



(OLLI) at the University of Connecticut, Waterbury, CT

Lifelong Learning | Providing older adults with opportunities to engage in intellectual development, cultural stimulation, and social interaction.

fall

10 Weeks! September 13 to November 15

OLLI OPEN HOUSE

Wednesday, August 14, 2013

See details on page 25



WELCOME

to the University of Connecticut's Waterbury Campus!



From the Desk
of the
Director of OLLI

Dear Members of the OLLI at UConn Family,

Literary publications — community gardening — courses of every kind — OLLI at UConn is doing it! Your participation in lifelong learning at the Waterbury Campus is reaching beyond individual learning; we hope your involvement is productive and transformative. As we conclude our seventh calendar year, we are a maturing organization with great promise for the future. We continue to make changes to OLLI based on your needs and suggestions, the needs of the Campus and ultimately create more efficiency. Some of these changes are reflected in this brochure and in other ways, allowing us to keep fees low. The primary focus of OLLI is the delivery of quality, intellectually stimulating courses, and that is where we continue to place our energy. I want to personally thank you for your ongoing support by way of donations and volunteerism — your impact is real and powerful. As we move into 2014, your support will assist us in making upgrades to our computer software with plans to implement online registration and continuing the many programs and activities that have been so successful. Stay tuned and please keep the ideas flowing to Committee Co-chairs and the OLLI Leadership Council. I am also always eager to hear from you.

Wishing you tremendous enjoyment in learning in 2013-14!



Brian G. Chapman, Ed.D.

Director of The Osher Lifelong Learning Institute at the University of Connecticut

Welcome to the University of Connecticut's, Waterbury campus! Our campus proudly serves Waterbury and the region by delivering educational programs for undergraduate, graduate, and lifelong learning students in a dynamic, accessible, state-of-the-art environment. We are equally proud to be associated with The Bernard Osher Foundation and the network of one hundred and fifteen (115) Osher Lifelong Learning Institutes across the United States. We express deep thanks to The Bernard Osher Foundation for its generosity and vision with regard to the lifelong learning movement. OLLI members bring a unique and positive energy to our campus through their enthusiasm and their depth of life experience in various careers, family life, and civic engagement. I extend a warm welcome to each and every one of you. Please enjoy your time here and savor the fun of learning.

William J. Pizzuto, Ph. D.

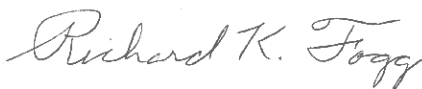


Director, UConn Waterbury Campus

Welcome all new and returning OLLI members. You are about to participate in the great adventure of learning and sharing that learning. We hope you will be pleased with the variety of course offerings.

Waterbury is fortunate to be the only Osher Lifelong Learning Institute in the state of Connecticut. OLLI not only offers learning on this great campus, but out beyond its walls — with its clubs, activities, and trips — to stimulate thought and imagination. No small part of the fun is seeing — on each Friday — the members of a friendly, intellectually stimulating body of learners and presenters, the people who make up OLLI at UConn. May you find the OLLI experience and the joy of learning and sharing your ideas a great adventure!

Richard K. Fogg



President, OLLI at UConn Waterbury



ANNUAL MEMBERSHIP BENEFITS

ALL FEES ARE NON-REFUNDABLE!

Annual OLLI Membership is \$60 – this is also called Basic Membership. When a member pays the annual \$60 membership, benefits include:

- Opportunity to register for OLLI courses (see fee structure below)
- Participation in OLLI Café and other Lunchtime Activities
- UConn Waterbury parking pass allows parking when on campus (see directions/parking on pages 9 and back cover for details)
- OLLI members are also Mattatuck Museum Members (see page 27 for details)
- UConn Library Privileges
- Priority Registration
- Opportunity to participate in OLLI Trips and Clubs
- Entrance to Special OLLI Events
- Discounts to OLLI partnership events
- Year-round notices about additional OLLI programs and events
- OLLI membership card (issued once)
- Opportunity to contribute by joining OLLI committees/OLLI VIPs

TYPICAL COURSE FEE STRUCTURE

4-week class – \$20	8-week class – \$40
5-week class – \$25	10-week class – \$50
6-week class – \$30	Refer to OLLI At-A-Glance listing for course cost!

If you are a returning OLLI, your membership expiration date is noted on mailing label of the brochure – after your name!

OLLI provides memberships on 12-month cycles. The cycles extend from September to August of the following year OR March to February of the following year. Members are entitled to register for courses for all sessions that occur within their membership cycle.

MEMBERSHIP CYCLE EXAMPLES

Members who joined OLLI in fall 2012 have a membership cycle from September 2012 through August 2013. These members need to renew their membership now and pay the annual \$60 fee (new membership will extend from September 2013 to August 2014).

Members who joined OLLI in spring/summer 2013 have a membership cycle from March 2013 through February 2014. These people remain members through February 2014 and do not pay the membership fee at this time (they will renew their membership in spring or March 2014).

A member joining OLLI for the first time in fall 2013 will have a membership cycle from September 2013 to August 2014 – paying \$60 now to cover annual membership.

REGISTRATION – ALL FEES ARE NON-REFUNDABLE!

- Registrations are still first-come, first-served, with current members always receiving the first opportunity to register.
- Confirmation letters will be mailed out around mid-August.
- Encourage a friend to go to the website for course information and a membership registration form.



Mission

OLLI at UConn is a member-driven, community-responsive program offering non-credit learning experiences (courses, lectures, and special events) for older adults who want to engage socially and intellectually with their peers as teachers and learners. Situated on an intimate, state-of-the-art university campus with traditional-age students and research faculty, OLLI also provides fertile ground for an intergenerational interaction and exchange of ideas. The urban campus reaches out to a diverse region which provides opportunities for partnership with other cultural, educational, and arts organizations.

Calendar of Events

AUGUST 1 – SEPTEMBER 6, 2013

Open registration for all returning and new OLLI members. Fill out and send in the yellow membership form or register in person.

AUGUST

14

OLLI for a Day – OPEN HOUSE! call 203-236-9924 or sign up on yellow membership registration form (page 25 for details)

SEPTEMBER

10

Discussions with Jonathan Kellogg Open to OLLI members and the public (page 26 for details)

16

First OLLI Clubs & Activities and Book Club Open to OLLI members (page 27 for details)

25

UConn Research Lecture: What Does It Mean To Be Human? Open to OLLI members and the public (page 26 for details)

30

AARP Drivers Safety Open to OLLI members and the public (page 26 for details)

19

First Poetry Coffeehouse Open to OLLI members (page 27 for details)

OCTOBER

8

Discussions with Jonathan Kellogg Open to OLLI members and the public (page 26 for details)

15

UConn Research Lecture: Chemists Without Borders Open to OLLI members and the public (page 26 for details)

16

UConn Storrs Museum / Thomas Dodd (trip) Open to OLLI members (page 24 for details)

21

AARP Drivers Safety Open to OLLI members and the public (page 26 for details)

10

Jersey Boys Matinee / Palace Open to OLLI members (page 27 for details)

18

DEADLINE for Spring/ Summer Course Proposals! (page 20 & 21 for details)

NOVEMBER

TBA

Boston Museum of Fine Arts (trip) Open to OLLI members (page 24 for details)

20

UConn Research Lecture: CT Antietam Connection Open to OLLI members and the public (page 26 for details)

MAY

4-6

Baltimore, MD (trip) Open to OLLI members (page 24 for details)

To join and register for fall classes, please fill out the enclosed membership form and return by Friday, September 6, 2013. Please use the designated course number(s) to indicate your class choice(s) on the membership registration form – and include **1st, 2nd and 3rd course choices!** Also check the special events you'd like to attend and be sure to include your vehicle information for our OLLI files.
ALL FEES ARE NON-REFUNDABLE!





The University of Connecticut
FOUNDATION
 INCORPORATED

“From Voices and Visions to OLLI Book Club to opera classes to OLLI Café, the members are insatiable.”



Greg Knott, UConn Foundation

Fervor in Waterbury

Downtown Waterbury is immersed in a flurry of excitement as large groups of area residents have engaged in public displays of affection.

Members of the local OLLI chapter have repeatedly been caught in the act since 2007. Specific allegations include publicly embracing OLLI programs, openly declaring “love” for OLLI, and contributing to the delinquency of a senior by recruiting unsuspecting new members.

Some members have been heard bragging unrepentantly. OLLI Executive Director, Brian Chapman, notes, “People love these programs. Our members are constantly telling me how much the programs mean to them.”

In an effort to channel this raw energy into a healthy, intellectually stimulating forum for exchange with peers and the Waterbury community, area authorities have been encouraging members to consider helping to build on the OLLI foundation.

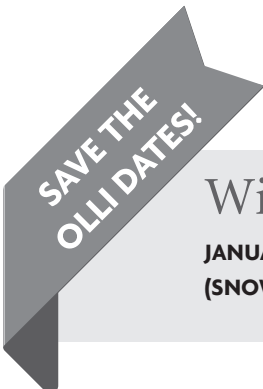
Friends of OLLI can provide opportunities for future students in many ways. A bequest, an annuity, or a retirement plan designation can have a tremendous impact on OLLI without affecting your lifestyle.

Donations help us provide additional opportunities to our members and are a wonderful way to honor the generosity of the Bernard Osher Foundation.

Friends interested in contributing to the OLLI legacy can learn more about supporting the OLLI Sustainability Fund by contacting Brian Chapman or Greg Knott, Director of Planned Giving at the UConn Foundation, at 800-269-9965.

Greg Knott

Director of Planned Giving



Winter 2014

JANUARY 17 – FEBRUARY 14
(SNOW DATE: FEB. 21)

Spring 2014

MARCH 7 TO MAY 16
(NO APRIL 18)

Summer 2014

JUNE 3 – 26

DEADLINE FOR COURSE PROPOSALS, OCTOBER 18, 2013

OLLI-At-A-Glance

FALL COURSE CATEGORIES / NUMBERS / TITLES / COST / PAGE NUMBERS

Please use designated course number as your choice on membership registration form!
Include 1st, 2nd and 3rd choices!

ART & ART HISTORY

- AH-417** Great CT Museums.....\$25
Dr. Virginia Bush..... page 15
- AH-418** Roman Architecture\$25
John Damico..... page 17

COMPUTERS

- CO-404** The Many Faces of Google.....\$40
Peter Freeman..... page 15
- CO-405** Digital Photography Basics.....\$40
Peter Freeman..... page 12
- CO-408** Excel Spreadsheets.....\$25
Nancy Wallace..... page 10

CULTURE & LANGUAGE

- CL-415** Conversational French for Travelers.....\$50
Mary Conseur..... page 11
- CL-419** Italian, Part 1.....\$100
Nunzio DeFilippis..... page 14

CURRENT EVENTS

- CE-004** Today's News –
Tomorrow's History.....\$50
Barry Davis..... page 14
- CE-005** Population, Food, and Energy.....\$50
John Westcott..... page 16
- CE-006** Problem Solving through
Civil Discourse.....\$25
Jean McGavin..... page 17

HEALTH & WELLNESS

- HW-403** Reiki Level II.....\$40
Barbara Schafer..... page 15
- HW-411** Chair Yoga.....\$50
Kathleen Greco..... page 10
- HW-417** Alexander Technique.....\$50
*Peter Anderheggen &
Michaela Hauser-Wagner*..... page 17
- HW-422** Kick Start Your Health.....\$60
Jane Sirignano..... page 16
- HW-427** (A&B) Tai Chi.....\$25
Susan Bradley..... page 11 & 13
- HW-428** Cancer: The Inside Story.....\$25
Dr. Douglas Welsh..... page 15
- HW-429** Becoming Old or
Evolving with Spirit.....\$40
William Courtland..... page 15
- HW-430** Matters of the Mind.....\$50
Guest Presenter..... page 16
- HW-431** What are Your Cells Saying?.....\$25
Jean Hosier..... page 17

HISTORY

- HS-409** History of Eastern Europe.....\$50
Dr. David Reed..... page 16
- HS-425** European Travel:
Eastern & Southern Europe.....\$25
Diane Stone..... page 15
- HS-435** European Travel:
Western Europe.....\$25
Diane Stone..... page 12
- HS-446** The Supreme Court Continued.....\$50
Penny O'Connell..... page 13
- HS-450** Walking Waterbury.....\$25
Marie Galbraith..... page 10
- HS-451** Rough Medicine.....\$20
Dr. Raymond Sullivan..... page 11
- HS-452** From Hooker to Grasso.....\$25
Dr. Jon Purmont..... page 15
- HS-453** Extraterrestrials
and the Creation of Man.....\$50
Penny O'Connell..... page 16
- HS-454** Forest Community Ecology.....\$50
Kyle Turoczi..... page 17

