

(OLLI) at the University of Connecticut, Waterbury, CT

**Lifelong Learning** | Providing older adults with opportunities to engage in intellectual development, cultural stimulation, and social interaction.





Welcome to the University of Connecticut, Waterbury campus! Our campus proudly serves Waterbury and the region by delivering educational programs for undergraduate, graduate, and lifelong learning students in a dynamic, accessible, state-of-the-art environment. We are equally proud to be associated with the Bernard Osher Foundation and the network of one hundred twenty two (122) Osher Lifelong Learning Institutes across the United States. We express deep thanks to Bernard and Barbro Osher for their generosity and vision with regard to the lifelong learning movement. Whether you will be connecting with college for the first time, reconnecting with higher education, or coming back to UConn, we want this to be a positive and enriching experience. OLLI members bring a unique and positive energy to our campus through their enthusiasm and their depth of life experience in various careers, family life, and civic engagement. I extend a warm welcome to each and every one of you. Please enjoy your time here and savor the fun of learning.

Approx Count

William J. Pizzuto, Ph. D.

Director, UConn Waterbury
Campus

Welcome to the fall, 2010 semester of OLLI! Our Leadership Council members have been working to bring all of us another banner year of interesting, thought-provoking and fun classes, informative and entertaining OLLI Café speakers, and more travel opportunities. We are entering the final phase of the Lifelong Learning Grant Program from the Bernard Osher Foundation and are deeply grateful to the Foundation. I encourage you to read pages 6 & 7 in this brochure which explains our funding in more detail. OLLI at UConn has just been awarded its fourth grant from the Bernard Osher Foundation and we are taking many steps toward the goal of being self-sustaining. With your help and generous donations to our very worthy OLLI program I am sure we will continue to realize a positive growth in our membership, new courses and partnerships and many more wonderful and worthwhile experiences for each and every one of us. Welcome to OLLI and a semester of intellectual pursuit, coupled with good friends, old and new, and many special learning experiences for all of us.

Nancy Via

Jancy Yla

President, OLLI at Oconn Waterbury







Many of the changes and exciting announcements below are because of member suggestions. You asked for it and we are doing it!

#### **New Procedures!**

OLLI at UConn is converting to a new computer system—one that will improve the way we record information and process registrations. Please know that during this transition we are changing the way we mail registration confirmations. Regardless of when you mail your registration, do not expect a confirmation until early September! Registrations are still first-come, first-served. Thank you for your patience while we transition.

#### OLLI is not Friday only!

While many of you will remember how we began as a primarily Friday-only institute, we continue to expand to other days of the week and other locations. The truth is that we were never exclusively on Fridays and we want to shake that reputation! We are proud to offer courses, lectures, and special programs on various days of the week in many great downtown Waterbury locations. Please take the time to peruse this extensive fall 2010 catalog, mark important dates on your calendar, and introduce yourself to the broad range of activities on various days of the week.

#### **Lunchtime Happenings**

Each OLLI member has different interests and preferences. Some members participate exclusively in morning classes, some members participate exclusively in the afternoon classes, and some stay all day! Some members take one course, some take two courses, and some take multiple courses! Many OLLI members add OLLI Café into their schedule, some go out to lunch in lieu of OLLI Cafe, and others would prefer to take a lunchtime course rather than stay later into the afternoon. We also have members who just want to drop-in for a lunchtime activity. In an effort to accommodate various preferences, utilize space, and provide new opportunities we now provide a wider array of "Lunchtime Happenings:"

- OLLI Café—eight semesters strong!
- New! Lunchtime Classes
- Returning! Library at Your Fingertips Workshops: "Connect to the World"
- New on Thursdays! Lunch and Learn Trilogy—Gallery Talks and Exhibition—Meet at B Muse, the Mattatuck Museum Café

As always, the biggest challenge for many members will be choosing among various programs in the same time slot. Remember, there is always next semester!

#### **OLLI Members receive Mattatuck Museum Member Benefits!**

We are excited to announce that through a new and exciting partnership with the Mattatuck Museum, as of September 2010, OLLI Members will receive many of the same benefits as Mattatuck Museum members. Please see page 35 for details.

#### Fees

OLLI membership fees remain at \$60 annually; the same fees in place since fall 2007. However, we are now implementing a new course fee structure that is more equitable. Four week courses are \$20, six week courses are \$30, and eight week courses or longer are \$40. This is an important step in creating a fee structure that is fair to all OLLI members. Some courses will cost less than in the past and some will cost slightly more.

#### **Funding for OLLI**

We continue to receive generous funding from the Bernard Osher Foundation. We have begun our fourth and final grant cycle. As the institute moves toward application for endowment, we will need to rely more on individual, tax deductible donations from members and "friends of OLLI." Please see pages 6 and 7 for details on the sustainability of OLLI.

Thank you for your continued support and volunteerism. Lifelong learning is about improving the quality of life, deepening our purpose, and finding enjoyment in teaching and learning. We are proud of our collective efforts toward these positive outcomes. As always, please tell your friends – it's going to be our best year yet!

Sincerely,

Brian G. Chapman, Ed.D. Director of OLLI at UCONN



# Mission

OLLI at UConn is a memberdriven, community-responsive program offering non-credit learning experiences (courses, lectures, and special events) for older adults who want to engage socially and intellectually with their peers as teachers and learners. Situated on an intimate, state-of-the-art university campus with traditionalage students and research faculty, OLLI also provides fertile ground for an intergenerational interaction and exchange of ideas. The urban campus reaches out to a diverse region which provides opportunities for partnership with other cultural, educational, and arts organizations.



Annual Membership Benefits

OLLI operates on twelve-month membership cycles extending from September to August of the following year OR March to February of the following year, depending on when you joined. Members are entitled to register for courses for all sessions that occur within their membership cycle.

#### **Membership Cycle Examples**

Members who joined OLLI in fall 2009 had a membership cycle from September 2009 through August 2010. These members will need to renew their membership now and pay the annual \$60 membership fee (new membership will extend from September 2010 to August 2011).

A member who joined OLLI in spring or summer 2010 has a membership cycle from March 2010 through February 2011. This person remains a member until February 2011 and does not pay the membership fee at this time (they will renew their membership in March 2011).

A member joining OLLI for the first time in fall 2010 will have a membership cycle from September 2010 to August 2011.

# FEES ARE NON-REFUNDABLE!

Annual OLLI Membership is \$60 this is also called Basic Membership. When a member pays the annual \$60 membership, benefits include:

- NEW OLLI members are Mattatuck Museum Members (see page 35 for details)
- Participation in OLLI Café and other Lunchtime Activities
- Opportunity to register for OLLI courses (note new fees)
- UConn Waterbury parking pass allows parking when on campus (see directions/ parking on last page for restrictions)
- · Discounts for OLLI partnership events
- Entrance to Special OLLI Events
- Year-round notices about additional OLLI programs
- OLLI membership card
- Opportunity to participate in OLLI Trips
- Priority Registration

#### **New this Fall**

- Class Fee Structure
- Class Times and New Added Locations

Why Lifelong Learning?

Enjoyment, fulfillment, intellectual stimulation, shared enthusiasm, challenging discussions, enriching existing friendships and forging new ones – these benefits merely begin to answer the question, "Why Lifelong Learning?"

Lifelong learning is an educational philosophy that embraces a comprehensive definition of human inquiry; educational activities can and should be available through all stages of life. We are endowed at birth with insatiable curiosity and an incredible capacity to learn. Spend a few moments watching a group of children who encounter something completely new that captures their attention and challenges their intellect. There is pure delight in the adventure of experimentation and the thrill of discovery.

The magnificent news is that there is no expiration date on inquisitiveness and imagination. Lifelong learning is a gift we give ourselves that allows us to once again experience that sense of awe and wonder, coupled with the satisfaction of mastering a new skill or adding to our store of knowledge. For adult learners, lifelong learning offers the added practical benefit of maintaining brain health.

Cognitive stimulation, otherwise known as "exercise for your brain," is essential to maintaining high cognitive functioning in later life. "Cognition is dependent upon brain function and brain function can be improved through physical exercise and cognitive stimulation. Lifelong learning institutes offer older adults a myriad of opportunities to enhance their cognitive function." (Simone & Scuilli, 2006)

Harkening back to the days when we were encouraged to seek a well-rounded education, we now have the opportunity to engage fully and ask the deeper questions using our own life histories and those around us. Lifelong learning allows us to relish – either again or for the first time – the big ideas of art, history, music, health, philosophy, politics, religion, science and more. And not just with our contemporaries, but with people ten, twenty, or thirty years older or younger. Some OLLI courses and programs are designed to be intergenerational, with college undergraduates working alongside OLLI members. The mix of young and old in a university setting opens up new worlds of interest, re-examination, excitement, varying points of view, and sometimes a healthy level of controversy. It enlivens our mind, helps focus our life, and gives us new insights to the world around us. And there are no exams! So come and revel in the experience of learning for the joy of it!

OLLI Member

**OLLI MEMBERS IN THE SPOTLIGHT** 

Alphonse Jarus finds the teachers, staff, classes and the students a great asset to his well-being. "Immersed in a summer language course made me feel like I was taking a bath in Spanish! Remembering a quote I read on Trinity Sunday, 'I find delight in the human race.' I think it especially applies to OLLI."

**Gen Delkescamp** discovered OLLI to be a melting pot for curriculum and camaraderie. "We all experience values and principles to guide us through life. The individual satisfaction gained from such diverse classes as art, dance, music, health, history, medicine, etc. not only imparts knowledge, but offers a level of friendship with our peers."

To join and register for fall classes, please fill out the enclosed membership form and return by Thursday, September 9, 2010. Please use the designated course number(s) to indicate your class choice(s) on membership registration form.

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"Being a member of OLLI has opened my eyes to a new part of CT. Before joining OLLI, I had some negative thoughts about the city of Waterbury. However, after joining the program, I realized what a beautiful and vibrant city it really is. I've also met a lot of new people who want to share the same learning and life experiences that I do."





## OSHER LIFELONG LEARNING INSTITUTE

## Funding the Osher Lifelong

OLLI at UConn is currently funded by grants, membership and course fees, and in-kind support from the University. Initial seed funding was provided by the Leever Foundation and the Connecticut Community Foundation in 2005, leading to a successful application to the Bernard Osher Lifelong Learning Institutes program.

# How are we supported by the Bernard Osher Foundation?

Beginning in 2006, OLLI at UConn received \$100,000 per year for operational expenses from the Osher Foundation's Lifelong Learning Grant Program. These funds have been used to provide staffing, equipment, promotion, and other day-to-day expenses. OLLI at UConn received these critical funds in each of the last four years as a result of its successful membership growth and quality programming.

## Will we continue to be supported by the Bernard Osher Foundation in coming years?

Due to its strength and success, OLLI at UConn has been invited to apply for a \$1 million Osher Foundation Endowment in early 2011 – this would allow OLLI to have partial funding in perpetuity with the endowment providing approximately \$40,000-50,000 (interest on investment) toward our annual operations in lieu of the \$100,000 we have been receiving during each of the past four years. Obviously, the potential impact of receiving this generous gift is enormous and would provide great stability for our future. This new stability is achieved not without challenges, however. Our operating revenue will be cut by 50% as a result.

#### What are the advantages of an endowment?

Endowments provide long-term stable funding. Endowment principal (the one million dollars) can never be spent. Rather, the \$1 million gifted to OLLI at UConn Waterbury would be invested and the Institute would receive a pre-determined portion of the annual interest each year. Unused portions of the interest (if any) would be added back to the initial principal to increase the size of the endowment as a future hedge against inflation.

## Learning Institute (OLLI) at the University of Connecticut

#### How can I help?

As we prepare for the future, we need to rely more heavily on individual donations from members and non-members who believe in the transformative work of lifelong learning and want to support its continuation and growth. You can help by making a tax deductible donation of any size to our OLLI Sustainability Fund, and/or by remembering OLLI and UConn Waterbury in your estate planning ("Planned Giving"). Every individual who donates to OLLI at UConn demonstrates local community support for lifelong learning and reinforces the commitment of the Bernard Osher Foundation. We have created an OLLI family here at UConn and together we can proudly sustain an Institute that improves the lives of thousands.

You can help by making a tax deductible donation of any size to our OLLI Sustainability Fund. If you are considering a large gift for a specific purpose, a multi-year pledge and/or would like information about including OLLI and UConn Waterbury in your estate planning, please contact Brian Chapman, Director of OLLI at 203-236-9881 or brian.chapman@uconn.edu.

Every individual who donates to OLLI at UConn demonstrates local community support for lifelong learning and reinforces the commitment of the Bernard Osher Foundation. To make a donation in support of the "OLLI Sustainability Fund" please follow the instructions below.

- To donate online go to UConn Foundation's website: www.foundation.uconn.edu – In the box provided, identify the Gift Designation by entering "OLLI Sustainability Fund (22682)."
- To donate by phone call: 800.269.9965 or 860.486.5000
- To donate appreciated securities call: 860.486.2965

 To donate via check, please make your check payable to: The University of Connecticut Foundation, Inc.

Please always remember to mention and include in memo: "OLLI Sustainability Fund (22682)."

#### **Mailing Address:**

The University of Connecticut Foundation, Inc. \*Attn: Data Services 2390 Alumni Drive, Unit 3206, Storrs, CT 06269-3206

#### What is the OLLI Sustainability Fund?

Donations to the fund will benefit the general operation of the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut - Waterbury Campus.

Why are all donations payable to "The University of Connecticut Foundation?"/What is the role of the UConn Foundation?

The University of Connecticut Foundation is a tax-exempt corporation that operates exclusively to promote the educational, scientific, cultural, and recreational objectives of the University of Connecticut. As the primary fundraising vehicle for the University, the Foundation's mission is to solicit, receive and administer gifts and financial resources from private sources to support UConn's pursuit of excellence in teaching, research and public service. Donations to OLLI and UConn Waterbury are invested by the UConn Foundation. For more information about the UConn Foundation please visit: www.foundation.uconn.edu.

#### **IMPORTANT NOTICE**

Your gift will be received by The University of Connecticut Foundation, Inc., a Connecticut non-profit that exists exclusively to benefit UConn. All contributions are used to support the donor's intention and are subject to certain administrative fees that are used to support Foundation operating expenses as well as other priority needs determined by the School, College or unit receiving the gift. For additional information please visit our website at www.foundation.uconn.edu. Donors to the Foundation have the right to request that their gifts remain anonymous. You may obtain a copy of the Foundation's financial report, or you may contact us at 2390 Alumni Drive, U-3206, Storrs, Connecticut 06269, or 800-269-9965. The Foundation is exempt from registration as a charitable organization in a number of states and jurisdictions. If the Foundation is required to register and comply with state laws related to charitable contributions, the official registration, documents and financial information can be obtained from that state's Attorney General, Secretary of State, or other charitable solicitation licensing agency. For additional state contact information, please visit our website.

