 2:45 PM

March 1, 8, 15, 22, April 5, 12, 19, 26, May 3, 10 - \$50  
Room #217

The teaching of history tends to be sanitized with significant touches of prejudice. Often the true impact of an historical event – how and why it happened – is hidden or suppressed. Intelligent research uncovers the facts of how and why. This class is discussion, accompanied by videos.

**LW-420**

**Story Chip – Bet You Can’t Read  
(or write) Just One!**

Presenter: Jean McGavin

10 Classes – Fridays from 1:15 PM to 2:45 PM

March 1, 8, 15, 22, April 5, 12, 19, 26, May 3, 10 - \$50  
(notebook or journal). This class is also offered in summer.

Room #321D

Your stories are precious chips of the history of our world. Learn how to add your stories to the memoir of our time. Each story, big or small, is special and vital to telling our collective story and participants will be invited to add their stories to the Story Chip website.

*“Enjoyed the challenge  
coupled with constant  
encouragement.”*



**3:00 PM – 4:30 PM**

**AH-414**

**Architecture of Early Christian,  
Byzantine, Carolingian,  
Romanesque & Gothic Periods**

Presenter: John Damico

5 Classes – Fridays from 3:00 PM to 4:30 PM

March 1, 8, 15, 22, April 5 - \$25

(recommended reading)

Room #324

Follow the evolution of architectural and structural principles and the aesthetic expression derived from variations in trabeated and arched construction from Tombs to soaring cathedrals. Explore the historic millennia (from 300 – 1450 AD) of rich drama – chivalry, the crusades, Charlemagne, Constantinople and knighthood.

**HW-425**

**Meditation: Survival Strategy for  
Stressful Living**

Presenter: Kathleen Sierakowski, RN, BSN

5 Classes from 3:00 PM to 4:30 PM

April 12, 19, 26, May 3, 10 - \$25

Room #102 (please be prompt so as not to interrupt class in 102D)

Anyone can learn to meditate. Traditionally viewed as a spiritual practice, meditation can produce tangible physiological and psychological benefits. Developing a meditation practice can increase a personal sense of well-being and reduce negative response to stress. Please dress comfortably.

**VA-412 B**

**Amazing 1-2-3 Acrylic Painting**

Presenter: Deneen Datcher

10 Classes – Fridays from 3:00 PM to 4:30 PM

March 1, 8, 15, 22, April 5, 12, 19, 26, May 3, 10 - \$50  
(plus art supplies) This class is also offered at 1:15 PM and in summer.

Room #102D (please be prompt so as not to interrupt class in 102)

Everyone can paint! In this unique paint-along class – with the ever-so-popular 1-2-3 fun and easy techniques – several landscapes and still-life paintings can be completed in this class. You’ll be amazed at what you can accomplish – all artists welcome.

**MU-424**

**Opera: A Passion for the Ages –  
Making of the Opera and Some of  
the Giants Who Shaped It!**

Presenter: Nunzio DeFilippis

10 Classes – Fridays from 3:00 PM to 4:30 PM

March 1, 8, 15, 22, April 5, 12, 19, 26, May 3, 10 - \$50  
Room #326

Monteverdi’s L’Orfeo and L’incoronazione di Poppea; Gluck’s Orfeo ed Euridice and Alceste; Mozart’s Le nozze di Figaro and Die Zeuberflote; Verdi’s Rigoletto and Otello; Wagner’s Der Fliegende Hollander and Tristan und Isolde.



# Course Descriptions

## SUMMER SESSION

*“I truly value the existence of the OLLI program in our community and the opportunity to continue the learning experience beyond our formal education.”*

**CL-415**

### **Conversational French for Travelers**

**Presenter: Mary Conseur**

**8 Classes – Tuesdays and Thursdays from 8:30 AM to 10:00 AM (this class is also offered in spring)  
June 4, 6, 11, 13, 18, 20, 25, 27 - \$40 (required book)  
Room #TBD**

The goal of this OLLI course is to help the participant feel more confident about traveling to a French-speaking country with simple words/phrases to use in hotels, airports, train/bus stations, and restaurants. No prior knowledge of French required. Simple homework assignments will be recommended.

**HW-411**

### **Chair Yoga: Relax, Renew & Rejoice from a Chair**

**Presenter: Kathleen Greco**

**8 Classes – Tuesdays and Thursdays from 8:30 AM to 10:00 AM  
June 4, 6, 11, 13, 18, 20, 25, 27 - \$40  
This class is also offered in spring.  
Room #102**

Enjoy the benefits of popular Yoga postures from the comfort and safety of your chair. Each class will take you through a practice that will improve your abilities as you combine breathing and movement. Experience improved health as you apply Yoga to everyday life.

**HS-447**

### **Moonshiners, Bootleggers, Rumrunners – The Second Oldest Profession!**

**Presenter: Don Moore**

**4 Classes – Thursdays from 10:15 AM to 11:45 AM  
June 6, 13, 20, 27 - \$20  
Room #TBD**

This class will touch on the history of alcohol in America – taking a tour of taverns, saloons, medicine shows, speakeasies and nip joints! Ride with future NASCAR racers haulin’ white lightening on southern back roads or board a high-speed cigarette boat to bring in a load of rum. Learn about the rise and fall of Prohibition, and how moonshine is made!

**LW-420**

### **Story Chip – Bet You Can’t Read (or write) Just One!**

**Presenter: Jean McGavin**

**4 Classes – Thursdays from 10:15 AM to 11:45 AM  
June 6, 13, 20, 27 - \$20 (notebook or journal) This class is also offered in spring.  
Room #321D**

Your stories are precious chips of the history of our world. Learn how to add your stories to the memoir of our time. Each story, big or small, is special and vital to telling our collective story and participants will be invited to add their stories to the Story Chip website.

**MU-425**

### **Poetry & Music – Partners in Rhyme**

**Co-Presenters: Julie Cook and Sandra Ebner**

**4 Classes – Tuesdays from 10:15 AM to 11:45 AM  
June 4, 11, 18, 25 - \$20  
Room #102 (please be prompt so you do not disturb class in 102D)**

Poets and musicians (all born musicians!) will work together to bring out the meaning of selected poems in a collaborative atmosphere. Participants will be coached to read while accompanied by musical instruments. BYO instruments or use easy-to-play provided. Come join the fun – all levels welcome!

**LW-411**

### **Writing as Transformative Art**

**Presenter: Dorothy Sterpka**

**4 Classes – Tuesdays from 10:15 AM to 11:45 AM  
June 4, 11, 18, 25 - \$20 (notebook)  
Room #TBD**

This course is designed to help writers to write freely for self-discovery. Participants will read short literary models and use free-writing, meditation, and creative writing techniques to help them to write memoirs, poems, or stories. The result is often understanding, playfulness, and joy.



**MU-421****Dear Old DAD – Mountain Dulcimer Tuning!****Presenter:** Elizabeth Hanahan**8 Classes – Tuesdays and Thursdays from 10:15 AM – 11:45 AM****June 4, 6, 11, 13, 18, 20, 25, 27 - \$40 (instruments to rent from presenter - \$20 fee)****Room #227G (2nd fl. Library - take stairs or elevator to #2 and follow signs to Math Tutor Room)**

This course is for those who have taken Bump Diddy Strum (introduction to the mountain dulcimer instrument) or who have basic knowledge of reading TAB, fingering and strumming on the instrument. Participants will learn to play in DAD tuning, the most commonly used tuning at festivals and jams today – along with new techniques like finger and flat picking.