LITERATURE & WRITING

- LW-403** In So Many Words.....\$50
Cindy Eastman..... page 10
- LW-406** From the Bard to Frost.....\$50
Jeremy Joyell..... page 13
- LW-420** Story Chip.....\$50
Jean McGavin..... page 14
- LW-424** Writing on the
Write Side of Your Brain.....\$25
Nancy Whitney..... page 12
- LW-425** Great French Poets.....\$25
Gabriella Brand..... page 12
- LW-426** Searching for Herman Melville.....\$40
Dr. James Farnham..... page 12
- LW-427 (A&B)** Dystopia Anyone?.....\$50
Bill Blair..... page 10 & 14
- LW-428** Writing About My Life.....\$25
Judith Finman..... page 13
- LW-429** Make Believe Worlds:
Tennessee Williams.....\$50
Philip Benevento..... page 15

MATH & SCIENCE

- MS-402** Chemistry Concepts.....\$25
Frank Lussier..... page 13
- MS-411** Basic Astronomy, Part 1.....\$40
Gary Ruggeri..... page 14
- MS-414** Story of the Solar System.....\$25
Dr. Arnold Heiser..... page 11
- MS-415** Biology of the Honey Bee.....\$50
Dr. Alphonse Avitabile..... page 13
- MS-416** Exponential Growth?.....\$25
Rosalie Griffin..... page 15

- MS-417** Pineapple, Pyramids, Pentagons.....\$25
Rosalie Griffin..... page 15

MUSIC

- MU-416** Bump Diddy Strum.....\$40
Elizabeth Hanahan..... page 14
- MU-420** More to Messiah.....\$25
Donna Obarowski..... page 10
- MU-427** The Art of Songwriting.....\$25
Julie Cook..... page 11
- MU-428** Puccini Operas.....\$50
Nunzio DeFilippis..... page 17

PERFORMING ARTS

- PA-411** Life is a Cabaret (Beginners).....\$25
Sue Matsuki..... page 12
- PA-417** Advanced Cabaret: The Show.....\$25
Sue Matsuki..... page 14

PERSONAL DEVELOPMENT

- PD-415** Women and Investments.....\$25
Jessica Kott..... page 11
- PD-422** Relationship Smarts.....\$25
Angelo Farenga..... page 10
- PD-423** Mandalas as Art.....\$25
Rose-Ann Chrzanowski..... page 13

PHILOSOPHY & RELIGION

- PR-410** Greek Mythology.....\$25
Dr. Carol Rizzolo..... page 11
- PR-414** Contemporary Cultural Wars.....\$50
Vincent Casanova..... page 10
- PR-415** Gnostic Christianity.....\$25
Rev. James Bradley..... page 14
- PR-416** Hildegard of Bingen.....\$40
Dr. Maria Decsy..... page 14

VISUAL ARTS

- VA-401** Painting with Torn Paper.....\$25
Carol Moore..... page 17
- VA-403** Draw Your Favorite Things.....\$25
Dr. Maryellen Considine..... page 14
- VA-411** Fun With Watercolors.....\$25
Susan Wolanic..... page 10
- VA-414** Experiment with Watercolor.....\$50
Briana Zonas..... page 16
- VA-415** Acrylic Painting Experience.....\$50
Judy Jaworski..... page 13
- VA-419** Stanley Kubrick Films.....\$50
Paul Marino..... page 10
- VA-420** Magic of Chinese Brush Painting.....\$50
Susan Bradley..... page 16

FALL COURSE TIME SLOTS / PAGES / ROOM NUMBERS

CLASS TIMES	FIRST 5 WEEKS SEPTEMBER 13, 20, 27, OCTOBER 4, & 11	8 - 10 WEEKS SEPTEMBER 13, 20, 27, OCTOBER 4, 11, 18, 25, NOVEMBER 1, 8, & 15	LAST 5 WEEKS OCTOBER 18, 25, NOVEMBER 1, 8, & 15
8:15 AM – 9:45 AM	CO-408 ORGANIZE WITH EXCEL SPREADSHEETS Nancy Wallace Room #317, Page 10	LW-403 IN SO MANY WORDS Cindy Eastman Room #213, Page 10	MU-420 MORE TO MESSIAH THAN MEETS THE EAR Donna Obarwoski Room #218, Page 10
		PR-414 CULTURAL WARS & AMERICAN RELIGIOUS TRADITION Vincent Casanova Room #119, Page 10	
		VA-419 FIVE DECADES OF STANLEY KUBRICK FILMS Paul Marino Room #203, Page 10	
	VA-411 FUN WITH WATERCOLORS Susan Wolanic Room #102D, Page 10	HW-411 CHAIR YOGA Kathleen Greco Room #102, Page 10 CL-415 CONVERSATIONAL FRENCH FOR TRAVELERS Mary Conseur Room #318, Page 11	PD-422 RELATIONSHIP SMARTS Angelo Farenga Room #324, Page 10
10:00 AM – 11:30 AM	HS-451 ROUGH MEDICINE (4 CLASSES) Dr. Raymond Sullivan Room #203, Page 11	LW-426 SEARCHING FOR HERMAN MELVILLE (8 CLASSES) Dr. James Farnham Room #323, Page 12	PR-410 ADVENTURES IN GREEK MYTHOLOGY Dr. Carol Rizzolo Room #324, Page 11
		CO-405 DIGITAL PHOTOGRAPHY BASICS (8 CLASSES) Peter Freeman Room #317, Page 12	
	MU-427 THE ART OF SONGWRITING Julie Cook Room #227G, Page 11	LW-427A DYSTOPIA ANYONE? (also at 11:40 AM) Bill Blair Room #210, Page 12	LW-425 C'EST LA VIE! LIFE LESSONS OF GREAT FRENCH POETS Gabiella Brand Room #218, Page 12
		HS-446 AMERICAN HISTORY: SUPREME COURT CONTINUES Penny O'Connell Room #327, Page 13	
	PD-415 WOMEN & INVESTMENTS Jessica Kott Room #213, Page 11	LW-406 FROM THE BARD TO FROST Jeremy Joyell Room #119, Page 13	HS-435 HISTORY FOR TRAVELERS: WESTERN EUROPE Diane Stone Room #203, Page 12
	HW-427A TAI CHI FOR STRENGTH & BALANCE Susan Bradley Room #102, Page 11	MS-415 BIOLOGY OF THE HONEY BEE & BASIC BEEKEEPING Dr. Alphonse Avitabile Room #326, Page 13	LW-424 WRITING ON THE WRITE SIDE OF YOUR BRAIN Nancy Whitney Room #213, Page 12
MS-414 THE STORY OF THE SOLAR SYSTEM Dr. Arnold Heiser Room #217, Page 11	VA-415 AN EXPERIENCE WITH ACRYLIC PAINTING Judy Jaworski Room #318, Page 13	PA-411A LIFE IS A CABARET (for beginners) Sue Matsuki Room #102, Page 12	



OLLI-At-A-Glance

FALL COURSE TIME SLOTS / PAGES / ROOM NUMBERS

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11:40 AM – 1:00 PM	PD-423 MANDALAS AS ART Rose-Ann Chrzanowski Room #321D, Page 13	PR-416 HILDEGARD OF BINGEN: TROJAN HORSE OF OUR TIME? (8 CLASSES) Dr. Maria Decsy Room #327, Page 14	LW-428 WRITING ABOUT MY LIFE Judith Finman Room #213, Page 13	
		MS-411 BASIC ASTRONOMY: THE SUN, STARS, & PLANETS (8 CLASSES) Gary Ruggeri Room #323, Page 14	VA-403 LEARN HOW TO DRAW YOUR FAVORITE THINGS Dr. Maryellen Considine Room #102D, Page 14	
		MU-416 BUMP DIDDY STRUM - MOUNTAIN DULCIMER (8 CLASSES) Elizabeth Hanahan Room #227G, Page 14		
	HW-427B TAI CHI FOR STRENGTH & BALANCE Susan Bradley Room #102, Page 13	CE-004 TODAY'S NEWS - TOMORROW'S HISTORY Barry Davis Room #217, Page 14	LW-420 STORY CHIP - BET YOU CAN'T READ OR WRITE JUST ONE Jean McGavin Room #318, Page 14	PA-417 ADVANCED CABARET PERFORMANCE - THE SHOW! Sue Matsuki Room #102, Page 14
		MS-402 CHEMISTRY IN EVERYDAY LIVING Frank Lussier Room #218, Page 13		
		CL-419 ITALIAN: VITA E LINGUA, PART 1 (11:40 AM - 2:45 PM) Nunzio DeFilippis Room #326, Page 14	PR-415 GNOSTIC CHRISTIANITY Rev. James Bradley Room #218, Page 14	
1:15 PM – 2:45 PM	AH-417 ART IN YOUR BACKYARD: CT MUSEUMS Dr. Virginia Bush Room #218, Page 15	CO-404 MANY FACES OF GOOGLE (8 CLASSES) Peter Freeman Room #317, Page 15	MS-417 PINEAPPLE, PYRAMIDS, AND PENTAGONS Rosalie Griffin Room #324, Page 15	
		HW-403 REIKI, LEVEL II (8 CLASSES) Barbara Schafer Room #102, Page 15		
		HW-429 CHINESE MEDICINE: BECOMING OLD OR EVOLVING WITH SPIRIT (8 CLASSES) William Courtland Room #201, Page 15		
		LW-429 MAKE BELIEVE WORLDS: TENNESSEE WILLIAMS (8 Classes, 4 end at 3:30 PM) Philip Benevento Room #210, Page 15		
	MS-416 EXPONENTIAL GROWTH Rosalie Griffin Room #324, Page 15	VA-420 MAGIC OF CHINESE BRUSH PAINTING Susan Bradley Room #321D, Page 16	HS-425 HISTORY FOR TRAVELERS: EASTERN & SOUTHERN EUROPE Diane Stone Room #218, Page 15	
		HS-453 EXTRATERRESTRIALS AND THE CREATION OF MAN Penny O'Connell Room #333, Page 16		
		HW-422 KICK START YOUR HEALTH Jane Sirignano Room #119, Page 16		
		HW-430 MATTERS OF THE MIND Debra Pollack & Guest Presenters Room #204, Page 16		
	HW-428 CANCER: THE INSIDE STORY Dr. Douglas Welsh Room #113, Page 15	VA-414 EXPERIMENT WITH WATERCOLOR Briana Zonas Room #102D, Page 16	HS-452 THOMAS HOOKER TO ELLA GRASSO: CT'S HISTORY Dr. Jon Purmont Room #123C, Page 15	
		HS-409 THE LANDS BETWEEN: HISTORY OF EASTERN EUROPE Dr. David Reed Room #203, Page 16		
		CE-005 SEEKING THE TRUTH: POPULATION, FOOD, & ENERGY John Westcott Room #318, Page 16		

FALL COURSE TIME SLOTS / PAGES / ROOM NUMBERS

3:00 PM – 4:30 PM	HW-431 WHAT ARE YOUR CELLS SAYING? Jean Hosier Room #218, Page 17	HS-454 FOREST COMMUNITY ECOLOGY - OUR LANDSCAPES Kyle Turoczi Room #318, Page 17	VA-401 PAINTING WITH TORN PAPER Carol Moore Room #102D, Page 17
	CE-006 PROBLEM SOLVING THROUGH CIVIL DISCOURSE - CURRENT EVENTS Jean McGavin Room #213, Page 17	HW-417 ALEXANDER TECHNIQUE: POSTURE, BALANCE, & MOVEMENT Peter Anderheggen & Michaela Hauser-Wagner Room #102, Page 17	
	AH-418 ROMAN ARCHITECTURE: 300 B.C. TO 365 A.D. John Damico Room #217, Page 17	MU-428 PRECISAMENTE PUCCINI: A LOVE FEST Nunzio DeFilippis Room #326, Page 17	

OFF-SITE , SPECIAL PROGRAM / NON-FRIDAY CLASS

CLASS TIMES	SEPTEMBER 10, 17, 24, OCTOBER, 1, 8 (NOTE: THIS CLASS STARTS ON TUESDAY, SEPTEMBER 10)
TUESDAYS 11:40 AM – 1:00 PM	HS-450 WALKING WATERBURY Marie Galbraith Page 10 LOCATIONS TO BE ANNOUNCED

The Osher Lifelong Learning Institute at the University of Connecticut Waterbury campus does not endorse any products, services, or outside organizations. OLLI presenters and speakers are prohibited from promoting products, services, or organizations while in service to OLLI (during teaching or presenting for scheduled OLLI classes or events). OLLI presenters and speakers cannot require the purchase of specific books, educational materials, or supplies from which they will benefit. OLLI does maintain partnerships with other organizations for the purpose of furthering its educational mission for members. OLLI members and presenters are encouraged to share information about educational and cultural activities outside the classroom in order to promote intellectual stimulation and expansion of the OLLI learning community beyond the University and the campus.