REGISTRATION WITH A STATE AGENCY DOES NOT CONSTITUTE OR IMPLY ENDORSEMENT, APPROVAL OR RECOMMENDATION BY THAT STATE.

#### FALL COURSE TITLES / COURSE NUMBERS / CATEGORY / PAGE NUMBERS

#### Please use designated course number as your choice on membership registration form!

ART AND ART HISTORY	
AH-401   Don't Know Much About Art, but   Know What   Like! Richard Kupstis	17
AH-402 Raising the Roof: The Styles of Western Architecture Virginia Bush	10
AH-403 Art Historythe Artists	10
Anne Siefert	13
CO-401 Not Your Father's Internet	
Cindy Eastman	14
CO-402 Using Google Sketchup to Design Your Favorite Project George Sirois	21
CULTURE AND LANGUAGE	
CL-401 Englush Iz A Peace Ov Kayke  Gabriella Brand	14
CL-402 Conversational German I: Auf Deutsch, Bitte!	17
Irene Zemaitaitis	21
Irene Zemaitaitis	21
CURRENT EVENTS	
CE-401 It Ain't Your Father's Europe – Or Yours Either Leslie Lebl	18
HEALTH AND WELLNESS	
HW-401 Unlocking Secrets of Health & Longevity: Using Ayurveda, Alternative Medicine	
Dr. Eashwarlall Ramdhani	14
HW-402 Food for Life! Nutrition and Cooking  Jane Sirignano	20
HW-403 Reiki, Level II	
Barbara Schafer  HW-404 Chinese Medicine: The Harmony in Health &	14
the Evil in Disease	
William Courtland	20
William Courtland	20
HISTORY HS-401 Looking Back – Moving Forward: The Palace Theater History Lou Belloisy	
HISTORY HS-401 Looking Back – Moving Forward: The Palace Theater History	13
HISTORY  HS-401 Looking Back – Moving Forward: The Palace Theater History Lou Belloisy	13 12
HISTORY HS-401 Looking Back – Moving Forward: The Palace Theater History Lou Belloisy HS-402 The City in Film Ruth Glasser	13 12
HISTORY  HS-401 Looking Back – Moving Forward: The Palace Theater History Lou Belloisy	13 12 18
HISTORY HS-401 Looking Back – Moving Forward: The Palace Theater History Lou Belloisy	13 12 18
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HISTORY HS-401 Looking Back – Moving Forward: The Palace Theater History Lou Belloisy	13 12 18 19 16 15 13 19 20 21 14

LW-402 All About Arthur Bill Blair	1
LW-403 In So Many Words Cindy Eastman	,
LW-404 What Makes a Modern Classic? 20th Century Poetry	
Barclay Johnson	1
Carol Rizzolo	1
<b>LW-406</b> From the Bard to Frost: Let the Great Poets Speak to You Jerry Joyell	1
MATH AND SCIENCE  MS-401 Galaxies: Building Blocks of the Observable Universe Dr. Arnold M. Heiser	,
MS-402 Chemistry Concepts in Everyday Living Frank Lussier	
MS-403 Revisiting Algebra with a New Tool: The TI-84 Graphing Calculator Rosalie Griffin	
MUSIC	4
MU-401 More Music for Fun and Well-Being Julie Cook	1
MU-402 Romantic Couples Jane Davis Sine	1
MU-403 Opera: A Passion for the Ages Nunzio DeFilippis	
PERFORMING ARTS	
PA-401 Dance for the Love of It Donna Bonasera	,
PA-402 Dance for the Love of ItWith a Latin Flair!	
Donna Bonasera	I
Sheila Water Fucci	1
PA-404 Rhythm – Music's Motor Steve Collins	
PA-405 The Joy of Acting Aleta Staton / DaMone McCollum	
PERSONAL DEVELOPMENT	
PD-401 Memories, Memories Let Your Life Speak! Sandra Noel	,
PD-402 Life Stage 2 – Passions after Retirement	
Sandra NoelPD-403 Bridge Moves On	2
Joyce McMillan	2
PD-404 Dressing for a Lifestyle Ann Mailly-Long	
PD-405 Who's Funny Now!	
Bob Blake	l
PHILOSOPHY & RELIGION PR-401 The Gospel of Mary Magdalene	
Rev. Dr. James Bradley	
SOCIAL SCIENCES SS-401 Senior Moments: A Guide to Timing	
Important Decisions after 60	
Dawn Macary/Eric Freedman	
SS-402 Talkin' 'Bout My Generation Cynthia Van Fleet	2
/ISUAL ARTS	
VA-401 Go Green! Create Paintings with Paper Collage Carol Moore	
VA-402 Drawing on the Right Side of the Brain	1
Judy Jaworski	I
VA-403 Learn How to Draw Your Favorite People, Places & Things Maryellen Considine	1
VA-404 Visual Memoirs: Painting from Memory and/or Imagination	
Maryellen Considine	

	FALL COURS	SE TIME SLOTS / PAGES / ROOM NUME	BERS
CLASS TIMES		FULL 8 WEEKS SEPT. 17 - NOV. 5	LAST 4 WEEKS OCT. 15, 22, 29, NOV. 5
5 AM	AH-403 ART HISTORYTHE ARTISTS Anne Siefert   Page #13 Room #203  HS-407 SOUTH AMERICA: ALLY ON THE LOOSE Diego Cardenas   Page #13 Room #217	HW-403 REIKI LEVEL II Barbara Schafer   Page #14 Room #102	HW- 401 USING AYURVEDA, AN INDIAN ALTERNATIVE MEDICAL SYSTEM Dr. Eashwarlall Ramdhani   Page #14 Room #203
8:15 - 9:45	CL-401 ENGLISH IZ A PEACE OV KAYKE Gabriella Brand   Page #14 Room #218	CO-401 NOT YOUR FATHER'S INTERNET Cindy Eastman   Page #14 Room #317	HS-411 ARAB-ISRAELI CONFLICT,
	MS-401 GALAXIES: BUILDING BLOCKS OF THE OBSERVABLE UNIVERSE Dr. Arnold Heiser   Page #14 Room #324	VA-403 LEARN TO DRAW YOUR FAVORITE PEOPLE, PLACES & THINGS Maryellen Considine   Page #13 Mattatuck Museum Art Classroom	PART II Alan Stein, PhD   Page #14 Room #218
	HS-405 IMPACT ON HISTORY & SOCIETY; WORLD WARS I & II	LW-401 THE SCARLET LETTER / ADVENTURES OF HUCKLEBERRY FINN Philip Benevento   Page #16 Room #217 PD-401 MEMORIES, MEMORIESLET YOUR	MS-402 CHEMISTRY CONCEPTS IN EVERYDAY LIVING Frank Lussier   Page #16 Room #324
	Leon Bock   Page #16 Room #203	LIFE SPEAK! Sandra Noel   Page #16 Room #323	, ,
	PA-404 RHYTHM MUSIC'S MOTOR Steve Collins   Page #15 Room #102	VA-402 DRAWING ON THE RIGHT SIDE OF THE BRAIN Judy Jaworski   Page #16 Room #318	PR-401 THE GOSPEL OF MARY MAGDALENE Rev. Dr. James Bradley   Page #15 Room #102
РΑ		LW-405 AMDU-WHAT? Carol Rizzolo   Page #16 Room #207	HS-406 JOHN ADAMS: UP CLOSE AND PERSONAL Raymond Sullivan, M.D.   Page #15 Room #203
10:00 - 11:30 AM		LW-404 WHAT MAKES A MODERN CLASSIC: 20TH CENTURY POETRY Barclay Johnson   Page #17 Room # 326	
10:0	SS-401 SENIOR MOMENTS: GUIDE TO IMPORTANT DECISIONS AFTER 60 Dawn Macary/Eric Freedman   Page #15 Room #324	MU-401 MORE MUSIC FOR FUN & WELL BEING Julie Cook   Page #17 Room 227G, 2nd Fl. Library	
		AH-401 I DON'T KNOW MUCH ABOUT ART Richard J. Kupstis   Page #17 Room #218	HC-401 DON'T TREAT YOUR SOIL LIKE
		HS-403 AMERICAN HISTORY - 1865 TO 1901 Penny O'Connell   Page #18 Room# 333	LAND CARE Chris Baliko   Page #15 Room #102D
		VA-404 VISUAL MEMOIRS: PAINTING FROM MEMORY Maryellen Considine   Page #13 Mattatuck Museum Art Classroom	
	CE-401 IT AIN'T YOUR FATHER'S EUROPE Leslie Lebl   Page #18 Room #207	LW-403 IN SO MANY WORDS Cindy Eastman   Page #18 Room #217	
		LW-402 ALL ABOUT ARTHUR Bill Blair   Page #18 Room #218	
MQ 00		AH-402 RAISING THE ROOF: STYLES OF WESTERN ARCHITECTURE, 6 WEEKS Virginia Bush   Page #18 Room #323	
AM - 1:0		LW-406 BARD TO FROST: LET THE GREAT POETS SPEAK TO YOU Jerry Joyell   Page #18 Room #203	PD-405 WHO'S FUNNY NOW! Bob Blake   Page #18 Room #207
11:40		PA-405 JOY OF ACTING Aleta Staton / DaMone McCollum   Page #19 Room227G, 2nd Floor UConn Library	
		LIBRARY WORKSHOPS - CONNECT TO THE WORLD - LIBRARY AT YOUR FINGERTIPS Page #30 Room #317	

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# OLLI-At-A-Glance

	FALL COURS	SE TIME SLOTS / PAGES / ROOM NUMI	BERS
CLASS TIMES	FIRST 4 WEEKS SEPT. 17, 24, OCT. 1, 8	FULL 8 WEEKS SEPT. 17 - NOV. 5	LAST 4 WEEKS OCT. 15, 22, 29, NOV. 5
	MU-402 ROMANTIC COUPLES Jane Davis Sine   Page #19 Room #323	HS-408 ANCIENT AMERICA SOUTH OF THE BORDER Bill Blair   Page #19 Room #326	
		HS-404 STILL MORE QUEENS Penny O'Connell   Page #19 Room #333	
		HW-404 CHINESE MEDICINE: HARMONY IN HEALTH AND EVIL IN DISEASE William Courtland   Page #20 Room #327	
5		HS-409 LANDS BETWEEN: 20TH CENTURY EASTERN EUROPE Dr. David Reed   Page #20 Room #218	
- 2:45 PM		PD-402 LIFE STAGE 2 - PASSIONS AFTER RETIREMENT Sandra Noel   Page #20 Room # 324	
1:15	PD-404 DRESSING FOR A LIFESTYLE Ann C. Mailly-Long   Page #19 Room # 203	HW-402 FOOD FOR LIFE - NUTRITION AND COOKING Jane Sirignano   Page #20 Room #119	
		MS-403 REVISITING ALGEBRA WITH THE TI-84 GRAPHING CALCULATOR Rosalie Griffin   Page #21 Room #210	
		CO-402 USING GOOGLE SKETCHUP TO DESIGN YOUR FAVORITE PROJECT George Sirois   Page #21 Room #317	
		CL-402 CONVERSATIONAL GERMAN I - AUF DEUTSCH BITTE! Irene Zemaitaitis   Page #21 Room #217	
MG 0	SS-402 TALKIN' 'BOUT MY GENERATION Cynthia Van Fleet   Page #21 Room #210	MU-403 OPERA: A PASSION FOR THE AGES Nunzio DeFilippis   Page#21 Room #218	HS-410 ITALIAN CITIES OF THE DEAD Dr. Bart DePetrillo   Page #21 Room #210
3:00 - 4:30 PM		CL-403 CONVERSATIONAL GERMAN II - WIE SAGT MAN DAS AUF DEUTSCH? Irene Zemaitaitis   Page#21 Room #217	PD-403 BRIDGE MOVES ON, 5 WEEKS Joyce McMillan   Page #21 Room #102

	OLLI INTERGENERATIONAL LEARNING
TUESDAYS 6:30 PM - 9:00 PM	HS-402 THE CITY IN FILM Dr. Ruth Glasser 14 Classes – Aug. 31, Sept. 7, 14, 21, 28, Oct. 5, 12, 19, 26, Nov. 2, 9, 16, 30, Dec. 7   Page #12 Room #326
FRIDAYS 11:40AM - 1:00PM	PA-405 THE JOY OF ACTING Aleta Staton / DaMone McCollum 8 Classes – Sept. 17, 24, Oct. 1, 8, 15, 22, 29, Nov. 5   Page #12 Room #227G, 2nd Fl. UConn Library

	OLLI OFF-SITE CLASSES
TUESDAYS 10:00 AM - 11:30 AM	PA-401 DANCE FOR THE LOVE OF IT!  Donna Bonasera  8 Classes – Sept. 14, 21, 28, Oct. 5, 12, 19, 26, Nov. 2   Page #12 CT Dance Theater in the Howland Hughes Building on Bank St.
TUESDAYS 12:00 PM - 1:30 PM	PA-402 DANCE FOR THE LOVE OF IT - WITH A LATIN FLAIR!  Donna Bonasera  8 Classes – Sept. 14, 21, 28, Oct. 5, 12, 19, 26, Nov. 2   Page #12 CT Dance Theater in the Howland Hughes Building on Bank St.
TUESDAYS 2:00 PM - 3:30 PM	PA-403 ALL TAPPED OUT! Sheila Water Fucci 8 Classes – Sept. 14, 21, 28, Oct. 5, 12, 19, 26, Nov. 2   Page #12 CT Dance Theater in the Howland Hughes Building on Bank St.
THURSDAYS 10:00 AM - 11:30 PM	VA-401 GO GREEN! CREATE PAINTINGS WITH PAPER COLLAGE Carol Moore 4 Classes – Sept. 16, 23, 30, Oct. 7   Page #13 Mattatuck Museum Art Classroom
THURSDAYS 10:00 AM - 12:00 PM	HS-401 LOOKING BACK - MOVING FORWARD: THE PALACE THEATER HISTORY Lou Belloisy 4 Classes – Sept. 23, 30, Oct. 7, 14   Page #13 Palace Theater
FRIDAYS 8:15 AM - 9:45 AM	VA-403 LEARN HOW TO DRAW YOUR FAVORITE PEOPLE, PLACES AND THINGS Maryellen Considine 8 Classes – Sept. 17, 24, Oct. 1, 8, 15, 22, 29, Nov. 5   Page #13 Mattatuck Musuem Art Classroom
FRIDAYS 10:00 AM - 11:30 AM	VA-404 VISUAL MEMOIRS: PAINTING FROM MEMORY AND/OR IMAGINATION Maryellen Considine 8 Classes – Sept. 17, 24, Oct. 1, 8, 15, 22, 29, Nov. 5   Page #13 Mattatuck Musuem Art Classroom

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#### OLLI INTERGENERATIONAL LEARNING

**HS-402 The City in Film** 

Presenter: Dr. Ruth Glasser
14 Classes – Tuesdays from 6:30 PM to 9:00 PM
August 31, September 7, 14, 21, 28, October 5, 12,
19, 26, November 2, 9, 16, 30, December 7 - \$40
(recommended books)
Room #326

**PLEASE NOTE:** This course meets on Tuesday evenings – course books are recommended but not mandatory.

Films reveal a great deal about historical periods, themes and places. This course will feature the cities of Boston and Baltimore. Of particular interest will be the written social history of the working class ethnic communities in these two cities, critically compared to how they have been depicted on the screen, in memoirs, travel pages and fiction. Each week documentary or feature films will be screened. Some of the titles include The Last Hurrah, Liberty Heights, and Mystic River.

