



(OLLI) at the University of Connecticut, Waterbury, CT

Lifelong Learning | Providing older adults with opportunities to engage in intellectual development, cultural stimulation, and social interaction.

Celebrating Our 5th Year!



SPRING 2011

March 18 - May 13

SUMMER 2011

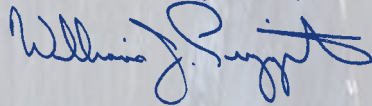
Tuesday, Wednesday, Thursday
June 7-30

WELCOME

to the University of Connecticut's Waterbury Campus!

Welcome to the University of Connecticut, Waterbury campus! Our campus proudly serves Waterbury and the region by delivering educational programs for undergraduate, graduate, and lifelong learning students in a dynamic, accessible, state-of-the-art environment. We are equally proud to be associated with the Bernard Osher Foundation and the network of one hundred twenty two (122) Osher Lifelong Learning Institutes across the United States. We express deep thanks to Bernard and Barbro Osher for their generosity and vision with regard to the lifelong learning movement. Whether you will be connecting with college for the first time, reconnecting with higher education, or coming back to UConn, we want this to be a positive and enriching experience. OLLI members bring a unique and positive energy to our campus through their enthusiasm and their depth of life experience in various careers, family life, and civic engagement. I extend a warm welcome to each and every one of you. Please enjoy your time here and savor the fun of learning.

William J. Pizzuto, Ph. D.



Director, UConn Waterbury Campus

Welcome to one and all. This is going to be a pivotal year in our OLLI life as we are entering our "Year of Sustainability" in the Osher Lifelong Learning Institute program. We have built our membership, grown our programs, and are now seeking a permanent endowment from the Osher Foundation. We will need a continued commitment from all to help in recruiting new OLLI members and we are now asking for help with our fundraising endeavors. As we enter our "Year of Sustainability" in the Osher Lifelong Learning Institute family, we can look back on our combined accomplishments and know that each and every one of our OLLI members, presenters, Leadership Council people, OLLI administrators and the UConn Waterbury community have played an important and integral part in helping us realize our mission and goals. To one and all I add my acknowledgements and deep appreciation for the hard work done by everyone.

Let us move forward in the coming semesters to continue to work with one another, to partner with the Waterbury community, to continue to offer programs, speakers, travel opportunities and OLLI Café presentations that enrich our lives and make education a joyful learning experience. I hope you enjoy the new semesters that are upon us and continue to appreciate the genuine welcome and graciousness extended to us by the UConn Waterbury faculty and staff.

Nancy Via



President, OLLI at UConn Waterbury



From the Desk
of the
Director of OLLI

OLLI at UConn—Our Fifth Year!

Congratulations! Your commitment to learning, your commitment to the University of Connecticut, and your commitment to the Waterbury campus have helped us shape and grow OLLI at UConn into a wonderful family.

We are pleased to announce the start of our fifth year! At the start of this important year we will be applying for an endowment through the Bernard Osher Foundation—please see pages 6, 7 & 27 for details. This is a very critical milestone in our history as a program within the University. The success of any OLLI program is based on the generosity of the Bernard Osher Foundation and in-kind support of the Institution, but equally as important is direct, local support from members and friends of OLLI. As members of the OLLI at UConn Family, your volunteerism and donations will always be needed and deeply appreciated. We continue to keep our fees as low as possible and encourage your tax-deductible donations; this decision allows us to provide broad access to OLLI and allows you to personally determine additional support to the program.

If you have been impacted in a positive way by OLLI at UConn—expected or unexpected—I would like to ask you to consider doing one or more of the following as we kick off our fifth year:

- **Share** your enthusiasm—encourage a friend to join OLLI at UConn!
- **Contribute** a donation—support our continued success!
- **Celebrate** with all of us—mark your calendar with several OLLI events and courses in 2011
- **“Save the Date”**—Friday evening, June 27th, for a very special and important evening with OLLI members and friends. Details will be forthcoming soon!

As we move into another momentous year, I wish to express deep thanks to everyone at OLLI at UConn, UConn Waterbury, and the many creative individuals from all corners of Connecticut who have collectively created this success story!

Sincerely,

Brian G. Chapman, Ed.D.
Director of OLLI at UCONN

REGISTRATION

OLLI at UConn has completed the piloting of its new computer system – we continue to improve the way we record information and process registrations. Please know that during this transition we are changing the way we mail registration confirmations. Regardless of when you mail your registration, do not expect a confirmation until early March! Registrations are still first-come, first-served with members always receiving the first opportunity to register.



Mission

OLLI at UConn is a member-driven, community-responsive program offering non-credit learning experiences (courses, lectures, and special events) for older adults who want to engage socially and intellectually with their peers as teachers and learners. Situated on an intimate, state-of-the-art university campus with traditional-age students and research faculty, OLLI also provides fertile ground for an intergenerational interaction and exchange of ideas. The urban campus reaches out to a diverse region which provides opportunities for partnership with other cultural, educational, and arts organizations.



Annual Membership Benefits

OLLI operates on twelve-month membership cycles extending from March to February of the following year OR September to August of the following year, depending on when you joined. Members are entitled to register for courses for all sessions that occur within their membership cycle.

Membership Cycle Examples

Members who joined OLLI in spring / summer 2010 had a membership cycle from March 2011 through February 2012. These members will need to renew their membership now and pay the annual \$60 membership fee (new membership will extend from March 2011 to February 2012).

Members who joined OLLI in fall 2010 have a membership cycle from September 2010 through August 2011. These people remain members through August 2011 and do not pay the membership fee at this time (they will renew their membership in September 2011).

A member joining OLLI for the first time in spring / summer 2011 will have a membership cycle from March 2011 to February 2012.

**FEES ARE
NON-REFUNDABLE!**

Annual OLLI Membership is \$60 - this is also called Basic Membership. When a member pays the annual \$60 membership, benefits include:

- Membership to Mattatuck Museum (see pages 30 & 37 for details)
- Participation in OLLI Café and other Lunchtime Activities
- Opportunity to register for OLLI courses (note fee structure)
- UConn Waterbury parking pass allows parking when on campus (see directions / parking on last page for restrictions)
- Discounts for OLLI partnership events
- Entrance to Special OLLI Events
- Year-round notices about additional OLLI programs
- OLLI membership card
- Opportunity to participate in OLLI Trips
- Priority Registration

PLEASE REFER TO:

- Class Fee Structure
- Class Times and New Added Locations



Why Lifelong Learning?

Enjoyment, fulfillment, intellectual stimulation, shared enthusiasm, challenging discussions, enriching existing friendships and forging new ones – these benefits merely begin to answer the question, “Why Lifelong Learning?”

Lifelong learning is an educational philosophy that embraces a comprehensive definition of human inquiry; educational activities can and should be available through all stages of life. We are endowed at birth with insatiable curiosity and an incredible capacity to learn. Spend a few moments watching a group of children who encounter something completely new that captures their attention and challenges their intellect. There is pure delight in the adventure of experimentation and the thrill of discovery.

The magnificent news is that there is no expiration date on inquisitiveness and imagination. Lifelong learning is a gift we give ourselves that allows us to once again experience that sense of awe and wonder, coupled with the satisfaction of mastering a new skill or adding to our store of knowledge. For adult learners, lifelong learning offers the added practical benefit of maintaining brain health.

Cognitive stimulation, otherwise known as “exercise for your brain,” is essential to maintaining high cognitive functioning in later life. “Cognition is dependent upon brain function and brain function can be improved through physical exercise and cognitive stimulation. Lifelong learning institutes offer older adults a myriad of opportunities to enhance their cognitive function.” (Simone & Scullin, 2006)

Harkening back to the days when we were encouraged to seek a well-rounded education, we now have the opportunity to engage fully and

ask the deeper questions using our own life histories and those around us. Lifelong learning allows us to relish – either again or for the first time – the big ideas of art, history, music, health, philosophy, politics, religion, science and more. And not just with our contemporaries, but with people ten, twenty, or thirty years older or younger. Some OLLI courses and programs are designed to be intergenerational, with college undergraduates working alongside OLLI members. The mix of young and old in a university setting opens up new worlds of interest, re-examination, excitement, varying points of view, and sometimes a healthy level of controversy. It enlivens our mind, helps focus our life, and gives us new insights to the world around us. And there are no exams! So come and revel in the experience of learning for the joy of it!

Ann Moriarty is reminded so much of a young former headmaster whose mantra was “I’m alive. I’m alert. I feel great.” “This, without a doubt, applies to the opportunities afforded me at OLLI. Classes are intellectually challenging while the OLLI Café offers diverse programs that continue to pique my curiosity. Participation in the curriculum and membership committees helps to enrich my friendships and to keep my mind active, alert and alive.”

Joe Correia loves Fridays. “They’ve always been a favorite day of the week, even more so now that I can look forward to spending the day with the interesting and enjoyable people I meet from all walks of life at OLLI. I’ve had the opportunity to broaden my horizons by attending classes ranging from Shakespeare to Egyptian mythology and all the presenters have exceptional backgrounds. I sincerely hope that OLLI remains successful so that this remarkable program continues.”

Joe Correia
OLLI Member

Ann Moriarty
OLLI Member

To join and register for spring/summer classes, please fill out the enclosed membership form and return by Wednesday, March 9, 2011. Please use the designated course number(s) to indicate your class choice(s) on membership registration form.

FEEES ARE NON-REFUNDABLE

*“I didn’t know what to expect.
It turned out to be an engaging
learning experience – a springboard
to critical thinking!”*



The University of Connecticut
FOUNDATION
I N C O R P O R A T E D

Funding the Osher Lifelong

OLLI at UConn is currently funded by grants, membership and course fees, and in-kind support from the University. Initial seed funding was provided by the Leever Foundation and the Connecticut Community Foundation in 2005, leading to a successful application to the Bernard Osher Lifelong Learning Institute’s program.

How are we supported by the Bernard Osher Foundation?

Beginning in 2006, OLLI at UConn received \$100,000 per year for operational expenses from the Osher Foundation’s Lifelong Learning Grant Program. These funds have been used to provide staffing, equipment, promotion, and other day-to-day expenses. OLLI at UConn received these critical funds in each of the last four years as a result of its successful membership growth and quality programming.

Will we continue to be supported by the Bernard Osher Foundation in coming years?

Due to its strength and success, OLLI at UConn has been invited to apply for a \$1 million Osher Foundation Endowment in early 2011 – this would allow OLLI to have partial funding in perpetuity with the endowment providing approximately \$40,000-50,000 (interest on investment) toward our annual operations in lieu of the \$100,000 we have been receiving during each of the past four years. Obviously, the potential impact of receiving this generous gift is enormous and would provide great stability for our future. This new stability is achieved not without challenges, however. Our operating revenue will be cut by 50% as a result.

What are the advantages of an endowment?

Endowments provide long-term stable funding. Endowment principal (the one million dollars) can never be spent. Rather, the \$1 million gifted to OLLI at UConn Waterbury would be invested and the Institute would receive a pre-determined portion of the annual interest each year. Unused portions of the interest (if any) would be added back to the initial principal to increase the size of the endowment as a future hedge against inflation.





Learning Institute (OLLI) at the University of Connecticut

How can I help?

As we prepare for the future, we need to rely more heavily on individual donations from members and non-members who believe in the transformative work of lifelong learning and want to support its continuation and growth. You can help by making a tax-deductible donation of any size to our OLLI Sustainability Fund, and/or by remembering OLLI and UConn Waterbury in your estate planning (“Planned Giving”). Every individual who donates to OLLI at UConn demonstrates local community support for lifelong learning and reinforces the commitment of the Bernard Osher Foundation. We have created an OLLI family here at UConn and together we can proudly sustain an Institute that improves the lives of thousands.

You can help by making a tax-deductible donation of any size to our OLLI Sustainability Fund. If you are considering a large gift for a specific purpose, a multi-year pledge and/or would like information about including OLLI and UConn Waterbury in your estate planning, please contact Brian Chapman, Director of OLLI at 203-236-9881 or brian.chapman@uconn.edu. To make a donation in support of the “OLLI Sustainability Fund” please follow the instructions below.

- To donate online go to UConn Foundation’s website: www.foundation.uconn.edu – In the box provided, identify the Gift Designation by entering “OLLI Sustainability Fund (22682).”
- To donate by phone call: 800.269.9965 or 860.486.5000
- To donate appreciated securities call: 860.486.2965
- To donate via check, please make your check payable to: The University of Connecticut Foundation, Inc.

Please always remember to mention and include in memo: “OLLI Sustainability Fund (22682).”

Mailing Address:

The University of Connecticut Foundation, Inc.
*Attn: Data Services
2390 Alumni Drive, Unit 3206,
Storrs, CT 06269-3206

What is the OLLI Sustainability Fund?

Donations to the fund will benefit the general operation of the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut - Waterbury Campus.

Why are all donations payable to “The University of Connecticut Foundation?”/What is the role of the UConn Foundation?

The University of Connecticut Foundation is a tax-exempt corporation that operates exclusively to promote the educational, scientific, cultural, and recreational objectives of the University of Connecticut. As the primary fundraising vehicle for the University, the Foundation’s mission is to solicit, receive and administer gifts and financial resources from private sources to support UConn’s pursuit of excellence in teaching, research and public service. Donations to OLLI and UConn Waterbury are invested by the UConn Foundation. For more information about the UConn Foundation please visit: www.foundation.uconn.edu.

IMPORTANT NOTICE

Your gift will be received by The University of Connecticut Foundation, Inc., a Connecticut non-profit that exists exclusively to benefit UConn. All contributions are used to support the donor’s intention and are subject to certain administrative fees that are used to support Foundation operating expenses as well as other priority needs determined by the School, College or unit receiving the gift. For additional information please visit our website at www.foundation.uconn.edu. Donors to the Foundation have the right to request that their gifts remain anonymous. You may obtain a copy of the Foundation’s financial report, or you may contact us at 2390 Alumni Drive, U-3206, Storrs, Connecticut 06269, or 800-269-9965. The Foundation is exempt from registration as a charitable organization in a number of states and jurisdictions. If the Foundation is required to register and comply with state laws related to charitable contributions, the official registration, documents and financial information can be obtained from that state’s Attorney General, Secretary of State, or other charitable solicitation licensing agency. For additional state contact information, please visit our website.

REGISTRATION WITH A STATE AGENCY DOES NOT CONSTITUTE OR IMPLY ENDORSEMENT, APPROVAL OR RECOMMENDATION BY THAT STATE.