**MU-426****The Creative Process – Theme and Variation in Classical Music****Presenter:** Jane Davis Sine**6 Classes – Tuesdays and Thursdays from 12:00 PM to 1:30 PM****June 4, 6, 11, 13, 18, 20 - \$30****Room #TBD**

This course will look at the creative process in Classical Music by listening to Theme and Variation Form. The study will include works from Bach, Mendelssohn, Brahms, Dvorak, Rachmaninoff, Paganini and many more as we hear the works in historical sequence, from the Baroque, the Classical and the Romantic periods.

**HW-407****Food to Live For!****Presenter:** Jane Sirignano**Co-Presenter:** Larry Sirignano**4 Classes – Wednesdays from 12:30 PM to 2:45 PM****June 5, 12, 19, 26 - \$30****Room #119**

Would you like to enjoy aging gracefully? Come and learn research-based suggestions that may help you prevent and reduce the risk factors for common lifestyle diseases: heart disease, hypertension, cancer, stroke, type 2 diabetes and more. Enjoy fun recipe demos and great tasting dishes that are gluten-free or easily adaptable – that you can make in your own kitchen. Taste and see for yourself!

**AH-416****Painting for Princes****Presenter:** Virginia Bush**4 Classes – Wednesdays from 1:45 PM to 3:15 PM****June 5, 12, 19, 26 - \$20****Room #TBD**

This class is an art history lecture format. In the Holy Roman Empire of the 17th Century, Spain, the Netherlands, Australia and Southern Italy were linked both politically and artistically. We will look at the brilliant painting produced in these courts by Rubens, Van Dyck, Velazquez, Goya and others, emphasizing the evidence they give of the patronage and personalities of the era.

**VA-412****Amazing 1-2-3 Acrylic Painting****Presenter:** Deneen Datcher**4 Classes – Wednesdays from 1:45 PM to 3:15 PM****June 5, 12, 19, 26 - \$20****This class is also offered in spring.****Room #102D (art supplies)**

Everyone can paint! In this unique paint-along class – with the ever-so-popular 1-2-3 fun and easy techniques – several landscapes and still-life paintings can be completed in this class. You'll be amazed at what you can accomplish – all artists welcome.

**AH-415****Masters of Modern Architecture****Presenter:** John Damico**4 Classes – Thursdays from 1:45 PM to 3:15 PM****June 6, 13, 20, 27 - \$20 (recommended reading)****Room #TBD**

Modern art and architecture is complex and constantly changing, but it does have a unity of intention that distinguishes it from earlier periods. One of the better ways to prepare for the new art to come is to try to understand preceding traditions. This class is a view of traditional architecture of the 19th Century highlighting a few outstanding creations of architects such as Wright, LeCorbusier, Mies, Kahn and their 20th Century work.

**HW-426****To Age or Not to Age?****Presenter:** Dr. Eashwarlall Ramdhani**4 Classes – Thursdays from 1:45 PM to 3:15 PM****June 6, 13, 20, 27 - \$20****Room #TBD**

Old age is seen as a time when we become frail, weak and incapacitated, but does it really have to be like this? This course will explore the factors surrounding the aging process and will identify with the need for us to re-examine our beliefs, and impressions of the aging process.

# Spring and Summer 2013 Presenters

## INTRODUCING THE SPRING AND SUMMER 2013 PRESENTERS

**Peter Anderheggen & Michaela Hauser-Wagner** are both nationally certified teachers of the Alexander Technique. Peter taught writing and public speaking at the college level for 30 years and has also taught Hatha Yoga. Michaela studied the Alexander Technique to support her daughter's scoliosis treatment and is also a speech language pathologist.

**Chris Baliko** is an Accredited Organic Land Care Professional and a member of the Northeast Organic Farming Association. He has a BS from the University of Connecticut and is co-founder of Growing Solutions, LLC, an organic land care company.

**Rev. James Bradley** holds a BA in English/Political Science, a Master of Theological Studies, a Master of Divinity, and a Doctorate of Ministry. He is an ordained Episcopal priest and was the Rector of St. John's in Waterbury for 21 years.

**Dr. Stuart Brown** is the Director of Student Services at the Waterbury Campus of the University of Connecticut. He hosts a weekly Broadway music radio show and writes a theatrical blog. He has taught OLLI

courses on Richard Rodgers, Irving Berlin and Cole Porter.

**Dr. Virginia Bush** attended Wellesley College, received her PhD from Columbia University, and is a Fellow of the American Academy in Rome. She has taught in NY, NJ, and CT, has authored several articles on Italian Renaissance art history, and has worked in art galleries and art administration. Her travels have garnered her a collection of about 30,000 art images.

**Rose-Ann Chrzanowski** has 34 years of experience teaching art at the elementary, middle, and high school levels. She is currently a part-time professor in the Quinnipiac Master of Arts teaching program.

**Diane Ciba's** passion for genealogy inspired her to build her own family tree of more than 1,000 marriages. Specializing in the transcription and translation of Drovyn church records, she helps others discover the stories of their French Canadian ancestors. She has taught courses at both UConn and Youngstown State Universities and in a variety of non-profit settings.

**James Coleman, Sr.** is an independent financial advisor and author, and has hosted numerous radio talk shows (All About Money, on WATR). He is the current president of the Connecticut Chapter of Society for Financial Awareness (SOFA).

**Edward Conlan** is a retired teacher and was a Division I college football official for 44 years. An OLLI member, Ed is also one of OLLI AARP driver safety instructors.

**Mary Conseur** has 20 years' experience teaching French to teens and adults. She holds an MA in French from Purdue University and studied French at the University of Fribourg, Switzerland. She currently teaches at the Education Connection and CCSU and enjoys traveling to French-speaking countries.

**Julie Cook** studied piano at Hartt School of Music and has taught for 26 years at her studios in Newtown and Woodbury. She facilitates music workshops for the purpose of health and self-expression and is a facilitator of Music for People.

**William Courtland** is a teacher, lecturer and workshop facilitator who researches the principles of Chinese Medicine and its mind-body relationship. He is a faculty member of the CT Center for Massage Therapy where he teaches courses in Acupressure and the principles of Chinese Medicine. His book "A Medicine from Spirit" will be published this year.

**John Damico** is a practicing architect registered in four states. He holds a BA from Carnegie Mellon University and an MA from Yale University. He has lectured at Quinnipiac, University of New Haven and Yale School of Architecture.

**Deneen Datcher** has been an artist and teacher since 1982, teaching at the high school and community college levels. She has conducted seminars in CT, NY, VT, and NH.

**Barry Davis** is a graduate of C.W. Post College. He taught American History, Principles of American Foreign Policy, and Political Science for 31 years. He then created Small Business Computing, LLC, designing and writing custom software.





**Dr. Maria Decsy** is a professor of World Religions, and Human Biology. She holds an MA in Pastoral Ministry and Spirituality, a PhD in Biochemistry, and a Certificate in Spiritual Direction. She teaches World Religions at Manchester Community College, at retreat centers and at the women's prison.

**Nunzio DeFilippis** was born and raised on a farm and has been an avid gardener all his life. Since living in Connecticut these past four years, he has been an active Board member of the Judea Garden in Washington Depot. This garden has delivered more than fifteen thousand pounds of vegetables to soup kitchens over the past four years. He has also presented Opera and international film courses to OLLI members.

**Cheryl DiRollo** completed an Interior Decorating internship at a local Southbury business and has worked in advertising. She enjoys decorating on a budget, has decorated several homes, and loves the challenge of difficult spaces and color selections.

**Cindy Eastman** holds a Master's degree in Education and teaches English at Naugatuck Valley Community College. She has also taught K-12 students in computer lab, technology, career skills, and multicultural education, and has delivered professional development to K-12 teachers.