#### **PA-405 The Joy of Acting**

Presenter: Aleta Staton
Co-Presenter: DaMone McCollum
8 Classes – Fridays from 11:40 AM – 1:00 PM
September 17, 24, October 1, 8, 15, 22, 29,
November 5 - \$40 (recommended book)
Room # 227G, 2nd Fl. UConn Library

It is never too late to study acting, either with hopes of joining the profession or as a fun hobby. Find your inner character and expand upon it through acting exercises, improvisation and scene study in this hands-on acting class. Continue the work you started in college or in community theater, or simply start from scratch. Work with other adults to explore the craft of acting with a seasoned professional actor and your peers. Learn to observe, critique and revise your own work, and create your own monologue or scene. Investigate character development methods, vocal inflections and accents, movement, stage direction, performance techniques and much more. UConn students are invited to participate and join in the fun of acting!

#### **OLLI OFF-SITE CLASSES**

PA-401 Dance for the Love of It!

Presenter: Donna Bonasera

8 classes — Tuesdays from 10:00 AM - 11:30 AM September 14, 21, 28, October 5, 12, 19, 26,

November 2 - \$40

**NOTE:** This class is held on Tuesdays at the new home of CT Dance Theatre in the Howland Hughes building on Bank Street

This movement course will take a look at the positive effects dance has on our well being — mind, body and soul — and the health benefits derived from social dancing. It will cover how dance impacts our culture and our social environment, the different styles of dance over the decades, from the 1920s to 1980s, along with studying the artists who made these social dances popular. A presentation will also show the different choreographers of the musical theater film industry such as Fred Astaire and Gene Kelly. Music will accompany the class while trying the different steps from the Roaring 20's, Swing, and Big Band, amongst others.

# PA-402 Dance for the Love of It – With a Latin Flair!

Presenter: Donna Bonasera 8 classes – Tuesdays from 12:00 PM – 1:30 PM September 14, 21, 28, October 5, 12, 19, 26,

November 2 - \$40

**NOTE:** This class is held on Tuesdays at the new home of CT Dance Theatre in the Howland Hughes building on Bank Street

This movement course will take a look at the positive effects dance has on our well being — mind, body and soul — and the health benefits derived from dance. It will cover the Latin influence of dance in our society, on stage and film, and with the artists and choreographers who brought it to the forefront.

#### PA-403 All Tapped Out!

Presenter: Sheila Water Fucci 8 classes – Tuesdays from 2:00 PM – 3:30 PM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40

**NOTE:** This class is held on Tuesdays at the new home of CT Dance Theatre in the Howland Hughes building on Bank Street

This movement class is tap dancing! Learn the basics of tap as an instrument and art form,

along with studying the different techniques of tap and the great tap artists of our time. Tap shoes required.

# VA-401 Go Green! Create Paintings with Paper Collage

Presenter: Carol Moore

4 Classes – Thursdays from 10:00 AM – 11:30 AM September 16, 23, 30, October 7 - \$20 (supplies)

**NOTE:** this class is held on Thursdays in the Mattatuck Museum Art Classroom

Create paintings with paper collage – and go green! Members will learn to paint using pieces of recycled, colored paper torn from magazines, catalogs, tissue paper and paper scraps. Using paper colors and textures along with Modge Podge glue is a fun way to create because there is no drawing or preparation – you just jump in! Expand your creativity by learning 'collage painting' and at the same time, recycling your clothing catalogs.

#### HS-401 Looking Back -Moving Forward: The Palace Theater History

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Presenter: Lou Belloisy

4 Classes – Thursdays from 10:00 AM – 12:00 PM September 23, September 30, October 7, October 14 - \$20

**NOTE:** this class meets at the Palace Theater (across the street from the UConn campus) on Thursdays

Built in 1922, the Palace Theater is known for its rich culture and Renaissance Revival architectural design style that features an eclectic mix of Greek, Roman, Arabic and Federal Motifs. Originally a movie/ vaudeville house, the Palace changed with the times over its 70 years of operation and, unfortunately, went dark for 18 years. It later underwent a major renovation and restoration and is considered Greater Waterbury's Center for the Performing Arts, hosting Broadway shows, comedy acts, celebrity concerts, family entertainment and so much more! Members will learn about the Palace Theater history, the architecture of the building, and experience work-in-progress set-up for the Spamalot production.

# VA-403 Learn How to Draw Your Favorite People, Places and Things

Presenter: Maryellen Considine, Ed.D 8 Classes – Fridays from 8:15 AM – 9:45 AM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 (art supplies)

**NOTE:** this class is held on Fridays in the Mattatuck Museum Art Classroom

Using a grid is a tried and true method employed in drawing. This grid is based on the modification of a device used by the 16th century German artist Albrecht Durer. Members will learn how to draw using this method. Drawing has much more to do with the eye than the hand. This class will enhance the powers of observation and achieve better drawing skills.

## VA-404 Visual Memoirs: Painting From Memory and/or Imagination

Presenter: Maryellen Considine 8 Classes – Fridays from 10:00 AM – 11:30 AM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 (art supplies)

**NOTE:** this class is held on Fridays in the Mattatuck Museum Art Classroom

Using references when applicable, members will create works from memory and/or imagination with either oil or acrylic paint. Writing from personal points of view or interpreting passages from prose or poetry may be used to elicit visual images — with meaningful works of art as the end result. A variety of painting techniques will be reviewed. Verbal participation, along with one-on-one assistance from the presenter, will enhance the experience. Note: Drying time for oil may be very long; therefore, members may elect to use acrylic paint.

#### OLLI ON-CAMPUS CLASSES

8:15 AM - 9:45 AM

AH-403 Art History . . . the Artists

**Presenter: Anne Siefert** 

4 Classes – Fridays from 8:15 AM – 9:45 AM September 17, 24, October 1, 8 - \$20 Room #203

You may know the Art from traditional formal analysis, but how much of the artistic personality is revealed? This course is designed to provide interpretation of art, in a fresh way, by gaining insight into the character of the creator including facts (and fiction) about their lives, their influences and their interactions with others. Works of 16th to 19th century art will be discussed to include Cassatt, Whistler, Sargeant, Canova, Watteau, Carravaggio, and Tiepolo.

## HS-407 South America: An Ally on the Loose

Presenter: Diego Cardenas 4 Classes – Fridays from 8:15 AM – 9:45 AM September 17, 24, October 1, 8 - \$20 Room #217

This course is intended to show the political situation of South America and what role the U.S. played in this state of affairs. It will cover how the S.A. countries were formed – their political, social and economic structures – and the challenges they are now facing. What will the future hold and how will it impact the people of South America and the U.S.?

"I didn't know what to expect. It turned out to be an engaging learning experience – a spring board to critical thinking."

Some courses have required and/or recommended reading. The UConn Co-op bookstore welcomes OLLI members and carries a supply of most required or recommended books. OLLI members are also entitled to join the Co-op OLLI Book Club to save money on their book purchases.

A Co-op book card will be issued to new members only. Please see Co-op when card is full.

Please keep your Co-op book card from session to session.

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HW-401 Unlocking the Secrets of Health and Longevity Using Ancient Ayurveda, an Indian Alternative Medical System

Presenter: Dr. Eashwarlall Ramdhani 4 Classes – Fridays from 8:15 AM – 9:45 AM October 15, 22, 29, November 5 - \$20 Room #203

This course introduces Ayurveda as a system of medicine which provides personalized ways of achieving and maintaining long-term well-being. It focuses on the importance of Ayurveda in daily living along with diet, rest, exercise and other lifestyle practices in relation to one's physical and mental constitutions (Doshas). The place of Yoga and the concept of chakra healing and detoxification are also briefly explored as fundamental components of the 'multitherapy' system. It also touches on some of the controversies which are often raised with respect to the practice of Ayurveda in the U.S.

#### CL-401 Englush Iz A Peace Ov Kayke

Presenter: Gabriella Brand 4 Classes – Fridays from 8:15 AM – 9:45 AM September 17, 24, October 1, 8 - \$20 Room #218

Learn the fascinating story of our English language – from its roots to the present day. Learn about its history, idiosyncrasies, regionalisms, spelling peculiarities and worldwide influence.



Presenter: Alan H. Stein, PhD 4 Classes – Fridays from 8:15 AM – 9:45 AM October 15, 22, 29, November 5 - \$20 Room #218

For more than six decades, the Arab-Israeli conflict has been given an enormous amount of attention by the world and attracts a disproportionate amount of coverage in the media. Much of the dialog is driven by a lack of understanding of basic issues and misleading terminology. We will examine commonly-held myths, including false information propagated by figures as prominent as a former president of the U.S., and negotiating teams will attempt to come up with a reasonable agreement ending the Palestinian Arab-Israeli portion of the conflict.

# MS-401 Galaxies: The Building Blocks of the Observable Universe

Presenter: Dr. Arnold M. Heiser 4 Classes – Fridays from 8:15 AM – 9:45 AM September 17, 24, October 1, 8 - \$20 Room #324

About 100 years ago there were two different views of the observable universe. One was that our Milky Way contained all the known nebulous celestial objects, while the other view saw many of these nebulous

objects as distinct "island universes," with the Milky Way being just one of the many. About 80 years ago, Edwin Hubble demonstrated that the second view was correct, calling them galaxies. Discussion will cover contents and dimensions of the Milky Way and other galaxies, as well as learning how astronomers are using distance measurements to determine just how these galaxies are distributed in the observable universe.

#### HW-403 Reiki Level II

Presenter: Barbara Schafer

8 Classes – Fridays from 8:15 AM – 9:45 AM

September 17, 24, October 1, 8, 15, 22, 29,

November 5 - \$40 (recommended book)

Room #102 Pre-requisite – Reiki Level I from any
Reiki Master teacher

Having learned the fundamentals of Reiki in Level I that focus upon the physical realm, Level II focuses upon the emotional/mental realms of healing. There will be a brief review of Level I to assure past knowledge and skills. Students will learn how to use three ancient Reiki symbols to augment healing, how to do long distance healings, a technique for mental/emotional healing, other Reiki healing techniques, meditations, ethical issues, and receive an attunement.

# CO-401 Not Your Father's Internet

Presenter: Cindy Eastman 8 Classes – Fridays from 8:15 AM – 9:45 AM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 Room #317

Welcome to the world of new verbs: "Facebook me," "She texted that she's running late," "I'll just Google it." The Internet has created a whole new way of communicating and, with it, a new language. Learning the verbs is just a start. In this course, we will email, blog, post and attach. If you have a computer at home, put it to work for you and communicate with family and friends, start an online diary or reconnect with old classmates. If you can turn on a computer and hold a mouse in your hand, you're ready to start. This selfpaced course is designed to ease the casual user into downright proficiency. You'll be blogging in no time!



#### 10:00 AM - 11:30 AM

PA-404 Rhythm - Music's Motor

Presenter: Steve Collins 4 Classes – Fridays from 10:00 AM – 11:30 AM September 17, 24, October 1, 8 - \$20 Room #102

Just what exactly is rhythm? And how does it function in music? This engaging course will explore this fundamental but little understood component of music and how cultures from around the world use rhythm differently. It will involve listening to examples, hands-on performance using body, percussion and instruments, conducting, and dance. Members will have the opportunity to attend an open dress rehearsal with the Waterbury Symphony Orchestra, purchase discounted concert tickets, and attend a concert with a "new set of ears." Guest artists include WSO Music Director Leif Bjaland. No musical experience or knowledge is required.

# SS-401 Senior Moments: A Guide to Timing Important Decisions After 60

Presenter: Dawn Macary
Co-Presenter: Eric Freedman
4 Classes – Fridays from 10:00 AM – 11:30 AM
September 17, 24, October 1, 8 - \$20
Room #324

If you feel some responsibility about your healthcare, long-term care, Social Security options and financial planning, you may want

to hide your head in the sand because it's such a virtual maze. This course will give you a conceptual overview so you will know what options are available and how to make an informed decision about your health care. Materials will cover Medicare, supplemental insurance, Medicare wrap-around programs, Medicaid, long-term care options, reverse mortgages, Advance Directives/Living Wills, conservatorships and Money Follows the Person. Information will be provided about services offered by the Western Connecticut Area Agency on Aging.

# PR-401 The Gospel of Mary Magdalene

Presenter: Rev. Dr. James Bradley
4 Classes – Fridays from 10:00 AM – 11:30 AM
0ctober 15, 22, 29, November 5 - \$20
Room #102

There was a profoundly powerful movement in the earliest church that was suppressed and then almost eradicated by the institutional church. Parts of the Gospel are attributed to Mary Magdalene's survival. This course will present a view into the earliest church's spirituality that would have altered greatly the history of Christianity.

HS-406 John Adams - Up Close and Personal

Presenter: Raymond Sullivan, M.D.
4 Classes – Fridays from 10:00 AM – 11:30 AM
October 15, 22, 29, November 5 - \$20
(recommended books)
Room #203

An intimate look into the life of one of the most chronicled yet misunderstood heroes in America, this course will take participants through four distinct phases in the life of our former President – childhood and early years, Congress and the years spent in Europe, the rise to the Presidency and the years of decline.

# HC-401 Don't Treat Your Soil Like Dirt: An Introduction to Organic Land Care

Presenter: Chris Baliko
4 Classes from 10:00 AM — 11:30 AM
0ctober 15, 22, 29, November 5 - \$20
Room #102D

This class is an introduction to organic land care and will discuss ways to create a healthier and safer environment. Focus will be on creating a healthy soil and transitioning gardens and turf from a synthetic to an organic program. We will discuss how and where to get organic products and what cultural practices can be done to keep soils healthy.