PARKING – PLEASE READ!

UConn Police Officers conduct routine parking enforcement in the attached campus parking garage and all cars will be ticketed for parking violations. These violations include, but are not limited to: failure to display a UConn parking decal, parking in an unauthorized area – **NO PARKING** on level one, fire lanes, handicap and reserved spaces. Parking fines can be as high as \$150 for parking in handicap spaces or misuse of a handicap permit. The fine for not displaying a University decal is \$30 and cars without a parking decal can be towed! **OLLI MEMBERS ARE NOT ALLOWED TO PARK ON LEVEL ONE OF THE UCONN GARAGE. ALL REPLACEMENT OR SECOND CAR PARKING DECALS – including newly purchased vehicle decals: \$10. No parking decal issued if car registration license numbers are not in OLLI files!**

Course Descriptions

OLLI OFF-SITE / NON-FRIDAY CLASS

HS-450 WALKING WATERBURY

Presenter: Marie Galbraith

5 Classes – Tuesdays from 11:40 AM to 1:00 PM

September 10, 17, 24, October 1, 8 – \$25

Locations to be determined.

Explore the social history of the city through tours of its parks, cemeteries, civic and domestic architecture, and the stories of the people who lived and worked here. Sites include City Hall, Fulton Park, and a tour of Riverside Cemetery with City Historian and OLLI member, Philip Benevento. Participants can carpool or drive separately to meet at a different location each week. A schedule of locations will be provided by the presenter.

FALL SESSION ON-CAMPUS CLASSES

8:15 AM – 9:45 AM

CO-408

LEARN TO ORGANIZE YOUR RECORDS WITH EXCEL SPREADSHEETS

Presenter: Nancy Wallace

5 Classes – Fridays from 8:15 AM to 9:45 AM

September 13, 20, 27, October 4, 11 – \$25

(recommended book & notebook)

Room #317

This computer class will show how the Excel worksheet is a perfect tool to organize your names and addresses, medical history, inventory, income, and expenses. You can sort and print your data or create mailing labels with just a few clicks. Participants must have basic computer skills.

VA-411

FUN WITH WATERCOLORS

Presenter: Susan Wolanic

5 Classes – Fridays from 8:15 AM to 9:45 AM

September 13, 20, 27, October 4, 11 – \$25

(art supplies)

Room #102D (please be prompt so as not to interrupt class in 102)

This introductory art class will cover various watercolor techniques, with the instructor demonstrating and participants following along. Both beginners and intermediate painters welcome – and participants will leave each class with a painting.

MU-420

MORE TO MESSIAH THAN MEETS THE EAR

Presenter: Donna Obarowski

5 weeks – Fridays from 8:15 AM to 9:45 AM

October 18, 25, November 1, 8, 15 – \$25

(recommended book)

Room #218

George Friedrich Handel's Messiah, with its iconic "Hallelujah" chorus, is his masterpiece and, arguably, the most loved and performed of all choral works. The story of its composition (and its composer) is one of the most compelling in music history. Participants will examine and listen in depth to this perennial favorite to explore how Messiah is more than meets the ear!

PD-422

RELATIONSHIP SMARTS: USING BRAIN PLASTICITY TO IMPROVE RELATIONSHIPS

Presenter: Angelo Farenga

5 Classes – Fridays from 8:15 AM to 9:45 AM

October 18, 25, November 1, 8, 15 – \$25

Room #324

Learn how to listen and be heard. Participants will discover important aspects of a relationship, and learn and practice specific tools that will help them understand how to best connect in intimate relationships with loved ones, friends and acquaintances. Hands-on class participation and optional readings will be used to facilitate progress.

LW-403

IN SO MANY WORDS

Presenter: Cindy Eastman

10 Classes – Fridays from 8:15 AM to 9:45 AM

September 13, 20, 27, October 4, 11, 18, 25, November 1, 8, 15 – \$50 (notebook or journal)

Room #213

Everyone can write. Writing is a phenomenological process by which we humans make sense of our experiences. In this facilitated course, participants will learn strategies and models for journaling and will be guided to hear their own writing voice.

PR-414

CONTEMPORARY CULTURAL WARS AND AMERICAN RELIGIOUS TRADITION

Presenter: Vincent Casanova

10 Classes – Fridays from 8:15 AM to 9:45 AM

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$50

(two recommended books)

Room #119

This OLLI course will focus on the historical survey of our Religious tradition and how this tradition conflicts with contemporary religious trends and New Age Spirituality.

VA-419

FIVE DECADES OF STANLEY KUBRICK FILMS

Presenter: Paul Marino

10 Classes – Fridays from 8:15 AM to 9:45 AM

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$50

Room #203

This course will be an analytical review of one major film from each decade of the career of master director, Stanley Kubrick. Also included will be Jan Harlan's documentary, *Stanley Kubrick: A Life in Pictures*. The films will be introduced by the presenter with a short but detailed discussion of each upon completion. Films from the 50s to 90s viewed and discussed will be: *A Life in Pictures*, *Paths of Glory*, *A Space Odyssey*, *A Clockwork Orange*, *Full Metal Jacket* and *Eyes Wide Shut!*

HW-411

CHAIR YOGA: RELAX, RENEW & REJOICE FROM A CHAIR

Presenter: Kathleen Greco

10 Classes – Fridays from 8:15 AM to 9:45 AM

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$25



November 1, 8, 15 – \$50
Room #102 (please be prompt so as not to interrupt class in 102D)

Enjoy the benefits of popular Yoga postures from the comfort and safety of your chair. Each class will take you through a practice that will improve your abilities as you combine breathing and movement. Experience improved health as you apply Yoga to everyday life.

CL-415
CONVERSATIONAL FRENCH FOR TRAVELERS

Presenter: Mary Conseur
10 Classes – Fridays from 8:15 AM to 9:45 AM
September 13, 20, 27, October 4, 11, 18, 25,
November 1, 8, 15 – \$50
(required book/recommended CDs)
Room #318

The goal of this OLLI course is to help the participant feel more confident about traveling to a French-speaking country with simple words/phrases to use in hotels, airports, train/bus stations, and restaurants. No prior knowledge of French required. Simple homework assignments will be recommended.

10:00 AM – 11:30 AM

HS-451
ROUGH MEDICINE: MEDICINE AND SURGERY OF THE AMERICAN REVOLUTION

Presenter: Dr. Raymond Sullivan
4 Classes – Fridays from 10:00 AM to 11:30 AM
September 13, 20, 27, October 4 – \$20
(recommended book)
Room #203

This course will cover all aspects of medicine and surgery practiced during the American Revolution, in which more men died of disease

than of war wounds. Discussion will cover the organization of the Army Medical Corps and the men who pioneered early medical treatment in America, along with biographies of the physicians and surgeons of the 18th century braving the cause of freedom.

MU-427
THE ART OF SONGWRITING

Presenter: Julie Cook
5 Classes – Fridays from 10:00 AM to 11:30 AM
September 13, 20, 27, October 4, 11 – \$25
Room #227G (2nd fl. Library – take stairs or Library elevator to #2 and follow signs to Math Tutor Room)

Explore lyrics, melody, and structure to discover what makes a beautiful song. Examples will be drawn from top-charted popular songs from the 1930s to present day. We will listen to recordings and even write our own group song. If you want to sharpen your appreciation for words and music, this is the place for you.

PD-415
WOMEN & INVESTMENTS: TAKE CONTROL OF YOUR FINANCIAL FUTURE

Presenter: Jessica Kott
5 Classes – Fridays from 10:00 AM to 11:30 AM
September 13, 20, 27, October 4, 11 – \$25
Room #213

Gain confidence by establishing an appropriate investment strategy. Get practical advice to better understand your options. A portion of each class will be devoted to answering investment-related questions from participants. Topics covered will include portfolio management and maintenance, fixed income securities, and equity securities. Men are also encouraged to register for this class!

HW-427A
TAI CHI FOR STRENGTH AND BALANCE

Presenter: Susan Bradley
5 Classes – Fridays from 10:00 AM to 11:30 AM (this class is also offered at 11:40 AM)
September 13, 20, 27, October 4, 11 – \$25
Room #102 (please be prompt so as not to interrupt class in 102D).

Tai Chi is a series of graceful, flowing movements designed to improve strength, balance, and flexibility, as well as optimal good health. This beginner class will be in an easy-to-learn format that will enhance vitality, stamina, and promote inner tranquility. Wear comfortable clothes.

MS-414
FROM WANDERERS TO SPACE PROBES: THE STORY OF THE SOLAR SYSTEM

Presenter: Dr. Arnold Heiser
5 Classes – Fridays from 10:00 AM to 11:30 AM
September 13, 20, 27, October 4, 11 – \$25
Room #217

This course will explore how we have journeyed for nearly four millennia, from the observations of the ancient set of “wanderers” to our present understanding of the Solar System. Focus will be on how technology, from telescopes to space probes, has assisted in the determination of the nature of the Sun and the planets and their satellites, along with how the discovery of hundreds of extra-solar planets in our neighborhood imply the uniqueness of the Solar System.

PR-410
ADVENTURES IN GREEK MYTHOLOGY

Presenter: Dr. Carol Rizzolo
5 Classes – Fridays from 10:00 AM to 11:30 AM
October 18, 25, November 1, 8, 15 – \$25
(recommended books)
Room #324

This will be a continuation of the explorations of The Metamorphosis of Ovid, as he considers the many different love relationships that we humans get ourselves into! Stories will include The Labors of Hercules, the Midas Touch, and the beauty of the relationship between Venus and Adonis – then move into The Odyssey of Homer and consider the ways in which this great epic can inform our lives today.

Course Descriptions

LW-425

C'EST LA VIE! LIFE LESSONS FROM THE GREAT FRENCH POETS

Presenter: Gabriella Brand

5 Classes – Fridays from 10:00 AM to 11:30 AM

October 18, 25, November 1, 8, 15 – \$25

Room #218

Baudelaire, Mallarme, Aragon, Hugo; who reads them anymore. Only the happy few. What can they still teach us? How can they enhance our lives? Come join other fans of French literature for this lecture / discussion / sharing class. Poems can be read in French or English translation – an opportunity to learn more about language and human nature.

HS-435

HISTORY FOR TRAVELERS: WESTERN EUROPE

Presenter: Diane Stone

5 Classes – Fridays from 10:00 AM to 11:30 AM

October 18, 25, November 1, 8, 15 – \$25

Room #203

The great tourist attractions of Western Europe are on everyone's "bucket list." Americans live in a 237-year-old country, and what we see in Europe can be hundreds or even thousands of years old. Join this classroom journey to gain a greater understanding of the places you plan to visit as we explore London, Paris, Florence, Venice, and Rome.

LW-424

WRITING ON THE WRITE SIDE OF YOUR BRAIN

Presenter: Nancy Whitney

5 Classes – Fridays from 10:00 AM to 11:30 AM

October 18, 25, November 1, 8, 15 – \$25

(recommended book)

Room #213

Writing is more than words on paper. We'll toss around ideas, thoughts, fears, stories, poems, and read the results. We'll make a meal of words, a banquet of writing. Come and write and be open to surprise!



PA-411

LIFE IS A CABARET (FOR BEGINNERS)

Presenter: Sue Matsuki

5 Classes – Fridays from 10:00 AM to 11:30 AM

October 18, 25, November 1, 8, 15 – \$25

Room #102 (please be prompt so as not to interrupt class in 102D)

You've seen the shows at OLLI and you know you want to sing – so come join us and learn to sing a solo in a supportive, non-judgmental environment. All levels welcome. Being musical helps, but we'll work with you on any level. If you have special sheet music, bring it along, but familiar tunes will be provided.

LW-426

SEARCHING FOR HERMAN MELVILLE

Presenter: Dr. James Farnham

8 Classes – Fridays from 10:00 AM to 11:30 AM

September 13, 20, 27, October 4, 11, 18, 25,

November 1 – \$40 (required books)

Room #323

Explore the philosophical and psychological issues in Melville's writings. *Moby Dick* remains the Mount Everest of American Literature, and participants will explore the novel through a close reading and discussion over five weeks. The remaining classes will explore Melville's most important shorter tales: *Billy Budd*, *Benito Cereno* and *Bartleby the Scrivener*. Whether at the end we will be at peace with Melville's world view remains to be seen.