OLLI-At-A-Glance

SPRING COURSE TITLES / COURSE NUMBERS / CATEGORY / PAGE NUMBERS

Please use designated course number as your choice on membership registration form!

ART & ART HISTORY

- AH-405** Talking of Michelangelo: Myths and Masterpieces
Virginia Bush..... 16

COMPUTERS

- CO-401** Not Your Father's Internet
Cindy Eastman..... 16
- CO-402** Using Google Sketchup to Design Your Favorite Project
George Sirois..... 18
- CO-404** The Many Faces of Google
Peter Freeman..... 13
- CO-405** Digital Photography Basics
Peter Freeman..... 12

CULTURE & LANGUAGE

- CL-402** Conversational German I: Auf Deutsch, bitte!
Irene Zemaitaitis..... 15
- CL-403** Conversational German II: Wie sagt man das auf Deutsch?
Irene Zemaitaitis..... 18
- CL-407** ¡Vamos a Hablar! – Let's Talk Spanish!
Stacey Groshart..... 15
- CL-409** Culinary Waterbury
Ruth Glasser..... 16

GENEALOGY

- GE-401** What Branch Are You From? Researching Your Family Tree
Polly Gunther..... 16

HORTICULTURE

- HC-401** Don't Treat Your Soil Like Dirt...
Chris Baliko..... 14

HEALTH & WELLNESS

- HW-402** Food for Life! Nutrition and Cooking
Jane Sirignano..... 18
- HW-404** Chinese Medicine: The Path to Spirit's Harmony or Evil's Disease
William Courtland..... 18
- HW-405** Reiki Level I
Barbara Schafer..... 13
- HW-409** Unlocking Secrets of Health & Longevity Using Ayurveda, Part II
Dr. Eashwarlall Ramdhani..... 13

HISTORY

- HS-407** South America: An Ally on the Loose
Diego Cardenas..... 13
- HS-421** Walking the Camino de Santiago
Gabriella Brand..... 14
- HS-422** Italian Cities of the Dead, Part II
Dr. Bart DePetrillo..... 19
- HS-423** American History Continues – 1901 to 1945
Penny O'Connell..... 15
- HS-424** The Empire Strikes Back
David Reed..... 18
- HS-425** European History for Travelers
Diane Stone..... 17
- HS-426** What is More Lasting Than Brass?
Raechel Guest..... 19

LITERATURE & WRITING

- LW-412** Gone With The Wind – the Novel
Penny O'Connell..... 18

MUSIC

- MU-410** Opera: A Passion for the Ages, Part II
Nunzio De Filippis..... 19
- MU-406** You CAN Learn to Sing on Pitch – Joyfully!
Julie Cook..... 14
- MU-407** Music: A Path to Wholeness
Julie Cook..... 14

PERFORMING ARTS

- PA-405** The Joy of Acting
Aleta Staton / DaMone McCollum..... 16
- PA-410** The Words and Music of Irving Berlin
Dr. Stuart Brown..... 13
- PA-401** Dance for the Love of It!
Donna Bonasera..... 12
- PA-403** All Tapped Out, Part I
Sheila Waters Fucci..... 12
- PA-409** All Tapped Out, Part II
Sheila Waters Fucci..... 12
- PA-411** Life is a Cabaret – New York Cabaret Comes to Waterbury!
Sue Matsuki..... 18

PERSONAL DEVELOPMENT

- PD-401** Memories, Memories... Let Your Life Speak!
Sandra Noel..... 13
- PD-404** Dressing for a Lifestyle: Oh By the Way, What is That?
Ann Maily-Long..... 17
- PD-411** Memories, Memories!...Life Story Workshop
Sandra Noel..... 14
- PD-412** It's Never Too Late to Start Minding Your Own Business
Paul Hammer..... 17

PHILOSOPHY & RELIGION

- PR-401** The Gospel of Mary Magdalene
Rev. Dr. James Bradley..... 14
- PR-403** Egyptian Mythology - Amdu-What? Part II
Carol Rizzolo..... 15
- PR-405** Religions & Spiritual Practices of the World
Maria Decsy..... 16

SOCIAL SCIENCES

- SS-405** You Can Fight City Hall
Anthony DiGennaro..... 16

VISUAL ARTS

- VA-401** Go Green! Create Paintings with Torn Paper
Carol Moore..... 14
- VA-402** Drawing on the Right Side of the Brain
Judy Jaworski..... 15
- VA-406** Beginning Art / Drawing
Aileen Singleton..... 12

SPRING COURSE TIME SLOTS / PAGES / ROOM NUMBERS

CLASS TIMES	FIRST 4 WEEKS MARCH 18, 25, APRIL 1, 8	FULL 8 WEEKS MARCH 18 - MAY 13	LAST 4 WEEKS APRIL 15, 29, MAY 6, 13
8:15 - 9:45 AM	CO-405 DIGITAL PHOTOGRAPHY BASICS Peter Freeman Page #12 Room #317	PA-410 THE WORDS & MUSIC OF IRVING BERLIN (6 WEEKS) Stuart Brown Page #13 Room #218	HW-409 USING AYURVEDA, PART II Dr. Eashwarlall Ramdhani Page #13 Room #203
	HS-407 SOUTH AMERICA: AN ALLY ON THE LOOSE Diego Cardenas Page #13 Room #323	PD-401 MEMORIES, MEMORIES, LET YOUR LIFE SPEAK Sandra Noel Page #13 Room #318 HW-405 REIKI I Barbara Schafer Page #13 Room #102	
10:00 - 11:30 AM	CO-404 MANY FACES OF GOOGLE Peter Freeman Page #13 Room #317	VA-401 - GO GREEN: PAINTING WITH TORN PAPER (7 CLASSES) Carol Moore Page #14 Room 102D PD-411- LIFE STORY WRITING WORKSHOP Sandra Noel Page #14 Room #324	MU-406 YOU CAN LEARN TO SING ON PITCH - JOYFULLY! Julie Cook Page #14 Room #227G
	MU-407 MUSIC: A PATH TO WHOLENESS Julie Cook Page #14 Room #227G	CL-407 VAMOS A HABLAR! LET'S TALK SPANISH! Stacey Groshart Page #15 Room #213 VA-402 DRAWING ON THE RIGHT SIDE OF THE BRAIN Judy Jaworski Page #15 Room # 217	
	HS-421 WALKING THE CAMINO DE SANTIAGO Gabriella Brand Page #14 Room #207	PR-403 EGYPTIAN MYTHOLOGY: AMDU-WHAT? PART II Carol Rizzolo Page #15 Room #218 CL-402 CONVERSATIONAL GERMAN, PART I Irene Zemaitaitis Page #15 Room #318	HC-401 DON'T TREAT YOUR SOIL LIKE DIRT... Chris Baliko Page #14 Room #203
	PR-401 GOSPEL OF MARY MAGDALENE Rev. Dr. Jim Bradley Page #14 Room #327	HS-423 AMERICAN HISTORY: 1901-1945 Penny O'Connell Page #15 Room #333	
11:40 AM - 1:00 PM	AH-405 TALKING OF MICHELANGELO Virginia Bush Page #16 Room #203	PR-405 RELIGIONS & SPIRITUAL PRACTICES OF THE WORLD (6 WEEKS) Maria Decsy Page #16 Room #207	SS-405 YOU CAN FIGHT CITY HALL Anthony DiGennaro Page #16 Room #203
		GE-401 WHAT BRANCH ARE YOU FROM? (6 WEEKS) Polly Gunther Page #16 Room #217	
	CL-409 CULINARY WATERBURY! Ruth Glasser Page #16 (no classroom)	CO-401 NOT YOUR FATHER'S INTERNET Cindy Eastman Page #16 Room #317	
		PD-412 START MINDING YOUR OWN BUSINESS Paul Hammer Page #17 Room #318 PA-405 THE JOY OF ACTING Aleta Staton / DaMone McCollum Page #16 Room #102	

OLLI-At-A-Glance

SPRING COURSE TIME SLOTS / PAGES / ROOM NUMBERS

CLASS TIMES	FIRST 4 WEEKS MARCH 18, 25, APRIL 1, 8	FULL 8 WEEKS MARCH 18 - MAY 13	LAST 4 WEEKS APRIL 15, 29, MAY 6, 13
1:15 - 2:45 PM	PD-404 DRESSING FOR A LIFESTYLE... Ann Maily-Long Page#17 Room #318	CL-403 CONVERSATIONAL GERMAN, PART II Irene Zemaitaitis Page #18 Room #217	HS-425 EUROPEAN HISTORY FOR TRAVELERS Diane Stone Page #17 Room #203
		LW-412 GONE WITH THE WIND, THE NOVEL Penny O'Connell Page #18 Room #333	
		HW-404 CHINESE MEDICINE... William Courtland Page #18 Room #327	
		HS-424 THE EMPIRE STRIKES BACK David Reed Page #18 Room #201	
		PA-411 LIFE IS A CABARET! Sue Matsuki Page #18 Room 102	
		HW-402 FOOD FOR LIFE! Jane Sirignano Page #18 Room #119	
3:00 - 4:30 PM		MU-410 OPERA, PASSION FOR THE AGES PART II Nunzio De Filippis Page #19 Room #201	HS-422 ITALIAN CITIES OF THE DEAD, PART II Bart DePetrillo Page #19 Room #217
		HS-426 WHAT IS MORE LASTING THAN BRASS? Raechel Guest Page #19 Room #203	

OLLI OFF-SITE CLASSES

TUESDAYS 12:00 PM - 1:30 PM	PA-401 DANCE FOR THE LOVE OF IT! Donna Bonasera 8 Classes - March 15, 22, 29, April 5, 12, 19, 26, May 3 Page #12 CT Dance Theatre, 3rd fl. Howland Hughes Building, Bank St.
	PA-403 ALL TAPPED OUT, PART I Sheila Waters Fucci 8 Classes - March 15, 22, 29, April 5, 12, 19, 26, May 3 Page #12 CT Dance Theatre, Howland Hughes Building, Bank St., 1st fl.
TUESDAYS 2:00 PM - 3:30 PM	PA-409 ALL TAPPED OUT, PART II Sheila Waters Fucci 8 Classes - March 15, 22, 29, April 5, 12, 19, 26, May 3 Page #12 CT Dance Theatre, 1st fl. Howland Hughes Building, Bank St.
TUESDAYS 1:30 PM - 4:00 PM	VA-406 BEGINNING ART / DRAWING Aileen Singleton 6 Classes - March 22, 29, April 5, 12, 19, 26 Page #12 Mattatuck Museum

SUMMER COURSE TITLES / COURSE NUMBERS / CATEGORY / PAGE NUMBERS

Please use designated course number as your choice on membership registration form!

ART & ART HISTORY

AH-406 The Marriage of Heaven And Earth
Virginia Bush.....21

CULTURE & LANGUAGE

CL-408 Basic Conversational Italian
Dr. Bart DePetrillo.....21

HEALTH & WELLNESS

HW-408 Health Insurance You can Eat!
Jane Sirignano.....21

HORTICULTURE

HC-402 How Does Your Garden Grow?
Jude Hsiang.....20

LITERATURE & WRITING

LW-411 Writing As a Transformative Art
Dorothy Sterpka.....20

MUSIC

MU-411 Opera: A Passion For The Ages, Part III
Nunzio De Filippis.....21

MU-408 Singing for Fun and Well-Being
Julie Cook.....21

MU-409 Beethoven: The Life & Music of a Genius
Jane Davis Sine.....20

PERSONAL DEVELOPMENT

PD-413 Bridge Club Advances
Joyce McMillan.....21

PHILOSOPHY & RELIGION

PR-402 The Making of Christian Faith: Beyond Religion
Rev. Dr. John Pelletier.....20

PR-404 The Gnostic Christian Witness
Rev. Dr. Jim Bradley.....20

SUMMER COURSE TIME SLOTS / PAGES / ROOM NUMBERS

CLASS TIMES	4 CLASSES	7-8 CLASSES
8:30 AM - 10:00 AM	TUESDAY, JUNE 7, 14, 21, 28 HC-402 HOW DOES YOUR GARDEN GROW? Jude Hsiang Page #20 Room #TBA	
10:15 AM - 11:45 AM	TUESDAY, JUNE 7, 14, 21, 28 LW-411 WRITING AS TRANSFORMATIVE ART Dorothy Sterpka Page #20 Room #TBA WEDNESDAY, JUNE 8, 15, 22, 29 PR-402 THE MAKING OF CHRISTIAN FAITH: BEYOND RELIGION Rev. Dr. John Pelletier Page #20 Room #TBA	TUESDAY/THURSDAY, JUNE 7/9, 14/16, 21/23, 28/30 PR-404 THE GNOSTIC CHRISTIAN WITNESS Rev. Dr. Jim Bradley Page #20 Room #TBA
12:00 PM - 1:30 PM	TUESDAY, JUNE 7, 14, 21, 28 MU-408 SINGING FOR FUN & WELL BEING! Julie Cook Page #21 Room #227G WEDNESDAY, JUNE 8, 15, 22, 29 AH-406 MARRIAGE OF HEAVEN & EARTH Virginia Bush Page #21 Room #TBA TUESDAY, JUNE 7, 14, 21, 28 MU-409 BEETHOVEN: THE LIFE & MUSIC OF A GENIUS Jane Davis Sine Page #21 Room #TBA	TUESDAY/THURSDAY, JUNE 7/9, 14/16, 21/23, 28/30 CL-408 BASIC CONVERSATIONAL ITALIAN Dr. Bart DePetrillo Page #21 Room #318
12:30 PM - 2:15 PM		TUESDAY/THURSDAY, JUNE 7/9, 14/16, 21/23, 28/30 HW-408 HEALTH INSURANCE YOU CAN EAT Jane Sirignano Page #21 Room #119
1:45 PM - 3:15 PM		TUESDAY/THURSDAY, JUNE 7/9, 14/16, 21/23, 28 (7 CLASSES) PD-413 BRIDGE CLUB ADVANCES Joyce McMillan Page #21 Room #102 TUESDAY/THURSDAY, JUNE 7/9, 14/16, 21/23, 28/30 MU-411 OPERA: PASSION FOR THE AGES, PART III Nunzio De Filippis Page #21 Room #TBA

Course Descriptions

SPRING SESSION

OLLI OFF-SITE CLASSES

PA-401

Dance for the Love of It!

Presenter: Donna Bonasera

8 classes – Tuesdays from 12:00 PM – 1:30 PM

March 15, 22, 29, April 5, 12, 19, 26, May 3 - \$40

NOTE: This class is held on Tuesdays at the CT Dance Theatre in the Howland Hughes building on Bank Street – 3rd floor.