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HS-405 Impact on History and Society of the World Wars I & II in the 20th Century

Presenter: Leon Bock 4 Classes – Fridays from 10:00 AM – 11:30 AM September 17, 24, October 1, 8 - \$20 Room #203

The greatest upheaval of society in human history can be found in the devastation caused by the World Wars of the 20th Century. Designated as World War I and World War II, these wars can now be seen as one vast military struggle with a spasm of peace intervening with a changing cast of participants. The cumulative loss of more than 100,000,000 lives, the fall of Governments and Empires and the literal salvation of civilization at the conclusion, mark the events and personalities worthy of intense evaluation.

#### MS-402 Chemistry Concepts in Everyday Living

Presenter: Frank Lussier
4 Classes – Fridays from 10:00 AM – 11:30 AM
October 15, 22, 29, November 5 - \$20
(recommended book)
Room #324

Would you like to learn how chemistry applies to daily living? This course will introduce you to basic atomic structure, the most used elements, matter, heat energy, simple chemical reactions and the relation of these topics to help you understand your surroundings. Basic principles of common batteries, fuels, the fuel cell vehicle, the laser, MRI, X-Ray, nuclear energy, the atomic bomb, environmental chemistry (acid rain & greenhouse gases), to mention a few, will be presented and simple demonstrations of some of these and other topics will be performed.

"The instructor was knowledgeable and willing to expand his topic to accommodate student questions."



LW-401 Entrapment and Escape: The Scarlet Letter and Adventures of Huckleberry Finn (the Circle and the Line)

Presenter: Philip Benevento 8 Classes – Fridays from 10:00 AM – 11:30 AM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 (required books) Room #217

The Scarlet Letter is considered Nathaniel Hawthorne's masterpiece. A gothic romance set in 17th century Puritan New England, it is our first great American novel. A work focused on such human frailties as sin, guilt and revenge; Hawthorne weaves a dark narrative that was an instant best seller when it was published in 1850. It is now part of the American literary canon. Adventures of Huckleberry Finn is Mark Twain's masterpiece and has been described as our great American epic. Ernest Hemingway claimed that "All modern American literature came from Huck Finn." Four weeks will be spent on each novel, examining how each fits into different aspects of the American Romantic Movement and how Romanticism bumped up against realism in literature, along with the literary devices, construction, themes and ideas of each of these works.

PD-401 Memories, Memories... Let Your Life Speak!

Presenter: Sandra Noel 8 Classes – Fridays from 10:00 AM – 11:30 AM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 (notebook) Room #323

Every life is a story; every legacy an album of story types; every person an unfinished story. Genealogies give us heritage; but it is in the stories that life and connection happen. The art of life story applies active listening to engage in the conversational process with ourselves and others. It involves moving our stories from the internal to the external, sharing who we are, recognizing and integrating various story types and reviewing how our story is influenced and shaped by history, culture, traditions, etc. Members will learn to frame and develop their life stories through timelines and key toolsets.

## VA-402 Drawing on the Right Side of the Brain

Presenter: Judy Jaworski 8 Classes – Fridays from 10:00 AM – 11:30 AM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 (required book & supplies) Room #318

This course is designed to expand your powers of perception through drawing and using the creative force of the imaginative side of your brain to increase your visual awareness and develop a new mode of thinking. Participants will study positive and negative shapes, and learn how to understand detailed perspective drawing in addition to portrait drawing.

#### LW-405 Amdu-What?

Presenter: Carol Rizzolo 8 Classes – Fridays from 10:00 AM – 11:30 AM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 Room #207

In 1922, archaeologist Howard Carter discovered the long-buried tomb of King Tut. The walls of this hidden treasure were covered with mysterious and beautiful images known as The Amduat or The Book of the Hidden Chamber. Join us as we explore the rich world of Egyptian mythology revealed by these exquisite drawings. Novice Egyptologists welcome!

"The camaraderie of the classmates, compassion, gentleness, and understanding of the instructor made this class enjoyable!"

LW-404 What Makes a "Modern Classic?" 20th Century Poetry -British and American

Presenter: Barclay Johnson 8 Classes – Fridays from 10:00 AM – 11:30 AM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 Room #326

The phrase, "modern classic," sounds like a contradiction, but this array of famous poems will show the truth in it. Through their bold experiments in language and form, these poets, from T.S. Eliot to Maya Angelou, re-created the emotional images of their turbulent time. To them, poetry was not about experience; it was the experience.

MU-401 More Music for Fun and Well-Being

Presenter: Julie Cook 8 Classes – Fridays from 10:00 AM – 11:30 AM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 Room # 227G, 2nd Floor UConn Library

This course evolves naturally from elements presented in the Spring 2010 class. Members will experience first-hand how music boosts our physical and emotional well-being. They will delve further into multi-cultural music, ensemble playing, drumming, deep listening, befriending our voices, and much more. Easy-to-play instruments are provided or bring your own. Returning and new class members are invited to expand beyond their limits in this supportive class! No previous music experience is necessary.

AH-401 I Don't Know Much About Art, but I Know What I Like!

Presenter: Richard J. Kupstis 8 Classes – Fridays from 10:00 AM – 11:30 AM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 Room #218

Art appreciation – modern art moved away from illusionism to formalism which makes it harder to understand to the untrained eye. This course will attempt to train the eye for a better understanding and appreciation for all periods of fine art.



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# **HS-403** American History Continues – 1865 to 1901

Presenter: Penny O'Connell 8 Classes – Fridays from 10:00 AM to 11:30 AM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 Room #333

Follow the saga of the American Presidents beginning with Andrew Johnson's elevation to the Presidency as a result of the assassination of Abraham Lincoln. Ulysses S. Grant, Rutherford B. Hayes, James A. Garfield, Chester A. Arthur, Benjamin Harrison, Grover Cleveland and William McKinley, who was assassinated in September 1901, will also be covered. Themes will include Radical Reconstruction, economic expansion, corruption and a major shift in political alignments leading to our modern political platforms.

#### 11:40 AM - 1:00 PM

**Note:** These classes conflict with OLLI Café and other lunchtime offerings.

CE-401 It Ain't Your Father's Europe – Or Yours Either

Presenter: Leslie Lebl 4 Classes – Fridays from 11:40 AM – 1:00 PM September 17, 24, October 1, 8 - \$20 Room #207

This course on modern Europe will introduce participants to the EU, 21st century European security and defense issues, and social issues such as demographic trends and the rise of both radical Islam and anti-Semitism. It will also examine Europe's relationship to the United States.

#### PD-405 Who's Funny Now!

Presenter: Bob Blake 4 Classes – Fridays from 11:40 AM – 1:00 PM October 15, 22, 29, November 5 - \$20 Room #207

This course will be a survey of recent comedians in an effort to bring forth smiles, chuckles and laughter for no deep purpose. First, we'll review some of the older comics, segueing to a broad variety of young comedians – stopping to compare, contrast, discuss and evaluate these young comics. Participants will grade them on a scale of 1 to 10 and the class will vote a winner (no prize awarded) to the BEST young comic today.

# AH-402 Raising the Roof: The Styles of Western Architecture

Presenter: Virginia Bush 6 Classes – Fridays from 11:40 AM – 1:00 PM September 17, 24, October 1, 8, 15, 22 - \$30 Room #323

The course will present a brief analysis of selected architectural examples from ancient, medieval, renaissance, baroque and early modern eras in Europe and America. Participants will see how architects satisfied patrons' aims and religious and social ideas, used available techniques, and fit the buildings into their contexts. We will also view photos of some buildings in Waterbury that use elements from these traditions.

#### LW-402 All About Arthur

Presenter: Bill Blair

8 Classes – Fridays from 11:40 AM – 1:00 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 (recommended book) Room #218

We all know "of" King Arthur, but what, if anything at all, do we really know "about" him? Simply put, is he man, myth, or a bit of both? In this literary-based course, we will also examine the available historical and archaeological evidence, with an occasional nod to Hollywood, in our shared quest to answer this question.

#### LW-403 In So Many Words

Presenter: Cindy Eastman 8 Classes – Fridays from 11:40 AM – 1:00 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 – \$40 (blank journal) Room #217

Everyone can write – it's a birth "write". Writing isn't just the domain of the Dan Browns or Jane Austens of the world – it is a phenomenological process by which we humans make sense of our experience. Participants will open their journals to a blank page and not have an anxiety attack – following several strategies and models to guide them in learning to hear their own writing voice. Then it's just a matter of becoming comfortable with individual and personal styles to become a strong and confident writer.

#### LW-406 From the Bard to Frost: Let the Great Poets Speak to You

Presenter: Jerry Joyell 8 Classes – Fridays from 11:40 AM – 1:00 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 Room #203

The greatest poems in the English language are the ones Alex asks about on Jeopardy, the ones songwriters, pundits, and presidents quote – words, images, and thoughts you should know something about. Here's a chance to see how poetry works, to discover where those famous lines come from, and to

"Not only was it a learning experience, it was fun!"

learn how all of our culture and heritage has been touched by them. You will find poetry is not a mystery; you will lose your fears and embrace the most magical of literary genres.

#### **PA-405 The Joy of Acting**

Presenter: Aleta Staton
Co-Presenter: DaMone McCollum
8 Classes – Fridays from 11:40 AM – 1:00 PM
September 17, 24, October 1, 8, 15, 22, 29,
November 5 - \$40 (recommended book)
Room # 227G, 2nd Fl. UConn Library

It is never too late to study acting, either with hopes of joining the profession or as a fun hobby. Find your inner character and expand upon it through acting exercises, improvisation and scene study in this hands-on acting class. Continue the work you started in college or in community theater, or simply start from scratch. Work with other adults to explore the craft of acting with a seasoned professional actor and your peers. Learn to observe, critique and revise your own work, and create your own monologue or scene. Investigate character development methods, vocal inflections and accents, movement, stage direction, performance techniques and much more. UConn students are invited to participate and join in the fun of acting!





#### 1:15 PM - 2:45 PM

**MU-402 Romantic Couples** 

Presenter: Jane Davis Sine 4 Classes – Fridays from 1:15 PM – 2:45 PM September 17, 24, October 1, 8 - \$20 Room #323

This multimedia course is designed to gain an understanding of Romantic Era compositions by examining the personal relationships between Felix and Fannie Mendelssohn (siblings), Clara Wieck and Robert Schumann (spouses) and later Clara Schumann and Johannes Brahms (lovers?). It seeks to find the inspirations that these five Romantic composers experienced in their relationships with one another as well as with the broader social/literary influences of the nineteenth century. We will listen to various forms of their compositions and analyze the artists' performances.

# PD-404 Dressing for a Lifestyle: Oh By the Way, What Is That?

Presenter: Ann C. Mailly-Long 4 Classes – Fridays from 1:15 PM – 2:45 PM September 17, 24, October 1, 8 - \$20 Room # 203

This course is geared for women! It will focus on a positive way to know your body shape and the How, When, and Where to dress for your age, occasion, place, time of day, or time of year.

## **HS-408** Ancient America South of the Border

Presenter: Bill Blair 8 Classes – Fridays from 1:15 PM – 2:45 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 Room #326

In this course we will visit various archaeological sites in what is today Central and South America. The focus will be on ancient locations in Chile, Peru, Colombia, Guatemala, Honduras, and Mexico.
Discussions, slides and handouts will center around those cultures who built these sites and their belief systems. Discussions will also focus on the field of archaeology and exploration of some contemporary issues that surround this field.

#### HS-404 Still More Queens...

Presenter: Penny O'Connell 8 Classes – Fridays from 1:15 PM – 2:45 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 Room #333

Add these new candidates to our growing list of Women of Power in History. Discussion in this course will cover: The Blessed Virgin Mary; Joanna I, Queen of Naples; Josephine, Empress of France; Lucretia Borgia; Cixi, the last Empress of China; Eleanor Roosevelt; Princess Grace of Monaco and Queen Noor of Jordan.

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HW-404 Chinese Medicine: The Harmony in Health and the Evil in Disease

Presenter: William Courtland 8 Classes – Fridays from 1:15 PM – 2:45 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 Room # 327

Although we may acknowledge the effects of disease on our body and mind, we may not associate it with the idea of Evil. What is Evil? Where does it come from? What is its role in the appearance of disease in our body? This course will explore these questions and others from the perspective found within the principles of Chinese Medicine. It will also examine Evil's potential to appear within us, and its negative physical and mental consequences on us.

"The Presenter is aware of all students and never makes your questions seem foolish."

# **HS-409 The Lands Between: 20th Century Eastern Europe**

Presenter: Dr. David Reed 8 Classes – Fridays from 1:15 PM – 2:45 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 Room #218

From the 20th century through World War I, there was no concept of Eastern Europe. The lands between were under four empires: the German, Austrio-Hungarian, Tsarist and Ottoman. All four fell as a result of the war. Eastern Europe, as we know it, was created from the bits and pieces determined by the main pre-war treaties. The similarities and differences are tied together in the course giving a history of this area from the interwar years to the present.

PD-402 Life Stage 2 - Passions after Retirement

Presenter: Sandra Noel 8 Classes – Fridays from 1:15 PM – 2:45 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 (notebook) Room #324

They call this aging...the time after retirement. But aging is a verb - that means movement. Have you ever asked "Who am I becoming?" "What's next?" Aging is a time to re-awaken and re-develop the whole person. Passionate living in our second journey calls us to

integrate our inner and outer life, with all its joys and sorrows, into our own unique mind/body/spirit wholeness. Discussion will share ways to re-frame and re-discover our authentic selves to passionately live more fully.



HW-402 Food for Life - Nutrition and Cooking

Presenter: Jane Sirignano 8 Classes – Fridays from 1:15 PM – 3:00 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$50 (recommended book) Room # 119

The classes introduce cancer-related nutrition topics, via video, with Neal Barnard, MD. See live recipe demonstrations that are high in fiber, low-fat, and loaded with nutrients, antioxidants and phytochemicals. Enjoy naturally delicious food samples that are mostly gluten-free and heart healthy. Topics also help promote a healthy weight and may help in the prevention and survival of Type 2 diabetes and heart disease. Many food items are donated by New Morning Natural and Organic, in Woodbury, and a food shopping tour of New Morning is included. Classes are sponsored by The Cancer Project, www.cancerproject.org



"The free exchange of opinions
with everybody gave me a chance to
improve my writing skills.

The instructor's personality and teaching skills
made the course very enjoyable.."

MS-403 Revisiting Algebra With A New Tool: The TI-84 Graphing Calculator

Presenter: Rosalie Griffin 8 Classes – Fridays from 1:15 PM – 2:45 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 Room #210

No math skills required! The study of basic algebra topics will be enhanced with the power of visualization using Texas Instruments' graphing calculator (TI-84). Participants will SEE math in a new way and explore real-world applications of algebraic concepts. Calculators will be provided for use in class. Students from Waterbury Arts Magnet School (WAMS) will be present to provide one-to-one assistance.