CO-405

DIGITAL PHOTOGRAPHY BASICS

Presenter: Peter Freeman

8 Classes – Fridays from 10:00 AM to 11:30 AM

September 13, 20, 27, October 4, 11, 18, 25,

November 1 – \$40 (bring your camera)

Room #317

This hands-on computer course will cover how a digital camera works, photo composition, and photo processing using Google's photo editing tool, Picasa (which is free). Participants must be familiar with the computer and Internet. Bring your digital camera. There will also be a field trip. Limited enrollment due to computer classroom size.

LW-427A

DYSTOPIA ANYONE?

Presenter: Bill Blair

10 Classes – Fridays from 10:00 AM to 11:30

AM (this class is also offered at 11:40 AM)

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$50 (required books)

Room #210

A number of enormously talented and highly regarded 20th century British authors penned the most well-known dystopian novels in the English language. Diverse in subject matter, these works are unified thematically. They (and we) will explore state terrorism and resistance to it.

Some courses have required and/or recommended reading. The UConn Co-op bookstore welcomes OLLI members and carries a small supply of most required books. OLLI members are also entitled to join the Co-op OLLI Book Club to save money on their book purchases.

A Co-op book card will be issued to new members only. Please see Co-op when card is full.

Please keep your Co-op book card from session to session. Come see and buy your own OLLI Sweatshirt!

HS-446

AMERICAN HISTORY: THE SUPREME COURT – CONTINUES

Presenter: Penny O’Connell

**10 Classes – Fridays from 10:00 AM to 11:30 AM
September 13, 20, 27, October 4, 11, 18, 25,
November 1, 8, 15 – \$50 (required book)
Room #327**

Major Supreme Court decisions on civil rights and racial discrimination will be analyzed in this course. Among the cases that will be covered are Ex Parte Milligan, the Slaughter House Cases, Plessy vs. Ferguson and Brown vs. Board of Education of Topeka, Kansas. Participants will be asked to voluntarily research and orally present on individual justices of the Supreme Court and on various parties to the lawsuits. While not required, participation in the research and reporting is strongly encouraged.

LW-406

**FROM THE BARD TO FROST:
LET THE GREAT POETS SPEAK**

Presenter: Jerry Joyell

**10 Classes – Fridays from 10:00 AM to 11:30 AM
September 13, 20, 27, October 4, 11, 18, 25,
November 1, 8, 15 – \$50 (required book)
Room #119**

The greatest poets in the English language are the ones Alex asks about on “Jeopardy;” the ones songwriters, pundits, and presidents quote - words, images, and thoughts you should know something about. Here’s a chance to see how poetry works, to discover where those famous lines come from, and to learn how all of our culture and heritage has been touched by them. You will find poetry is not a mystery; you will lose your fears and embrace this most magical of literary genres.

MS-415

**THE BIOLOGY OF THE HONEY BEE
AND BASIC BEEKEEPING**

Presenter: Dr. Alphonse Avitabile

**10 Classes – Fridays from 10:00 AM to 11:30 AM
September 13, 20, 27, October 4, 11, 18, 25,
November 1, 8, 15 – \$50
(two recommended books)
Room #326**

The goal of this OLLI course is to educate the participant on the origin of the honey bee, including its anatomy, nest arch, texture, and age-related duties of workers. In addition to that, the functions of the queen, workers, and drones will be discussed. This course will elaborate on their communication system –

including bee dances and the use of pheromones. It will help you become a beekeeper.

VA-415

**AN ENRICHING EXPERIENCE
WITH ACRYLIC PAINTING**

Presenter: Judy Jaworski

**10 Classes – Fridays from 10:00 AM to 11:30 AM
September 13, 20, 27, October 4, 11, 18, 25,
November 1, 8, 15 – \$50 (art supplies)
Room #318**

Learning to paint can be a means of therapy and satisfaction to last a lifetime. Participants will learn to develop their own style and technique with guidance. All artists welcome!

11:40 AM – 1:00 PM

**NOTE: THESE CLASSES MEET DURING
OLLI CAFÉ AND CONFLICT WITH OTHER
LUNCHTIME OFFERINGS.**

PD-423

MANDALAS AS ART

Presenter: Rose-Ann Chrzanowski

**5 Classes – Fridays from 11:40 AM to 1:00 PM
September 13, 20, 27, October 4, 11 – \$25
(art supplies)
Room #321D (enter library 1st floor,
take elevator to 3rd floor, exit elevator,
turn right)**

Explore the Tibetan technique of circular designs and create mandalas as personal art – using colored pencils, watercolor painting technique, and sand to create works of art. Discussion will focus on mandalas in their culture and use as meditation tools.

HW-427B

**TAI CHI FOR STRENGTH
AND BALANCE**

Presenter: Susan Bradley

**5 Classes – Fridays from 11:40 AM to 1:00 PM
September 13, 20, 27, October 4, 11- \$25
(comfortable clothes)
Room #102 (please be prompt so as not to
interrupt class in 102D).**

This class is also offered in the 10:00 AM timeslot. See description on page 11.

MS-402

**CHEMISTRY CONCEPTS IN
EVERYDAY LIVING**

Presenter: Frank Lussier

**5 Classes – Fridays from 11:40 AM to 1:00 PM
September 13, 20, 27, October 4, 11 – \$25
Room #218**

This course will introduce you to the chemical elements, heat energy, batteries, the Fuel Cell Auto, Lasers, MRI, X-Rays, plastics, greenhouse gases and radioactive dating, to mention a few, that will be discussed and demonstrated.

LW-428

WRITING ABOUT MY LIFE

Presenter: Judith Finman

**5 Classes – Fridays from 11:40 AM to 1:00 PM
October 18, 25, November 1, 8, 15 – \$25
(Journal or Notebook)
Room #213**

Capture your important memories to share with friends and loved ones. This workshop will stir your recollections and spark your creativity. Most of the time will be spent writing. You may produce a mini-memoir.



*“OLLI opened a whole
new world to me!”*

Course Descriptions

VA-403

LEARN HOW TO DRAW YOUR FAVORITE PEOPLE, PLACES, AND THINGS

Presenter: Dr. Maryellen Considine

5 Classes from 11:40 AM to 1:00 PM

October 18, 25, November 1, 8, 15 – \$25

(art supplies)

Room #102D (please be prompt so as not to interrupt class in 102)

Drawing has much more to do with the eye than the hand. The method used in this class will culminate not only with the finished drawing(s), but with an enhancement of powers of observation and of better drawing skills.

Members taking the class for the first time will use graphite pencil, while members returning to the class will go on to using color.

PA-417

ADVANCED CABARET PERFORMANCE – THE SHOW!

Presenter: Sue Matsuki

5 Classes – Fridays from 11:40 AM to 1:00 PM

October 18, 25, November 1, 8, 15 – \$25

Room #102 (please be prompt so as not to interrupt class in 102D)

This class is for students who have taken Life is a Cabaret. Participants will work on duets and holiday tunes in preparation for a holiday show at the end of the fall session. The course will also go deeper into lyric connection and performance and patter, in addition to how to produce a show!

PR-415

GNOSTIC CHRISTIANITY

Presenter: Rev. James Bradley

5 Classes – Fridays from 11:40 AM to 1:00 PM

October 18, 25, November 1, 8, 15 – \$25

Room #218

This class will be an overview of the early Christian writings that are referred to as gnostic – examining the theology, cosmology, and structure of this branch of the early church. Several gospels and writings will be discussed as well as the distinction between the orthodox branch of Christianity and the so-called Gnostics.

PR-416

HILDEGARD OF BINGEN: THE TROJAN HORSE OF OUR TIME?

Presenter: Dr. Maria Decsy

8 Classes – Fridays from 11:40 AM to 1:00 PM

September 13, 20, 27, October 4, 11, 18, 25,

November 8 (no class Nov. 1) \$40

Room #327 (required book)

Hildegard of Bingen, the 12th century mystic, prophet, artist, writer, composer, healer, herald of the divine feminine, environmentalist, church reformer, and much more...unleashes her power in our 21st century. She challenges us to live by justice, reform our society, and also remember to sing, dance, and celebrate life.

MS-411

BASIC ASTRONOMY, PART 1: THE SUN, STARS, PLANETS

Presenter: Gary Ruggeri

8 Classes – Fridays from 11:40 AM to 1:00 PM

September 13, 20, 27, October 4, 11, 18, 25,

November 1 – \$40

Room #323

This course is an introduction to astronomy, its history (including the space program), and an exploration of the curiosities of the universe. It will cover the origin of the Sun and Solar System, lives of stars and galaxies, and the history of the universe.

MU-416

BUMP DIDDY STRUM – INTRODUCTION TO THE MOUNTAIN DULCIMER

Presenter: Elizabeth Hanahan

8 Classes – Fridays from 11:40 AM – 1:00 PM

September 13, 20, 27, October 18, 25,

November 1, 8, 15 (no classes Oct 4 & 11) – \$40

(instruments provided) and there is a required book

Room #227G (2nd fl. Library – take stairs or Library elevator to #2 and follow signs to Math Tutor Room)

Come learn to play the Appalachian mountain dulcimer and obtain a foundation of the roots of American Folk Music. No music experience is needed; you will be playing tunes by the end of the first class. Instruments will be available on loan from the presenter. Learn the history and development of the dulcimer, the styles of playing, and care of the instrument.

CE-004

TODAY'S NEWS – TOMORROW'S HISTORY

Presenter: Barry Davis

10 Classes – Fridays from 11:40 AM to 1:00 PM

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$50

Room #217

Class sessions will explore the news of the day along with news events of the previous week, to include open discussion of the issues and events that participants bring forward. Topics would fall into the areas of

economics, politics, or social concerns, based on articles from section A of *The New York Times* or other news sources. Exploration of controversial issues is encouraged!

LW-420

STORY CHIP – BET YOU CAN'T READ OR WRITE JUST ONE!

Presenter: Jean McGavin

10 Classes – Fridays from 11:40 AM to 1:00 PM

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$50

Room #318

Story Chip is an online oral history project inviting everyone to add their story chips as we compile a thorough, first-person archive of contemporary history. In this course we write our stories, not as memoirists, but as citizen journalists documenting our own experiences of our world. No story is too small, no topic too large. You will write your stories, and by adding them to Story Chip, you will take your place in the history of our world.

LW-427B

DYSTOPIA ANYONE?

Presenter: Bill Blair

10 Classes – Fridays from 11:40 AM to 1:00 PM

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$50 (required books)

Room #210

This class is also offered at 10:00 AM. See description on page 12.

CL-419

ITALIAN: VITA E LINGUA, PART I

Presenter: Nunzio DeFilippis

10 Classes – Fridays from 11:40 AM to 2:45

PM (NOTE: this class runs two timeslots;

includes a break)

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$100 (required book)

Room #326

Introduction to Italian language, enhanced by a cultural experience. The course will consist of basic Italian for the first hour and a half, followed by an Italian cultural experience to include customs and everyday life discussions, as well as viewing segments of Italian films and operas (with language homework). Participants will be encouraged to register for part two in Spring 2014!

1:15 PM – 2:45 PM

AH-417

**ART IN YOUR BACKYARD:
GREAT CT MUSEUMS**

Presenter: Dr. Virginia Bush
5 Classes – From 1:15 PM to 2:45 PM
September 13, 20, 27, October 4, 11 – \$25
Room #218

Connecticut has four top-notch museums: the Yale Art Gallery, the Yale Center for British Art, the Wadsworth Atheneum, and the New Britain Museum of American Art – each with its own character and history. Virtual visits to each will review how they were founded and grew. The strengths of the collections will be shown, as well as what is most valuable, quirky, or popular.

MS-416

EXPONENTIAL GROWTH?

Presenter: Rosalie Griffin
5 Classes – Fridays from 1:15 PM to 2:45 PM
September 13, 20, 27, October 4, 11 – \$25
Room #324

Newscasters, politicians, and economists frequently use the titled phrase. Do they know what the term really means? Is it different from other types of growth? How does it affect our daily lives? We will use simple math to answer these questions, with a simple-to-use graphing calculator provided by instructor.

HW-428

CANCER: THE INSIDE STORY

Presenter: Dr. Douglas Welsh
5 Classes from 1:15 PM to 2:45 PM
September 13, 20, 27, October 4, 11 – \$25
Room #113

This course will present an in-depth look at cancer – how it starts and who is at risk. It will also focus on the new and exciting field of individualized treatment for cancer.

MS-417

**PINEAPPLES, PYRAMIDS, AND
PENTAGONS**

Presenter: Rosalie Griffin
5 Classes – Fridays from 1:15 PM to 2:45 PM
October 18, 25, November 1, 8, 15 – \$25
Room #324

What do these things have in common? Using simple math, we will explore their similarities and discover their awesome connections to nature, anatomy, and art.