**Sandra Ebner** is an award-winning poet whose book, *The Space Between*, was published in 2000. She is also featured in *The Poetry of Nursing, Poems and Commentaries of Leading Nurse Poets*, published by Kent State University Press.

**Peter Freeman** has 33 years' experience teaching adults in the corporate world, including being the director of claim education for a well-known insurance company. He holds a BA from the University of Vermont and was an officer in the U.S. Army. He currently manages the Computer Learning Center at Southington's Sr. Center.

**Christine Guiditta** taught elementary education for 35 years, utilizing children's literature as her curriculum. She is also an adjunct professor at the University of Bridgeport in the graduate teaching program. She holds a Master's degree in Remedial Reading and Language Arts.

**Kathleen Greco** is a certified Yoga instructor registered with Yoga Alliance. She is known for her ability to be creative as she designs variations of the traditional postures, accommodating diverse needs and capabilities. She has made Yoga a life-long practice.

**Elizabeth Hanahan** is a retired public school teacher. She has taught dulcimer to adults at Folkcraft Music in Winsted, CT and at an area dulcimer festival. She has also performed at area nursing homes and for Branford Hospice.

**Judy Jaworski** has taught art for 50 years, after attending RISD. Judy was listed in the Artists' Bank at the CT Commission on the Arts, and she has painted extensively for both public and private collections and numerous exhibits in Connecticut.

**Judy Kollias** holds a BA and MA in Spanish. She taught Spanish language, literature, and culture at Cheshire High School and Quinnipiac University, and has traveled extensively in the Spanish-speaking world. Judy is a docent at the Mattatuck Museum and co-chairs the OLLI Curriculum Committee.

**Jessica Kott** holds a Certified Financial Planner certification, has worked in the financial services industry for 29 years, and has experience in private-bank lending and management of investment portfolios. She is currently an executive committee member at the Mattatuck Museum Arts & History Center.

**Jean McGavin** is co-founder of [www.storychip.com](http://www.storychip.com) and also owns Global Voice Systems, Inc. She spent 10 years working in the New York City Theater after earning a BA in Intellectual History and an MFA in Theatre Design.



**Don Moore** is a retired Civil Engineer with a BS from the University of Virginia and a Master's degree from George Washington University and Virginia Tech. He enjoys reading biographical and historical books and touring historical sites. His interest in moonshine stems from an ancestral involvement.

**Donna Obarowski**, a UConn graduate, has been Minister of Music at several greater Waterbury churches, as well as an instructor for the Foothills Adult Education program.

**Penny O'Connell** has a BA in Political Science, and is a retired Ancient World, European and American history teacher. She has spent years trying to unravel the mysteries of our historical past and is delighted to share her discoveries with those who have inquiring minds.

**Cynthia Paolino**, owner of Cynusura Yoga, is an alliance-certified and registered teacher of adults and children. Her approach to practicing and teaching draws on several styles and traditions, and she is known for her unique ability to bring balance of mind, body and spirit. Along with teaching the healing practice of Yoga, she is also a Reiki Practitioner.

*“Every moment flew by and it was always disappointing when it was time to pack up.”*



# Spring and Summer 2013 Presenters



**Barbara Schafer** is a graduate of the Unity School of Christianity, St. Joseph's Hospital, Wilkes University, and the University of Pittsburgh. A certified Licensed Unity Teacher, she is also a Reiki Master Teacher and has her own private practice while volunteering at Griffin Hospital and Cancer Center.

**Kathleen Sierakowski, RN, BSN** is a registered nurse, teaching patients self care. She has experience in psychiatric, oncology, and home health nursing. She is presently administrator and founder of a home health service which provides health care services to Waterbury and the surrounding area.

**Jane Davis Sine** earned a BA from Smith College and a BS/MS from Western Connecticut State University. She was a String teacher in Fairfield, CT for 24 years and founded her own Artist Management company, representing classical artists and conductors worldwide. She is currently teaching at the University of South Carolina Osher program.

**Dr. Eashwarlall Ramdhani** is a dedicated doctor in the practice of Health and Alternative Medicine. He has taught programs at prominent schools and colleges in Guyana, South America. A member of the American Alternative Medical Association, he is currently participating in post-graduate research studies of Traditional Chinese Medicine.

**Dr. David Reed** retired from the practice of medicine after 45 years. With a long-standing interest in Russian and Eastern European history, he has visited Russia on several occasions and has recently completed a book, *The Czechoslovak Legion and the Russian Civil War* (unpublished).

**Dr. Carol Rizzolo** retired after a 25-year career as a Physician's Assistant and recently earned her PhD in Mythological Studies with an emphasis in Depth Psychology. The mother of three, Carol enjoys bicycling and kayaking, along with playing the concert harp, classical guitar, and piano.

**Gary Ruggeri** attended Sacred Heart High School, received a degree in Education from SCSU, and taught biology and the sciences at Northwest Catholic High School, Wethersfield High School, and at Briarwood College.

**Jane Sirignano** is a Food for Life Nutrition & Cooking instructor, has a diploma in nutrition, and has managed a natural foods store. She has worked with the Coronary Health Improvement Project (CHIP), where reversal of Type 2 diabetes was a focus.

**Dorothy Sterpka** has taught English Composition and Literature at UConn and now teaches at CCSU. A teacher for more than 40 years, she is also a volunteer social worker and writer.

**Diane Stone** spent 30 years traveling the world for business and pleasure and realized how much her European History academic background enriched her travels. She majored in History at Queens College and holds a Master's in European History from the University of Michigan.

**Dr. Raymond Sullivan**, a retired surgeon with a passion for New England history, is presenting *Democracy in American Puritanism* and is also coordinating the Medically Speaking course with a group of medical professionals. **Dr. Michael David Angelicola** is a retired medical doctor, with a BS in Biology from Boston College and an MD from Tufts Medical School. **Terri Cyr, O.D.**, currently practices eye care in

Wallingford. **Jaye Howes, MSN**, is a Nurse Practitioner with more than 30 years in the nursing field. She is currently practicing in the Cardiovascular Unit at Waterbury Hospital.

**Arvind Shah, MD**, of Bombay, India, is a member of the Royal College of Psychiatrists and holds an M.R.C. degree in Psychology from the University of London. **Douglas Welsh, PhD**, attended Boston College and earned his Master's and Doctoral degrees from Rutgers University.

**Nancy Whitney** did undergrad and graduate work at UConn and SCSU. She has also taken creative writing classes at University of New Mexico.

**Susan Wolanic** has been teaching watercolor classes for more than 40 years at the high school level and in private classes and workshops. A graduate of Paier College of Art, she is a member of the CT Watercolor Society and several art leagues.

**Irene Zemaitaitis** was born in Lithuania and lived and attended schools in Germany. She earned a BA in English and German from UConn and a Master's in Education from SCSU. She taught English and German in Lithuania and taught English at the Third Age University for Senior Citizens.

**Briana Zonas** received a BFA from the Parsons School of Design, attending classes in both New York and Paris. She also holds degrees from The Fashion Institute of Technology and the London College of Communications. She currently teaches watercolor art at CPFA-Artsplace in Cheshire and is managing director of Zonas Creative Carpets where she designs rug collections that are manufactured in Nepal.

*"I really  
enjoy OLLI...  
it's a high  
point in my life."*

# Being a Course Presenter

for the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut, Waterbury Campus



OLLI Courses are generally led by retired, semi-retired and working educators, professionals, entrepreneurs, artists, writers, and others.