## CO-402 Using Google Sketchup to Design your Favorite Project

Presenter: George Sirois 8 Classes – Fridays from 1:15 PM – 2:45 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 Room #317

Google Sketchup is an easy-to-use, free, powerful, 3-dimensional design tool which allows even a computer design novice to quickly master Computer Aided Design for the design of complex projects from furniture to houses, to pottery, to any place your imagination can take you. This course will teach the basics of the tool and allow members at course completion to be able to design fairly complex projects, with the help of tutorials. First time users will be excited to see their projects visible from every angle after only a few minutes of instruction.

# CL-402 Conversational German I Auf Deutsch Bitte!

Presenter: Irene Zemaitaitis 8 Classes – Fridays from 1:15 PM – 2:45 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 (recommended book) Room #217

This conversational German course will be an introduction to everyday expressions and phrases that will prove useful in travel and meeting people. Vocabulary, useful expressions and dialogs, as well as necessary grammar, will be presented. Short written exercises from the text will be assigned. Also, homework and short quizzes will serve as useful feedback to students and presenter. Class participation and practice will be encouraged.

#### 3:00 PM - 4:30 PM

SS-402 Talkin' 'Bout my Generation

Presenter: Cynthia Van Fleet 4 Classes – Fridays from 3:00 PM – 4:30 PM September 17, 24, October 1, 8 - \$20 Room #210

Let's talk about our generation! In this course we will discuss lifespan development from infancy to old age. By incorporating personal experiences, relevant news and current events, and selected media clips, we will examine our own "psycho-historical perspectives", take a leisurely walk down memory lane, and forge our path for the future.

#### **HS-410 Italian Cities of the Dead**

Presenter: Dr. Bart De Petrillo 4 Classes – Fridays from 3:00 PM – 4:30 PM October 15, 22, 29, November 5 - \$20 Room #210

Cemeteries are truly magnificent open sky museums to be visited, rather than shunned.

After a philosophical and literary introduction, members will learn the historical evolution of the burial practice – in general and in Italy. Famous Italian cemeteries will be featured, highlighting the historic and artistic data of each. Slides of the most celebrated memorials will be enriched by historical and biographical information of the most celebrated personalities resting in these sacred fields.

#### PD-403 Bridge Moves On

Presenter: Joyce McMillan
5 Classes – Fridays from 3:00 PM – 4:30 PM
October 8, 15, 22, 29, November 5 - \$25
Room #102

This course is comprised of first class intensive review and then moves on to a bridge club atmosphere. Members MUST commit to all five classes. Bridge background required.

## MU-403 Opera: A Passion for the Ages

Presenter: Nunzio DeFilippis 8 Classes – Fridays from 3:00 PM – 4:30 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 (book) Room #218

This course will provide a brief introduction to the history of the evolution of opera, supported by viewings and discussions of a selected number of operas and opera scenes.

# CL-403 Conversational German IIWie sagt man das auf Deutsch?

Presenter: Irene Zemaitaitis 8 Classes – Fridays from 3:00 PM – 4:30 PM September 17, 24, October 1, 8, 15, 22, 29, November 5 - \$40 (book) Room #217

This conversational German II course will continue, in the same text, where Course I left off. There will be different dialogues, essential vocabulary, expressions and necessary grammar. Some short written exercises in the text will be assigned, and homework and short quizzes will serve as feedback for the students and the presenter. Oral participation in class will be encouraged.

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# Being a Course Presenter

for the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut, Waterbury Campus



OLLI Courses are generally led by retired, semi-retired and working educators, professionals, entrepreneurs, artists, writers, and others.

- Share your passion on a topic or set of topics
- Inspire others to learn and explore
- Engage with peers and community members
- Lead learners without the administrative burdens of traditional teaching (reading papers/homework, calculating grades, etc.)
- Develop innovative, interesting, and compelling learning experiences

- Utilize the campus infrastructure to deliver enriching experiences for older adult learners and yourself—without the pressures of homework or testing
- Explore topics with other learners and create a laboratory for new ideas
- Join a national movement of adult learners at the first and only Osher Institute in Connecticut
- Receive classroom information technology assistance

#### Some of the perks . . .

- free Basic OLLI membership
- One free OLLI course
- reasonable supplies and equipment for course instruction
- UConn parking pass
- Recognition event
- Presenter Honoraria

#### INTRODUCING THE FALL 2010 PRESENTERS

Dr. Ruth Glasser received her PhD from Yale University in 1991 and is a lecturer in Urban and Community Studies at the University of Connecticut. She is the author of My Music is My Flag: Puerto Rican Musicians and Their New York Communities, 1917-1940 and Aquí Me Quedo: Puerto Ricans in Connecticut. She is the co-editor of Caribbean Connections: Dominican Republic. Her work also includes documentary films, curriculum materials and oral history archival materials related to Latino and other immigrant/ethnic communities. She is Coordinator of Urban and Community Studies at UConn Waterbury.

Award winning actress **Aleta Staton** has many years of regional theater experience, acting and directing throughout the United States. She has taught theater to students of all ages. She recently toured in Another Side of the Island, an adaptation of Shakespeare's Tempest, developed by and featuring Oscar award-winning actress Olympia Dukakis in the title role. Aleta attended Wesleyan University where she earned a BA with high honors in Theater. She also earned a MA in Arts Administration from Goucher College in Baltimore, MD. **DaMone McCollum** is co-presenter.

Donna Bonasera is the founder and Artistic Director of CT Dance Theatre, Inc. She is one of the few Americans to receive a diploma in the Vaganova Method of Classical Ballet while studying in Russia. She was awarded a scholarship at the American Dance Machine which preserves the original choreography of Broadway musicals and film. She is the state director for National Dance Week and is recognized nationally and internationally for training high caliber dancers and for her choreography in ballet and musical theatre. Most recently, Connecticut Dance Theatre has moved to the historic Howland Hughes building in downtown Waterbury.

Sheila Water Fucci earned her BFA in dance from the Boston Conservatory of Music. She has performed, choreographed and directed for community theatre throughout MA and CT, including The Warner Theater, Thomaston Opera House, and Salisbury Players. She currently teaches Musical Theatre and Tap at the Warner Theatre Center for Arts Education, Deborah's Dance Workshop in Torrington and CT Dance Theatre.

Carol Moore paints in pastel and oils and experiments with collages, mixed media and charcoal. Her work is infused with color, rhythm and energy. She received a master degree from Wesleyan University, has been awarded the American Pastel Society Award from Connecticut Pastel Society, and is part of the University of Connecticut "Connecticut Collection" at UConn Medical Center. She teaches classes at her home studio, Pots & Paints Studio in Bantam, CT. Visit Caroltmoore.blogspot.com.

Louis Belloisy was a teenager when he started at the Palace Theater as an usher and worked his way up to doorman, candy vendor, and then projectionist. After six years, he joined the Air Force to pursue a career in aviation and is certified by the FAA to fly in and teach about numerous aircrafts. He is currently a house photographer and historian for the Palace Theater and a projectionist for a multiplex theater in Torrington.

Maryellen Considine, Ed.D, has been a member of Ward-Nasse Gallery in NYC since 1987. Her work has also been exhibited throughout Connecticut, New York and North Carolina. She studied at SCSU, Paier College of Art, The School of Visual Arts and The Art Students' League. She holds a BS, MS and Sixth Year, along with a doctorate in art education from Columbia University. In her 30-year career, she taught at Wilby High School in Waterbury and SCSU in New Haven.

Anne Siefert studied painting and education at Moore College of Art in Philadelphia and received a MA in Arts Administration at New York University. She was an International Art Consultant in the 1980's, traveling from New York to Japan, France and Switzerland. She later taught Art History.

Diego Cardenas is Colombian, speaking English as well as Spanish. He has a degree in Industrial Engineering from Universidad del Valle, in Columbia, where he was a member of the Cineclub. Diego has always had a passion for the cinema which he loves to share. He is a returning OLLI presenter.



#### TIME TO THINK ABOUT SPRING/SUMMER 2011!

Spring 2011 session - Fridays from March 18 - May 13, 2011 (no class on Good Friday, April 22) Summer 2011 session - June 7 - 30 NOTE: Deadline for ALL course proposals - November 25, 2010 Please contact us if you would like to present a Spring/Summer 2011 course!

Call 203-236-9808 or email: osher@uconn.edu

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# Introducing the Fall 2010 Presenters

Dr. Eashwarlall Ramdhani is an Alternative Medical Doctor who has dedicated a greater part of his life to the practice of Health and Alternative Medicine. He taught Health/Medical programs and Science topics at prominent schools and colleges in his country of birth, Guyana, South America, and has spoken at many health forums. He is a member of the American Alternative Medical Association and is pursuing post graduate research/

studies in Traditional Chinese Medicine.

Alan H. Stein, PhD is the president of PRIMER (Promoting Responsibility in Middle East Reporting) and recently retired after 37 years of teaching mathematics at UConn. His travels have brought him to Israel, Jordan, Egypt and Turkey, and he has been active with many organizations promoting peace in the Middle East. He is the primary contributor to the PRIMER blog. His letters and commentaries have appeared in newspapers around Connecticut. He is a returning OLLI presenter.

Barbara Schafer graduated from St. Joseph's Hospital, Reading, PA, received a BS in Nursing from Wilkes University and a Masters in Nursing from the University of Pittsburgh. She is a retired clinician, educator and administrator in the field of psychiatric nursing. She is an Advanced Practice Registered Nurse (APRN), a Reiki Master Teacher, a certified Healing Touch Practitioner and Instructor and volunteers at Griffin Hospital and Cancer Center. She has a private practice in Naugatuck.

"The presenter has so many points of interest that it prompts many questions and he allows us to share our thoughts."



Cindy Eastman is a writer and educator. She holds a Master's degree in Education from Cambridge College. Cindy has written a column for the Waterbury Observer, and has published essays on her web site, Writing Out Loud. She has taught computers to elementary schoolchildren, facilitated professional learning communities, and has completed the rigorous Anti-Defamation League's A World of Difference diversity training. She currently teaches English at NVCC, delivers trainings for the ADL and is working on her first book, Flip-flops After Fifty, a collection of essays.

Gabriella Brand is an educator, writer, inspirational speaker, and foreign language enthusiast. A former Middle School Head at various independent schools in Connecticut, Gabriella has also taught French, Spanish, Latin, and English to thousands of students of all ages and abilities. She holds an M.A. from Middlebury College, a BA from Antioch College, and a diploma from the University of Neuchâtel, Switzerland.

Steve Collins is currently the Executive Director of the Waterbury Symphony Orchestra. He was also the Director of Education for the New Haven Symphony Orchestra. He performs with the New Haven, Hartford, and Greater Bridgeport Symphony Orchestras, Goodspeed Musicals,

and chamber ensembles across the tri-state area. He holds a BA in Music from the Hartt School of Music, University of Hartford.

Dawn Macary, Regional CHOICES
Coordinator for the Western Connecticut
Area Agency will be coordinating the
speakers for this OLLI course. Speakers
will come from a variety of disciplines and
represent programs such as Alzheimer's
Respite, National Family Care Giver Program,
Connecticut Legal Services, Long Term Care
and Medicaid. Ed Freedman is co-presenter.

**Dr. Arnold M. Heiser** is an Emeritus Professor of Physics and Astronomy, and belongs to the American Astronomical Society, International Astronomical Union and Astronomical Society of the Pacific. A graduate of the University of Chicago, he has been a Director at Vanderbilt Observatories, was an outreach volunteer at the Dyer Observatory, a NASA Faculty Fellow, and is a published author.

Rev. Dr. James Bradley earned a BA in English/Political Science from West Virginia University, a Master of Theological Studies from Harvard Divinity School, a Master of Divinity from Virginia Theological Seminary and was ordained an Episcopal Priest. He also earned a Doctorate of Ministry from Hartford Seminary. He served parishes in Charleston, WV and New Haven, before becoming Rector of St. John's in Waterbury where he served for 21 years.

Raymond Sullivan, M.D., is a retired surgeon, with an intense interest in New England History. A returning OLLI presenter (New England Puritanism and the Origins of Democracy in Connecticut), he is a published author. His newest book to be released soon, chronicles the life of Nabby Adams Smith, daughter of John and Abigail Adams.

Chris Baliko is an Accredited Organic Land Care Professional and a member of the Northeast Organic Farming Association. He has a BS from the University of Connecticut and is co-founder of Growing Solutions, LLC, an organic land care company.

Frank Lussier holds a BS and MS in Chemistry from Providence and Holy Cross Colleges respectively. He worked as an analytical chemist for 44 years at the Uniroyal Chemical Company managing a large Analytical Instrumentation Laboratory. After retiring, he taught Introductory Chemistry at NVCC. He is presently an Adjunct Professor in Chemistry at Quinnipiac University.

"The presenter's knowledge of theater productions was outstanding – he has humor and tells the real deal behind the scenes making it all come alive!"

Philip Benevento was English Dept.
Chairperson at Crosby High School where he taught for 34 years. He was an adjunct member of the UConn faculty and taught courses at Mattatuck Community College, NVCTC, Taft Summer School for Teachers and St. Margaret's McTernan, He is a member of the Silas Bronson Board of Library Agents, the OLLI Leadership Council, and serves as historian for the City of Waterbury. He has a BA and MA from UConn, a Certificate of Advanced Studies in literature from Wesleyan and a Certificate in Administration and Supervision from SCSU.

Sandra Noel is Director of Congregational Care and Senior Ministry at Bethany Covenant Church, Berlin CT. After a 32-year career, she received her MA in Gerontology from St. Joseph College. She is a member of the American Society on Aging, Forum on Religion, Spirituality & Aging, CT Gerontology Consortium, has published reviews in Educational Gerontology Journal, leads reminiscence groups, writes life stories and uses the life story process in her work.

Judy Jaworski has been teaching drawing and painting for more than 40 years – at the YWCA, Naugatuck Adult Education, Heritage Village, and the Naugatuck Senior Center. She studied at the Rhode Island School of Design. Judy has been listed in the Artists' Bank at the Connecticut Commission on the Arts and was a member of the Watertown Art League. Her paintings have been exhibited throughout Connecticut and are in numerous private and public collections.

After a 25-year career as a Physician Assistant, **Carol Rizzolo** is now pursuing her doctorate in Mythological Studies with an emphasis in Depth Psychology. In her free time, Carol enjoys kayaking, bicycling, reading, and playing the concert harp, classical guitar, and the piano.

Barclay Johnson is a graduate of Middlebury College and Trinity graduate school, with CAS courses at Wesleyan. He taught English at Taft for 39 years, directed creative writing at Post University, and continues to lecture to literary groups in the area. He has published poetry, fiction, and profiles on Taft faculty and has contributed weekly to the Litchfield Writers Guild.