HS-425

**HISTORY FOR TRAVELERS: EASTERN
& SOUTHERN EUROPE**

Presenter: Diane Stone
5 Classes – Fridays from 1:15 PM to 2:45 PM
October 18, 25, November 1, 8, 15 – \$25
Room #218

This course is a continuation of European History for Travelers, with emphasis on Southern and Eastern Europe. It will focus on the main tourist sites and the geographic areas from which most of the Waterbury area immigrant groups and their ancestors came to the U.S. from the mid-19th to the mid-20th centuries. We will cover the areas of Southern Italy, Poland, Lithuania, and Prague.

HS-452

**FROM THOMAS HOOKER
TO ELLA GRASSO: CT'S
REMARKABLE HISTORY**

Presenter: Dr. Jon Purmont
5 Classes – Fridays from 1:15 PM to 2:45 PM
October 18, 25, November 1, 8, 15 – \$25
Room #123C (enter UConn Library 1st floor
and walk all the way to back)

This course will be a historical overview of Connecticut from its founding, to recent developments. Special emphasis will be on the political, social, economic, and religious factors that made Connecticut a remarkable state.

CO-404

THE MANY FACES OF GOOGLE

Presenter: Peter Freeman
8 Classes – Fridays from 1:15 PM to 2:45 PM
September 13, 20, 27, October 4, 11, 18, 25,
November 1 – \$40
Room #317

Google has a reputation for being the most popular search engine to find information on the Web. However, most users do not know about the many free, hidden tricks and tools buried in Google. This hands-on course will show you where to look and how to use the hidden power in Google to discover the powerhouse that it really is. Participants must have computer Internet knowledge. Limited enrollment due to computer classroom size.

HW-403

REIKI, LEVEL II

Presenter: Barbara Schafer
**Assistants: Sr. Cecilia Baranowski, D. Min.,
Reiki Master Teacher. Rosemary Toletti,
B.A., Reiki Master Teacher and retired
school teacher**
8 Classes – Fridays from 1:15 PM to 2:45 PM

(please be prompt so as not
to interrupt class in 102D)

September 13, 20, 27, October 4, 11, 18, 25,
November 1 – \$40 (recommended book)
Room #102

This course will be a review of Reiki Level I, Three Reiki symbols, five head positions treatment, Attunements, Mental Emotional Treatment, Long-distance Healing Techniques, Ethical and Legal Issues, Discussion of Level three, and Mastership Levels of Reiki. There will be lots of time for participants to practice all the techniques in class.

HW-429

**CHINESE MEDICINE: BECOMING
OLD OR EVOLVING WITH SPIRIT**

Presenter: William Courtland
8 Classes – Fridays from 1:15 PM to 2:45 PM
September 13, 20, 27, October 4, 11, 18, 25,
November 1 – \$40
Room #201

This course will examine a question having relevance for those in the later years of life. "Must it be a time for becoming old with physical and mental disease or can it be a time for Spiritual evolution with health, wisdom, and grace?" Chinese Medicine tells us you can choose the latter and not experience the former. This course will also show you the way to do so.

LW-429

**MAKE-BELIEVE WORLDS: THE
WORKS OF TENNESSEE WILLIAMS**

Presenter: Philip Benevento
8 Classes – Fridays. 4 Classes from 1:15 PM to 2:45 PM and 4 Classes ending at 3:30 PM
September 13, 20, 27, October 4, 11, 18, 25,
November 1 – \$50 (required books)
Room #210

This course will examine the language, characters, imagery, symbols, and themes in Williams' first three major plays: *The Glass Menagerie*, *A Streetcar Named Desire*, and *Summer and Smoke*. The class will compare and contrast these texts with the movie versions of these modern classics – and we will watch *Suddenly Last Summer*, based on a one-act play by Williams. Buy or borrow copies of the books – any editions you have or can find! Some copies will be available for purchase. (Classes 1, 2, 4 & 6 are from 1:15 – 2:45 PM and classes 3, 5, 7 & 8 are from 1:15 – 3:30 PM to accommodate films and discussion).

Course Descriptions

“I miss OLLI when each semester ends. I love it!”

VA-420

THE MAGIC OF CHINESE BRUSH PAINTING

Presenter: Susan Bradley

10 Classes – Fridays from 1:15 PM to 2:45 PM

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$50 (art supplies available on Amazon)

Room #321D (enter library 1st floor, take elevator to 3rd floor, exit elevator, turn right)

This hands-on course will cover the history, theory, and philosophy of Chinese Brush painting. Come explore this unique style of Chinese art that has produced some of the most beautiful paintings in the world. Learn to create inspired brush paintings using traditional techniques simplified for all to enjoy.

HS-453

EXTRATERRESTRIALS AND THE CREATION OF MAN

Presenter: Penny O’Connell

10 Classes – Fridays from 1:15 PM to 2:45 PM

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$50 (required books)

Room #333

This course will examine new translations of the legends of Sumer – based on a space-age mindset. Zecharia Sitchin has written extensively on these legends and the related stories in Genesis. Erich von Daniken has also written extensively on the legends of the ancient world. This course will examine the works and ideas of both authors – to

increase our understanding of ourselves, how we came to be here on earth, the nature of our relationship to the universe, and what the answers mean for the future. We are definitely not alone!

HW-422

KICK START YOUR HEALTH

Presenter: Jane Sirignano

Co-Presenter: Larry Sirignano

10 Classes – Fridays from 1:15 PM to 3:00 PM

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$60

Room #119

A popular curriculum presented by Neal Barnard, MD, via DVD, and recipes with food power for health: power of your plate, digestive health, breaking the food seduction; keys for natural appetite control and healthy blood pressure. Intro to Cancer Topics and Diabetes is also included. Each class offers a fun recipe demo and delicious, health-promoting food samples, along with a take-home packet of easy and affordable recipes.

HW-430

MATTERS OF THE MIND

Presenters: Debra Ann Pollack, MD; Daniel

Wollman, MD, PhD; Jason Alster, MS; Ray

Shocki, PhD; Salvatore Martone;

Avi Isseroff, MD; Richard Krafcik, LCSW

10 Classes – Fridays from 1:15 PM to 2:45 PM

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$50

Room #204

This course concept will be a multi-disciplinary symposium covering various psychological health issues of interest to seniors. Topics covered will be: overview of the brain (Wollman); natural techniques for improved memory and concentration (Alster); anxiety and depression – opposite sides of the same coin (Shocki); sleep and its disorders (Pollack); hypnosis (Martone); evaluating a psychiatrist (Isseroff); dementia (Wollman); life changes part 1 & 2 (Krafcik); concluding with the last class as a panel discussion.

VA-414

EXPERIMENT WITH WATERCOLOR

Presenter: Briana Zonas

10 Classes – Fridays from 1:15 PM to 2:45 PM

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$50 (art supplies)

Room #102D (please be prompt so as not to interrupt class in 102)

This hands-on course will get you comfortable with watercolor art, without the pressure of creating the perfect picture! Participants will learn the basic aspects of the watercolor art! Both beginners and intermediate painters welcome.

HS-409

THE LANDS BETWEEN — HISTORY OF EASTERN EUROPE

Presenter: Dr. David Reed

10 Classes – Fridays from 1:15 PM to 2:45 PM

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$50

Room #203

Eastern Europe comprises lands of different historical, linguistic, and cultural backgrounds, but have in common the challenge and location between strong powers to their east and west. This history tells how they have been able to adapt to a difficult situation. Discussions and videos are emphasized.

CE-005

SEEKING THE TRUTH: POPULATION, FOOD, AND ENERGY

Presenter: John Westcott

10 Classes – Fridays from 1:15 PM to 2:45 PM

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$50

Room #318

As a follow-up to an introductory course centered around the question, “How do I know



the truth?" this course will examine research, data, opinions, and theories concerning several important issues connected with world population, production of food, and relationships with energy production. We are bombarded with opinions, conflicting statements, and evidence supporting positions which impact our lives. The class will provide a methodology to evaluate the information so we are better informed on these issues.

3:00 PM – 4:30 PM

HW-431

WHAT ARE YOUR CELLS SAYING?

Presenter: Jean Hosier

5 Classes – Fridays from 3:00 PM to 4:30 PM

September 13, 20, 27, October 4, 11 – \$25 (recommended reading)

Room #218

This course will help you explore life and healing through the examination of the human body beginning at the cellular level. Cells digest food, communicate, and thrive or die in community with other cells. We will examine the inner life of a cell as a true microcosm for life in community with each other and the larger world.

CE-006

PROBLEM SOLVING THROUGH CIVIL DISCOURSE – CURRENT EVENTS

Presenter: Jean McGavin

5 Classes – Fridays from 3:00 PM to 4:30 PM

September 13, 20, 27, October 4, 11 – \$25 (recommended reading)

Room #213

Prompted by gridlock in Washington, this course will provide a forum to discuss issues which divide our country. We will set up ground rules that will facilitate listening and discussions. No insults or walking away will be allowed. This will be a forum for lively debate and will provide the opportunity for a reasonable exchange of ideas, so come with an open mind and a willingness to share ideas and to hear others.

AH-418

ROMAN ARCHITECTURE FROM 300 B.C. TO 365 A.D.

Presenter: John Damico

5 Classes – Fridays from 3:00 PM to 4:30 PM

September 13, 20, 27, October 4, 11 – \$25 (recommended reading)

Room #217

This class will focus on Roman Architecture from its influences of Etruscan and Hellenistic



Greek sources to late empire and early Christian periods – 300 B.C. to 365 A.D

VA-401

PAINTING WITH TORN PAPER

Presenter: Carol Moore

5 Classes – Fridays from 3:00 PM to 4:30 PM

October 18, 25, November 1, 8, 15 – \$25

Room #102D (please be prompt so as not to interrupt class in 102)

Create paintings and works of art using torn paper from recycled catalogs and magazines. All you need is glue (modge podge) and paper to create small collages. All levels of art experience welcome – especially beginners. If you have the desire to create, this is fun!

HS-454

FOREST COMMUNITY ECOLOGY – UNDERSTANDING OUR LANDSCAPES

Presenter: Kyle Turocki

10 Classes – Fridays from 3:00 PM to 4:30 PM

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$50 (required book)

Room #318

This course will explore changes in our landscape that have occurred from glaciations through today, considering our cultural heritage and natural events that have shaped our current landscape. Participants will learn how to examine a landscape, discover what events created it, and predict its future evolution.

HW-417

THE ALEXANDER TECHNIQUE: POSTURE, BALANCE, AND MOVEMENT

Presenter: Peter Anderheggen

Co-Presenter: Michaela Hauser-Wagner

10 Classes – Fridays from 3:00 PM to 4:30 PM

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$50

Room #102 (please be prompt so as not to interrupt class in 102D)

Learn how to improve your posture, balance, and back health. The Alexander Technique is a method of self-care developed more than 100 years ago, and has received increased attention for its relief of chronic back pain. Through lectures and discussion, members will be encouraged to participate actively in each session – learning methods of restorative rest, and better ways to sit, walk, work, and exercise, in addition to recovering from pain, avoid injury, and improve overall well-being.

MU-428

PRECISAMENTE PUCCINI: A LOVE FEST

Presenter: Nunzio DeFilippis

10 Classes – Fridays from 3:00 PM to 4:30 PM

September 13, 20, 27, October 4, 11, 18, 25,

November 1, 8, 15 – \$50

Room #326

Five Puccini operas, discussion, conversation, and viewing most of the five. These operas include *Manon Lescaut*, *La Boheme*, *Tosca*, *Il Trittico*, and *Turandot*. The course will also discuss the life and times of Puccini, his music, style, history, and the contents of all his work.

*“I’ve said it before
and I’ll say it again –
I love OLLI!”*

Fall 2013 Presenters

INTRODUCING THE FALL 2013 PRESENTERS

Peter Anderheggen & Michaela Hauser-Wagner are both nationally certified teachers of the Alexander Technique. Peter taught writing and public speaking at the college level for 30 years and has also taught Hatha Yoga. Michaela studied the Alexander Technique to support her daughter's scoliosis treatment and brings many years of clinical experience as a speech language pathologist to her teaching practice.

Dr. Alphonse Avitabile is the Emeritus Professor of Ecology and Evolutionary Biology at the UConn Waterbury campus. He is co-author of *The Beekeeper Handbook*.

Philip Benevento taught English at Crosby High School in Waterbury for 34 years and served as department chair for 15 years. He has a B.A. and M.A. from UConn, a CAS in literature from Wesleyan and a CAS in administration and supervision from SCSU.

Bill Blair is an avid international traveler who, between trips, writes, lectures, edits and teaches. He has various degrees in English and Anthropology.