Learn the many styles of dance, and at the same time learn the history of famous choreographers such as Fred Astaire and Gene Kelly. Enjoy this movement course and the positive effects dance has on our well being – mind, body and soul – and the health benefits as well.

PA-403

All Tapped Out – Part I

Presenter: Sheila Waters Fucci

8 classes – Tuesdays from 12:00 PM – 1:30 PM

March 15, 22, 29, April 5, 12, 19, 26, May 3 - \$40

NOTE: This class is held on Tuesdays at the CT Dance Theatre in the Howland Hughes building on 120 Bank Street – 1st floor.

This movement class is tap dancing! Learn the basics of tap as an instrument and art form, along with studying the different techniques of tap and the great tap artists of our time – great exercise for both body and mind. Tap shoes required.

PA-409

All Tapped Out – Part II

Presenter: Sheila Waters Fucci

8 classes – Tuesdays from 2:00 PM – 3:30 PM

March 15, 22, 29, April 5, 12, 19, 26, May 3 - \$40

NOTE: This class is held on Tuesdays at the CT Dance Theatre in the Howland Hughes building on 120 Bank Street – 1st floor.

Tappers! If you have tap experience, this is the class for you! Tap shoes required.



VA-406

Beginning Art / Drawing

Presenter: Aileen Singleton

6 classes - Tuesdays from 1:30 PM - 4:00 PM

March 22, 29, April 5, 12, 19, 26 - \$40 (supplies)

NOTE: This class is held on Tuesdays in the Munger Room at the Mattatuck Museum

The desire to draw is as natural as writing your name. By learning a few basic skills, anyone can draw. These skills are the foundation to work in the art mediums of charcoal and colored pencils. Drawing is easier than you think, whatever your skill level or interest – whether it is landscapes, still life drawings, creating a portrait of a person or pet, or simply drawing from your imagination.

OLLI ON-CAMPUS CLASSES

8:15 AM – 9:45 AM

CO-405

Digital Photography Basics

Presenter: Peter Freeman

4 Classes – Fridays from 8:15 AM – 9:45 AM

March 18, 25, April 1, 8 - \$20

Room #317

This hands-on/lecture computer course will cover how a digital camera works, photo composition, and photo processing using Google's free photo editing tool, Picasa. Participants must be familiar with the computer and internet. Bring your digital camera. There will also be a field trip.

“Presenter was fascinating. Her knowledge of art was so widespread and in depth and she shared it so well.”

**HS-407
South America: An Ally on the Loose**

Presenter: Diego Cardenas
4 Classes – Fridays from 8:15 AM – 9:45 AM
March 18, 25, April 1, 8 - \$20
Room #323

This course is intended to show the political situation of South America and what role the U.S. played in this state of affairs. It will cover how the S.A. countries were formed – their political, social and economic structures – and the challenges they are now facing. What will the future hold and how will it impact the people of South America and the U.S.?

**HW-409
Unlocking the Secrets of Health and Longevity Using Ancient Ayurveda, Part II**

Dr. Eashwarlall Ramdhani
Co-presenter: Linda Carosella
4 Classes – Fridays from 8:15 AM – 9:45 AM
April 15, 29, May 6, 13 - \$20
Room #203

This program is a continuation of the Ayurveda Awareness class held in the fall. It will continue to explore Ayurveda as a system of medicine and as a personalized way of achieving and maintaining long-term well-being. This phase will focus on the importance of detoxification, yoga and chakra healing, women's health, and the management of stress and other diseases. It will also compare both Ayurveda and allopathic medicine in the prevention and treatment of such diseases. Some of the controversies surrounding the use of Ayurvedic herbs in the USA will also be discussed.

**PA-410
The Words and Music of Irving Berlin**

Presenter: Dr. Stuart Brown
6 Classes – Fridays from 8:15 AM – 9:45 AM
March 18, 25, April 1, 8, 15, 29 - \$30
Room #218

Jerome Kern once said: "Irving Berlin has no place in American music, he is American music." Berlin wrote over 1,500 songs

including "Alexander's Ragtime Band," "God Bless America," and "White Christmas." He also wrote the score to numerous movies and 19 Broadway revues and book musicals. The course will look at Berlin's life and influence which covered the first half of the 20th century.



**PD-401
Memories, Memories... Let Your Life Speak!**

Presenter: Sandra Noel
8 Classes – Fridays from 8:15 AM – 9:45 AM
March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40
Room #318

Every life is a story; every legacy an album of story types; every person an unfinished story. Genealogies give us heritage; but it is in the stories that life and connection happen. The art of life story applies active listening to engage in the conversational process with ourselves and others. It involves moving our stories from the internal to the external, sharing who we are, recognizing and integrating various story types and reviewing

how our story is influenced and shaped by history, culture, traditions, etc. Members will learn to frame and develop their life stories through timelines and key toolsets.

**HW-405
Reiki Level 1**

Presenter: Barbara Schafer
Assistants: Rosemary Tolletti, and Cecilia Baranowski, Reiki Master Teachers
8 Classes – Fridays from 8:15 AM – 9:45 AM
March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40 (recommended book)
Room #102

Reiki is a non-invasive, caring way of energizing, restoring and balancing the energy centers in our bodies. Why take this course? To heal yourself and others in body, mind and spirit, reduce stress and promote profound relaxation, enhance health and prevent illness, feel more energized, improve mental clarity, increase creativity, calm yourself and others, and promote a sense of deep peace and well being. The course will cover definition, history, basic principles, how it works, the chakras and energy field. Participants will practice doing Reiki on self and others and will receive a Reiki attunement. Anyone can learn it!

10:00 AM – 11:30 AM

**CO-404
The Many Faces of Google**

Presenter: Peter W. Freeman
4 Classes – Fridays from 10:00 AM – 11:30 AM
March 18, 25, April 1, 8 - \$20
Room #317

Google has a reputation for being the most popular search engine for finding information on the Web. Most users, however, do not know about the many free hidden tricks and tools that are buried in Google. This hands-on lecture course will show you where to look and how to use the hidden power in Google to discover the powerhouse that Google really is. Participants must have computer internet knowledge.

Some courses have required and/or recommended reading. The UConn Co-op bookstore welcomes OLLI members and carries a supply of most required or recommended books. OLLI members are also entitled to join the Co-op OLLI Book Club to save money on their book purchases. A Co-op book card will be issued to new members only. Please see Co-op for details AND keep your Co-op book card from session to session.

Course Descriptions



MU-407 **Music: A Path to Wholeness**

Presenter: Julie Cook
4 Classes – Fridays from 10:00 AM – 11:30 AM
March 18, 25, April 1, 8 - \$20
Room # 227G UCONN Library

Listen deeply and discover how music can return us to a state of wholeness. We will explore healing practices from various cultures and perform healing actions as a group using our voices and a few simple instruments. These practices can then be taken home and used to renew ourselves in our daily lives. Come learn, relax, and enjoy the balm of music! No prior music experience is required.

HS-421 **Walking the Camino de Santiago**

Presenter: Gabriella Brand
4 Classes – Fridays from 10:00 AM – 11:30 AM
March 18, 25, April 1, 8 - \$20
Room #207

Named a UNESCO World Heritage Site, the 500-mile Camino of northern Spain has attracted millions of spiritual and religious seekers, tourists, hikers, and adventurers since the 8th century. This course will focus on the history and folklore of the Camino as well as on practical aspects of walking this trail.

PR-401 **The Gospel of Mary Magdalene**

Presenter: Rev. Dr. James Bradley
4 Classes – Fridays from 10:00 AM – 11:30 AM
March 18, 25, April 1, 8 - \$20 (recommended book)
Room #327

There was a profoundly powerful movement in the earliest church that was suppressed and then almost eradicated by the institutional church. Parts of the Gospel are attributed to Mary Magdalene's survival. This course will present a view into the earliest church's spirituality that would have altered greatly the history of Christianity.

MU-406 **You CAN Learn to Sing on Pitch—Joyfully!**

Presenter: Julie Cook
4 Classes – Fridays from 10:00 AM – 11:30 AM
April 15, 29, May 6, 13
Room #227G UCONN Library

This relaxed, fun class is for those of us who have been told we “can’t carry a tune in a bucket”. This painful message is most likely not true—tone deafness is a rare condition. Members will identify and release early experiences that led to this label, engage in deep listening and experience the vibration of resonating with a tone. Exercises will lead to the gentle acceptance of our voices

and the joy of singing simple songs together. No special voice quality or prior music experience is necessary. On completion of this class, members will be ready for the June class “Singing for Fun and Well-Being”.

HC-401 **Don't Treat Your Soil Like Dirt: An Introduction to Organic Land Care**

Presenter: Chris Baliko
4 Classes – Fridays from 10:00 AM – 11:30 AM
April 15, 29, May 6, 13 - \$20
Room #203

This class is an introduction to organic land care and will discuss ways to create a healthier and safer environment. Focus will be on creating a healthy soil and transitioning gardens and turf from a synthetic to an organic program. We will discuss how and where to get organic products and what cultural practices can be done to keep soils healthy.

VA-401 **Go Green! Create Paintings with Torn Paper**

Presenter: Carol Moore
7 Classes – Fridays from 10:00 AM – 11:30 AM
March 18, 25, April 1, 8, 15, 29, May 6 - \$35 (supplies)
Room #102D

Create paintings and works of art using torn paper from catalogs and magazines. All you need is glue (modge podge) and paper. Participants will create small collages, a large floral and self portrait. No experience necessary.

PD-411 **Memories, Memories... Life Story Writing Workshop**

Presenter: Sandra Noel
8 Classes – Fridays from 10:00 AM – 11:30 AM
March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40 (notebook or personal computer)
Room #324

This life story writing workshop will encourage and stimulate the continual process of painting a portrait of our lives in words. We will further develop our skills of externalizing our stories, reflecting and sharing who we are, recognizing and integrating our various story types and reviewing how our story is influenced by history, culture, traditions, spirituality and family and relationship networks. Members will learn formatting and editing techniques



as well as utilizing tools to refine and expand stories. Resultant writings from this workshop can be a basis for legacy and memoir writing and publication.

CL-407
iVamos a hablar! -
Let's Talk Spanish!

Presenter: Stacey Groshart
8 Classes – Fridays from 10:00 AM – 11:30 AM
March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40
Room #213

Through poetry, prose, movies, music and art we will discover the rich Spanish language and diverse Hispanic culture. Members will learn how the culture is expressed through simple sentences, vocabulary, and open discussion.

VA-402
Drawing on the Right
Side of the Brain

Presenter: Judy Jaworski
8 Classes – Fridays from 10:00 AM – 11:30 AM
March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40
(required book & supplies)
Room #217

This course is designed to expand your powers of perception through drawing, increase your visual awareness and develop a new mode of seeing. Participants will explore various methods of perfecting your skill. Everyone has the latent ability with proper guidance.

PR-403
Egyptian Mythology:
Amdu-What? Part II

Presenter: Carol Rizzolo
8 Classes – Fridays from 10:00 AM – 11:30 AM
March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40
Room #218

In 1922, archaeologist Howard Carter discovered the long-buried tomb of King Tut. The walls of this hidden treasure were covered with mysterious and beautiful images known as The Amduat or The Book of the Hidden Chamber. The ancient Egyptian book (the Amduat) is divided into 12 hours of the night journey of the Egyptian Sun God. Each class covers a single hour as it was depicted in the ancient tombs. Join us as we explore the rich world of Egyptian mythology revealed by these exquisite drawings.

“Instructor encourages participation in a gentle way which makes you want to participate.”

CL-402
Conversational German I -
Auf Deutsch, bitte!

Presenter: Irene Zemaitaitis
8 Classes – Fridays from 10:00 AM – 11:30 AM
March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40
(recommended book)
Room #318

Learn the basics of the German language with an introduction to vocabulary, grammar and dialogs and exercises in conjunction with textbook. Short quizzes will be conducted as feedback. Each class will start out with a review from the last session – exercises are completed in class or at home. Class participation is encouraged.

HS-423
American History Continues -
1901-1945

Presenter: Penny O'Connell
8 Classes – Fridays from 10:00 AM to 11:30 AM
March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40
Room #333

This period in American history has a great story arc beginning with Republican Theodore Roosevelt and ending with his cousin, Democrat Franklin Roosevelt and his wife Eleanor, niece to Theodore. In between these two icons are William Howard Taft, Woodrow Wilson and World War I, Warren G. Harding, Calvin Coolidge, Herbert Hoover, The New Deal, America's role in World War II and America's emergence as a superpower.

Course Descriptions

11:40 AM – 1:00 PM

Note: These classes conflict with OLLI Café and other lunchtime offerings.

AH-405

Talking of Michelangelo: Myths and Masterpieces

Presenter: Virginia Bush

4 Classes – Fridays from 11:40 AM – 1:00 PM
March 18, 25, April 1, 8 - \$20
Room #203

A survey of sculpture, painting and architecture by the young prodigy who carved the David, the papal employee who painted the Sistine Ceiling and began the Tomb of Julius II, the Florentine Republican who nonetheless served Medici rulers, and the increasingly spiritual devotee who dominated the artistic life of 16th century Rome.

CL-409

Culinary Waterbury

Presenter: Dr. Ruth Glasser

Guest Presenters: Dr. Paula Philbrick and Dr. Kristina Gibson

4 Classes – Fridays from 11:40 AM – 1:00 PM
(culinary adventures paid by each member)
March 18, 25, April 1, 8 - \$20
(no classroom)

Waterbury is home to a growing variety of ethnic groups all of whom have their own distinctive cuisines. Or do they? In this course, we will discuss the ways in which food is both local and global, historical and always in the process of reinvention. We will, of course, conduct our discussions over the tables of a different ethnic restaurant each week.

SS-405

You Can Fight City Hall!

Presenter: Anthony DiGennaro

4 Classes – Fridays from 11:40 AM – 1:00 PM
April 15, 29, May 6, 13 - \$20
Room #203

This course will examine the nature of local government in Connecticut, its organization and powers. Special emphasis will be placed on education and zoning. The ability of the individual citizen to influence local policy will be the overall theme. Bring a copy of your town charter (available from town clerk) or a copy of the state statutes – available online, (Google Connecticut State Statutes) or at any public or college library or town clerk office.