Julie Cook has studied and played the piano for most of her life. She attended Hartt School of Music and has taught for 26 years at her studios in Newtown and Woodbury. She facilitates workshops for musicians and non-musicians for the purpose of health and self-expression. Julie is a certified facilitator of Music for People, an organization that promotes an improvisational approach to music.

Leon Bock earned a BSS from New York City College, and an MA and EdD from Columbia University. His educational career has taken him from teaching at the high school and college level, to the positions of High School Principal and Superintendent of Schools. He is currently an education administration consultant.

**Bill Blair** has been a member of the Waterbury OLLI family since its origin. He



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# Introducing the Fall 2010 Presenters



has studied and taught Arthurian Literature and traveled to many Arthurian-related destinations in England and Wales. Bill has studied archaeology in pursuit of his anthropology degree and is an achaeological photographer.

Richard J. Kupstis is a retired high school art teacher and artist/craftsman who makes pottery and sculpture. He is a life member of Gallery 53 (Meriden Arts & Crafts Association) and a key member of Wesleyan Potters in Middletown since 1980. He has a BA in Sociology from UConn and an MSS in American History from CCSU as well as crosscertification in both social studies and art.

Penny O'Connell has a BA in Political Science from Skidmore College. She is a retired high school history teacher with a broad view of world history, having taught courses on the Ancient World, European and American history. She has spent years trying to unravel the mysteries of our historical past and is delighted to share her discoveries with those who have inquiring minds.

Robert Blake (a tired, old comedy lover) has a BA from the University of Connecticut, an MS from Southern Connecticut State University and is a survivor of 34 years of teaching in the Waterbury school system, 28 years of them at Kennedy High School – and still smiling and laughing all the way.

Virginia Bush attended Wellesley College, received her PhD from Columbia University, and is a Fellow of the American Academy in Rome. She has taught in New York, New Jersey and Connecticut, has authored articles on Italian Renaissance art history and modern art and has worked in art galleries and arts administration. Her travels throughout the U.S. and Europe have resulted in a collection of about 30,000 art images.

Jane Davis Sine earned a BA from Smith College and a BS/MS from Western Connecticut State University. She was a String teacher in Fairfield, CT for 24 years and founded her own Artist Management company representing classical artists and conductors worldwide. She is currently teaching at the University of South Carolina Osher program.

Leslie Lebl is a Fellow of the American Center for Democracy and Principal of Lebl Associates. A writer, lecturer and consultant on political and security matters, she also maintains a foreign policy blog. A former Foreign Service Officer, she served as Minister-Counselor for Political Affairs at the U.S. Mission to the European Union in Brussels. She was also the Political Advisor to the Commander of Stabilization Forces (SFOR) in Bosnia-Herzegovina. She holds a BA in history from Swarthmore College and an MA in foreign affairs from the Johns Hopkins School of Advanced International Studies.

Ann Mailly-Long has an AAS degree in Fashion Buying and Merchandising from the Fashion Institute of Technology (SUNY) and has been a retail store manager and designer at stores such as Nordstrom, Chico's, Casual Corner, Bodytalk and Hayseed.

William Courtland is a teacher, lecturer and workshop facilitator who researches Chinese Medical theory and its mindbody relationship. He is currently a faculty member at the Connecticut Center for Massage Therapy in Westport and Newington, where he teaches Acupressure and the theory of Chinese Medicine.

Jerry Joyell, a Waterbury native, has spent most of his professional life teaching high school and college English. He earned a BA in English from UConn, an MS from the University of Hartford, and graduate credits from Trinity College, CCSU, University of Hartford and University of Rhode Island.

Nunzio DeFilippis has a degree with honors in Political Science from Queens College and 43 doctoral credits from the CUNY Graduate Center. A businessman for 35 years, he began teaching opera at the age of 51 to share his lifelong passion for

"The presenter has so many points of interest that it prompts many questions and he allows us to share our thoughts."

the subject. He has taught Opera History, Italian Opera, An Introduction to Verdi, the Bel Canto Operas, and Mozart's Operatic Works. His work as a teacher was featured in the New York Times and the Daily News and has been recognized by New York Governor George Pataki.

After 45 years, **Dr. David Reed** retired from the practice of medicine. His interest since student days has been Russian and Eastern European History. He has visited Russia on several occasions and has recently completed a book, The Czechoslavak Legion and the Russian Civil War (unpublished).

Jane Sirignano has been a Cancer Project cooking instructor for five years and has taught OLLI classes since the inaugural session. She has a diploma in nutrition and managed a natural foods store. Her knowledge, passion and enthusiasm from 35 years of experience with natural foods will inspire and motivate you!

A Waterbury native, **Rosalie Griffin** received a BA in Mathematics from Albertus Magnus College and an MALS from Wesleyan University. She taught mathematics for 35 years at Crosby High School and is presently an adjunct instructor at Naugatuck Valley Community College. A returning OLLI presenter, Rosalie has provided professional development for teachers as a consultant for the Connecticut Academy of Education in Math and Science.





# "The instructor was so good, upbeat, informative, and involved everyone."

George Sirois is a retired Information
Technology executive from Otis Elevator,
where he developed computer-based
manufacturing systems for use throughout
North America. He introduced the PC to Otis
and oversaw the proliferation of more than
2,000 PCs to their North American locations.
With a BS in Marketing from UConn, he is
now an avid amateur woodworker who enjoys
designing and building wood projects using
Google Sketchup.

Irene Zemaitaitis was born in Lithuania, lived and attended school in Germany. She immigrated with her parents in 1950. She earned a BA in English and German from UConn Storrs and a Masters in Education from SCSU. She taught English and German at Vytautas Magnus University in Kaunas, Lithuania and taught English at the Third Age University for Senior Citizens.

Cynthia Van Fleet received both her BA and Masters from UConn. She is currently in her 32nd year as a Family & Consumer Science Teacher at Platt High School in Meriden. For the past seven years, Cindy has

also been an Early College Experience (ECE) instructor through UConn and teaches high school juniors and seniors. She is an Adjunct Instructor at the Waterbury campus.

Dr. Bart De Petrillo, a native of Italy, has spent most of his adult life in Waterbury where he practiced obstetrics and gynecology for more than 30 years. Since his retirement, he has devoted his time delving into Italian culture by teaching the Italian language and lecturing extensively on historic and artistic topics.

Joyce McMillan is a bridge aficionada who is personally dedicated to the survival of the game of bridge! She earned a BA in English Literature from the College of St. Elizabeth in Convent Station, NJ where she edited the college newspaper. She has a background in teaching, journalism, retail sales and business ownership and has done charity work with the Calvanese Foundation, Southington Community Services, and the Waterbury Symphony Orchestra Women's Group.

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# OLLI Lunchtime Happenings

OLLI CAFE • OLLI CLASSES • MATTATUCK MUSEUM TRILOGY • LIBRARY WORKSHOPS

**OLLI Café** is a venue for the exchange of ideas and experiences focusing on improving the quality of life. The goal of OLLI Café is to present a potpourri of presentations and activities that provide information and new knowledge to OLLI members.

Bring your lunch and we will provide the coffee and fruit! OLLI Café presentations are open to all OLLI members. These are not courses—OLLI Café is one of the benefits of your annual OLLI membership. Pre-registration is not required. The weekly event features a guest speaker followed by a short Q&A session.

Fridays—Room #119 • 11:30 − 12:00 Lunch • 12:00 − 1:00 Speaker Presentation



#### **SEPTEMBER 17, 2010**

The Life and Times of P.T. Barnum

A well known former resident of Bethel, Connecticut, P.T. Barnum has touched the lives of many people. You might have enjoyed a circus with his name on it, but after this presentation you will know P.T. Barnum in a new way! This presentation will share humorous insights into Barnum's exciting life and career.

Marian K. O'Keefe is a former teacher who now serves as curator of the Seymour Historical Society. Traveling to places such as Canada, England, Russia, and many parts of the United States, Marian strives to preserve history. She has worked in several museums and historical societies and enjoys giving presentations on other subjects as well. Marian enjoys sharing her stories with humor.

#### **SEPTEMBER 24, 2010**

## White-Nose Syndrome and Connecticut's Bats

Throughout the past few years, bats have been faced with the largest ecological disaster of our time. Since its emergence, White-Nose Syndrome has been responsible for killing at least one million bats throughout the northeast and is spreading at unprecedented rates. This presentation will provide information about bats of Connecticut, many common misconceptions and what is being done about the disease.

**Christina J. Kocer** is a wildlife technician for the Wildlife Diversity Program. Since

the emergence of White-Nose Syndrome (WNS) in CT, bats have become her primary responsibility. She has coordinated WNS surveillance in CT, collected samples, and monitored bat populations. She has also worked with other species of small mammals, including varieties of shrews, flying squirrels, and weasels. Christina has a BS in Environmental Science Biology and a MS in Wildlife Ecology.

#### **OCTOBER 1, 2010**

#### **Benefits of Exercise**

This presentation will show you how adding exercise to your daily routine is not only important for weight management, but can also increase your ability to do daily activities, improve bone density, and discourage injuries.

**Aingeal Murray** has over 15 years in the wellness industry. She is a Certified Personal Trainer, a Certified Youth Trainer, and is the owner of Armurfiteness LLC.

**Richard Murray** has a Masters Degree in Physical Therapy, is board certified in Orthopedics, and is a Fellow of Manual Therapy.

#### **OCTOBER 8, 2010**

#### Destination: Antarctica - A Photographic Journey to the White Continent

This program recounts a three-week adventure aboard the ship M/V Aleksay Maryshev. The ship departed from the southern tip of Argentina in December,

2008 and finally arrived at the continent of Antarctica after numerous adventures among penguin colonies, glaciers, mammoth ocean storms, and scenery of astounding beauty.

A world traveler with a love of birds, **Denise Jernigan** has visited many countries in pursuit of seeing new birds and meeting new people. She is a member of the CT Audubon Society, the New Haven Bird Club, and the Hartford Audubon Society and is on the Board of Directors of the CT Ornithological Association.

#### **OCTOBER 15, 2010**

## Exploring English The Art of Idioms

The mission of Literacy Volunteers of Greater Waterbury is to teach adults to read, write, speak, and understand English. This organization also seeks to explore the challenges of explaining idioms, such as "birds of a feather flock together" and "if the shoe fits, wear it", to someone new to our community.

Tina Agati has served as the executive director of Literacy Volunteers of Greater Waterbury since 2005. Her career includes 15 years in the field of education and non-profits, as well as being an advertising copywriter. A graduate of Fairfield University, Tina and her family reside in Watertown.

Vanessa Vowe has been a literacy facilitator for 23 years. She served as the Early Reading Success coordinator at the Silas Bronson Library, tutored refugees with Jubilee Partners in Georgia, and is currently the program director of Literacy Volunteers of Greater Waterbury.

#### OCTOBER 22, 2010

**American Pop and Jazz Music** 

The Mickey Findell Trio will entertain members with a bit of pop and jazz music — after making brief comments on specific American composers of this genre. A variety of pop and jazz selections will be performed and the trio will accept requests!

Mickey Findell (piano) has worked in NYC, Las Vegas, Los Angeles and Hollywood during his musical career. Chet McPhee (bass) and Joe Ronan (drums) have also played throughout the United States and both have led their own musical groups.

#### OCTOBER 29, 2010

A Virtual Tour of Arlington
National Cemetery - The History
of Our Nation Set in Stone

Using virtual technology, participants will view the history of our nation set in stone as we tour the most prestigious burial place in the world. Meet the men and women resting in Arlington who gave their lives so this nation could live.

Carolyn Ivanoff is a Housemaster at Shelton Intermediate School and a frequent speaker on historical topics. An educator with over 25 years experience, she has been recognized at the state and national levels for historical presentations and programming.

#### NOVEMBER 5, 2010

**OLLI Appreciation Day** 

OLLI Café today is the OLLI Appreciation Event to honor OLLI presenters. Please come and support the dedication and commitment of our presenters!

#### OLLI LUNCHTIME CLASSES 11:40 AM - 1:00 PM

PA-405 The Joy of Acting

Aleta Staton / DaMone McCollum (see page 19 for details)

Connect to the World - Library at Your Fingertips

(see page 30 for details)

**CE-401 It Ain't Your Father's Europe...** 

Leslie Lebl (see page 18 for details)

LW-403 In So Many Words
Cindy Eastman (see page 18 for details)

LW-402 All About Arthur

Bill Blair (see page 18 for details)

AH-402 Raising the Roof: Styles of Western Architecture

Virginia Bush (see page 18 for details)

LW-406 Bard to Frost: Let the Great Poets Speak to You

Jerry Joyell (see page 18 for details)

PD-405 Who's Funny Now!

Bob Blake (see page 18 for details)



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# OLLI Lunchtime Happenings

#### OLLI CAFE • OLLI CLASSES • MATTATUCK MUSEUM TRILOGY • LIBRARY WORKSHOPS



#### Connect to the World - Library at Your Fingertips Workshops

This hands-on OLLI workshop is sponsored by UConn library personnel from the Waterbury, Torrington, Avery Point, and Storrs campuses. A basic knowledge of computers and familiarity with the internet is required. This workshop takes place during OLLI Café time.

See registration form to sign up for this workshop series.

11:40 AM - 1:00 PM in Room #317

#### **SESSION I - SEPTEMBER 24**

## Are you taking advantage of free library resources on the web?

#### Instructor: Shelley Roseman, UConn Waterbury

Libraries aren't the only place you can find books and articles! Browse the shelves of the Internet Public Library, WorldCat, local library catalogs, Google Books, and more. You'll be able to learn how to read some books directly from your computer and use interlibrary loan services for some materials owned by other libraries.

Shelley Roseman is the Director of the UConn Waterbury Library. Among her many hats, she provides instructional/research sessions to undergraduates and graduates, serves as the Regional Campus Libraries' Webmaster, and conducts workshops on plagiarism prevention at various campuses.

#### **SESSION II - OCTOBER 1**

#### **Have you been Twitter-pated?**

#### **Instructor: Kathy Labadorf, UConn Storrs**

Here's a lively introduction to Twitter, the trendy tool on the web that everyone's talking about. Learn how to use this social networking application to communicate with friends, family, and groups who share your interests.

Kathy Labadorf has worked at the UConn Storrs Library since 1997 following a 25 year career as professional flutist. She serves as the Library Liaison to the Women's Studies program and Undergraduate Services Librarian. Her twitter bio also admits her other secret passions: feminist beekeeper and gardener.

#### **SESSION III - OCTOBER 8**

## **Exploring Advanced Features of Google**

#### Instructor: Sheila Lafferty, UConn Torrington

We all love Google, but are you aware of the tips and tricks available from Google to refine your search and make searching simpler and more effective? Let us give you some insiders' tips to make your searching easier. There will be hands-on opportunities to refine your searching skills.