Rev. James Bradley earned a B.A. in English/Political Science from West Virginia University, a Master of Theological Studies from Harvard

Divinity School, a Master of Divinity from Virginia Theological Seminary, and was ordained an Episcopal Priest. He was Rector of St. John's in Waterbury for 21 years.

Susan Bradley has always enjoyed painting and drawing. A graduate student of Chicago Art Institute, she studied Chinese Art and was introduced to Chinese Brush Painting. She has been teaching art techniques and art history for more than 20 years.

Gabriella Brand is an educator, writer, inspirational speaker, and foreign language enthusiast. A former Middle School Head, she has taught languages to thousands of students. She holds an M.A. from Middlebury College, a B.A. from Antioch College, and a Diploma from the University of Neuchâtel, Switzerland.

Dr. Virginia Bush earned a Ph.D. from Columbia University and is a Fellow of the American Academy in Rome. She has taught in NY, NJ, and CT, has authored articles on Italian Renaissance art history and modern art, and has worked in several art galleries. Her travels throughout the U.S. and Europe have resulted in a collection of about 30,000 art images.

Vincent Casanova has a B.A. in History, an MAR in Religious Studies, a teaching certificate in Special Education, an M.S. in School Counseling, and has earned credits toward a Doctorate of E.D.

Rose-Ann Chrzanowski was born and raised in Brooklyn and relocated to CT in 1978. She has wanted to be a teacher since early childhood. Life experience has directed her journey to a metaphysical path where she is finding the answers she seeks.

Mary Conseur has 20 years' experience teaching French to teens and adults. She holds an M.A. in French from Purdue University and studied French at the University of Fribourg, Switzerland. She currently teaches at the Education Connection and enjoys traveling to French-speaking countries.

Dr. Maryellen Considine is an exhibiting artist whose work has been shown in CT, NY and NC. She holds a doctorate in art education with a concentration in painting from Columbia University.

Julie Cook has played the piano most of her life. She attended Hartt School of Music, teaches at her studios in Newtown and Woodbury, and conducts music workshops for the purpose of health and self-expression. She is facilitator of an organization that promotes an improvisational approach to music.

William Courtland is a teacher and lecturer who researches the principles of Chinese Medicine and its mind-body relationship. A faculty member of the CT Center for Massage Therapy, he teaches Acupressure and the principles of Chinese Medicine. He is author of the book, *A Medicine From Spirit*.

John Damico, AIA Emeritus, is a practicing Architect registered in four states with NCARB Certification. He holds a B.Arch degree from Carnegie Mellon University and an M.Arch degree from Yale University. His award-winning designs have been published.

Barry Davis is a graduate of C.W. Post College. Three years before retiring, he began a computer consulting company. In that role, he designed and wrote custom software for businesses of up to \$100 million in sales.

Dr. Maria Decsy is a college adjunct professor of World Religions and Human Biology. She holds an M.A. in Pastoral Ministry and Spirituality, a Ph.D. in Biochemistry, and a Certificate in Spiritual Direction. A Spiritual Director at the OLC Retreat Center in Farmington, she also teaches at the York Correctional Institution.

Nunzio De Filippis has a B.A. degree with honors in Political Science from Queens College and 43 doctoral credits in Political Science from the CUNY Graduate Center. He was a business man for 35 years and later began teaching opera and Italian.

Cindy Eastman holds a Master's degree in Education and teaches English at Naugatuck Valley Community College. As an OLLI presenter, she has taught Internet skills and Journaling.

Angelo Farenga is a full-time psychotherapist with interests in art, cooking, travel, music, spirituality, and poetry. He has a B.A. in Art History and an M.A. in Counseling Psychology. He is a state-licensed Counselor, recognized by



the National Board for Certified Counselors, and is a Guardian Ad Litem.

Dr. James Farnham is Professor Emeritus of Literature at Fairfield University, holds a Ph.D. from Case-Western Reserve University, and held post-doctoral fellowships at Yale in Cognitive Anthropology and in Judaic Studies. He has taught American Romanticism, Existential Literature, and Literature of the Holocaust, and has published studies of Hawthorne, Melville, Faulkner, and Flannery O'Connor.

Judith Finman is a working professional writer and editor. She has taught this course in a large retirement community in SC. She earned a B.A. in English from Wellesley College and an M.A. in College and University Administration from New York University.

Peter W. Freeman has taught in the corporate world, and was the director of claim education for a multi-billion dollar insurance company. He holds a B.A. from the University of Vermont and served in the Army. He is currently manager and computer instructor at Southington's Sr. Center.

Marie Galbraith served as Education Director at the Mattatuck Museum. She led community oral history projects including African American, Jewish, and Neighborhood History, collecting more than 1,500 oral histories and more than 10,000 images of community life in Waterbury.

Kathleen Greco is a certified Yoga instructor and is registered with Yoga Alliance. Known for her ability to be creative as she designs variations of the traditional postures accommodating diverse needs and capabilities, she has made Yoga a life-long practice.

Rosalie Griffin, a Waterbury native, received a B.A. in Mathematics from Albertus Magnus College and an M.A.L.S. from Wesleyan University. She taught mathematics for 35 years at Crosby High School in Waterbury, and is a recently retired adjunct instructor from NVCC.

Elizabeth Hanahan is a retired public school teacher. She has taught dulcimer to adults at Folkcraft Music in Winsted, CT and at an area dulcimer festival. She has also played at area nursing homes and for Branford Hospice.



Dr. Arnold Heiser is an Emeritus Professor of Astronomy at Vanderbilt University. He volunteers at Yale's Leitnor Observatory and Planetarium and at the Peabody Museum, including summer camps in astronomy and some training of elementary teachers in physical sciences.

Jean Hosier holds Bachelor of Science degrees in Accounting and Brennan Healing Science. Formerly a controller in a manufacturing company, she currently has an Energy Healing and Personal Transformation Practice in Naugatuck.

Judy Jaworski has taught drawing and painting for more than 40 years in various adult education settings. A student of Rhode Island School of Design, Judy has been listed in the Artists' Bank at the CT Commission on the Arts and her paintings have been exhibited throughout the state.

Jeremy Joyell taught English at the high school and college levels. With a B.A. in English from UConn, an M.S. from the University of Hartford, and graduate credits from CT and RI colleges, he has authored a memoir about childhood, *A Lifetime Ago: Before the Death of Childhood*.

Jessica Kott has worked as a Certified Financial Planner for 29 years, extensively in private bank-lending and in the analysis and management of investment portfolios. She is currently an executive committee member at the Mattatuck Museum Arts & History Center.

Frank Lussier earned a B.S. and M.S. in Chemistry from Providence and Holy Cross Colleges. A Laboratory Manager at Uniroyal Chemical Company, he retired in 2001. He has been a Chemistry Adjunct Instructor at Quinnipiac University for the past 11 years.

Paul Marino retired in November 2011 after 28 years at The Hartford. He now has the time to pursue one of his great passions – the study of film. Since December 2011, he has introduced and/or helped facilitate more than 35 movies.

Sue Matsuki, a 20-year Jazz/Cabaret Singing veteran, has played at legendary NYC jazz clubs – The Village Gate, The Iridium, Birdland, and Sweet Rhythm, along with Feinstein's at the Regency, The Metropolitan Room & The Laurie Beechman Theatre.

Jean McGavin is the co-founder of Story Chip. She has degrees in Intellectual History and Theater Design. After 10 years in the theater, Jean has turned her attention to oral history.

Carol Moore is an artist and potter, and teaches from her home studio. She has taught at NWCC in Winsted, West Hartford Art League, Washington Art Association, Litchfield Performing Arts, and Litchfield Historical Society, and conducts numerous workshops during the year.

Fall 2013 Presenters

“The instructors are amazing, talented people who are generous with their gifts.”

Donna Obarowski is a UConn graduate who teaches for Education Connection's Adult Education program. She is Minister of Music at Woodbury United Methodist Church and has served at several Greater Waterbury churches.

Penny O'Connell holds a B.A. in Political Science from Skidmore College. A retired high school history teacher, she taught Ancient, European and American History. She is passionate about the mysteries of our historical past and is delighted to share her discoveries with those who have inquiring minds.

Debra Pollack, M.D., Matters of the Mind course coordinator, is board-certified in Neurology & Sleep Medicine, received an M.D. from Hahnemann School of Medicine, and works in the Center for Comprehensive Care.

Dr. Daniel Wollman, M.D., Ph.D. is certified in Geriatrics, Internal Medicine, and Palliative Care and received an M.D. and Ph.D. from the Univ. of Pennsylvania. **Jason Alster**, M.S. is a certified EEG Technologist & Registered Sleep Technologist, earned a B.S. in Biopsychology at Yeshiva University, and a M.S. from Technion Israel Institute of Technology. **Ray Shocki**, Ph.D., LMFT, LCSW has a Doctorate in Behavior Health, a License in Marriage & Family therapy

and Clinical Social Work. **Salvatore Martone** earned a B.A., M.S.W., LCSW, LADC, from SCSU and UConn and was a psychotherapist/hypnotherapist. **Avi Isseroff**, MD is board certified in Psychiatry and received an M.D. from Wayne State Univ. Medical School.

Richard Krafcik, L.C.S.W. is a psychotherapist, Life Coach, and Addiction Counselor.

Dr. Jon Purmont received a B.S. degree from Georgetown University, an M.S. from SCSU, and an Ed.D. Degree from Teachers College at Columbia University. He served as the Executive Assistant to Governor Grasso.

Dr. David Reed retired after 45 years practicing medicine. With a passion for Russian and Eastern European History, he has visited Russia on several occasions and recently completed a book, *The Czechoslovak Legion and the Russian Civil War* (unpublished).

Dr. Carol Rizzolo retired after a 25-year career as a Physician Assistant, and recently earned her Ph.D. in Mythological Studies with an emphasis in Depth Psychology. In addition to teaching, Carol enjoys bicycling and kayaking, and playing the concert harp, classical guitar, and the piano.

Gary Ruggeri attended Sacred Heart in Waterbury, received a degree in Education from S.C.S.U., and completed his fifth year in Science from Central. He taught biology and the sciences at N.W. Catholic High, Wethersfield High School and Briarwood College.

Barbara Schafer, R.N., A.P.R.N., M.S.N., L.U.T., R.M.T., holds a B.S. and Masters in Nursing. Retired from a 50-year career as a clinician, educator, and administrator in psychiatric mental health nursing, she has been a Reiki Master Teacher since 1996. She is also a Licensed Unity Teacher and volunteers at Griffin Hospital doing Reiki and Therapeutic Touch. She has a private practice in Naugatuck.

Jane Sirignano has been a presenter and food-shopping tour guide for 12 years and a nutrition and cooking instructor for eight. She has a diploma in nutrition, managed a natural foods store, and has 39 years of experience with whole foods. Her knowledge and enthusiasm may inspire and motivate you!

Do you or someone you know want to be an OLLI Course Presenter:

OLLI Courses are led by retired, semi-retired and working educators, professionals, artists, writers and others.

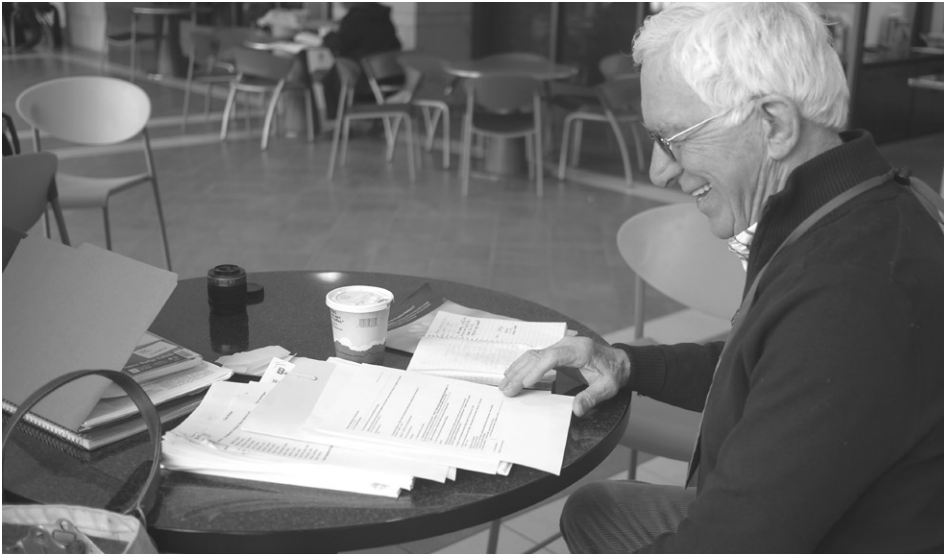
- Share your passion on a topic
- Join the national movement of lifelong learning
- Inspire others to learn and explore
- Focus on enjoyment—no grading, no papers
- Develop innovative and creative learning
- Teach at a State-of-the-Art Campus

Some of the perks . . .