PR-405

Religions and Spiritual Practices of the World

Presenter: Maria Decsy

6 Classes – Fridays from 11:40 AM – 1:00 PM
(recommended book)
March 18, 25, April 1, 8, 15, 29 - \$30
Room #207

Too often we see the religions of the world in competitive terms of differences and divisions. During these classes, we shall ponder together the common grounds, the wisdom, and the spiritual treasures of Hinduism, Buddhism, Taoism, Confucianism and Shinto, as well as of Judaism, Christianity and Islam. We will also touch on the unwritten traditions of native people, including aboriginal Australians and Native Americans. Religions, on their best behavior, already supply the foundation for better individual and global order and have the power to awaken in us the universal call to compassion, kindness and justice.

GE-401

What Branch Are You From? Researching Your Family Tree.

Presenter: Polly Gunther

6 Classes – Fridays from 11:40 AM – 1:00 PM
March 18, 25, April 1, 8, 15, sixth class will be trip to State Library (TBD) - \$30
Room #217

This course will focus on the fundamentals of genealogy. Participants will learn how to organize, use and properly record genealogy information, in addition to learning to use census records, vital records, church records, immigration records and search for information on the Internet. A Saturday field trip to the CT State Library's Dept. of History and Genealogy is planned.

“The professor’s expertise was absolutely astounding.”



CO-401

Not Your Father's Internet

Presenter: Cindy Eastman

8 Classes – Fridays from 11:40 AM – 1:00 PM
March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40
Room #317

The Internet has created a whole new way of communicating with family, friends and the world. If you have a computer at home, put it to work for you; start an online diary or reconnect with old classmates. If you are already comfortable exploring the Internet, become more comfortable with it in this self-paced course designed to ease the casual user into useful productivity.

PA-405

The Joy of Acting

Presenter: Aleta Staton

Co-Presenter: DaMone McCollum

8 Classes – Fridays from 11:40 AM – 1:00 PM
March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40
Room #102

It is never too late to study acting, either with hopes of joining the profession or as a fun hobby. Find your inner character and expand upon it through acting exercises, improvisation and scene study in this hands-on acting class. Work with other adults to explore the craft of acting with a seasoned professional actor and your peers. Learn to observe, critique and revise your own work. Create your own monologue or scene.

“Great Class! Instructor is positive, has a supportive attitude, and the knowledge and information she shares is priceless.”

Investigate character development methods, vocal inflections and accents, movement, stage direction, performance techniques and much more. Find out where to perform locally. Whether you are a bashful beginner or a thespian looking for a class, you can celebrate who you are through this fun, active exploration of the craft of acting!

PD-412
It’s Never Too Late to Start Minding Your Own Business!

Presenter: Paul Hammer
8 Classes – Fridays from 11:40 AM – 1:00 PM
March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40
(recommended book)
Room #318

If you’ve ever dreamed of starting your own business, this course will allow you to think about turning that dream into reality. After considering the type of product or service you might wish to offer you will develop a business plan and explore sources of financing while examining best practices and potential pitfalls in your industry. Your final

assignment will be to prepare and deliver a presentation tailored to investors and lenders. Those members who wish to use this course as a launching pad to actually start a business will be provided with individual counseling and referrals.

1:15 PM – 2:45 PM

PD-404
Dressing for a Lifestyle: Oh By the Way, What Is That?

Presenter: Ann Maily-Long
4 Classes – Fridays from 1:15 PM – 2:45 PM
March 18, 25, April 1, 8 - \$20
Room #318

This course is geared for women and will focus on a positive way to know your body shape and the How, When, and Where to dress for your age, occasion, place, time of day, or time of year.

HS-425
European History for Travelers: Placing Europe’s Greatest Hits in Historical Context to Enrich Your Vacation Experience

Presenter: Diane Stone
4 Classes – Fridays from 1:15 PM – 2:45 PM
April 15, 29, May 6, 13 - \$20
Room #203

The great tourist attractions of Europe are on every traveler’s “bucket list” because they never cease to amaze. After all, we Americans come from a 235 year old country and what we see in Europe can be hundreds or even 1,000 or more years old. Most are icons of the ages and knowing something about that timeframe will place them in a historical, political, social and cultural context, bringing them to life in new and interesting ways. Whether you’ve already been or you’re planning a trip, join us for this journey to have a greater understanding of the places you’ve been and/or be armed with new insights for your next trip abroad.



Course Descriptions

PA-411

Life is a Cabaret – New York Cabaret Comes to Waterbury!

Presenter: Sue Matsuki

8 Classes – Fridays from 1:15 PM – 2:45 PM

March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40

Room #102

Have you ever dreamed of singing a great old American Songbook Classic in an intimate club setting, dressed to the nines? Do you like songs by the Gershwins, Porter or Ellington as sung by the likes of Ella, Sinatra, Peggy Lee, Nat King Cole, to name a few? Well this would be the class for you. Learn how to interpret a song or face your fears of public speaking by singing! No previous performance experience required. Being musical helps but we will work with you on any level. Bring two pieces of sheet music to learn (optional) but familiar tunes will be provided – for a possible performance!

CL-403

Conversational German II – Wie sagt man das auf Deutsch?

Presenter: Irene Zemaitaitis

8 Classes – Fridays from 1:15 PM – 2:45 PM

March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40

(recommended book)

Room #217

A continuation of German I – participants will follow textbook dialogs, exercises, grammar

and vocabulary. Feedback will be garnered through short quizzes. Each class will start out with a review from the last lesson before new material is introduced. It is hoped that class participation will be lively!

LW-412

Gone With the Wind, the Novel

Presenter: Penny O'Connell

8 Classes – Fridays from 1:15 PM – 2:45 PM

March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40

(required book)

Room #333

The acclaimed novel by Margaret Mitchell is the story of Scarlett O'Hara, her life and loves, set amidst the backdrop of the Civil War in the south. Discussions will include the historical issues of sectional rivalry, slavery, war, reconstruction and the impact of these issues are the characters in the novel. We will examine the fateful triangle of Ashley, Scarlett and Rhett and the issue of unrequited love.

HW-404

Chinese Medicine: The Path to Spirit's Harmony or Evil's Disease

Presenter: William Courtland

8 Classes – Fridays from 1:15 PM – 2:45 PM

March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40

Room # 327

This course will examine the two paths from which the individual can choose to live his life.

The former assists psychological growth and the latter interferes with it. Both paths will be discussed in relation to the Tao or Way of Life from which the principles of Chinese Medicine are derived. Although this course brings together two subjects, Spirit and Evil, discussed separately in previous OLLI courses, it will be presented in a way that can be understood by those attending this course for the first time.

HS-424

The Empire Strikes Back

Presenter: Dr. David Reed

8 Classes – Fridays from 1:15 PM – 2:45 PM

March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40

Room #201

This class approaches modern Russian history by drawing on cultural and historical influences from the past. It attempts to present the history as a panorama rather than isolated events. Each session is highlighted by a DVD pertinent to the subject.

HW-402



Food for Life! Nutrition & Cooking

Presenter: Jane Sirignano

8 Classes – Fridays from 1:15 PM – 3:00 PM

March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$50

(recommended book)

Room # 119

Learn cancer-related nutrition topics and see how to prepare nutrient-dense, fiber-rich meals. Enjoy sampling delicious recipes that are gluten-free or easily adaptable, heart-healthy, and Type 2 diabetes-defeating. For cancer survivors, friends, family, and anyone interested in getting and staying healthy. Sponsored by The Cancer Project www.cancerproject.org and New Morning Natural and Organic, Woodbury. A food shopping tour of New Morning is included.

CO-402

Using Google Sketchup to Design your Favorite Project

Presenter: George Sirois

8 Classes – Fridays from 1:15 PM – 2:45 PM

March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40

Room #317

Google Sketchup is an easy-to-use, free, powerful, 3-dimensional design tool which allows even a computer design novice to quickly master Computer Aided Design



for the design of complex projects from furniture to houses, to pottery, to any place your imagination can take you. This course will teach the basics of the tool and allow members at course completion to be able to design fairly complex projects, with the help of tutorials. First time users will be excited to see their projects visible from every angle after only a few minutes of instruction.

3:00 PM – 4:30 PM

HS-422

Italian Cities of the Dead, Part II

Presenter: Dr. Bart DePetrillo

4 Classes – Fridays from 3:00 PM – 4:30 PM

April 15, 29, May 6, 13 - \$20

Room #217

Cemeteries are truly magnificent open-sky museums to be visited, rather than shunned. Members will learn the historical evolution of the burial practice – in general and in Italy. Famous Italian cemeteries will be featured, highlighting the historic and artistic data of each. Slides of the most celebrated memorials will be enriched by historical and biographical information of the most celebrated personalities resting in these sacred fields.



MU-410

Opera: A Passion for the Ages, Part II

Presenter: Nunzio De Filippis

8 Classes – Fridays from 3:00 PM – 4:30 PM

March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40

(recommended book)

Room #201

From the end of Bel Canto to Verdi, Ponchielli and Boito to Offenbach, Saint-Saëns and Bizet: “Italian and French Opera in the late half of the nineteenth century.” This course will continue to provide a brief introduction to the history of the evolution of opera, supported by viewings and discussions of a selected number of operas and opera themes.

HS-426

What is More Lasting Than Brass? Waterbury’s Industrial History— Past, Present and Future

Presenter: Raechel Guest

8 Classes – Fridays from 3:00 PM – 4:30 PM

March 18, 25, April 1, 8, 15, 29, May 6, 13 - \$40

Room #203

Waterbury’s city motto, *Quid Aere Perennius* (What is More Lasting Than Brass?), was chosen in the late 19th century, when Waterbury was the brass capital of the world. By the late 20th century, the brass industry was gone. Its legacy, good and bad, continues to shape the city today. This course will bring to life the industrial history and its legacy through images and first-hand accounts.

“This is the fourth time taking this class – I’ve always learned something new and it helps center me in my personal life.”

Course Descriptions

SUMMER SESSION

8:30 AM – 10:00 AM

HC-402

How Does Your Garden Grow?

Presenter: Jude Hsiang

4 Classes from 8:30 AM – 10:00 AM

Tuesdays, June 7, 14, 21, 28 - \$20

Room #TBA

With midsummer approaching, the growing season is in full swing. We will discuss our vegetable gardens, ornamental plants and lawns. The focus will be on gardening techniques that will improve the health of the soil, the plants, and the gardeners!

10:15 AM – 11:45 AM

LW-411

Writing as Transformative Art

Presenter: Dorothy Sterpka

4 Classes from 10:15 AM – 11:45 AM

Tuesdays, June 7, 14, 21, 28 - \$20

Room #TBA

This creative writing course is designed to allow members to write freely about whatever is important to them in order to discover themselves in a special way. Participants will read short models of writing

and then use free writing, meditation, and creative writing techniques to help them to express themselves in memoirs and poems. The healing result of this process can result in understanding, playfulness, and often joy.

PR-402

The Making of the Christian Faith: Beyond Religion

Presenter: Rev. Dr. John Pelletier

4 Classes from 10:15 AM – 11:45 AM

Wednesdays, June 8, 15, 22, 29 - \$20

Room #TBA

Walter Brueggemann, reknown theologian and scripture scholar, suggests, 'In the future, the believer will be either a mystic or nothing at all.' This course will begin with a deeper appreciation of Jesus, the man whose faith was formed under Roman occupation, having Judaism as a way of life, and in Temple worship. His personal experience of God (his mysticism) molded his preaching, teaching, and mission. He laid the foundation of the Christian faith. We will juxtapose this against the writings of the first century church (Paul's letters and the Gospels) and the church through History.

PR-404

The Gnostic Christian Witness

Presenter: Rev. Dr. James Bradley

8 Classes from 10:15 AM – 11:45 AM

Tuesdays and Thursdays, June 7/9, 14/16 21/23,

28/30 - \$40 (recommended book)

Room #TBA

An exploration of the so-called Gnostic writings of the early Church that have exploded into prominence since the remarkable discoveries of ancient texts over the past century, this class will look at the aspects and characteristics of what we call 'Gnosticism' as well as reading and discussing selected works from the 2nd and 3rd century Christian communities. There will be plenty of opportunities for small group and large group discussion of the material.

12:00 PM – 1:30 PM

MU-409

Beethoven: the Life and Music of a Genius

Presenter: Jane Davis Sine

4 Classes from 12:00 PM – 1:30 PM

Tuesdays, June 7, 14, 21, 28 - \$20

Room #TBA



“Each class has provided me with a life lesson that I have been able to use to change some of my “negative” behaviors and develop a better understanding of how to like myself better and accept myself as I am.”

Beethoven lived during a period of political and social turmoil, the age of Napoleon and the French Revolution. As we listen to his Symphony #3 (Eroica), we discover the strength and creativity in this masterpiece even as Beethoven struggles to prevail over his oncoming deafness. The course continues with the study of some of his other orchestral and chamber works in different periods and struggles of his life.

MU-408
Singing for Fun and Well-Being

Presenter: Julie Cook
4 Classes from 12:00 PM – 1:30 PM
Tuesdays, June 7, 14, 21, 28 - \$20
Room #227G

Singing together as a group lifts our hearts and has proven health benefits. Join us as we sing songs of peace, inspiration, humor, and everyday life from multiple cultures. We will also explore rounds and (maybe) simple accompaniment rhythms on percussion instruments. Absolutely no prior singing experience is required – just the desire to make a joyful sound in a supportive group.

AH-406
The Marriage of Heaven and Earth: Netherlandish Painting from Van Eyck to Breugel

Presenter: Virginia Bush
4 Classes from 12:00 PM – 1:30 PM
Wednesdays, June 8, 15, 22, 29 - \$20
Room #TBA

In the 14th to 16th centuries, the Renaissance painters of Flanders created images in a symbolic language that imbues everyday reality with divine significance, while reproducing the observed world with stunning clarity and sparkling detail. The course will cover the tradition of illustrated manuscripts, survey the great painters of Bruges, Brussels, Antwerp and Ghent, and see how the influence of Italy filtered into the art of the Low Countries.

CL-408
Basic Conversational Italian

Presenter: Dr. Bart DePetrillo
8 Classes from 12:00 PM – 1:30 PM
Tuesdays and Thursdays, June 7/9, 14/16, 21/23, 28/30 - \$40
Room #TBA

This elementary language course will focus on learning simple Italian expressions, enabling the traveler to ask for basic services.

12:30 PM – 2:15 PM

HW-408
Health Insurance You Can Eat!