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- Share your passion on a topic or set of topics
  - Inspire others to learn and explore
  - Engage with peers and community members
  - Lead learners without the administrative burdens of traditional teaching (reading papers/homework, calculating grades, etc.)
  - Develop innovative, interesting, and compelling learning experiences
  - Utilize the campus infrastructure to deliver enriching experiences for older adult learners and yourself—without the pressures of homework or testing
  - Explore topics with other learners and create a laboratory for new ideas
  - Join a national movement of adult learners at the first and only Osher Institute in Connecticut
  - Receive classroom information technology assistance
- Some of the perks . . .**
- Free Basic OLLI membership
  - **One free OLLI course**
  - Reasonable supplies and equipment for course instruction
  - UConn parking pass
  - Presenter events
  - Presenter Honoraria

## TIME TO THINK ABOUT FALL 2013

10 weeks: September 13 to November 15

**FINAL Deadline for ALL course proposals - Wednesday, May 1, 2013**

**Please contact us if you would like to present a Fall 2013 course!**

**Call 203-236-9808 or email: [osher@uconn.edu](mailto:osher@uconn.edu)**

# OLLI Lunchtime Happenings

OLLI CAFE • OLLI CLASSES • MATTATUCK MUSEUM TRILOGY • OLLI CLUBS & WORKSHOPS

**OLLI Café** is a venue for the exchange of ideas and experiences focusing on improving the quality of life. The goal of OLLI Café is to present a potpourri of presentations and activities that provide information and new knowledge to OLLI members.

Bring your lunch and we will provide the coffee and fruit! OLLI Café presentations are open to all OLLI members. These are not courses—OLLI Café is one of the benefits of your annual OLLI membership. Pre-registration is not required. The weekly event features a guest speaker followed by a short Q&A session.

**Fridays—Room #119 • 11:30 – 12:00 Lunch • 12:00 – 1:00 Speaker Presentation**



## MARCH 1

### Life is Like Riding a Bicycle – You Only Fall off When You Stop Pedaling.

It wasn't a race; it was a self-supported 70-day cross-country ride of over 3,700 miles across the U.S. Battling the forces of nature – rain, cold, mid-west tornadoes and historic flooding in spring of 2011, along with the physical and emotional challenges, this visual presentation will explore the planning, organization and execution of the adventure of a lifetime.

**Andre Simonpietri** holds a BS in Engineering, along with MS degrees in Aeronautics, Management and International Business. Retired from Sikorsky and Lockheed Martin, he has lived in four countries and speaks Spanish and French. He currently lives in Woodbury.

## MARCH 8

### Emily Dickinson – Her Life and Her Poetry

Regarded as one of the world's great poets, Emily Dickinson lived a privileged, though reclusive, life in Amherst, MA. Learn more about her fascinating story, and some of her great poetry and letters.

**David Garnes** is currently a guide at the Emily Dickinson Museum in Amherst, having also served as house manager, trainer and workshop facilitator. He was also an English teacher at private schools in New York and head of Book Acquisitions at Columbia's library, later holding the same responsibility at the Babbidge Library at UConn Storrs. Dickinson was the subject of his Master's thesis at Columbia University.

## MARCH 15

### The Arrival of Honey Bees in the New World...

...and the innovations and challenges facing beekeepers from that period to the present. Honey bees were not native to the new world and arrived shortly after the first English settlers established colonies in Virginia. Settlers adhered to beekeeping practices that were common in England and Europe at that time. Hear an overview of beekeeping, bee behavior, and the present health of honey bees in North America.

**Alphonse Avitabile** has studied honey bees for over 45 years, has published articles on the topic, and conducted a course at UConn. He has worked with experts on honey bees in the U.S. and Canada. Al is a retired professor of Ecology and Evolutionary Biology – teaching at UConn Waterbury.

## MARCH 22

### Jimmies of Savin Rock – from 1925 to Present!

Almost everyone enjoys great seafood or prime rib! Come hear the story of this family-owned and operated restaurant in West Haven – known especially for portions so generous, no one leaves the restaurant without a carryout bag. Going back five generations, the family business continues to please patrons with outstanding customer service.

**Lisa Gagliardi**, along with her brother Paul and her daughter Marissa, will share the fascinating history of this Connecticut Institution – going back to the road-side stand that sold 'split' hot dogs!

## APRIL 5

### Closing the Achievement Gap: A Case Study

Connecticut was once known as the Education State. But for many years now, our state has led the nation in a discouraging statistic. We lead the nation in the Achievement Gap – the disparity between the test scores of minorities vs. whites, urban vs. suburban, middle vs. lower economic groups. No Child Left Behind was implemented to address this problem, but so far it hasn't done so. And now that the state has a waiver from the NCLB requirements, CT must create its own program to correct this problem.

**Dr. Barbara Ruggiero** will share what the Children's Community School has been doing to raise the level of achievement of underserved populations. She is currently Executive Director and Principal of the Children's Community School, Waterbury's only private, non-religious school for underserved children from Pre-K to 5.

## APRIL 12

### Chocolate 101! Yum...

This delicious presentation will focus on the science and business of chocolate. Hear the amazing complexities of this very sweet product – its origins, health benefits and how it has turned into a consumer confection – from bean to bar and bar to box. Learn the history of Fascia's Chocolates and enjoy a video tour of the manufacturing facility.

**Carmen Romeo** who has a BS in Electrical Engineering, is an engineer turned chocolatier. After a 25-year career in technical sales, marketing and general management, he joined his wife's family business in 2009.

APRIL 19

**Amanda's Room – Publishing a First Novel After 60!**

How does a nice Italian boy from a tiny Pennsylvania coal-mining town end up writing a paranormal thriller after age sixty? How did plans for his first novel – a multi-generation epic about life and death in the anthracite coal fields – end up as a book about ghosts and murder? OLLI member Chuck Miceli will talk about his writing journey and how OLLI helped him achieve this life-long ambition – along with reading selected excerpts. Copies of the book will be available for sale and autographed upon request!

**Chuck Miceli** is a member of the OLLI Leadership Council and the OLLI Review. He has presented workshops and seminars throughout the country on a wide range of criminal justice, juvenile justice and professional development topics. His criminal justice background was instrumental in writing *Amanda's Room* – combining it with his courses on meteorology, to create descriptive scenes of violent weather phenomenon.

APRIL 26

**Battleship Connecticut and the Great White Fleet**

Hear how the USS Connecticut led the Atlantic Fleet Battleship Force on a round-the-world cruise – over 14 months, traversing a dozen oceans and seas, covering 30 ports and logging thousands of miles. Copies of Albertson's books, *USS Connecticut: Constitution State Battleship and They'll Have to Follow You!* *The Triumph of the Great White Fleet* will be available for sale and signing.

**Mark Albertson** is a historical research editor with Army Aviation magazine and has written articles on historical issues, as well as current events. He also teaches lifelong learners at Norwalk Community College.

“*OLLI Rocks!*”

MAY 3

**Biting Insects and Dangerous Diseases Lurking in Your Back Yard!**

To coincide with a panel display in our UConn library on loan from the Yale Peabody Museum, learn about West Nile Disease, its symptoms and transmission, biology of the causative organisms and their vectors in a down-to-earth and preventative fashion.

**Paula Philbrick, PhD** is a member of the biology faculty at UConn Waterbury, where she teaches courses in general biology, microbiology and botany. Her passion is the ecology of rocky shores, with particular emphasis on the population biology of long-lived seaweeds.

MAY 10

**Celebration of OLLI Arts and Leadership**

This OLLI Cafe will feature officer and council elections followed by a celebration showcasing OLLI members and a recognition celebration of outgoing and transitioning officers. Please join us for important OLLI business and a fun celebration!