Sheila A. Lafferty is the Director of the Julia Brooker Thompson Library at UConn Torrington and has worked for UConn libraries since 1989. Sheila is responsible for selecting materials and serves as Library Liaison for Undergraduate Programs Liaison at the Torrington campus.

#### **SESSION IV - OCTOBER 15**

## Navigating the World through Online Map Sources

#### Instructors: Michael Howser & Bill Miller, UConn Storrs

Maps can provide important clues into the past, and with thousands of maps now available online, you can view maps that were once visible to only the privileged few. This hands-on workshop will explore collections of historical maps and showcase how Google Earth and other freely available tools can be used to locate and view maps. Participants will have an opportunity to join the ranks of cartographers by making their own maps using tools provided by MAGIC.

Michael Howser is an Undergraduate Education & GIS Librarian at the University of Connecticut Libraries Map and Geographic Information Center – MAGIC. With interests in increasing access to maps and geographic information, Michael enjoys assisting individuals with locating and creating maps.

Bill Miller is the Map Library Manager at the University of Connecticut Libraries Map and Geographic Information Center – MAGIC. With over 200,000 historical maps from throughout the world, each day presents an opportunity to explore the world, with some of these maps being added to the MAGIC website. Bill loves to share gems from the MAGIC collections and promises to showcase a few maps which will likely spark your imagination.

#### SESSION V - OCTOBER 22

#### Are you on Facebook?

#### Instructor: Beth Rumery, UConn Avery Point

Learn how to stay connected with friends and family for free through Facebook. This social networking tool allows you to follow and learn from groups and individuals with similar interests as well.

Beth Rumery is the Undergraduate Services Librarian at the UConn Avery Point Library. She has worked in college and university academic libraries since 1987. Her approach to teaching information literacy and lifelong learning is to share examples that are relevant to students' needs with a lean toward humor whenever possible

#### **SESSION VI - OCTOBER 29**

## Tracking Down the Best Health Information on the Web

#### Instructor: Valori Banfi, UConn Storrs

This presentation will highlight a goldmine of good health information from the world's largest medical libraries – the National Library of Medicine, and the National Institute of Health. Patients and consumers alike can depend on these free sites for information that is authoritative and up to date.

Valori Ann Banfi is the Library Liaison for Nursing at the UConn Library. She has worked as a medical librarian since 1981. She worked at Hartford Hospital as a Clinical librarian for Medicine, and at the prestigious Texas Medical Center in Houston, Texas. Valori enjoys collaborating with the School of Nursing's faculty and students at UConn.

#### MATTATUCK MUSEUM PRESENTS LUNCH & LEARN TRILOGY

## **MATTATUCK MUSEUM ARTS & HISTORY CENTER**

See Registration Form to sign up for the Lunch & Learn Trilogy.

Tours 11:30 AM — 12:30 AM Lunch 12:30 PM in the Museum Café

Join us for private tours of three intriguing exhibits with master docent Judy Kollias. Judy is currently the co-chairperson of the OLLI Curriculum Committee and member of the OLLI Leadership Council. Judy taught Spanish language, literature and culture at Cheshire High School and at Quinnipiac University. She served as a docent at Yale Center for British Art for 10 years and is currently a docent at the Mattatuck Museum Arts and History Center.

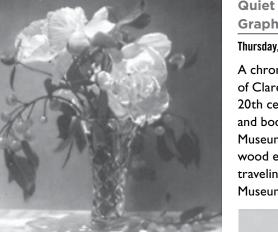
# Where Lies Beauty: The Josephine McMillen and Lois Livingston McMillen Exhibition

#### Thursday, September 23, 2010

This exhibition features five women artists who utilize and contest conventional notions of art-making in works that demonstrate how beauty remains relevant in post-modern art. These artists use new and traditional techniques to explore their estrangement from their own heritage, the landscape and the environment, bioengineering, and the view from the window and in the window.



Grand Constellation Vessel, 2009 by Susan Madacsi



Peonies and Cherries by Anne McCrory; 2009 Jack Richeson Award winne

# The 17th Annual National Exhibition of the Pastel Society

#### Thursday, October 28, 2010 Community Gallery of the Mattatuck Museum

More than 125 works from artists throughout the United States feature the best in contemporary pastels and demonstrate the range of subject, technique, and tone in award-winning artists' works.

# **Quiet Spirit, Skillful Hand: The Graphic Work of Clare Leighton**

#### Thursday, November 18, 2010

A chronological and stylistic overview of Clare Leighton's career as one of the 20th century's most import printmakers and book illustrators. The Mattatuck Museum's substantial holding of Leighton wood engravings complement the traveling exhibition from The Mint Museum of Art.



Maple Sugar by Clare Leighton

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See Registration form to sign up for these trips.

Enjoy day trips with OLLI members planned by the Travel Committee. If you have suggestions for future trips, you can leave them in the OLLI Suggestion boxes at either Information table addressed to the Travel Committee. See "Some Facts for OLLI Travelers" below. Join us for OLLI Travel and learn about new and old places waiting to be explored!





#### Fall in Tarrytown, New York!

Thursday, October 14 Price: \$50 - separate check to OLLI at UConn (includes bus transportation and admission – lunch is not included) Bus leaves Waterbury at 8:30 AM - arrives back at 5:45 PM (from Hamilton Avenue commuter parking lot)

First stop is Sunnyside Mansion, the riverfront home of Washington Irving, author of "Sleepy Hollow". Sunnyside played a key role in the Hudson River School of writers, artists, and architects and is listed on the National Registry of Historic Places. This stop includes a guided tour of the house and time to explore the garden and gift shop. Lunch is not included in the price of the trip but may be purchased at the 50's style El Dorado Diner from a large menu. A guided walking tour of the Sleepy Hollow Cemetery follows lunch. It is the final resting place of Washington Irving, Andrew Carnegie, and many more historical figures.

Please note: This trip is NOT handicap accessible. It includes stairs, walking on unpaved terrain with small hills and standing up for an hour at a time. Comfortable shoes and appropriate attire are suggested as this trip will occur rain or shine.

#### **Norman Rockwell Museum**

Thursday, December 2

Price: \$75 – separate check to OLLI at UConn (includes bus transportation, admission and lunch at Red Lion Inn) Bus leaves Waterbury at 8:30 AM - arrives back at 5:00 PM (from Hamilton Avenue commuter parking lot)

Enjoy a trip to the Norman Rockwell Museum, while taking in the festive charm of the village of Stockbridge, MA during the holiday season. At the Museum, we will be treated to a Highlight Tour with one of Rockwell's models. Relate firsthand to the ageless stories that this unique American artist tells through his paintings. Next, it is on to the historic Red Lion Inn for a relaxing and delicious lunch. After lunch, take some time to look through the quaint shops of Stockbridge before returning to the museum, for added time to peruse on your own and visit the gift shop. By the end of the day, you will have traveled not only in miles, but also back in time to an era familiar to most of us. Remember to wear comfortable walking shoes.



Photo courtesy of Norman Rockwell Museun

Trips are open to current OLLI members. All travel fees must be paid when submitting annual membership/course fees with registration form. Availability will be on a first come, first served basis. If extra bus seats become available, non-OLLI members (on waiting list) will be allowed to register at an additional fee to be determined per trip. All pre-travel forms, parking/directions, and trip information will be sent with verification of your trip. Once completed and signed, forms must be returned at least one week before the date of the trip. Please make separate checks for each trip, writing the name of the trip on the memo line in the bottom left hand corner of your check. Include check with your registration form payable to OLLI at UConn. Trip fees are non-refundable.

# OLLI Health Fair

**FALL 2010** 

Friday, November 19, 2010 11:00 AM - 2:00 PM

Multipurpose Room #113 and Room #102

The UConn School of Nursing students in the Masters Entry Into Nursing (MEIN) program will be offering FREE health screenings and information to OLLI members. Screenings and information will include blood pressure check, blood sugar testing, nutrition assessments and information, and exercise routines for seniors.

The MEIN program is designed for students who already have a bachelor degree. It is a one-year calendar program that provides students an opportunity to become a Registered Nurse in an efficient and focused manner as they progress to the specialization of nursing rapidly, poised to continue their graduate education in nursing at the University of Connecticut. The MEIN program has been offered at Storrs since 2003 and opened at the Waterbury Campus in 2008

Dr. Beatrice M. Dias, of Litchfield Hills Dermatology and Board Certified Dermatologist, will be conducting free skin cancer screenings as sponsored by the American Academy of Dermatology. Participants will fill out a short questionnaire, receive materials on various types of skin cancers and participate in a modest skin exam.

Dr. Dias completed her Dermatology residency training at the University of Pennsylvania in Philadelphia and further trained as a Fellow in Dermatology at Memorial Sloan-Kettering Cancer Center in New York City. Dr. Dias is Board Certified by the American Board of Dermatology and is a member of the American Academy of Dermatology.

Pre-registration is required. Please sign up for this event on the membership registration form.

#### OLLI AT UCONN OFFERS THE AARP DRIVER SAFETY COURSE



#### The power to make it better."

On today's challenging roadways, we need to be able to adapt quickly to the demands imposed by changing traffic patterns, more cars and trucks, and the changes in our bodies as we age. The AARP Driver Safety Program is the nation's first and largest classroom driver safety course designed especially for drivers age 50 and older. There are no on-the-road or written tests. Participants learn how to operate their vehicles more safely in today's increasingly challenging driving environment.

The 8-hour course offers drivers:

- · Insight into how age-related changes in vision, hearing and reaction time affect driving
- · Information about the most dangerous situations for older drivers
- · Tips for driving with trucks, buses and other large vehicles
- Strategies for handling aggressive and impaired drivers
- · Recommendations for scanning habits, mirror adjustments and following distances
- · Ways to evaluate unsafe driving habits.

Upon completion, participants will receive a Certificate which they can submit to their insurance companies for an insurance discount. State law mandates that all insurance companies must provide a discount of at least 5% off liability insurance for at least two years for those 60 and older. Check with your insurance company to verify the discount.

### Tuesdays, September 21 and 28 Tuesdays, October 12 and 19

#### **Registration and Cost**

Please call 203-236-9924 to register today!

Fees are payable on the first day of class in the classroom (UConn Waterbury campus, Room 119)

\$12 AARP Member (you must bring your membership number to the first class)

\$14 Non-AARP-member

OLLI Membership is not required to register



# OLLI Partnership Events

OLLI members will receive discounts for events sponsored by partnering organizations.

#### THE PALACE THEATER



#### Your Palace, Your Place...for the Best in Entertainment

Show your OLLI membership card at the box office or call 203-346-2000 for a 15% discount on the following shows!

Photo courtesy of Louis Belloisy

#### **MICHAEL AMANTE**

#### Saturday, October 23, 2010 - 8:00 PM

Michael Amante is affectionately known as the "People's Tenor," and has been crowned the "Prince of High C's" for his remarkable ability to hit and sustain with ease one of the highest notes of a tenor's voice. With his long history of singing popular Rock and Gospel music coupled with extensive classical Bel-Canto training, he is able to sing with a strength and mastery rarely heard anywhere in the world. His combination of suave all American good looks, romantic charm and emotionally charged singing have helped the singer make an intimate connection with fans across the globe. OLLI member discounts: \$47, \$39, \$30



# Fiddler Roof

#### FIDDLER ON THE ROOF

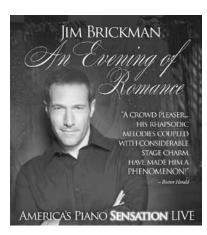
Friday, January 28, 2011 — 8:00 PM Saturday, January 29, 2011 — 2:00 PM and 8:00 PM

Based on the stories of Sholom Aleichem, Fiddler on the Roof has been lauded by critics again and again, and won the hearts of people all around the world. Filled with a rousing, heartwarming score, which includes "Tradition," "Matchmaker, Matchmaker," "If I Were a Rich Man" and "Sunrise, Sunset," the show is a timeless classic. No other musical has so magically woven music, dance, poignancy and laughter into such an electrifying and unforgettable experience. OLLI member discounts: \$53, \$49, \$40

#### JIM BRICKMAN

#### Saturday, February 12, 2011 - 8:00 PM

This year finds two-time-Grammy-nominated, platinum-selling, pianist and composer Jim Brickman creating a musical celebration for audiences seeking an escape from the hectic demands of everyday life! In a very special concert, Jim will take fans on a musical journey playing the hits like "Valentine," "Love of My Life," "If You Believe," "Never Alone" and more! Enjoy an evening of dazzling solo piano, vibrant vocals plus warmth and humor that has people returning year after year! OLLI member discounts: \$56, \$39, \$30



#### Oh What A Night of Doo-Wop & Rock 'N Roll

#### Presented by LAR

Saturday, May 14, 2011, 8:00 PM

Tickets: OLLI member discounts: \$43, \$30

For more great Palace Theater shows, go to palacetheaterct.org and remember our Friday Senior discounts between 10:00 AM and 2:00 PM. Special offers may not be combined with other discounts or promotional offers. Fees excluded from discounts

#### WATERBURY SYMPHONY ORCHESTRA



The WSO is offering a 20% discount to OLLI members on any single ticket purchase to any of the concerts during the 2010/2011 season.

Call: 203-574-4283 or visit: waterburysymphony.org

#### CONNECTICUT DANCE THEATRE



Connecticut Dance Theatre will offer OLLI members a 10% discount on ticket prices for all Fall/Winter performances. Come to the Sugar Plum Tea Party, November 20, 1:00 - 3:00 PM for an afternoon of fun with the Sugar Plum Fairy and the Nutcracker Prince. Meet and dance with Clara and the Nutcracker cast.

#### **Festival of the Trees**

#### Dec. 3, 4, 5, 11, 12, 17, 18

Connecticut Dance Theatre will transform our new Home at the Howland Hughes Building into a Magical Winter Wonderland with special performances of music, dance and song from holiday classics with whimsical surprises from around the world. Tickets TBA



#### **Donna Bonasera**

For all CTD events, contact Donna Bonasera at CDTstudio in the new location at 120-140 Bank Street 860-459-6855

Connecticut Dance Theatre recently moved to the Historic Howland Hughes building in downtown Waterbury.



#### **NEW! OLLI MEMBERS ARE MUSEUM MEMBERS**

#### **MATTATUCK MUSEUM ARTS & HISTORY CENTER**

#### **OLLI Program Membership Benefits**

- Members of the OLLI Program have unlimited free admission to the Museum by showing their OLLI membership cards.
- Discounted admission to the First Thursday Concert Series at the Museum; OLLI Members receive the same discount as Mattatuck Museum members.
- Free Admission to Museum Exhibition Openings.
- All communications from the museum to the OLLI staff and members will be sent by email. To receive emails OLLI members must sign up at the Mattatuck Museum Arts & History Center web site.