Presenter: Jane Sirignano
8 Classes from 12:30 PM – 2:15 PM
Tuesdays and Thursdays, June 7, 9, 14, 23, 28, 30
Store Tours, June 16, 21 - \$50 (recommended book)
Room #119

Learn basic nutrition/wellness topics: protein, grains, JumpStart cleansing detox, and label reading for getting and staying healthy. See how to prepare nutrient-dense, fiber-rich meals. Enjoy sampling delicious recipes that are gluten-free, heart-healthy, cancer-fighting and Type 2 diabetes-defeating. A food shopping tour of Stop & Shop is included.

1:45 PM – 3:15 PM

PD-413
Bridge Club Advances

Presenter: Joyce McMillan
7 Classes from 1:45 PM – 3:15 PM
Tuesdays and Thursdays, June 7/9, 14/16, 21/23 and 28 - \$35
Room #102

This Bridge course requires experience, but is open to all who want to return to bridge. Must have knowledge of the game and experience in playing – emphasis on learning and improving. Participants must be committed to attending all sessions.

MU-411
Opera: A Passion for the Ages, Part III

Presenter: Nunzio De Filippis
8 Classes from 1:45 PM – 3:15 PM
Tuesdays and Thursdays, June 7/9, 14/16, 21/23, 28/30 - \$40
Room #TBA

From the end of bel canto to Wagner and Strauss the Younger to Borodin, Mussorgsky and Tchaikovsky (German and Russian opera in the late half of the nineteenth century), this course will continue to provide a brief introduction to the history of the evolution of opera, supported by viewing and discussion of a selected number of operas and opera themes.



Being a Course Presenter

for the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut, Waterbury Campus



OLLI Courses are generally led by retired, semi-retired and working educators, professionals, entrepreneurs, artists, writers, and others.

- Share your passion on a topic or set of topics
 - Inspire others to learn and explore
 - Engage with peers and community members
 - Lead learners without the administrative burdens of traditional teaching (reading papers/homework, calculating grades, etc.)
 - Develop innovative, interesting, and compelling learning experiences
 - Utilize the campus infrastructure to deliver enriching experiences for older adult learners and yourself—without the pressures of homework or testing
 - Explore topics with other learners and create a laboratory for new ideas
 - Join a national movement of adult learners at the first and only Osher Institute in Connecticut
 - Receive classroom information technology assistance
- Some of the perks . . .**
- free Basic OLLI membership
 - **One free OLLI course**
 - reasonable supplies and equipment for course instruction
 - UConn parking pass
 - Recognition event
 - Presenter Honoraria

TIME TO THINK ABOUT FALL 2011!

Fall 2011 session – Fridays from September 16 – November 4, 2011
ABSOLUTE DEADLINE for ALL course proposals – Wednesday, May 18, 2011
Please contact us if you would like to present a Fall 2011 course!
Call 203-236-9808 or email: osher@uconn.edu

INTRODUCING THE SPRING & SUMMER 2011 PRESENTERS

Chris Baliko is an Accredited Organic Land Care Professional and a member of the Northeast Organic Farming Association. He has a BS from the University of Connecticut and is co-founder of Growing Solutions, LLC, an organic land care company.

Donna Bonasera is the founder and Artistic Director of CT Dance Theatre, Inc. She is one of the few Americans to receive a diploma in the Vaganova Method of Classical Ballet while studying in Russia. She was awarded a scholarship to the American Dance Machine which preserves the original choreography of Broadway musicals and film. She is the state director for National Dance Week and is recognized nationally and internationally for training high caliber dancers and for her choreography in ballet and musical theater. Many of her students have gone on to dance professionally in ballet companies throughout the world and are featured performers on Broadway and in films.

Rev. Dr. James Bradley earned a BA in English/Political Science from West Virginia University, a Master of Theological Studies from Harvard Divinity School, a Master of Divinity from Virginia Theological Seminary and was ordained an Episcopal Priest. He also earned a Doctorate of Ministry from Hartford Seminary. He served parishes in Charleston, WV and New Haven, before

becoming Rector of St. John's in Waterbury where he served for 21 years.

Gabriella Brand is an educator, writer, inspirational speaker, and foreign language enthusiast. A former Middle School Head at various independent schools in Connecticut, Gabriella has also taught French, Spanish, Latin, and English to thousands of students of all ages and abilities. She holds an M.A. from Middlebury College, a BA from Antioch College, and a diploma from the University of Neuchâtel, Switzerland.

Dr. Stuart Brown is the Director of Student Services at UConn Waterbury. He has been the host for "On Broadway," a show music radio program, broadcast every Sunday night on WRTC-FM, 89.3, at Trinity College in Hartford, for the past 18 years. His website, <http://www.broadwayradioprograms.com>, catalogs Broadway music radio programs around the world. His blog, "Stu on Broadway," (<http://stuonbroadway.blogspot.com>) offers his critique on musical theater including reviews of Connecticut and New York theater productions.

Virginia Bush attended Wellesley College, received her PhD from Columbia University, and is a Fellow of the American Academy in Rome. She has taught in New York, New

Jersey and Connecticut, has authored articles on Italian Renaissance art history and modern art and has worked in art galleries and arts administration. Her travels throughout the U.S. and Europe have resulted in a collection of about 30,000 art images.

Diego Cardenas is Colombian. An industrial Engineer from the Universidad del Valle in Colombia, his career path has taken him to Latin America. Daily exposure to the mixture of cultures in NYC led him to explore the impact of the relationship between the two continents.

Linda Carosella (Dr. Ramdhani's co-presenter) is an Advanced Nurse Practitioner at St. Francis/UConn Primary Care Clinic in Hartford. With a BSN from St. Joseph College and an MSN from the University of Virginia, she has many years experience in the field of teaching medicine.

Julie Cook studied piano at the Hartt School of Music and has taught for twenty-seven years at her studios in Newtown and Woodbury. She facilitates workshops for musicians and non-musicians for the purpose of health and self-expression. She is a certified facilitator of Music for People, an organization that promotes an improvisational approach to music.

William Courtland is a teacher, lecturer and workshop facilitator who researches Chinese Medical theory and its mind-body relationship. He is currently a faculty member at the Connecticut Center for Massage Therapy in Westport and Newington, where he teaches Acupressure and the theory of Chinese Medicine.

Maria Decsy, PhD, is an adjunct professor of World Religions at Manchester Community College and of Human Biology at Middlesex Community College. Maria holds a MA in Pastoral Ministry and Spirituality, PhD in Biochemistry, and a Certificate in Spiritual Direction. She is a Spiritual Director and a member of the Retreat Team at OLC Retreat Center in Farmington, CT and teaches World Religions at retreat centers, churches and at the York Correctional Institution.



Spring & Summer 2011 Presenters

Nunzio De Filippis has a degree with honors in Political Science from Queens College and 43 doctoral credits from the CUNY Graduate Center. A businessman for 35 years, he began teaching opera at the age of 51 to share his lifelong passion for the subject. He has taught Opera History, Italian Opera, An Introduction to Verdi, the Bel Canto Operas, and Mozart's Operatic Works, to name a few. His work as a volunteer teacher was featured in the New York Times and the Daily News and has been recognized by New York's Governor George Pataki.

Dr. Bart DePetrillo, a native of Italy, has spent most of his adult life in Waterbury where he practiced obstetrics and gynecology for more than 30 years. Since his retirement, he has devoted his time to proclaim Italian culture by teaching the Italian language and lecturing extensively on historic and artistic topics.

Anthony DiGennaro holds a BA in History with Political Science from UConn and a MS in Elementary Education from CCSU and was a middle school teacher for 32 years. He served on political town committees, ran campaigns at the local level and served as chairman of the Zoning Board of Appeals. He also served on a regional board of education.

Cindy Eastman is a writer and educator. She holds a Master degree in Education from Cambridge College. Cindy has written a column for the Waterbury Observer, and has published essays on her web site, Writing Out Loud. She has taught computers to elementary schoolchildren, facilitated professional learning communities, and has completed the rigorous Anti-Defamation League's A World of Difference diversity training. Cindy currently teaches English at NVCC, delivers trainings for the ADL and is working on her first book, Flip-flops After Fifty, a collection of essays.

Peter W. Freeman has 33 years experience teaching adults in the corporate world, including being the director of claim education for a multi-billion dollar insurance company. He holds a BA from the University of Vermont and served six years in the Army as an officer. He currently manages the Computer Learning Center at Calendar House, Southington's Senior Center, where he has been the manager and trainer for over four years.



Sheila Water Fucci earned her BFA in dance from the Boston Conservatory of Music. She has performed, choreographed and directed for community theater throughout Massachusetts and Connecticut, including The Warner Theatre, Thomaston Opera House, and Salisbury Players. She currently teaches Musical Theater and Tap at the Warner Theatre Center for Arts Education, Deborah's Dance Workshop in Torrington and Connecticut Dance Theatre.

Dr. Ruth Glasser received her Ph.D. from Yale University in 1991. She is the author of *My Music is My Flag: Puerto Rican Musicians and Their New York Communities, 1917-1940* and *Aquí Me Quedo: Puerto Ricans in Connecticut*. She is the co-editor of

"It was one of the best courses I have taken in my 3+ years here!"

Caribbean Connections: Dominican Republic. Her work also includes documentary films, curriculum materials and oral history archival materials related to Latino and other immigrant/ethnic communities. She is Coordinator of Urban and Community Studies at UConn Waterbury.

Stacey Groshart is currently completing her ME at the Neag School for Education. She began studying Spanish in 8th grade and holds a minor in Spanish Language, recently completing a graduate course on the Modernismo movement of literature. She has used her Spanish during travels in Brazil, Mexico, Puerto Rico and New York.

Raechel Guest is a graduate of the Winterthur Program (decorative art/museum studies graduate program) and has curated several exhibits at the Mattatuck Museum. She taught Art Appreciation and Introduction to Art History at UConn-Waterbury for many years and is currently Executive Director/Curator of the Cornwall Historical Society. She is author of *Houses of the Hillside Neighborhood* as well as a series of articles about Waterbury's brass industry published in *The Observer*, and a selection of town and city histories for the upcoming *Encyclopedia of Connecticut History Online*.

Polly Gunther is a self taught genealogist. She has been researching and unraveling her family's history for about seven years and is a member of the Connecticut Society of Genealogists, Connecticut Professional Genealogists Council, The New England Historic Genealogical Society, Godfrey Memorial Library, and the Society of Mayflower Descendants of the State of Connecticut. Polly is a retired elementary teacher.

Paul Hammer is President of Bicycle Education, Entrepreneurship and Enrichment Programs (BEEEP! Inc.) He holds an MBA from the Yale School of Management and has served as a volunteer in a New Haven high school Entrepreneurship class.

Jude Hsiang is a University of Connecticut Certified Advanced Master Gardener and coordinator of the program for New Haven County. She is a Connecticut Accredited Nursery Professional, employee of Broken Arrow Nursery and edits the newsletter of the Connecticut Botanical Society.

Judy Jaworski has been teaching drawing and painting for more than 40 years – at the YWCA, Naugatuck Adult Education, Heritage Village, and the Naugatuck Senior Center. She studied at the Rhode Island School of Design. Judy has been listed in the Artists' Bank at the Connecticut Commission on the Arts and was a member of the Watertown Art League. Her paintings have been exhibited throughout Connecticut and are in numerous private and public collections.

Ann Maily-Long has an AAS degree in Fashion Buying and Merchandising as well as Image Consulting and Styling certifications from the Fashion Institute of Technology (SUNY) and has been a retail store manager and stylist at stores such as Nordstrom, Chico's, Casual Corner, Bodytalk, and Hayseed.

Sue Matsuki, a 20-year Jazz/Cabaret Singing veteran comes back home to Waterbury to teach this extraordinary class. Sue has played legendary jazz clubs – The Village Gate, The Iridium, Birdland and Sweet Rhythm – and the best Cabarets in town, such as Feinstein's at the Regency, The Metropolitan Room & The Laurie Beechman Theatre. Sue will be accompanied by one of New York's leading Musical Directors.

Joyce McMillan is a bridge aficionada who is personally dedicated to the survival of the game of bridge! She earned a BA in English Literature from the College of St. Elizabeth in Convent Station, NJ where she edited the college newspaper. She has a background in teaching, journalism, retail sales and business ownership and has done charity work with the Calvanese Foundation, Southington Community Services, and the WSO Women's Group.

Carol Moore paints in pastel and oils and experiments with collages, mixed media and charcoal. Her work is infused with color, rhythm and energy. She received a MA from Wesleyan University, has been awarded the American Pastel Society Award from Connecticut Pastel Society, and is part of the University of Connecticut "Connecticut Collection" at UConn Medical Center. She teaches classes at her home studio, Pots & Paints Studio in Bantam, CT. To see samples of this creative art go to: Carolmoore.blogspot.com – then click on collage.

Sandra Noel is Director of Congregational Care and Senior Ministry at Bethany Covenant Church, Berlin, CT. After a 32-year career, she received her MA in

Gerontology from St. Joseph College. She is a member of the American Society on Aging, Forum on Religion, Spirituality & Aging, CT Gerontology Consortium, has published reviews in Educational Gerontology Journal, leads reminiscence groups, writes life stories and uses the life story process in her work.

Penny O'Connell has a BA in Political Science from Skidmore College. She is a retired high school history teacher with a broad view of world history, having taught courses on the Ancient World, European and American history. She has spent years trying to unravel the mysteries of our historical past and is delighted to share her discoveries with those who have inquiring minds.

Rev. Dr. John Pelletier spent 43 years in ordained ministry – 28 years as a Roman Catholic priest and 16 years as a Congregational minister. He holds a Masters of Divinity from St. Mary's Seminary and University, a Doctorate in Ministry from Theological Union, Berkeley, and has pursued Post-Doctoral studies at American University in Louvain, Belgium. He has taught at least two courses a year to adult groups, college and high school students, has done extensive retreat work, and spiritual direction for clergy and religious sisters. He is recently retired as the Pastor of North Madison Congregational Church and currently resides in Watertown.

Dr. Eashwarlall Ramdhani is an Alternative Medical Doctor who has dedicated a greater part of his life to the practice of Health and Alternative Medicine. He taught Health/Medical programs and Natural Science at prominent schools and colleges in his country of birth, Guyana, South America, and has spoken at many health forums. Dr. Ramdhani is a member of the American Alternative Medical Association and is currently pursuing post graduate research/studies in Traditional Chinese Medicine.

After 45 years, **Dr. David Reed** retired from the practice of medicine. His interest since student days has been Russian and Eastern European History. He has visited Russia on several occasions and has recently completed a book, *The Czechoslovak Legion and the Russian Civil War* (unpublished).