OLLI LUNCHTIME CLASSES 11:40 AM – 1:00 PM

**LW-424**  
**Writing on the *Write* Side of Your Brain**  
Nancy Whitney (see page 17 for details)

**VA-416**  
**The Complete Spanish Experience, Part II – Espanol and Almodovar's Films**  
Nunzio DeFilippis (this runs through 2 timeslots / see page 17 for details)

**MS-413**  
**Earth and its Weather, Plate Tectonics, and Oceans**  
Gary Ruggeri (see page 17 for details)

**HW-417 (A&B)**  
**The Alexander Technique: Posture, Balance and Movement**  
Peter Anderheggen & Michaela Hauser-Wagner (choice of two 5-wk classes / see page 18 for details)

**LW-423**  
**For the Love of Children's Literature**  
Christine Guiditta (see page 18 for details)

**PR-401**  
**Gospel of Mary Magdalene**  
Rev. Jim Bradley (see page 18 for details)

**VA-410**  
**A Journey into the World of International Movies**  
Nunzio DeFilippis (this runs through 2 timeslots / see page 18 for details)

**PD-414**  
**Passport to Retirement - the New Retirement. Is Your Money Ready?**  
James Coleman (see page 18 for details)

**PR-413**  
**Eastern Religions: Medicine for the Western Mind**  
Dr. Maria Decsy (see page 19 for details)

**VA-417**  
**Expressive Self-Portraits**  
Briana Zonas (see page 19 for details)



# OLLI Lunchtime Happenings

OLLI CAFE • OLLI CLASSES • MATTATUCK MUSEUM TRILOGY • OLLI CLUBS & WORKSHOPS

## MATTATUCK MUSEUM PRESENTS LUNCH & LEARN TRILOGY

See Registration Form to sign up for one or all of the Lunch & Learn Trilogy sessions.



**Museum Lectures: 11:30 AM – 12:30 PM**

**12:30 PM – Continue the discussion over lunch! Boxed lunches must be pre-ordered ONE WEEK AHEAD OF EACH EVENT. Lunch includes a sandwich, your choice of cookie or chips and a drink for \$8.50**  
Call 203.753.0381 ext. 10 to pre-order lunch.

### THE MATTATUCK MUSEUM LUNCH & LEARN SERIES “POLITE PEOPLE SHOULDN’T TALK ABOUT SEX, POLITICS OR RELIGION”

#### The Male Nude in 20th c. American Art with Museum Curator, Dr. Cynthia Roznoy

Wednesday, March 27, 2013  
11:30 AM to 12:30 PM

Turn-of-the-century artistic interest in the contemporary male nude coincided with the rise of cultural interest in issues of masculinity and athleticism. Join Dr. Cynthia Roznoy, curator, in a discussion of male beauty in works by George Bellows, Reginald Marsh and Charles Demuth, among others.

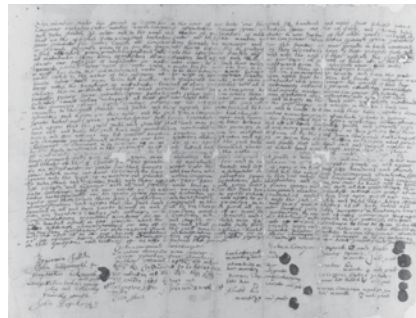


Thomas Eakins, *The Swimming Hole* (1885),  
Amon Carter Museum

#### A History of Waterbury in 50 Objects with Museum Director, Bob Burns and Collections Manager, Suzie Fateh

Wednesday, April 17, 2013  
11:30 AM to 12:30 PM

Inspired by “A History of the World in 100 Objects,” a joint project of BBC and the British Museum, the Mattatuck Museum has organized a display of 50 objects that tell the story of Waterbury from its earliest days to the 21st century. Join us as director, Bob Burns and Collections Manager, Suzie Fateh present an illustrated talk featuring objects from the museum’s permanent collection.



*Indian Deed to Ancient Proprietors of Mattatuck*,  
December 2, 1684;  
Collection of the Mattatuck Museum

#### Holy Land USA with Curatorial Assistant, Mike Forino

Wednesday, May 8, 2013  
11:30 AM to 12:30 PM

This abandoned 18 acre park representing a miniature Jerusalem and Bethlehem opened in 1958. It was one of Connecticut’s biggest tourist attractions in the 1960s and 1970s with 50,000 visitors per year before its close in 1984. Mattatuck Museum curatorial assistant Michael Forino will present an illustrated lecture examining this Waterbury landmark.



*Holy Land, Waterbury*, c. 1950;  
Collection of the Mattatuck Museum

OLLI BOOK CLUB



The OLLI Book Club will discuss book selections on the third Monday of each month. Participation is open to all current OLLI members and book readings and selections will be decided by the group. Snacks can be shared during the open discussions. Contact Nancy Via at [nvia@sbcglobal.net](mailto:nvia@sbcglobal.net). Happy Reading!

OLLI LIBRARY WORKSHOP



Using the Library!

**Presenter: Shelley Goldstein, UConn Library Director**  
**Tuesday, March 5, 2013**  
**1:00 PM to 2:00 PM room #317**  
 (seating is limited – sign up on member registration form)

As OLLI members you have access to all of UConn's collections – books, VHS, and DVDs. Attend an introductory session to take advantage of all our resources. Learn to use the online catalog and how to request items from other libraries.

VOLUNTEERISM

**Did you know that volunteering may just be the next miracle treatment for longevity?**

Studies have shown that people who volunteer for selfless reasons, such as helping others, live longer than those who don't lend a helping hand. OLLI programs rely on member-volunteers to keep things running smoothly, efficiently and at the lowest cost possible. We encourage OLLI members who enjoy their time here at UConn to volunteer for any of the five standing committees – Curriculum, Membership, Communications (newsletter), Travel, and the Editorial Board (publishes "Voices and Visions"). Please consider joining a committee! But there is another way to volunteer because there is a need, as well, for "once-in-a-while" volunteers to keep operations running seamlessly. The "Very Involved People" (VIP) program is intended for members who are willing to sign up for a minimal, once-per-session stint to help out at our gathering times, or special events. On an occasional basis, workers are needed for registration and mailing activities, refreshments, table set-ups (and break-downs) at lectures, and as greeters at our Open House. Doesn't this sound like the ideal way to assist with our program without a time-consuming commitment?

OLLI is always looking for volunteers. It's easy to sign up on OLLI Fridays, or on the registration form, or by calling 203-236-9924. With your help we can make volunteerism the heartbeat of the OLLI program. Think about it...then do it!



OLLI POETRY COFFEE HOUSE AT JOHN BALE BOOKSTORE & CAFÉ

**Do you write poetry and are you looking for a venue to read it aloud, and perhaps get some friendly feedback?**

Do you have a favorite poet you'd like to share? Or do you just want to have a cup of coffee and listen to poetry and prose read aloud in a cozy atmosphere? Join us at this open mic opportunity to share with other OLLI literary enthusiasts. The club will meet at John Bale Bookstore & Cafe on the second Thursday of each month at 10:00 AM. Beverages, snacks, sandwiches, etc., are available for purchase. John Bale Bookstore is just a few blocks from UConn. You can walk from campus or use the meters, garages, or lots in the Grand Street area. Contact Denise Whelan, [deniseawhelan@yahoo.com](mailto:deniseawhelan@yahoo.com). for more information.