- **Free Basic OLLI membership**
- **One free OLLI course each semester in which you teach**
- UConn parking decal
- Presenter honoraria and recognition

IMPORTANT STEPS

1. **CONTACT** us for more information. Call the Director at 203-236-9881 or email brian.chapman@uconn.edu with questions, course ideas, or referrals.
2. **REGISTER** for a Course Proposal Workshop for New Presenters. All individuals thinking about submitting course proposals for the first time are strongly encouraged to attend a Course Proposal Workshop for New Presenters on Wednesday, October 9, 2013 at 1:30 PM. Location to be announced. Please RSVP to Nancy LaGrave at 203.729.4169 or nancylagrave@gmail.com. This is an opportunity to meet OLLI presenters who have successfully proposed and led OLLI at UConn courses.
3. **SUBMIT** your Spring/Summer proposal by October 18, 2013 (5:00 PM) – FINAL Deadline.



Diane Stone traveled the world for business and pleasure and finally realized how much her European History academic background enriched her travels. Diane majored in history at Queens College and holds a Masters in European History from the University of Michigan.

Dr. Raymond Sullivan, a retired surgeon with a passion for New England history, has published two books on the subject and is currently on his third book. He has presented history courses and has lectured around New England. He is a member of the Massachusetts Historical Society and the Marblehead Regiment of the American Revolution.

Kyle Turoczi holds an M.S. in Resource Management from Antioch University New England and is the Soil Scientist, Wetland Ecologist, and Co-Owner of a native plant nursery in Woodbury. He has been creating landscapes in CT for 28 years.

Nancy Wallace worked for 40 years in the computer field on Wall Street. Since retiring, she has taught in her computer club in Florida, taught on cruise ships and at the Education Connection. She has also taught at the Waterbury Literacy Council.

Dr. Douglas Welsh has a degree in Biology from Boston College and a doctorate in Molecular Biology from Rutgers University. He was a Damon Runyon Cancer Foundation Fellow at SUNY Stony Brook and taught Molecular Biology for 26 years at Princeton University.

John Westcott received B.S. and M.S. degrees in Horticulture and minored in Foreign Service. He served in the U.S. Navy and Reserves. He worked for a major Fortune 500 corporation and lived overseas completing assignments in Asia Pacific and Latin America.

Nancy Whitney is an avid reader and writer of poetry and short stories. She has a passion for teaching and learning in the classroom and beyond, with a great sense of humor!

Susan Wolanic has been teaching watercolor classes for more than 40 years at Education Connection, at the high school level, along with private classes and workshops. A graduate of Paier College of Art, she is a member of the CT Watercolor Society and several art leagues.

Briana Zonas received a B.F.A. from Parsons School of Design, attending classes in both NY and Paris. She holds degrees from The Fashion Institute of Technology and the London College of Communications. She currently teaches art at CPFA-Artsplace in Cheshire and she designs her own rug collections.

**TIME TO THINK ABOUT WINTER,
SPRING AND SUMMER 2014**

Winter

5 WEEKS
JANUARY 17 TO FEBRUARY 14
(21 SNOW DATE)

Spring

10 WEEKS
MARCH 7 TO MAY 16
(NO CLASS APRIL 18)

Summer

10 WEEKS
JUNE 3 TO 26

FINAL DEADLINE FOR ALL COURSE PROPOSALS – FRIDAY OCTOBER 18, 2013
PLEASE CONTACT US IF YOU WOULD LIKE TO PRESENT A FALL 2013 COURSE!

CALL 203-236-9808 OR EMAIL: OSHER@UCONN.EDU

OLLI Lunchtime Happenings

OLLI CAFÉ • OLLI CLASSES • OLLI CLUBS AND ACTIVITIES

OLLI Café is a venue for the exchange of ideas and experiences focusing on improving the quality of life. The goal of OLLI Café is to present a potpourri of presentations and activities that provide information and new knowledge to OLLI members.

Bring your lunch and we will provide the coffee and tea! OLLI Café presentations are open to all OLLI members. These are not courses—OLLI Café is one of the benefits of your annual OLLI membership. Pre-registration is not required. The weekly event features a guest speaker followed by a short Q&A session.

**Fridays—Room #119 • 11:30 – 12:00 Lunch •
12:00 – 1:00 Speaker Presentation**



SEPTEMBER 13

EMILY DICKINSON – HER LIFE AND HER POETRY

Regarded as one of the world's great poets, Emily Dickinson lived a privileged, though reclusive, life in Amherst, MA. Learn more about her fascinating story, and some of her great poetry and letters.

David Garnes is currently a guide at the Emily Dickinson Museum in Amherst, and also served as house manager, trainer and workshop facilitator. An English teacher at private schools in New York and head of Book Acquisitions at Columbia's library, he later held the same position at the Babbidge Library at UConn Storrs. Dickinson was the subject of his Master's thesis at Columbia University.

SEPTEMBER 20

LIFE IS LIKE RIDING A BICYCLE – YOU ONLY FALL OFF WHEN YOU STOP PEDDLING

It wasn't a race; it was a self-supported 70-day cross-country ride of over 3,700 miles across the U.S. Battling the forces of nature – rain, cold, tornadoes and historic flooding in spring of 2011, along with the physical and emotional challenges, this visual presentation will explore the planning, organization and execution of this adventure of a lifetime.

Andre Simonpietri holds a BS in Engineering, along with MS degrees in Aeronautics, Management and International Business. Retired from Sikorsky and Lockheed Martin, he has lived in four countries and speaks Spanish and French. He currently lives in Woodbury.

SEPTEMBER 27

LIFE AND WORK IN LITHUANIA, 1995 – 2008

After the re-establishment of Lithuanian independence from the Soviet Union, Irene and Gintas returned to their country of birth after more than a 45-year absence to experience life there. This presentation will include visuals of their work and volunteer activities from 1995 to 2008. They will speak about their life and work in Lithuania, touching on some historical aspects and the difficulties people experienced after independence.

Irene and Gintas Zemaitaitis are OLLI members. Irene is a UConn alum and a language teacher. Gintas is a retired accountant.

OCTOBER 4

WHAT DO YOU KNOW ABOUT FRENCH MUSIC?

Music is a good introduction to different cultures – their holidays, love, social injustice and dance. Hear an overview of beautiful French music including classical music, popular music, music from various French-speaking countries including Belgium and Quebec.

Mary Conseur holds a Master's Degree in French and has taught the language for over 20 years, including Conversational French for Travelers in the OLLI program.

OCTOBER 11

OSTEOPOROSIS AND YOU: WHAT YOU DON'T KNOW CAN HURT YOU

What are the consequences of osteoporosis, causes of the disease, its cost and current treatment options? Most seniors are shocked to learn that one in two women over 50 will have an osteoporosis-related fracture in her lifetime and one in four men will also. In fact women have a greater chance of dying from an osteoporosis-related fracture than dying from breast cancer.

Janice Freeman holds a BA, is a former pharmaceutical rep and a Certified Personal trainer and Group Exercise instructor – with a special interest in the exercise needs of seniors to help prevent osteoporosis.

OCTOBER 18

HOW THE WEST WAS WON!

What do you know about Native American Indians – their lives, culture and warrior chiefs? Come hear the history of the Lakota Sioux and Cheyenne's 50-year war against the U.S. military, with focus on Indian Chiefs Red Cloud, Sitting Bull and Crazy Horse.

William Baiocchi holds a BA in U.S. History and has spent over 15 years on the study and research of American Indian nations and reservations. He is coordinator and facilitator of native lectures throughout Connecticut.

“The best idea ever – learning never ends!”

OCTOBER 25

THE EAR OF THE HEART: AN ACTRESS' JOURNEY FROM HOLLYWOOD TO HOLY VOWS

Dolores Hart began her career as an actress when she was 19, making her screen debut in 1957 as Elvis' sweetheart in the movie "Loving You" and became an overnight success story. Then at the height of her acting career, she stunned the world with her decision to become a cloistered nun with the Abbey of Regina Laudis. Fifty years later, Mother Dolores gives a fascinating account of her charmed yet challenging journey toward God, serenity and love in her autobiography, *The Ear of the Heart*. She will sign copies of her book.

Mother Dolores Hart began her career as an actress when she was only 19 years old, making her screen debut in 1957 as Elvis' sweetheart in the movie *Loving You*. She became an overnight success story. Then at the height of her acting career, she stunned the world by making the decision to become a cloistered nun and enter the Abbey of Regina Laudis in Bethlehem, CT. She is presently Prioress of the Benedictine Abbey, but she continues to be a voting member of the Academy of Motion Picture Arts & Sciences.

NOVEMBER 1

HOME FROM HOME: COMMEMORATING IRELAND'S GREAT HUNGER IN AMERICA

Come hear the history of Ireland's Great Hunger – the history of Ireland's Great Hunger Museum at Quinnipiac University and a discussion of the artwork held in the museum and its role in commemorating the tragedy.

Grace Brady is the first Executive Director of Ireland's Great Hunger Museum. She has more than twenty years of museum experience, most recently working as the Assistant Secretary and General Manager of the Office of the Sr. V.P., Secretary and General Counsel at the Metropolitan Museum of Art.



NOVEMBER 8

PRODUCING PROFESSIONAL THEATRE!

Want to be a theatrical producer? Want to know what goes into producing professional regional theatre? You'll learn how it's all put together – from concept to casting to opening night and more – from the artistic director of Waterbury's Seven Angels Theatre.

Semina De Laurentis is the Artistic Director of Seven Angels Theatre, now celebrating its 23rd season. She has worked in numerous theatres throughout the country, and has, along with the theatre, received numerous artistic, cultural and community awards for contribution to the cultural development of the region and the State.

NOVEMBER 15

CELEBRATION OF OLLI ARTS

This OLLI Café remains open for scheduling an event or activity. In the past we have had a celebration, a "get to know you event," or entertainment. Depending on the needs of the organization or ideas from various committees, something appropriate will be planned and promoted. Stay tuned.

OLLI LUNCHTIME CLASSES 11:40 AM – 1:00 PM

(SEE PAGE 13 & 14 FOR DETAILS)

PD-423
MANDALAS AS ART
Rose-Ann Chrzanowski

MS-402
CHEMISTRY CONCEPTS IN EVERYDAY LIVING
Frank Lussier

LW-428
WRITING ABOUT MY LIFE
Judith Finman

CE-004
TODAY'S NEWS – TOMORROW'S HISTORY
Barry Davis

PA-417
ADVANCED CABARET PERFORMANCE – THE SHOW!
Sue Matsuki

PR-415
GNOSTIC CHRISTIANITY
Rev. James Bradley

VA-403
DRAWING YOUR FAVORITE PEOPLE, PLACES, THINGS
Dr. Maryellen Considine

PR-416
HILDEGARD OF BINGEN: THE TROJAN HORSE OF OUR TIME?
Dr. Maria Decsy

MS-411
BASIC ASTRONOMY, PART 1: THE SUN, STARS, PLANETS
Gary Ruggeri

LW-427B
DYSTOPIA ANYONE?
Bill Blair

MU-416
BUMP DIDDY STRUM – INTRODUCTION TO THE MOUNTAIN DULCIMER
Elizabeth Hanahan

LW-420
STORY CHIP – BET YOU CAN'T READ OR WRITE JUST ONE!
Jean McGavin

HW-427B
TAI CHI FOR STRENGTH AND BALANCE
Susan Bradley

CL-419
ITALIAN: VITA E LINGUA, PART I
Nunzio DeFilippis

Enjoy day and overnight excursions with OLLI members planned by the OLLI Travel Committee and Friendship Tours. If you have suggestions for future trips, you may leave them in the OLLI suggestion boxes addressed to the Travel Committee. Join your OLLI friends in exploring new places and old ones in a new way. For registration instructions and other information, see “Registration Info for OLLI Travelers” below. Look for flyers at the OLLI information table.



UConn Storrs: Museum of Natural History and Thomas J. Dodd Center

Wednesday, October 16, 2013;
Member Price: Estimated \$40

Includes: Deluxe motorcoach transportation, cost & guided tours of both museums, talk by Dr. Nicholas Bellantoni, tour guide & all gratuities. Lunch is on your own at the UConn Student Center.