Spring & Summer 2011 Presenters



“Everyone loved this class and it was amazing to see the wonderfully creative ideas everyone came up with. Everyone was a winner!”

After a 25-year career as a Physician Assistant, **Carol Rizzolo** is now pursuing her doctorate in Mythological Studies with an emphasis in Depth Psychology. In her free time, Carol enjoys kayaking, bicycling, reading, and playing the concert harp, classical guitar, and the piano.

Barbara Schafer graduated from St. Joseph’s Hospital, Reading, PA, received a BS in Nursing from Wilkes University and a Master in Nursing from the University of Pittsburgh. She is a retired clinician, educator and administrator in the field of psychiatric nursing. She is an Advanced Practice Registered Nurse (APRN), a Reiki Master Teacher, a certified Healing Touch Practitioner and Instructor and volunteers at Griffin Hospital and Cancer Center. She teaches Reiki classes and has a private practice in Naugatuck.

Jane Davis Sine earned a BA from Smith College and a BS/MS from Western Connecticut State University. She was a String teacher in Fairfield, CT for 24 years and founded her own Artist Management company representing classical artists and conductors worldwide. She is currently teaching at the University of South Carolina Osher program.

Aileen Singleton began her artistic career fifteen years ago. Today she is best known for her painted collages – art that combines a painting, and fabric collage. She currently teaches art at the Mattatuck Museum, and has exhibited at Goldsmith’s Gallery, 663 Main Street Gallery, Silas Bronson Library; as well as private showing for auctions and commissioned works. She received her Associate of Arts degree in Fine Arts and a graduate degree from UC Santa Barbara.

Jane Sirignano has been a Cancer Project cooking instructor for five years and has taught OLLI classes since the inaugural session. She has a diploma in nutrition and managed a natural foods store. Her knowledge, passion and enthusiasm from 35 years of experience with natural foods will inspire and motivate you!

George Sirois is a retired Information Technology executive from Otis Elevator, where he developed computer-based manufacturing systems for use throughout North America. He introduced the PC to Otis and oversaw the proliferation of more than 2,000 PCs to their North American locations. With a BS in Marketing from UConn, he is now an avid amateur woodworker who enjoys designing and building wood projects using Google Sketchup.

Award winning actress **Aleta Staton** has many years of regional theater experience, acting and directing throughout the United States. She has taught theater to students of all ages. She recently toured in *Another Side of the Island*, an adaptation of Shakespeare’s *Tempest*, developed by and featuring Oscar award-winning actress Olympia Dukakis in the title role. Aleta attended Wesleyan University where she earned a BA with high honors in Theater. She also earned a MA in Arts Administration from Goucher College in Baltimore, MD. DaMone McCollum is co-presenter.

Dorothy Sterpka is a teacher, writer and volunteer social worker. She taught English for over 30 years at UConn Hartford and now teaches at CCSU. She received a MSW from the UConn School of Social Work in 1999 and works with children and older adults. Dorothy is especially interested in the healing power of art and continues to attend seminars in art therapy, writing as therapy and psychodrama.

Diane Stone took a 30-year detour in the world of business. Now, after traveling the world for business and pleasure, she realized how much her European History academic background enriched her travels. Diane majored in history at Queens College and holds a Master in European History from the University of Michigan.

Irene Zemaitaitis was born in Lithuania, lived and attended school in Germany. She immigrated with her parents in 1950. She earned a BA in English and German from UConn Storrs and a Master in Education from SCSU. She taught English and German at Vytautas Magnus University in Kaunas, Lithuania and taught English at the Third Age University for Senior Citizens.





"From the Desk of Hal Reed..."

If OLLI has made a difference in your life, then maybe you'd like to make a difference in the life of OLLI and those who will benefit from it in years to come. A bequest or estate gift can make a huge difference not only for OLLI, but in the lives of all those touched by lifelong learning.

Planned gifts are increasingly viewed as a way for donors to give more significant gifts after their passing. The simplest and most effective way to make a "planned gift" is to establish a bequest in your will. This can be a specific dollar amount or a percentage of your estate. Fortunately, it's easy to make such a bequest. Just ask your attorney to include OLLI in your will, or a codicil to your will with specific wording.

You can also establish a planned gift by a full or partial beneficiary designation under your IRA, 401(k) or other retirement plan, or you may use a life insurance beneficiary designation. Simply fill out a beneficiary form available from your IRA administrator or life insurance agent. You can also go online and make a beneficiary designation with most insurance companies and IRA or retirement plan administrators.

There is another planned gift that can benefit you now, and OLLI later. It's called a charitable gift annuity. You simply enter into a short contract with the UConn Foundation for a gift annuity that will ultimately benefit OLLI. The Foundation will pay you, and your spouse or another person if you wish, a set income for the rest of your life. Income rates for those 65 and over range from 5.1% to 9.5%, depending on your age. You also receive an income tax deduction in the year you set up the annuity (if you itemize), and a significant portion of your payments are tax-free at the state and federal levels. Most importantly, the remainder left in the annuity benefits OLLI when it terminates.

For more information about any of these planned giving possibilities, please contact Brian Chapman (203-236-9881) brian.chapman@uconn.edu, or go to the UConn Foundation's planned giving website at www.legacy.uconn.edu.

Hal Reed is the UConn Foundation's Assistant Vice President for Planned Giving. He has served the Foundation for five years and previously worked as planned giving director for Auburn University and the University of Central Florida. He has a law degree and earned the designation Certified Fund Raising Executive in 2005.

OLLI Lunchtime Happenings

OLLI CAFE • OLLI CLASSES • MATTATUCK MUSEUM TRILOGY

OLLI Café is a venue for the exchange of ideas and experiences focusing on improving the quality of life. The goal of OLLI Café is to present a potpourri of presentations and activities that provide information and new knowledge to OLLI members.

Bring your lunch and we will provide the coffee and fruit! OLLI Café presentations are open to all OLLI members. These are not courses—OLLI Café is one of the benefits of your annual OLLI membership. Pre-registration is not required. The weekly event features a guest speaker followed by a short Q&A session.

Fridays—Room #119 • 11:30 – 12:00 Lunch • 12:00 – 1:00 Speaker Presentation



MARCH 18

Oh Those Fifties and Good A-Cappella!

Come to the first OLLI Café to sit and listen. Enjoy Do-Wop songs from the fifties and other classic barbershop songs sung in four-part harmony.

The Valley Chordsmen Men's Barbershop Chorus is a member of the Barbershop Harmony Society and has been active since 1947 in the greater Waterbury area. The group loves to share its style of singing with the public and its goal is to introduce this classic singing style to men, both young and young at heart.

MARCH 25

Reflexology - Enhancing Health Through The Feet and Hands

Join certified Reflexologist Cathleen Guldán and learn what Reflexology is, how it was developed and the theory behind it. Find out how Reflexology can enhance your health and learn some self-help techniques.

Cathleen Guldán is a certified Reflexologist and Touch for Health practitioner. She has a private practice where she practices both modalities, and also has an interest in nutrition and helping people take responsibility for their health.

APRIL 1

Quilt Making During the U.S. War Years

2010 marked the 65th anniversary of the ending of World War II. This presentation will focus on the history of female contributions to the war through the art of quilt making.

Sue Reich began quilt making as a child. After moving to Connecticut she developed her passion for its history. She spent time researching quilts of Connecticut and her studies have produced several books: *Quilts and Quiltmakers Covering Connecticut*, *Quilting News of Yesteryear: 1,000 Pieces and Counting*, and *World War II Quilts*.

APRIL 8

Be Bear Aware

Black bear sightings have continued to increase in Connecticut since the 1980s when the Connecticut Department of Environmental Protection's Wildlife Division first had evidence of a resident bear population. With the number of bears increasing in the state, it is important for residents to learn the facts about black bears and how to coexist with them.

Felicia Ortner is a Master Wildlife Conservationist and bear enthusiast. She will dispel some of the myths associated with bears, provide natural history information, and talk about some of the results of the black bear research conducted by wildlife biologists in the state.

APRIL 15

Irish - English? Yes or No?

Why don't the Irish answer a question with yes or no? This presentation will examine the interaction of the Irish and English languages as spoken by Irishmen and Irishwomen in prose, poetry, recitation and song.

Emmett McSweeney, director of the Silas Bronson Library has been a lifelong student of Irish history, music and song. His knowledge comes from formal study in college courses, seminars and membership in Comhaltas Coeltóiri' Éireann and the Ancient Order of Hibernians.

APRIL 29

A Visual Feast

Artist/educator **Bridget Eileen Grady** will present her work and a project with her Singaporean students. She examines the intersection of food, culture, and the environment and will discuss how, through the process of training in observation painting, a dialog evolved that provided a bridge to understanding the culture she was living in – creating a space for her students to move beyond traditionally conservative Singaporean attitudes and open up new areas of communication with their families and the community.

MAY 6

Artist **Bridget Eileen Grady** is an assistant professor of art at Nanyang Technological University in Singapore. She holds a MFA in Painting from Western Connecticut State University. Her work has been exhibited throughout the northeast, and she has won awards in national and international painting and drawing competitions.

Poison Ivy Eradicated – Torn up by the Roots!

Hate that poison ivy rash you get after digging up the plants in your yard? Learn about a chemical-free, environmentally responsible method to remove poison ivy plants (while wearing long sleeves and gloves). Learn the optimal weather conditions and best time of year to dig it out as well as how to dispose of it safely.

Cindy Campbell got involved with poison ivy control after her husband contracted a severe rash that required medical attention. She discovered methods for the most productive weeding and developed effective self-protection – she continues to train other people to safely remove poison ivy.

MAY 13

OLLI Appreciation Day

OLLI Café today is the OLLI Appreciation Event to honor OLLI presenters. Please come and support the dedication and commitment of our presenters!

OLLI LUNCHTIME CLASSES 11:40 AM – 1:00 PM

AR-405 Talking of Michelangelo: Myths and Masterpieces

Virginia Bush
(see page 16 for details)

SS-405 You Can Fight City Hall!

Anthony DiGennaro
(see page 16 for details)

CL-409 A Culinary Exploration of Waterbury's Hidden Treasures

Dr. Ruth Glasser
(see page 16 for details)

GE-401 What Branch Are You From? Researching Your Family Tree

Polly Gunther
(see page 16 for details)

CO-401 Not Your Father's Internet

Cindy Eastman
(see page 16 for details)

PD-412 It's Never Too Late to Start Minding Your Own Business!

Paul Hammer
(see page 17 for details)

PR-405 Religions of the World

Maria Decsy
(see page 16 for details)

PA-405 The Joy of Acting

Aleta Staton / DaMone McCollum
(see page 16 for details)



OLLI LUNCHTIME HAPPENINGS

OLLI CAFE • OLLI CLASSES • MATTATUCK MUSEUM TRILOGY

MATTATUCK MUSEUM PRESENTS LUNCH & LEARN TRILOGY



MATTATUCK MUSEUM ARTS & HISTORY CENTER

See Registration Form to sign up for the Lunch & Learn Trilogy.



Tours: 11:30 AM – 12:30 PM

12:30 PM: Continue the discussion over lunch (for purchase) at the BMuse Café at the museum.

Join us for lively conversations on the meaning of the message and beauty of art with Judy Kollias, retired teacher and popular lecturer at the Mattatuck Museum Arts and History Center. Judy is currently the co-chairperson of the OLLI Curriculum Committee and member of the OLLI Leadership Council. Judy taught Spanish language, literature and culture at Cheshire High School and at Quinnipiac University. She served as a docent at Yale Center for British Art for 10 years and is currently a docent at the Mattatuck Museum Arts and History Center.

Highlights of the American Artists Collection

Wednesday, March 23 - 11:30 AM -12:30 AM

The collection selected by Ms. Kollias will be the focus of discussion. Find out what Judy's favorites are and why. Participants will then talk about their personal favorites.

The Art of the Home

Wednesday, April 13 - 11:30 AM -12:30 AM

The museum's special spring exhibit will feature vignettes from the collection including art, and the decorative arts over the last 100 years. The discussion will focus on the personal choices we all make in selecting objects and art for personal enjoyment.

The Modern Movement

Wednesday, May 18 - 11:30 AM -12:30 AM

How did the new vision of artists and designers in the early 20th century change our conception of beauty? We will focus on special objects and art works from the collection to gain insight on how artists challenge us.



Enjoy day trips with OLLI members planned by the Travel Committee and Friendship Tours. If you have suggestions for future trips, you can leave them in the OLLI Suggestion boxes at either Information Table addressed to the Travel Committee. Join us for OLLI Travel and learn about new and old places waiting to be explored. For Registration and other information, see "Some Facts for OLLI Travelers" below. **For reservations or questions, call Ben at Friendship Tours - 860-263-0174**



UConn Avery Point Campus, Groton, CT

Wednesday, April 13 Price: \$52 includes – bus, tour and talks, boat ride, and box lunch
OLLI Travel Rep – Ralph Famiglietti
 Bus leaves Waterbury at 8:00 AM – return ETA: 4:30 PM

UConn's Avery Point, surrounded on three sides by water, is a beautiful campus focusing on Maritime Studies. Members will see Branford House Mansion, the estate of Morton Freeman Plant, which was eventually given to the University by the State of Connecticut. Enjoy a sculpture walk and see Avery Point Lighthouse, the last lighthouse built in the state of CT. Hear about the many fascinating maritime studies and research which are Avery Point's areas of specialization. Enjoy a box lunch and seal watch on the boat, Project Oceanology, in Long Island Sound.

Ellis Island and the Statue of Liberty

Wednesday, May 11
 Price: \$59 – see Facts for OLLI Travelers below
 Cost includes bus with gratuity, admission & ferry ticket – lunch is not included.
OLLI Travel Rep – Bob Lynch
 Bus leaves Waterbury at 8:00 AM – return ETA: 7:00 PM

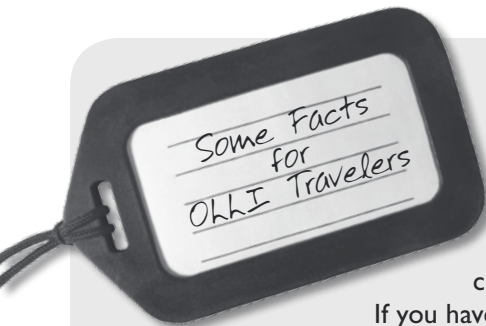
From 1892 to 1954, millions of immigrants began their American dream here. Your Friendship Tours tour director will help lead, educate, and guide you while you visit this—the gateway to America for millions of people. When you disembark at Ellis Island, you stand under the recreated historic canopy – the same point where immigrants began the process toward American citizenship. A monument pass allows you access to the museum at the base of the Statue of Liberty. Cafeterias on both islands are available for lunch on your own.