**First Coffee House will be Thursday, March 14, 2013!**



Enjoy day and overnight excursions with OLLI members, planned by the OLLI Travel Committee and Friendship Tours. If you have suggestions for future trips, leave them in the Suggestion Boxes at the OLLI Information Table addressed to the Travel Committee. Join us for OLLI Travel and learn about new and old places waiting to be explored. For information and other instructions, see "Registration Info for OLLI Travelers" at the bottom of this Travel Page.



## New York Botanical Gardens and Lincoln Center, NYC

Thursday, May 15, 2013 - Member Price: \$78

Includes: Deluxe Motor Coach, admission to both venues; guided tour of Lincoln Center; FT tour director; driver and all gratuities.

Lunch will be on your own at the Botanical Gardens.

Bus leaves Hamilton Ave. Commuter Parking Lot at 8:00 AM - Return ETA: 5:30 PM

Spend the day with us on a self-guided tour of the New York Botanical Gardens, founded in 1891 in the Bronx. With plenty of time to explore on your own, you will appreciate this horticultural icon with expansive gardens and woodlands. The Garden also features the Enid A. Haupt Conservatory, a Victorian-style glasshouse, two types of rain forests, deserts of the Americas and Africa, and aquatic and carnivorous plant displays, along with new monumental sculptures that draw inspiration from nature with ferns, oak and maple leaves, windblown palms, and butterflies. Enjoy a tram ride or visit the gift shop, and have lunch at one of the restaurants. Then enjoy a docent-led tour of the great Lincoln Center – its iconic landmarks – the Revson Fountain, the newly transformed Alice Tully Hall, and the Metropolitan Opera House (to hear about performers Luciano Pavarotti, Mikhail Baryshnikov, Leonard Bernstein, Renée Fleming, and Bruce Springsteen). Join us for a day of beauty, culture, and arts.

## OVERNIGHT EXCURSION

### Philadelphia: Birthplace of Independence

Sunday, September 22 to Tuesday, September 24 – Member Price: \$428/person

Includes: deluxe motor coach; 2 night accommodations, 2 breakfasts, one dinner; one 4-star lunch on the docked 108-year old clipper sailing ship; sightseeing admissions; tour director; and ALL gratuities.

Bus leaves Hamilton Ave. Commuter Parking Lot at 8:00 AM

Come enjoy Longwood Gardens at a leisurely pace. The second day includes a visit to the National Constitutional Center filled with history of the formation of colonial unification. After our special lunch there will be a guided Historic City Tour. This evening includes an optional trip to the only city casino: Sugar House. On the last day, there will be a docent led tour of the Philadelphia Museum of Art and free time for lunch and exploring this world famous museum. Come enjoy the treasures of the city and the company of old and new friends.



### friendship tours

Trips are open to current OLLI members on a first-come, first-served basis.

They will become open to **non-members**, if room allows, on March 1 for a surcharge of \$10 for Day Trips and \$20 for Overnight Excursions. For reservations or questions, call **Friendship Tours, 860-243-1630** and ask to register for either **OLLI day or overnight trips (do not call the OLLI Office.)** Once registered by phone, please mail individual checks for each trip made out to **Friendship Tours, 533 Cottage Grove Rd., Bloomfield, CT 06002 (ATTN: Ben).**

Friendship Tours will send confirmation through the mail with all pertinent information for your trip. If you have any special needs or handicaps, please advise Friendship Tours when you register.

**Please note – Trip fees are non refundable unless a substitute traveler is available on the waiting list.**

A graphic of a black registration tag with a white label that reads "Registration Info for OLLI Travelers".

Registration  
Info for  
OLLI Travelers



Events open to the public include celebrations, film premieres, author talks, special lectures, and other programs. If you are not an OLLI member you cannot park in the UCONN garage without a parking decal.

### THE AMERICAN MURAL PROJECT



**Monday, April 15, 2013**

**From 1:00 PM to 2:30 PM**

**Multipurpose Room**

**Light refreshments will be served.**

**Sign up on member registration form.**

The American Mural Project, when finished, will be the largest indoor three-dimensional mural in the country. Its mission is to celebrate American ingenuity and commitment to work – a tribute and a challenge for people of all ages. Artist Ellen Griesedieck will share her story – the vision and inspiration for this collaborative artwork – its materials, and her travels across the U.S. recruiting thousands of people of all ages to work on sections of this magnificent piece of art.

**Ellen Griesedieck** has worked as an artist most of her life, and her paintings have been commissioned by Times Mirror Magazine, General Motors, and CBS Television to name a few. Her art exhibitions have appeared in Connecticut, New York and Paris. She has also worked as a photographer and illustrator for *Sports Illustrated*, *Road & Track*, *Tennis*, and *People Magazines*.

### UCONN CREATIVE SUSTENANCE

#### Film Festival & Writing Contest

**Film Festival: Wednesday, April 3, 2013, from 6:30 PM to 8:30 PM**

**Writing Contest: Wednesday, April 10, 2013, from 6:30 PM to 9:00 PM**

**UConn Multipurpose Room**

**Sign up on member registration form**

Members of the UConn and OLLI community are welcome to attend Creative Sustenance and enjoy an evening of art appreciation as writers read their personal and professional works. Students, faculty, and OLLI members may share their writing and the UConn undergraduate writers will read their awarded works as well. It will be an evening full of inspiration, creativity, emotion, and literacy. There will also be professional guest speakers reading published writings. Not only is this event entertaining, but it is meant to raise awareness of poverty and hunger in Waterbury. Admission is free – but everyone is asked to bring canned or non-perishable food items – which will be donated to the Greater Waterbury Interfaith Ministries, a non-profit organization that provides meals for residents of Waterbury in need.

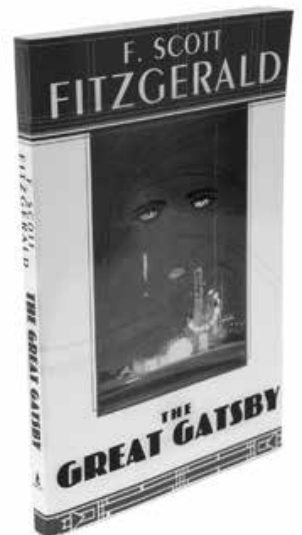
**To enter contests, contact  
nicole.st\_andre@huskymail.uconn.edu**

### UCONN READS

#### The Great Gatsby, F. Scott Fitzgerald

The University of Connecticut has announced its Second Annual **UConn Reads Program**, a University-wide program that invites you to participate in a “one-book experience” open to the entire University community. Initiated by UConn President, Susan Herbst, UConn Reads aims to gather together students, staff, alumni, faculty, and state citizens alike who share an interest and sense of pride in the University, who relish intelligent, respectful debate, and who each can bring their own individual perspectives and personal experiences to a thought-provoking and engaging conversation.

OLLI members are members of the UConn Community and are encouraged to read the book selection and participate in this intellectually enriching activity. Please join us for this important adventure in lifelong learning! The best way to get started is by reading the book which is available (in limited quantities) in the UConn Waterbury Library, UConn Co-op or through your local library or bookstore. The University will be announcing programs related to *The Great Gatsby* during the 2013 academic year– look for details at:  
<http://uconnreads.uconn.edu/>





# Events Open to the Public

Events open to the public include celebrations, film premiers, author talks, special lectures, and other programs.

## UCONN WATERBURY RESEARCH LECTURE SERIES

### Fossils, Energy, and Global Warming

Tuesday, February 5, 2013  
12:45 PM to 2:00 PM, Room #333

Interested in aspects of global warming? This lecture is designed for those without a strong scientific background. The origin of the greenhouse effect arising from carbon dioxide and other greenhouse gases will be discussed, along with the source of newly arising carbon dioxide, and the expected effects from higher levels of gas on the earth's climate.