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Parking in the UConn Parking Garage on days **other than Friday** is limited to degree-seeking students, faculty, and staff. Please use alternative street level or municipal parking. Please register for these events on membership registration form.

#### OLLI FOR A DAY - OPEN HOUSE

Tuesday, August 17, 2010 9:00 AM – 3:00 PM

Calling all former, current, and future OLLI Members! This event is open to the general public. OLLI members are encouraged to attend and bring their friends. Attendees will be eligible to enter a drawing for a free OLLI membership! Bring your post card invitation and drop it in the silver box!

9:00 AM – 10:00 AM – Continental Breakfast, Fall Registration, and Information Tables

**10:00 AM** – Special Presentations by OLLI Members!

The Accelerating Universe – In the 1920s Edwin Hubble showed that the universe was



not static and unchanging, but that it was expanding, with galaxies moving further away from each other. This motion of the galaxies is thought to be driven by a cataclysmic

event at the beginning of time known as the big bang. In 1998, however, it was found that rather than slowing down, the expansion was actually picking up speed, with the galaxies accelerating away from each other.

**Dr. Philip D. Mannheim**, University of Connecticut Professor of Physics will explore this phenomenon that surprised even the physics community.

Visit Committee tables and OLLI On-site Registration in the main concourse

**12:00 Noon** – Bring your own lunch or enjoy a special OLLI discount lunch at participating downtown restaurants. Details provided at Open House.

# YOUR CHOICE OF FOUR AFTERNOON PROGRAMS! 1:30 PM

OLLI goes to the Movies! Award-Winning PBS Documentary Series, "Young@Heart"

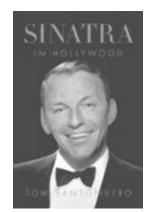
#### Room #113 (Option A on registration form)



"A crowd-pleaser in the best sense, this alternatively hilarious and heartbreaking movie will leave you with a new lease on life." – David Ansen, Newsweek – (popcorn will be served)

American Icons: Doris Day, Barbra Streisand, and Frank Sinatra

#### Room # 333 (Option B on registration form)



Photograph of Frank Sinatra © 19. Ted Allan/MPTV net

Mixing film clips with anecdotes and illustration, author **Tom Santopietro** examines the music and acting careers of three very different, distinctly American icons – Barbra Streisand, Doris Day, and Frank Sinatra – whose success

projected the image of America across the globe in the twentieth century. A graduate of the UConn School of Law, Tom has managed over thirty Broadway shows during the last 25 years and has authored three books.

#### **Preserving the Art of Dance**

CT Dance Theatre, This class is held at Howland Hughes Building, 120 Bank Street, Waterbury (Option C on registration form)

Donna Bonasera, founder and Artistic Director of CT Dance Theatre, Inc and Sheila Water Fucci, who currently teaches at CT Dance Theatre, and teaches Musical Theatre and Tap at the Warner Theatre Center for Arts Education, will share their knowledge of dance training and the historical values of preserving dance. Discussions and movement will be encouraged with class participation of how to keep dance in the forefront.

#### **Health Insurance You Can Eat!**

#### Room # 119 (Option D on registration form)

Would you like to enjoy ageing gracefully and be in good health? Chances are the top killers of men and women – heart disease, cancer, stroke and type 2 diabetes – may rob you of your desire. Learn how you may prevent and reduce the risk factors for these lifestyle diseases. See demonstrations of simple and great tasting dishes that are gluten-free or easily adaptable-dishes anyone can make.

Jane Sirignano will be presenting the Food for Life Nutrition & Cooking classes which are sponsored by the Cancer Project. Fall classes welcome cancer survivors, friends, family and anyone interested in cancer prevention and healthy eating.

#### SPECIAL VETERANS DAY EVENT

#### Invisible Wounds: The Hidden Cost Borne by America's Veterans

Friday, November 12, 2010
1:30 PM – 3:00 PM in the Multipurpose Room
Light refreshments will be served.

Events open to the public include celebrations, film premiers, author talks, special lectures, and other programs.

On Veterans Day, we seek to honor the sacrifice of those who endured the greatest test of their lives in service to our country. Although we continue to accurately tally our dead from Operation Iraqi Freedom and Operation Enduring Freedom in the thousands and our wounded in the tens of thousands, it is very difficult to tabulate the proportion of veterans affected by post traumatic stress disorder and other mental disorders that are a result of their combat experiences. According the Department of Veterans Affairs, nearly half of all diagnosis made in VA hospitals for veterans of the war on terror include mental disorders. In light of this, the United States military and

the Department of Veterans Affairs have developed initiatives not only to treat, but also to understand the effects of combat stress.

Jay White is a Readjustment Counselor at the Hartford Vet Center. He has served twice in Iraq (2003 and 2005-2006) with the 883<sup>rd</sup> Medical Company, US Army Reserves of Boston, MA. In OIF I, he was embedded with the 3<sup>rd</sup> Infantry Division in the beginning phase of the war and was there to support the soldiers by leading critical incident stress debriefs following traumatic events. During his second deployment, he helped run a troop Mental Health "outpatient clinic" at Camp Victory. His talk will address the issues related to combat stress and their effects on military personnel both in combat and back home in the United States. He is currently responsible for counseling veterans of Operations Iraqi and Enduring Freedom at the Hartford Vet Center. He is also an appointee to the Special Committee for Post-Traumatic Stress Disorder (PTSD) to advise the Under Secretary for Health of the Department of Veterans Affairs regarding the development of policies of care for veterans with PTSD. In September 2009, White addressed the UConn Storrs Veterans Advising Symposium on how the classroom environment can be more supportive to student veterans.

#### CONNECTICUT POETRY CIRCUIT

#### SOCIETY FOR FINANCIAL AFFAIRS

Wednesday, October 27, 12:30 PM — 2:00 PM Room #113 - 116

Louisiana-born and educated Jack B. Bedell's poetry "dazzles with a quiet brilliance all its own, a luster born of simple things, with stirring poems of desire, familial love and fatherhood, and with real-life places and encounters,

at once exotic and familiar," writes Diane Thiel. Bedell is the author of five collections of poems, Call and Response; Come Rain, Come Shine; What Passes for Love; At the Bonehouse, and Greatest Hits. Heather Ross Miller praises Bedell's recreation of a place "full of Louisiana Cajun zest, quick to anger and quick to forgive" and his "remarkably examining lyrics that grab hold and won't let go." His recent work appears in such journals as Southern Review, Hudson Review, Connecticut Review, Paterson Literary Review, Texas Review, and Southeast Review. He has also edited French Connections: A Gathering of Franco-American Poets.

Currently, **Dr. Jack Bedell** is the Woman's Hospital Distinguished Professor in the Humanities at Southeastern Louisiana University where he also serves as editor of Louisiana Literature and director of Louisiana Literature Press. He and his wife Beth have two sons, Jack, Jr. and Samuel Eli, and a baby girl, Emma Louise.

## Pass Tuesday

#### **Passport To Retirement**

Tuesday / Thursday, October 5, 7 5:00 PM — 7:00 PM, Multipurpose Room

This financial-planning seminar will educate and help participants overcome the roadblocks to a successful retirement. The presentation topics (with statistics and case studies) will serve as a

passport to help make sound financial decisions, allowing participants to:

- Define and create your retirement
- Assess the costs of retirement
- Evaluate sources of income
- Invest for the future
- Protect your health and wealth
- Receive funds from retirement plans
- Manage your estate distribution

Using a planning workbook, participants will answer personal questions to help navigate topics of retirement, focusing on roadblocks to a successful retirement, defining your retirement while assessing the costs, how to protect your investments, and managing your estate, wills and trusts. Attendance at both sessions will be most beneficial.

James W. Coleman, Sr. is an independent financial advisor with two decades of experience in the financial services industry. He hosts a radio talk show, All About Money, on WATR. He has authored Educated Investing: Your Guide to Surviving, and Thriving in the Fast-Paced Global Markets of the 21st Century and is the SOFA (Society for Financial Awareness) Connecticut Chapter President.

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# Events Open to the Public

#### UCONN WATERBURY RESEARCH LECTURE SERIES

Parking in the UConn Parking Garage on days **other than Friday** is limited to degree-seeking students, faculty, and staff. Please use alternative street level or municipal parking.

# The Copyist Figure in Henry James

#### Wednesday, September 22 12:45 PM – 1:45 PM, Room #333

American society changed, at the end of the nineteenth century, "from a culture of imitation to a culture of authenticity," a movement best seen in the development of the modern art museum, with its exclusive emphasis on authentic, original objects. The American novelist Henry James (1843-1916) represents a kind of counter-tradition within this movement that recognizes the positive value of copying. He included copyist figures—that is, painters who copied primarily Old Master paintings—in stories and novels throughout his career. For James, copying can represent the romantic imagination, high idealism, the greatest adventure of the human spirit.

**Glen MacLeod** is a professor of English at UConn Waterbury. His talk is from part of his current book-project focusing on authenticity in American art and literature.

#### **How to Lie with Statistics**

#### Wednesday, October 20 12:45 PM — 1:45 PM, Room #333

This lecture is based on a book with that name by Darrell Huff, published in the 1950's. It is a brief book with lots of pictures that deals with how politicians, advertisers and others can tell the truth but twist the facts to make their point. The talk will also discuss how to challenge these statements.

#### Edward H. Freeman, JD, MCP, MCT

is an attorney and educational consultant in West Hartford, Connecticut. He has written over 70 articles on computer technology, privacy, security and legal issues. He is also an adjunct faculty member at Central Connecticut State University, St. Joseph College in West Hartford and the University of Connecticut – teaching math and computer science courses.

# Lifelong Learning Means Everyone! Intergenerational Programming at UConn

#### Wednesday, December 8 12:45 PM — 1:45 PM, Room #333

Lifelong learning, in its broadest definition, would include learning across the life span. In keeping with this definition, UConn's OLLI program has identified the development of intergenerational programming as one of the Institute's goals.

**Dr. Brian Chapman**, Director, and **Dr. Laura Donorfio**, Associate Professor and OLLI Faculty Liaison, will describe the types of OLLI programs, courses, staffing, academic internships, research, and events that have been developed over the past five years to support this initiative.



Neag School of Education -

**Teacher Certification Program for College Graduates** 

Information Sessions: September 23 and October 19 Waterbury Campus – 6:30 PM, Multi-Purpose Room #113

Become a Teacher (Grades 7-12) and Earn a Master's in One Year!

#### **Subject Areas**

Agriculture - English - History/Social Studies

Mathematics - Science

World Languages (French, German, Italian, Latin, Spanish)

RSVP to 203-236-9926 or ann\_marie.niesobecki@uconn.edu



# World Affairs Council — Connecticut and OLLI

The World Affairs Council is a non-partisan organization which promotes public understanding of global affairs and world issues by sponsoring programs, discussion series and seminars on international politics, business and culture. OLLI members can purchase tickets to World Affairs Council programs and events at World Affairs Council Member prices. To view upcoming programs please go to: www. ctwac.org and to participate in this offer please call the council at 860-416-2844.

## For

# **University of Connecticut**

# UConn School of Business BAProgram

#### **Open Houses in Waterbury**

## Thursday, September 9 – Wednesday, October 6 – Tuesday, November 2 – Thursday, December 2

Monthly MBA Program Open Houses will be held for anyone interested in UConn's part-time, full-time or Executive MBA programs. Information sessions will begin at 5:00 and 6:00 PM. MBA admissions, curriculum and course scheduling will be discussed. Please call (203) 236-9935 or email glen.richardson@business.uconn.edu if you have any questions or wish to RSVP to an MBA Open House.

#### **Open House for Prospective Undergraduates**

#### Saturday, October 23 10:00 AM — 12:00 PM

Prospective students and their families are invited to explore our academic programs and learn more about financial aid and scholarship opportunities. Faculty, staff, and current students



will be on hand to answer your questions. For more info call: (203) 236-9803

RSVP @ www.waterbury.uconn.edu

#### **Contact Us**

For more information call 203-236-9924 or 203-236-9925. Email: osher@uconn.edu or visit our website at www.waterbury.uconn.edu/osher

# Waterbury Campus W Main St Exit 32 Exit 32 Exit 31 Scoville St 84

#### Directions

The UConn campus is located at 99 East Main Street in Waterbury, across the street from the Palace Theater. Parking and directions to campus can be obtained from our website, www.waterbury. uconn.edu/osher or by calling 203.236.9924.

#### Parking

By special arrangement with the UConn Waterbury campus, OLLI membership includes University parking privileges in downtown Waterbury. Parking passes are issued to paid members and presenters. OLLI members can use their parking pass in the UConn garage located on North Elm Street on a space available basis. Parking is allowed ONLY on levels 2 and 3. Parking on level 1 is reserved for faculty and staff only and is not permitted for students or OLLI members. OLLI members can also use the Scovill Street Garage on levels 5 and 6 by displaying their UConn parking pass. The Scovill Street Garage is located opposite the campus and directly behind the Palace Theater—it is a short walk through a paved courtyard to the UConn campus

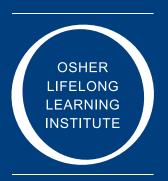
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Osher Lifelong Learning Institute The University of Connecticut 99 East Main Street Waterbury, CT 06702



OLLI Photos Courtesy of Tom Kmetzo and UConn, Waterbury I.T. Department



The Osher Lifelong Learning Institute at UConn is guided by the OLLI Leadership Council which is the principal representative body of the OLLI membership. Composed of founding OLLI members and elected officers, the Council helps foster the growth and sustainability of the Institute. OLLI members serving on standing committees, in conjunction with the OLLI Director and Assistant Director, carry out the operation of OLLI at UConn. OLLI is always seeking new members to get involved in curriculum planning, membership development, hospitality, communications, and travel and events through various committees. For a list of current council members and committee information please visit our website or call 203-236-9924.

The lifelong learning initiative began with seed money, market research, and technical support from the Leever and Connecticut Community Foundations. Currently, the Institute is made possible by the generosity and support of the Bernard Osher Foundation, the University of Connecticut and private donations.

The University of Connecticut's Waterbury campus serves more than 1,100 students annually. In its sixty years of operation, UConn Waterbury has opened the doors to educational access and excellence to thousands of Connecticut residents, many of whom have distinguished themselves in the fields of community service, business, education, law and politics. Today, the campus is located in a modern, state-of-the art facility in the heart of downtown Waterbury. Our neighbors are the historic Palace Theater and a new arts magnet middle and high school, making our location a beacon for educational and cultural enlightenment. Students enjoy quality interaction with great professors and participate in research opportunities that enrich the college experience. An extensive range of undergraduate and graduate course offerings and study areas are available. Visit us online: www.waterbury.uconn.edu.