John Adams' Mansion in Quincy, MA & Boston's Little Italy

Wednesday, June 8
 Price: \$77 – see Facts for OLLI Travelers below
 Cost includes bus with gratuity, admission, guided tour, & lunch
OLLI Travel Rep – Fran Fazo
 Bus leaves Waterbury at 8:00 AM – return ETA: 7:00 PM

John Adams loved PEACEFIELDS, his elegant mansion and working farm in Quincy, MA. The Mansion served as the Summer White House. See Abigail's special White House furniture, John Quincy Adams' library with 12,000 volumes, and the study where he corresponded with Thomas Jefferson. Our Guided Tour reflects the elegant lifestyles of four Adams generations and the early days of our infant nation. Lunch at Boston's famous family-style Maggiano's Little Italy Restaurant offers a large assorted menu. Then visit the North End, Boston's Little Italy, with its great Italian shops, delicacies, and fresh produce. All within walking distance.



friendship tours

Trips are open to current OLLI members on a first come, first served basis. If extra bus seats become available, non-OLLI members (on waiting list) will be allowed to register at an additional fee. For reservations or questions, please call **Ben at Friendship Tours, 860-263-0174, not the OLLI office.** Once registered, please mail check made out to **Friendship Tours, 533 Cottage Grove Rd., Bloomfield, CT (ATTN: Ben).** Once your check is received by Friendship Tours, you will receive confirmation through the mail.

If you have any special needs or handicaps, please advise Friendship Tours when you sign up.

Please note – Trip fees are non refundable unless a substitute is available.

An Evening with Jonathan Kellogg

How did that get into the newspaper?

Tuesday, May 10, 2011 – UCONN Multipurpose Room

7:00 PM – 8:30 PM

Light refreshments will be served.

Join us for an interactive session with Jonathan Kellogg about the ethics, exigencies and vicissitudes of daily newspaper publishing. Some of the 'mysteries' of the fourth estate will be explained in layman's terms. Bring your questions and gripes about the media for an informative discussion with the Republican-American's executive editor.

Jonathan Kellogg is known throughout the Northeast for informative and engaging presentations on ethics in journalism. His workshops have included the New England Society of Newspaper Editors, the Vermont Judicial College and the Canadian Association of Newspaper Editors. In addition to Waterbury, Kellogg's journalism career includes stops in Kansas City, Boston, Portland (Maine) and Lowell, Massachusetts. He has covered stories from Moscow to Washington. As a bureau chief for the Associated Press, he was responsible for the coverage of four New Hampshire presidential primaries.



OLLI AT UCONN OFFERS THE AARP DRIVER SAFETY COURSE



The power to make it better.®

On today's challenging roadways, we need to be able to adapt quickly to the demands imposed by changing traffic patterns, more cars and trucks, and the changes in our bodies as we age. The AARP Driver Safety Program is the nation's first and largest classroom driver safety course designed especially for drivers age 50 and older. There are no on-the-road or written tests. Participants learn how to operate their vehicles more safely in today's increasingly challenging driving environment.

The **NEW** 4-hour course offers drivers:

- Insight into how age-related changes in vision, hearing and reaction time affect driving
- Information about the most dangerous situations for older drivers
- Tips for driving with trucks, buses and other large vehicles
- Strategies for handling aggressive and impaired drivers
- Recommendations for scanning habits, mirror adjustments and following distances
- Ways to evaluate unsafe driving habits.

Upon completion, participants will receive a Certificate which they can submit to their insurance companies for an insurance discount. State law mandates that all insurance companies must provide a discount of at least 5% off liability insurance for at least two years for those 60 and older. Check with your insurance company to verify the discount.

NEW CLASS TIME

Complete 4 hours for your certificate!
Tuesday, April 5, 2011 9:00 AM – 1:30 PM
Multipurpose Room, 1st Floor

OR

Monday, June 6, 2011 9:00 AM – 1:30 PM
Multipurpose Room, 1st Floor

Registration and Cost

Please call 203-236-9924 to register today!

Fees are payable on the first day of class in the classroom (UConn Waterbury campus, Room 119)

\$12 AARP Member (you must bring your membership number to the first class)

\$14 Non-AARP-member

OLLI Membership is not required to register



Events Open to the Public

SPRING/SUMMER 2011

Parking in the UConn Parking Garage on days **other than Friday** is limited to degree-seeking students, faculty, and staff. Please use alternative street level or municipal parking. Please register for these events on membership registration form.

IN CELEBRATION OF BLACK HISTORY MONTH

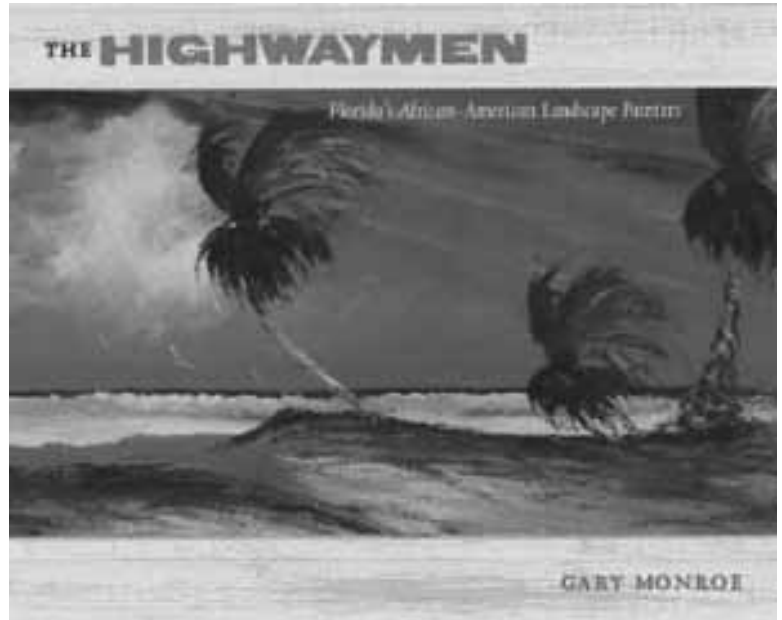
Friday, February 25, 2011

10:00 AM, Multipurpose Room

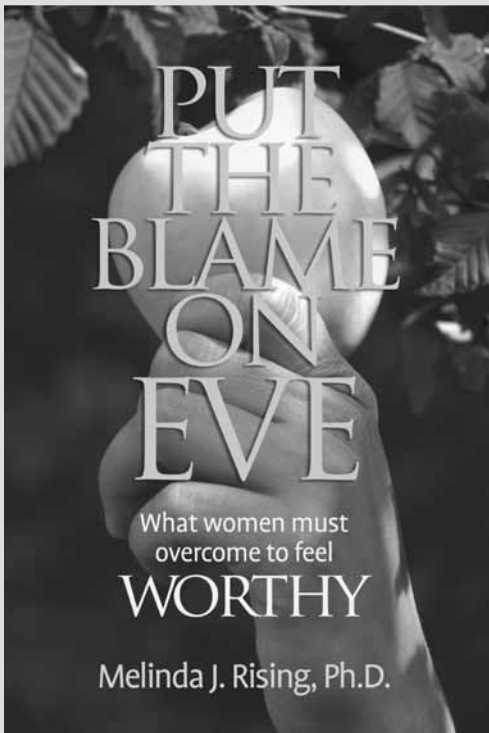
Light refreshments will be served.

In the LATE 1950's through the 1970's a group of twenty-six African-American artists painted landscapes that displayed the captivating beauty of the undeveloped Florida landscape of their time. These artists worked in anonymity and they didn't exist, so to speak, until 1994, when the name "The Highwaymen" was assigned to them. Their original paintings are prized possessions and are now viewed with renewed interest by collectors, museums and enthusiasts because of the scenes and history involved. Characterized by early critics as "motel art" the paintings reflected popular sentiments about Florida stories that exemplify the American dream. They used bright colors to display the untouched Florida landscape in its raw and glorious form, such as wind-bent palm trees, fiery sunsets, churning oceans and bright red Poinciana trees.

Twelve years ago, when **Gary Monroe** planned to write a book about Florida's self-taught artists, he quickly learned of the Highwaymen. Monroe will speak about his groundbreaking book, *The Highwaymen, Florida's African-American Landscape Painters*, which the New York Times wrote about in its arts section. His research awakened a deep appreciation for the art, and it blossomed into a huge research project. During this period he also wrote two other Highwaymen books: *Harold Newton: The Original Highwayman* and *The Highwaymen Murals: Al Black's Concrete Dreams*.



AUTHOR TALK



"Put the Blame on Eve"

Tuesday, April 12, 2011

1:00 PM – 2:30 PM in the Multipurpose Room

Light refreshments will be served.

We've come a long way baby, but we're not at the destination yet! Author Dr. Melinda Rising will discuss women's struggle for equal pay and equal respect, tracing back to the fateful day when Eve reputedly seduced Adam into joining her in an apple fest. How did Eve, and by association all women, become scapegoats for the ills of humankind? Who was responsible for devising such a negative spin on the creation story and what was their motivation?

Melinda J. Rising has served in higher education for more than twenty-five years, including acting as Interim Director of the UConn Torrington Campus. She has also supported Women's Issues for the AAUW's Connecticut chapter, served as a commissioner for the New England Association of Schools and Colleges, and as an academic dean and dean of continuing education for a variety of public and private institutions in Connecticut. She also has a long-standing affiliation with the Miss America organization, including years of service as co-executive director and president of its Connecticut chapter. She lives in Wallingford, Connecticut.

Events Open to the Public

Events open to the public include celebrations, film premiers, author talks, special lectures, and other programs.

THE OLLI ROUNDTABLE



All in a Day's Work

This exhibit and event celebrate Women's History Month.

Multipurpose Room 116

DATE: Thursday, March 31

TIME: 4:00 PM – 6:00 PM

Light refreshments will be served

The OLLI Roundtable is a periodic forum for the discussion of current domestic and global events and topics that have impacted our world, our nation, our state, and our local communities. Usually presented in moderated panel format, guest speakers will debate issues in a way that is expected to be interesting and thought provoking.

The Spring 2011 OLLI Roundtable is presented in conjunction with the UConn Waterbury Library Exhibit (March 1-30, 2011), "Photographs of Women in Connecticut Industry from the collections of the Thomas J. Dodd Research Center"

The photographs illustrate the important role that women played in the growth of manufacturing that established Connecticut as a leader in industry in the late 19th and early 20th centuries

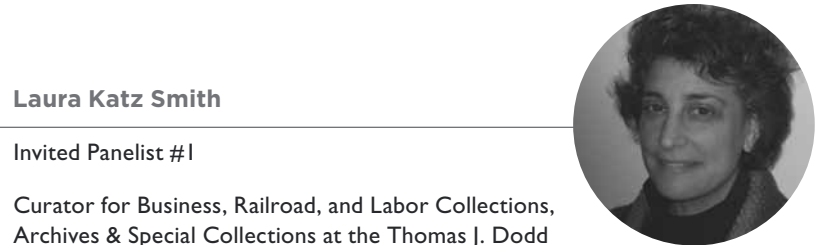
Women in Connecticut have a long and rich history as workers. Their traditional place was in their own homes, where nearly all household goods and services produced were done so through women's labor. The Industrial Revolution ushered in a new role – that of a paid worker – and women entered the workforce in significant numbers. The influx of immigrants from southern and eastern Europe from 1880 to 1910 provided a strong workforce for the state's textile mills and industrial factories, helping the state become a leader in manufacturing such goods as brass and copper, iron, machine tools and textiles.



Moderator

Dr. Judith P. Meyer

Associate Professor of History,
University of Connecticut



Laura Katz Smith

Invited Panelist #1

Curator for Business, Railroad, and Labor Collections,
Archives & Special Collections at the Thomas J. Dodd
Research Center University of Connecticut Libraries



Mary E. Cygan

Invited Panelist #2

Associate Professor of History,
University of Connecticut, Stamford



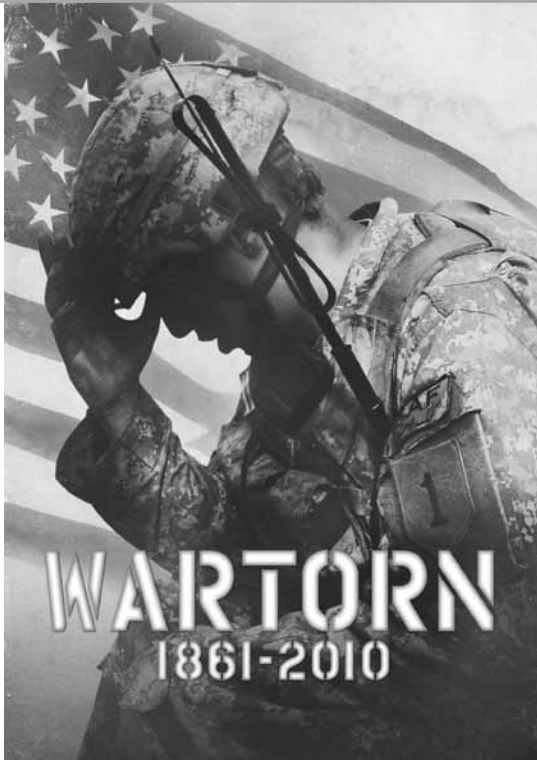
Dr. Cecelia F. Bucki

Invited Panelist #3

Professor of History, Fairfield University

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SPECIAL MEMORIAL DAY EVENT



WARTORN 1861-2010: A Special Free Screening and Veteran Panel Discussion

Friday, May 20, 2011
 1:00 PM – 3:30 PM, Multipurpose Room
 Light refreshments will be served.

Through a partnership with HBO Documentary Films and DAV and VFW veteran service officer, **Al Comeau**, the OLLI at UConn program is proud to present a free screening of the HBO documentary “Wartorn 1861-2010.” This film chronicles the history of military veterans suffering from post traumatic stress disorder from the time of the Civil War through today. The hard-hitting interviews with veterans and their families, as well as the explanation of PTSD from a mental health perspective, combine to create a meaningful and emotional documentary which helps to illuminate the full cost that our nation’s veterans bear. This screening is part of a military ceremony to honor veterans in anticipation of Memorial Day and will include a color guard as well as many prominent veterans in the community. Immediately following the screening, there will be a panel of veterans from a variety of past and present military conflicts to discuss their own experiences with PTSD as well as other themes in the film. This is an amazing opportunity to learn a great deal about a mental health issue that has remained elusive throughout our history.