**Henry E. Auer, PhD** has always had a strong interest in global warming and related issues. He has a Global Warming Blog at <http://warmgloblog.blogspot.com>. A seasoned scientist with many years in research and development both in the biotechnology industry and as a medical school faculty member, he holds an A.B. in chemistry from Princeton, and a PhD in biochemistry from Harvard.

### Symbols and Social Interaction

Wednesday, March 27, 2013  
12:45 PM to 2:00 PM, Room #333

"Symbols" are a universal characteristic of any social order. American sociologist Erving Goffman and others have focused their attention on the way in which symbols work in everyday communication and social life. Their insights provide us with tools for a world in which both the physical aspect and the meaning of symbols are changing at an increasingly fast rate.

**Francesco Ranci** was born in Milano, Italy and grew up in the midst of the social "crisis" of the '60s and '70s, inspiring him to explore social issues, including theories and methodologies that help people understand these issues. He earned a Bachelor's and Master's Degree in Political Science from the University of Pavia, Italy, and a PhD in Sociology from the University of Milano. His work includes social work with children, immigrants, disabled, and the unemployed. He has worked as a journalist, and produced educational materials. He moved to the U.S. in 2010, and has been teaching sociology at NVCC, UConn, Sacred Heart University, and Westchester Community College.

### Lunch Ladies: Labor and Social Change in the School Food Movement

Wednesday, April 24, 2013  
12:45 PM to 2:00 PM, Room #333

School lunch programs have undergone major changes since the inception of the National School Lunch Program in 1946. Over 32 million children take part in school lunches every day. Hear about the changes in school food programs from the 1900s to the present, with focus on the political economy of school lunchrooms. The U.S. school food system problematically depends on stereotypes of the "lunch lady" as an object of school discipline as opposed to agents of nutrition, food preparation and social change.

**Kristina Gibson** is a UConn Assistant Professor in Residence of Geography and the Urban and Community Studies program. Dr. Gibson's research focuses on how scalar discourses frame and play a significant role in constructing food-related problems and their solutions.





**The power to make it better.®**

**AARP DRIVER'S SAFETY**

Monday, March 25, 2013 9:00 AM to 1:30 PM OR  
 Monday, May 6, 2013 9:00 AM to 1:30 PM  
 Room #119 – first floor

*Sign up for one of the sessions on the member registration form – check date of choice*

The 4-hour AARP Driver's Safety Course is the nation's first and largest classroom driver safety course designed especially for drivers age 50 and older. There are no on-the-road or written tests. Participants learn how to operate their vehicles more safely in today's increasingly challenging driving environment. Upon completion, participants will receive a Certificate which they can submit to their insurance companies for a policy discount.

**Registration and Cost**

Please call 203-236-9924 to register today!

Fees are payable on the first day of class in the classroom (UConn Waterbury campus, Room 119)

\$12 AARP Member (you must bring your membership card to the first class)

\$14 Non-AARP member

OLLI Membership is not required to register



**AARP DECIDE. CREATE. SHARE.™**

Tuesdays, April 9 and 16, 2013 (Double Session)  
 3:30 PM to 5:00 PM

Multipurpose Room #119 – first floor

Presented by Judy Begley and Sarah Zarbock

Light refreshments will be served. These workshops are free and open to the public.

Come hear about the AARP campaign designed to help women in their 40s, 50s, 60s and older take steps today so they will be adequately prepared for a safe, healthy and secure tomorrow. The goal of this unique two-part program is to help women decide what kind of future they envision for themselves, create a plan to achieve their goals, and share that plan with the important people in their life. Topics covered will be home and community, finances, health tips, and legal issues.

**Judy Begley** earned a BS in physical therapy, and MS in Allied health Administration and has 30+ years experience in senior services (home care, nursing home, assisted living and retirement communities).

**Sarah Zarbock** earned a BA in English, is a certified physician assistant with experience in adult and pediatric hospice and home care and has 20 years experience as a freelance medical writer and editor.

**TAKE CHARGE OF YOUR FUTURE**  
 Decide. Create. Share.™



# OLLI Partnership Events

OLLI members will receive discounts for events sponsored by partnering organizations.

THE PALACE THEATER ♥ OLLI



Photo courtesy of Louis Belloisy

## YOUR PALACE - YOUR <sup>Show</sup> PLACE -

\*OLLI members receive a 10% discount on ticket prices (excluding the applicable service fees) when purchased by phone or in person ONLY.



Sponsored by  
**Comcast**

### EXPERIENCE THE BEATLES WITH RAIN

Friday, March 15 – 8:00 PM

Saturday, March 16 – 2:00 PM and 8:00 PM

Direct from Broadway! RAIN, the internationally-acclaimed Beatles concert, returns by popular demand! “The next best thing to seeing The Beatles!” (AP). See the full range of The Beatles’ discography live onstage, including the most complex and challenging songs that The Beatles themselves recorded in the studio but never performed for an audience. From the early hits to later classics (*I Want To Hold Your Hand*, *Hard Day’s Night*, *Sgt. Pepper’s Lonely Hearts Club Band*, *Let It Be*, *Come Together*, *Hey Jude* and more.

Tickets: \$65/ \$55/ \$45



### CELTIC CROSSROADS: WORLD FUSION TOUR

Wednesday, March 13 – 7:30 PM

Just when you think that you have seen the best that Irish music has to offer, a fresh new show from Ireland is taking the art form to an entirely new level. Deemed ‘the most exhilarating and authentic show to come from Ireland in decades,’ Celtic Crossroads is an explosion of youthful energy and dazzling musicianship that abounds with fusions of traditional Irish music, bluegrass, gypsy and jazz. Showcasing seven world-class musicians, playing over twenty instruments, Celtic Crossroads will restore your faith, re-energize your soul, and leave you hoarse from shouting and stomping for more!

Tickets: \$45/ \$35





WATERBURY SYMPHONY ORCHESTRA



**WATERBURY SYMPHONY ORCHESTRA**

LEIF BJALAND, MUSIC DIRECTOR & CONDUCTOR

The WSO is offering a 20% discount to OLLI members on any single “choice” ticket (\$30, discounted to \$24). Call the WSO office at 203-574-4283 to purchase your tickets. Come join in the celebration of our 75th Anniversary!



**John Williams POPS**

Friday, March 8, 2013 – 8:00 PM, Litchfield Intermediate School, Litchfield  
 Saturday, March 9, 2013 – 8:00 PM, NVCC Fine Arts Center, Waterbury

Where were you when you first saw *Star Wars*? How long did it take you to go swimming in the ocean after seeing *Jaws*? Can you close your eyes and imagine soaring across the night sky with an alien on a bicycle? Come enjoy music from the movies: *Jaws*, *Raiders of the Lost Ark*, *Schindler’s List*, *Catch Me if You Can*, *ET*, *Harry Potter and the Prisoner of Azkaban*, *Star Wars*, and more!

**Emil de Cou, Guest Conductor:** Much loved American conductor Emil de Cou appears regularly as guest conductor with orchestras across the United States. After serving as Associate Conductor with the National Symphony Orchestra for eight years, he is currently Music Director of the Pacific Northwest Ballet.

**Titan**

Saturday, May 11, 2013 – 8:00 PM  
 NVCC Fine Arts Center, Waterbury

**Leif Bjaland, Conductor:** The World According to Gustav: a multi-media experience featuring excerpts from *Das Klagende Lied* and *Songs of a Wayfarer*.