Bus leaves Waterbury: 8:30 AM;
Return ETA: 7:30 PM

Your day at UConn Storrs begins with an overall view of the campus at the Welcome Center, after which we will have a guided tour of the Museum of Natural History and its contents, with an added talk by State Archaeologist, Dr. Nicholas Bellantoni. After lunch, a visit to the Dodd Center which houses Archives & Special Collections of historic value, including manuscripts, organizational records, early printed books, photographs, and unique items that require special handling. As a sweet ending to our day – a stop at the UConn Dairy Bar for ice cream before we head home.

KEEP YOUR EYES OPEN FOR THIS NOVEMBER TRIP



JOHN SINGER SARGENT WATERCOLORS: BOSTON MUSEUM OF FINE ARTS AND THE ISABELLA STEWART GARDNER MUSEUM

November 2013 Date TBA -
Estimated Cost: \$88

Includes: Deluxe motor coach transportation, docent-led museum tours, free time, tour director, and all gratuities. Lunch will be on your own.

Bus leaves Waterbury at 8:30 AM -
Return ETA 7:30 PM

“John Singer Sargent Watercolors” at the Boston Museum of Fine Arts offers an opportunity to view the dazzling watercolor collection produced at the height of his artistic powers – celebrating a century of his art. A docent-led museum tour will be included, and participants will visit the Isabella Stewart Gardner Museum. Her collection encourages visitors to think creatively about art with three stories of galleries surrounding a flower-filled courtyard.

Stay tuned for flyers at the OLLI information tables. You can also call Friendship Tours for more information.



BALTIMORE, MARYLAND: INNER HARBOR AND SO MUCH MORE!

Sunday, May 4 to Tuesday, May 6, 2014
Member Price: \$479/person

Includes: Deluxe motor coach, 2-night hotel stay, luggage transfers, 2 dinners, all admissions, gratuities and expert tour guide.

Bus leaves Waterbury at 7:30 AM

The first night includes a delightful dinner show at Toby’s tavern. After breakfast the next day, the group departs for Annapolis and a guided tour of the Naval Academy. Returning to Baltimore, enjoy a riding guided tour of the city to include various historical locations. The last day will include either a guided tour of Camden Yards Ballpark or a visit to Babe Ruth’s birthplace and museum. There will be ample free time to explore the Inner Harbor and enjoy lunch before we travel home with our old and new friends.

friendship tours

Trips are open to current OLLI members on a first-come, first-served basis. They will become open to non-members, if room allows, on September 13 for a surcharge of \$10 for day trips and \$20 for overnight excursions. For reservations or questions, call **Friendship Tours, 860-243-1630 (do not call the OLLI Office)** then mail individual checks for each trip made out to **Friendship Tours, 533 Cottage Grove Rd., Bloomfield, CT 06002 (ATTN: Ben)**. You will receive confirmation through the mail with all pertinent trip information. If you have any special needs or handicaps, please advise Friendship Tours when you register.

Please note – Trip fees are non-refundable unless a substitute is available on the waiting list.

Registration
Info for
OLLI Travelers

Events Open to the Public

Events Open to the Public include celebrations, film premiers, author talks, special lectures, and other programs. If you are not an OLLI member, you cannot park in the UConn garage without a parking decal. PLEASE sign up for these events on the member registration form!

DISCUSSIONS WITH JONATHAN KELLOGG



Tuesday, September 10 AND Tuesday, October 8, 2013
From 6:30 PM – 8:00 PM
Multipurpose Room – Light refreshments will be served.
Sign up on member registration form.

Join us for a two-part discussion with Jonathan Kellogg, Executive Director of the Waterbury Republican-American newspaper:

SEPTEMBER TOPIC:

From Columbine to Sandy Hook: the role of the media in mass tragedies.

OCTOBER TOPIC:

A changing and challenging time for newspapers: what should readers expect?

Jonathan Kellogg is known throughout the Northeast for informative and engaging presentations on ethics in journalism. He's done workshops on the New England Society of Newspaper Editors, the Vermont Judicial College and the Canadian Association of Newspaper Editors. Kellogg's journalism career includes stops in Kansas City, Boston, Portland, ME and Lowell, MA, with stories from Moscow to Washington. As a bureau chief for the AP, he covered four New Hampshire presidential primaries.

AARP DRIVER'S SAFETY



Monday, September 30, 2013
9:00 AM to 1:30 PM OR
Monday, October 21, 2013
9:00 AM to 1:30 PM
Room #119 – first floor. Light refreshments will be served

Sign up for one of the sessions on the member registration form – check date of choice

The 4-hour AARP Driver's Safety Course is the nation's first and largest classroom driver safety course designed especially for drivers age 50 and older. Upon completion, participants will receive a Certificate which they can submit to their insurance companies for a policy discount.



Registration and Cost

Please call 203-236-9924 to register today!
Fees are payable on the first day of class in the classroom (UConn Waterbury campus, Room 119) \$12 AARP Member (you must bring your membership card to the first class) \$14 Non-AARP member

OLLI Membership is not required to register

UConn WATERBURY RESEARCH LECTURE SERIES

WHAT DOES IT MEAN TO BE HUMAN?

Wednesday, September 25
12:45 PM to 2:00 PM, Room #333

Since the millennium, there have been scores of books on human nature, plus courses at Yale, Harvard, Emory and Delaware. This talk will examine paradoxes and contradictions in human beings with topics that connect to human survival: food, war, reproduction, and attachment, as the result of research from the humanities, biology, anthropology and psychology.

Ken Fuchsman is Director of the BGS and Assistant Extension Professor at UConn, teaches capstone courses in General Studies and Individualized Major Programs. He developed the course, The Nature of Being Human. His publications are in interdisciplinary studies, the history of psychoanalysis, President Obama, and the transformation of the American family.

CHEMISTS WITHOUT BORDERS

Tuesday, October 15
12:45 PM to 2:00 PM, Room #333

This talk will focus on the resolution of humanitarian problems by mobilizing the resources and expertise of the global chemistry community and its networks. It will cover the current validation of a composite-iron-matrix arsenic-removal water filter, a low-cost, low-tech arsenic measurement device, distribution of water filters in rural Bangladesh, and science lab exercises for Sierra Leone.

Professor Lois Ongley teaches environmental chemistry at Unity College in Maine where her research focuses on arsenic in drinking water. She is the Treasurer and Chemistry Education Team leader for Chemists Without Borders. Her background includes stints as an oceanographic research technician, an oil and gas exploration geologist and a High School chemistry teacher.

CONNECTICUT - ANTIETAM CONNECTION




Wednesday, November 20
12:45 PM to 2:00 PM, Room #333

Hear a brief review of the military action of the Battle of Antietam, and the significant contributions made by the four CT volunteer regiments involved. A secondary focus will be on the present day re-enactment community representing these military units, and our commitment to preserving the heritage and history of this period through education and action.

Hal Elwell earned a degree in Mathematics, and after teaching, went into IT in the banking industry. With a passion for American history, particularly with Lincoln and the civil war era, he joined the 8th CT Volunteers re-enactment group, and has participated in civil war related events from Maine to Georgia.

OLLI CLUBS / ACTIVITIES / COMMUNITY PARTNERS

GROUP	MEETING TIMES	CONTACT
BOOK CLUB	Meets on the 3rd Monday of the month First book club: Aug. 19	Nancy Via: nvia@sbcglobal.net
OLLI VOLUNTEERS	Join a committee and be a VIP "Very Involved Persons"	Call the OLLI office: 203-236-9924
CLUBS & ACTIVITIES	Meets 3rd Monday of the month First meeting: Sept. 16 to plan fun activities and day trip destinations!	Nancy Via: nvia@sbcglobal.net or Delma Way: delvilway@aol.com
POETRY COFFEE HOUSE	Meets 2nd Thursday of the month at John Bale Bookstore & Café, first Coffee House: Sept. 19	Denise Whelan: deniseawhelan@yahoo.com

ORGANIZATION	OLLI DISCOUNT	CONTACT
	OLLI members pay Mattatuck Museum member prices	203-753-0381, ext.110
WATERBURY SYMPHONY ORCHESTRA	20% off any subscription series concerts	203-574-4283 or enter code OLLI at www.waterburysymphony.org
	10% off any regularly priced main stage production ticket	203-757-4676 or online at www.sevenangelstheatre.org
	Special discounts as announced	203-346-2000

SPECIAL PALACE THEATER OFFERING

Part of the Palace Theater's Webster Bank Broadway Series, JERSEY BOYS, is the true story of how four blue-collar kids became one of the greatest success stories in pop music history by writing their own songs, inventing their own sounds, and selling 175 million records worldwide – all before they were 30! The show features hit songs *Sherry*, *Big Girls Don't Cry*, *Rag Doll*, *Oh What a Night* and *Can't Take My Eyes Off You*.

JERSEY BOYS SPECIAL OLLI OFFER

Thursday, October 10, 2013, 1:00 PM Matinee*
This special offer includes a boxed lunch and performance for October 10th ONLY.
Matinee Ticket (center orchestra seating) and lunch package is \$80.50* (this represents a 20% discount!)

If you previously purchased tickets to this matinee performance and wish to add the lunch option, call Deirdre Patterson at 203.346.3014. Note: OLLI discount applies to the Thursday matinee only* - reserve your space today.

IMPORTANT REGISTRATION PROCESS FOR THIS EVENT:

- Check the "Jersey Boys" box on yellow registration form.
- DO NOT MAIL PAYMENT FOR THIS EVENT TO OLLI!
- Deadline for registration: September 6, 2013.
- The Palace staff will contact you by early September for payment.
- *Must have 20 OLLI members registered to obtain this special offer!

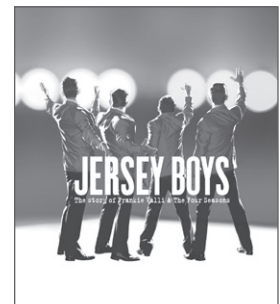


Photo courtesy of Louis Belloisy

UConn

WATERBURY

Osher Lifelong Learning Institute
The University of Connecticut
99 East Main Street
Waterbury, CT 06702



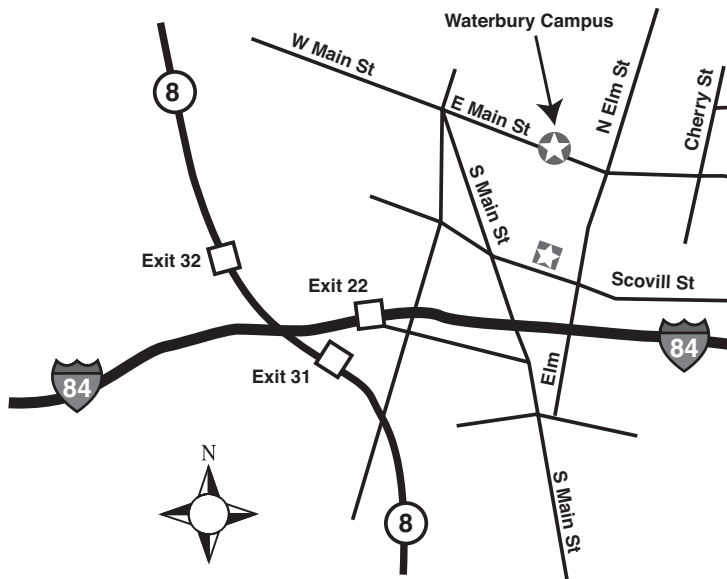
*OLLI Photos Courtesy of Tom Kmetzo and UConn, Waterbury I.T. Department
Brochure Design: Rita Quinn (OLLI) and Michele Hyjek Design*



The University of Connecticut's Waterbury campus serves more than 1,100 students annually. In its sixty years of operation, UConn Waterbury has opened the doors to educational access and excellence to thousands of Connecticut residents, many of whom have distinguished themselves in the fields of community service, business, education, law and politics.

CONTACT US



For more information call 203-236-9924 or 203-236-9925. Email: osher@uconn.edu or visit our website at www.waterbury.uconn.edu/osher



DIRECTIONS

The UConn campus is located at 99 East Main Street in Waterbury, across the street from the Palace Theater. Parking and directions to campus can be obtained from our website, www.waterbury.uconn.edu/osher or by calling 203.236.9924.

PARKING

By special arrangement with the UConn Waterbury campus, OLLI membership includes University parking privileges in downtown Waterbury. Parking decals are issued to paid members and presenters. OLLI members can use their parking decal in the UConn garage located on North Elm Street  on a space available basis. Parking is allowed ONLY on levels 2 and 3. Parking on level 1 is reserved for UConn faculty and staff ONLY and is not accessible to OLLI members or presenters.* ALL replacement parking decal: \$10. OLLI members can also use the Scovill Street Garage  on levels 5 and 6 by displaying their UConn parking decal. The Scovill Street Garage is located opposite the campus and directly behind the Palace Theater—it is a short walk through a paved courtyard to the UConn campus.

***Violators will be ticketed!**