UConn Creative Sustenance

UConn Waterbury First Annual Student Short Film Festival

Tuesday, February 22, 2011, 7:00 PM, Multipurpose Room

UConn Creative Sustenance

Tuesday, April 5, 2011, 7:00 PM, Multipurpose Room

On Tuesday, February 22, 2011, come and enjoy UConn Waterbury’s first annual Student Short Film Festival, a red carpet event featuring 3-12 minute movies created by students as well as members of the OLLI community. At the end of the screenings, cash prizes and coveted Victor statuettes will be awarded to the top films in an Oscar-style ceremony. From the artistry of the films to the glamour of the evening, the first annual Student Short Film Festival is guaranteed to be a delightful celebration of the video arts.

On Tuesday, April 5, 2011, UConn Waterbury will host the fourth annual Creative Sustenance event. The night of the fifth will feature writing from the UConn community, faculty members, students, and OLLI writers. Undergraduates will be reading their prize-winning writing, and OLLI members will read poetry and other pieces created during and outside of their creative writing courses.

Tom Dulack, English Professor at UConn Waterbury and award-winning playwright and director, will return for his fourth year to stage and produce Creative Sustenance. In years past, the evening has featured New York actors and actresses from stage and screen, and this year’s event promises no less.

Both events are also intended to raise awareness of hunger and poverty in the area. Attendees are asked to bring canned and non-perishable food items rather than paying an admission fee. Items will be donated to Greater Waterbury Interfaith Ministries (GWIM), a nonprofit organization that provides 225 meals daily to Waterbury’s neediest residents. This year, the event intends to top its total from last year and bring in even more canned goods for the Waterbury community.

Creative Sustenance is being organized and hosted by Elise M. Tobin, Creative Sustenance Director, and is sponsored by OLLI, ASG, the Freshman English Program, the Creative Writing Program, and the Aetna Chair of Writing. Please come to support the arts and those in need in the Waterbury community. Light refreshments will be served. Sign up on the member registration form.



Events Open to the Public

Events open to the public include celebrations, film premiers, author talks, special lectures, and other programs.

UCONN WATERBURY RESEARCH LECTURE SERIES

Parking in the UConn Parking Garage on days **other than Friday** is limited to degree-seeking students, faculty, and staff. Please use alternative street level or municipal parking.

How to Avoid a Rotten PowerPoint Presentation

Wednesday, February 23

12:45 PM – 1:45 PM, Room #333

Microsoft developed PowerPoint as an effective way of communicating your ideas to your audience. Unfortunately, most presentations are PowerPointless, antagonizing and boring to the people you are trying to reach. This session will offer practical tips on how to use PowerPoint effectively and to avoid the pitfalls that can ruin your work.

Edward H. Freeman, JD, MCP, MCT is an attorney and educational consultant in West Hartford, Connecticut. He has written over 70 articles on computer technology, privacy, security and legal issues. He is also an adjunct faculty member at Central Connecticut State University, St. Joseph College in West Hartford and the University of Connecticut – teaching math and computer science courses.

Wading the Waterfalls, Slogging the Streams, and Braving the By-Ways of Brazil in Search of Riverweeds

Tuesday, March 22

12:45 PM – 1:45 PM, Room #333

Come along with a bunch of botanists as we wade through turbulent waters in search of the amazing plants that live attached to rocks in river rapids and waterfalls. Along the way, we appreciate the wonders of nature and the richness of Brazilian culture. We also deal with the realities of carrying out meaningful research miles off the beaten track.

Dr. Paula Philbrick is a member of the biology faculty at UConn Waterbury, where she teaches courses in general biology, microbiology and botany. Her passion is the ecology of rocky shores, with particular emphasis on the population biology of long-lived seaweeds.

Can We Really Make a Safer Tobacco Product?

Wednesday, April 20

12:45 PM – 1:45 PM, Room #333

Hear the history of the tobacco industry's PREPs – Promotional Potentially Reduced Exposure Products – and how the industry has attempted to position their tobacco products as safer and healthier. Beginning with the introduction of cigarette filters and light cigarettes, it has continued with the introduction of snus, dissolvables, and electronic cigarettes.

Jonathan Noel, M.P.H. is a research assistant with the Center for Global Tobacco Control at the Harvard School of Public Health where his research has focused on the use of electronic cigarettes and the use of additives to increase the acceptability of tobacco products.

2ND ANNUAL UCONN WATERBURY BRASS CITY DASH



5k Road Race through Downtown Waterbury

Saturday Morning, April 16, 2011

The University of Connecticut Waterbury Campus Brass City Dash, a 5K road race throughout downtown Waterbury, will be held on Saturday, April 16, 2011. The course will begin and end at the University of Connecticut Waterbury campus. The proceeds from this event will be used to support students in the areas of academic and enrichment activities, and enhancement of common areas at the UConn Waterbury Campus.

Students, faculty, staff, OLLI members, alumni, and community members are invited to participate.

A SPECIAL CALL TO ALL OLLI MEMBERS— WE NEED YOU!

We need dozens of OLLI volunteers for this special day of UConn Waterbury camaraderie and spirit! We need volunteers for: day before set-up, check-in and registration, traffic control, water station, bag check station, refreshment set-up/hospitality, sneaker recycling station, timing station, finish-line cheerleading, and pre-race promotion (on- and off-campus).

Please call Sue Kienle 203-236-9845 to offer your assistance in any way.



OLLI Partnership Events

SPRING/SUMMER 2011

OLLI members will receive discounts for events sponsored by partnering organizations.

THE PALACE THEATER



Photo courtesy of Louis Belloisy

YOUR PALACE - YOUR ^{Show} PLACE -

Show your OLLI membership card at the box office or call 203-346-2000 for a 15% discount on the following shows!



RIVERDANCE

Wednesday, March 2 – 7:30 PM

The thunderous celebration of Irish music, song and dance that has tapped its way onto the world stage thrilling millions of people around the globe will play one Farewell Performance at the Palace Theater.



GOLDEN BOYS

Saturday, April 2, 8:00 PM

Frankie Avalon, Fabian, and Bobby Rydell, three of the most popular teen idols of the 50s and 60s come together for an evening of nostalgia and good old fashion rock n' roll. **Sponsored by WDRC AM & FM.**

GREASE

Friday, March 18, 8:00 PM, Saturday, March 19, 2:00 PM & 8:00 PM

The one that you want is back! Grease is rockin' across the country in this new production direct from Broadway. Take a trip to a simpler time of poodle skirts, drive-ins, and T-birds and your favorite songs: "Summer Nights," "Greased Lightnin'" and "We Go Together." **Sponsored by Webster Bank & News 8/MyTV9.**



Oh What a Night of Doo-Wop & Rock N Roll

Saturday, May 14, 8:00 PM

Take a stroll down memory lane with Kenny Vance & The Planotones, as they share the stage with a variety of doo-wop and rock n' roll stars from the 50s and 60s, including The Heartbeats, The Passions, Harold Winley's Clovers, and original lead singer of the Angels, Linda Jansen. **Sponsored by WATR 1320 AM.**



For more great Palace Theater shows, go to palacetheaterct.org and remember our Friday Super Senior discounts – offer available on Fridays only in person purchases at the box office between 10:00 AM and 2:00 PM. Special offers may not be combined with other discounts or promotional offers. Fees excluded from discounts.

MATTATUCK MUSEUM



MATTATUCK MUSEUM ARTS & HISTORY CENTER

presents Lunch & Learn Trilogy – Gallery Talks and Exhibition (see page 30) for details

OLLI Program Membership Benefits

- Members of the OLLI Program have unlimited free admission to the Museum by showing their OLLI membership cards.
- Discounted admission to the First Thursday Concert Series at the Museum; OLLI Members receive the same discount as Mattatuck Museum members.
- Free Admission to Museum Exhibition Openings.
- All communications from the museum to the OLLI staff and members will be sent by email. To receive emails OLLI members must sign up at the Mattatuck Museum Arts & History Center web site.

OLLI Partnership Events

OLLI members will receive discounts for events sponsored by partnering organizations.

WATERBURY SYMPHONY ORCHESTRA



WATERBURY SYMPHONY ORCHESTRA

LEIF BJALAND, MUSIC DIRECTOR & CONDUCTOR

The WSO is offering a 20% discount to OLLI members on any single reserved-priced ticket (\$30, discounted to \$24) on the following concerts: Call the WSO office at 203-574-4283 to purchase your tickets.

“Fantastic Planet,” a Multimedia Pops concert

Saturday, April 2, 2011 – 8:00 PM –
NVCC Fine Arts Center

“Windows to the Soul”

Saturday, May 14, 2011 – 8:00 PM –
NVCC Fine Arts Center

CONNECTICUT DANCE THEATRE



Connecticut Dance Theatre will offer OLLI members a 10% discount on ticket prices for all CDT performances and any classes taken at CDT are the same price as OLLI

Connecticut Dance Theatre recently moved to the Historic Howland Hughes building in downtown Waterbury. **Inexpensive, convenient parking for OLLI classes and CDT events available at ramp garage, corner of Grand and Bank Streets.**



Donna Bonasera

For all CTD events, contact Donna Bonasera at CDTstudio in the new location at 120-140 Bank Street 203-573-0004

University of Connecticut

UConn School of Business

MBA Program

Open Houses in Waterbury

Thursday, March 3, 2011
Wednesday, April 6, 2011
Thursday, May 5, 2011
Tuesday, June 7, 2011

Monthly MBA Program Open Houses will be held for anyone interested in UConn's part-time, full-time or Executive MBA programs. Information sessions will begin at 5:00 and 6:00 PM. MBA admissions, curriculum and course scheduling will be discussed. Please call (203) 236-9935 or email glen.richardson@business.uconn.edu if you have any questions or wish to RSVP to an MBA Open House.



UConn

NEAG School of Education

Neag School of Education – Teacher Certification Program for College Graduates

Become a Teacher and Earn a Master's in one year!

Waterbury Campus

Contact: Ann Marie Niesobecki 203-236-9926 or
ann_marie.niesobecki@uconn.edu

OLLI BOOK CLUB AT JOHN BALE BOOKSTORE & CAFÉ



The newly formed OLLI Book Club will be discussing book selections at John Bale Bookstore and Cafe, 158 Grand Street, on the third Monday of each month at 2:00 PM. Participation is open to all current OLLI members and book readings and selections will be decided by the group. Lunch, at the member's expense, is available prior to and during the open discussions. Contact Nancy Via at nvia@sbcglobal.net. Happy Reading!



World Affairs Council – Connecticut and OLLI

The World Affairs Council is a non-partisan organization which promotes public understanding of global affairs and world issues by sponsoring programs, discussion series and seminars on international politics, business and culture. OLLI members can purchase tickets to World Affairs Council programs and events at World Affairs Council Member prices. To view upcoming programs please go to: www.ctwac.org and to participate in this offer please call the council at 860-416-2844.



Contact Us

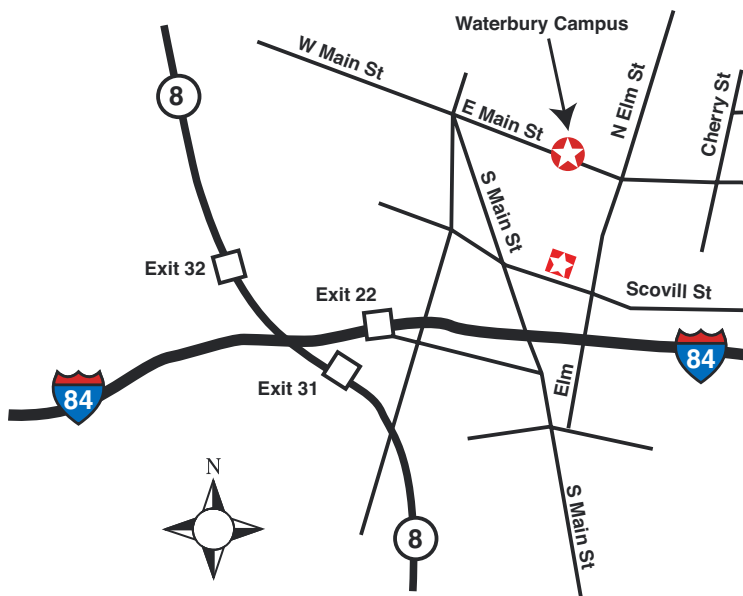
For more information call 203-236-9924 or 203-236-9925. Email: osher@uconn.edu or visit our website at www.waterbury.uconn.edu/osher

Directions

The UConn campus is located at 99 East Main Street in Waterbury, across the street from the Palace Theater. Parking and directions to campus can be obtained from our website, www.waterbury.uconn.edu/osher or by calling 203.236.9924.

Parking

By special arrangement with the UConn Waterbury campus, OLLI membership includes University parking privileges in downtown Waterbury. Parking passes are issued to paid members and presenters. OLLI members can use their parking pass in the UConn garage located on North Elm Street  on a space available basis. Parking is allowed ONLY on levels 2 and 3. Parking on level 1 is reserved for faculty and staff only and is not permitted for students or OLLI members. OLLI members can also use the Scovill Street Garage  on levels 5 and 6 by displaying their UConn parking pass. The Scovill Street Garage is located opposite the campus and directly behind the Palace Theater—it is a short walk through a paved courtyard to the UConn campus





University of Connecticut

Osher Lifelong Learning Institute
The University of Connecticut
99 East Main Street
Waterbury, CT 06702



The University of Connecticut's Waterbury campus serves more than 1,100 students annually. In its sixty years of operation, UConn Waterbury has opened the doors to educational access and excellence to thousands of Connecticut residents, many of whom have distinguished themselves in the fields of community service, business, education, law and politics. Today, the campus is located in a modern, state-of-the-art facility in the heart of downtown Waterbury. Our neighbors are the historic Palace Theater and a new arts magnet middle and high school, making our location a beacon for educational and cultural enlightenment. Students enjoy quality interaction with great professors and participate in research opportunities that enrich the college experience. An extensive range of undergraduate and graduate course offerings and study areas are available. Visit us online: www.waterbury.uconn.edu.

Dr. William Pizzuto (L) and Artist Barton Rubenstein (R)



Photo courtesy of Gen Delkescamp, OLLI Member