**Mahler Symphony no. 1 Titan**

Our 75th anniversary celebration concludes with Mahler’s titanic First Symphony, described as “a world unto itself.” Maestro Bjaland will lead audiences on a journey of discovery through a multi-media exploration of how Mahler’s first great work came to be, with music that reflects this journey, culminating in a triumphant performance of the complete work.

Listen, Learn, Bravo! Join us for an engaging presentation on the featured repertoire and artists, 7:00 - 7:30 PM on stage. Featured presenters TBD.



# OLLI Partnership Events

## MATTATUCK MUSEUM



We are proud to say - All OLLI members are Mattatuck Museum members and receive the same member benefits. Visit [www.MattatuckMuseum.org](http://www.MattatuckMuseum.org) for information on programs, events and exhibitions for spring and summer!

### OLLI Program Membership Benefits

- Members of the OLLI Program have unlimited free admission to the Museum by showing their OLLI membership cards.
- Discounted admission to the First Thursday Concert Series at the Museum: OLLI Members receive the same discount as Mattatuck Museum members.
- Free Admission to Museum Exhibition Openings.
- All communications from the museum to the OLLI staff and members will be sent by email. To receive emails, OLLI members must sign up at the Mattatuck Museum website.
- Visit [www.MattatuckMuseum.org](http://www.MattatuckMuseum.org) for information for First Thursday performers for the fall and winter!

### All Jazz First Thursday at the Mattatuck Museum

From 5:30 PM to 7:30 PM

Join us for exceptional live jazz music on the First Thursday of each month. To purchase tickets in advance call 203-753-0381 ext.10 or go to the website at [www.MattatuckMuseum.org](http://www.MattatuckMuseum.org) for more information and to register online. Admission is \$7 for museum and OLLI members. Convenient, free parking is located in any of the lots behind the museum on Park Place.

Visit [www.MattatuckMuseum.org](http://www.MattatuckMuseum.org) for information on performers for the spring and summer!

### Current & Upcoming Exhibitions at the Museum Whittemore Gallery

*Ash Can School Prints from the Collection of Dorrance Kelly* on view February 2013 – May 2013

### Munger Room and Community Gallery:

*Everything/Nothing: Paintings by Eric Forstmann* on view March 2, 2013 – May 26, 2013

## SEVEN ANGELS THEATRE



### Come Join The Fun!

Seven Angels Theatre is offering OLLI members \$5 off any regular price ticket during the 2013 spring season (cannot be combined with other discount offers). Call the Seven Angels Theatre box office (203-757-4676) for a list of shows for the upcoming season.

UNIVERSITY OF CONNECTICUT

UConn School of Business

MBA Program

Spring 2013 Information Sessions in Waterbury

- Wednesday, January 9
- Thursday, February 7
- Tuesday, March 5
- Wednesday, April 3
- Thursday, May 2
- Tuesday, June 4

Monthly MBA Program Information Sessions will be held for anyone interested in UConn's Part-Time, Full-Time or Executive MBA programs. Information sessions will begin at 6:00 PM. MBA admissions, curriculum and course scheduling will be discussed. Please call (203) 236-9935 or email [wtbymba@business.uconn.edu](mailto:wtbymba@business.uconn.edu) if you have any questions or wish to RSVP to an MBA Information Session.



NEAG School of Education

Neag School of Education – Teacher Certification Program for College Graduates

Become a Teacher and Earn a Master's in one year!

Waterbury Campus Information Sessions:  
September and October 2013

Contact: Ann Marie Niesobecki 203-236-9926 or [ann\\_marie.niesobecki@uconn.edu](mailto:ann_marie.niesobecki@uconn.edu)





**University of Connecticut**

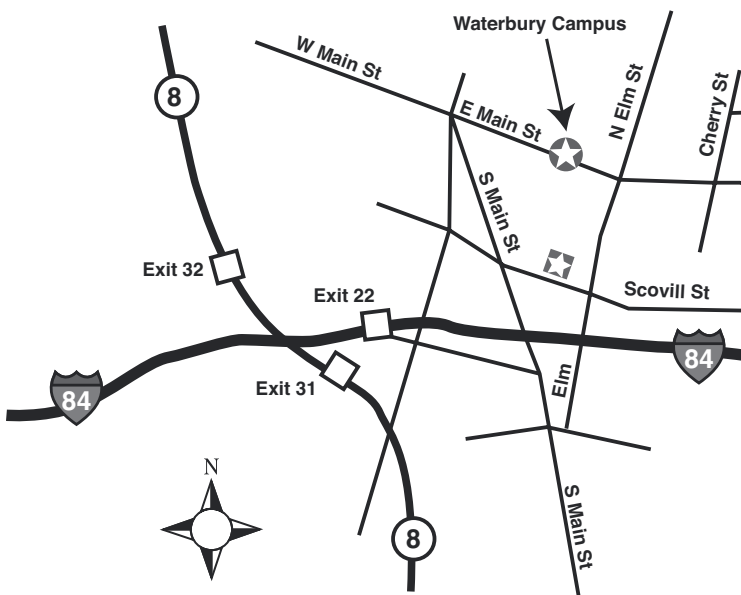
Bachelor of General Studies Program

*Flexible Bachelor's Degree options for students with 60+ credits*

For more info, contact Susan Kienle  
203-236-9932  
or [susan.kienle@uconn.edu](mailto:susan.kienle@uconn.edu)

Contact Us



For more information call 203-236-9924 or 203-236-9925. Email: [osher@uconn.edu](mailto:osher@uconn.edu) or visit our website at [www.waterbury.uconn.edu/osher](http://www.waterbury.uconn.edu/osher)



Directions

The UConn campus is located at 99 East Main Street in Waterbury, across the street from the Palace Theater. Parking and directions to campus can be obtained from our website, [www.waterbury.uconn.edu/osher](http://www.waterbury.uconn.edu/osher) or by calling 203.236.9924.

Parking

By special arrangement with the UConn Waterbury campus, OLLI membership includes University parking privileges in downtown Waterbury. Parking decals are issued to paid members and presenters. OLLI members can use their parking pass in the UConn garage located on North Elm Street  on a space available basis. Parking is allowed ONLY on levels 2 and 3. Parking on level 1 is reserved for UConn faculty and staff ONLY and is not accessible to OLLI members or presenters.\* ALL replacement parking stickers: \$10. OLLI members can also use the Scovill Street Garage  on levels 5 and 6 by displaying their UConn parking pass. The Scovill Street Garage is located opposite the campus and directly behind the Palace Theater—it is a short walk through a paved courtyard to the UConn campus.

\*Violators will be ticketed!



University of Connecticut

Osher Lifelong Learning Institute  
The University of Connecticut  
99 East Main Street  
Waterbury, CT 06702



*OLLI Photos Courtesy of Tom Kmetzo and UConn, Waterbury I.T. Department  
Brochure Design: Rita Quinn (OLLI) and Michele Hyjek Design*



The University of Connecticut's Waterbury campus serves more than 1,100 students annually. In its sixty years of operation, UConn Waterbury has opened the doors to educational access and excellence to thousands of Connecticut residents, many of whom have distinguished themselves in the fields of community service, business, education, law and politics. Today, the campus is located in a modern, state-of-the art facility in the heart of downtown Waterbury. Our neighbors are the historic Palace Theater and the Waterbury Arts Magnet middle and high school, making our location a beacon for educational and cultural enlightenment. Students enjoy quality interaction with great professors and participate in research opportunities that enrich the college experience. An extensive range of undergraduate and graduate course offerings and study areas are available. Visit us online: [www.waterbury.uconn.edu](http://www.waterbury.uconn.edu).

