

OSHER  
LIFELONG  
LEARNING  
INSTITUTE

(OLLI) at the University of Connecticut, Waterbury, CT

**Lifelong Learning** | Providing older adults with opportunities to engage in intellectual development, cultural stimulation, and social interaction.



**SPRING 2012**

March 16 - May 11

**SUMMER 2012**

Tuesday, Wednesday, Thursday  
June 5 - 28

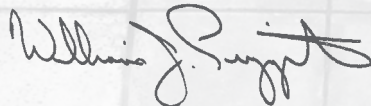
# WELCOME

to the University of Connecticut's Waterbury Campus!

Welcome to the University of Connecticut, Waterbury campus! Our campus proudly serves Waterbury and the region by delivering educational programs for undergraduate, graduate, and lifelong learning students in a dynamic, accessible, state-of-the-art environment. We are equally proud to be associated with the Bernard Osher Foundation and the network of one hundred and seventeen (117) Osher Lifelong Learning Institutes across the United States. We express deep thanks to The Bernard Osher Foundation for its generosity and vision with regard to the lifelong learning movement. Whether you will be connecting with college for the first time, reconnecting with higher education, or returning to UConn, we want this to be a positive and enriching experience. OLLI members bring a unique and positive energy to our campus through their enthusiasm and their depth of life experience in various careers, family life, and civic engagement.

I extend a warm welcome to each and every one of you. Please enjoy your time here and savor the fun of learning.

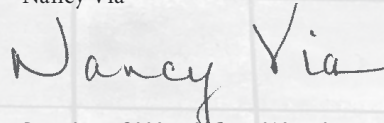
William J. Pizzuto, Ph. D.



Director, UConn Waterbury Campus

Welcome, one and all, to our spring and summer 2012, OLLI semesters. We have a roster of interesting class offerings, entertaining OLLI Café programs, wonderful travel opportunities, and choice book club readings, all combined to make your experiences here at UConn Waterbury worthwhile and fun. I hope you take advantage of all that OLLI has to offer. Have a wonderful semester and enjoy your times with all of us.

Nancy Via



President, OLLI at UConn Waterbury



Dr. Susan Herbst  
Newly Appointed President, University of Connecticut



Dr. William Pizzuto  
Director, UConn Waterbury Campus



Photo courtesy of Alana Osher

UConn Staff & OLLI Leadership with Dr. Sam Osher and Mary Bitterman, President of The Bernard Osher Foundation (March, 2011)

# OLLI at UConn— Look what we have in store for you!

As we embark on our sixth year, we welcome returning OLLI members and many new lifelong learners to our University of Connecticut Campus. We are pleased to announce over 50 courses for spring 2012 and another dozen courses for summer in June, 2012! We stand proud – with each of you – as you continue to challenge yourselves to higher learning through intellectual stimulation, exploration, and even a little risk-taking from time to time. We know you will be further enriched through new learning and great friendships.

Nationally, the Osher Lifelong Learning Institutes are a unique model of learning where University staff join together with volunteers and a wide array of community members to create a learning environment. Once again, a deep expression of gratitude is owed to all volunteers who have and continue to give of their time to OLLI. We are committed to keeping our fees as low as possible, while asking for tax deductible donations from those who are able and inclined to do so. OLLI is currently in its first-ever annual appeal and we need your support. Please consider taking the following actions to help us continue to deliver quality programming for older adults:

- TALK about your experiences here and encourage a friend to join OLLI at UConn!
- WRITE a check in any amount to support OLLI courses, OLLI Cafe, Special Events, Voices and Visions (the OLLI at UConn Journal) and more! (see page 6 for details).
- REFER a potential presenter to us and send us your ideas for future courses and programming

Please remember that we are growing and it will help everyone if you review the “Important Things for OLLI Members to Know” document which you receive after registration, and then contact me directly if you have any questions at all!

Best wishes for a great year of learning and enjoyment!

Sincerely,

Brian G. Chapman, Ed.D.  
Director of OLLI at UCONN

## REGISTRATION

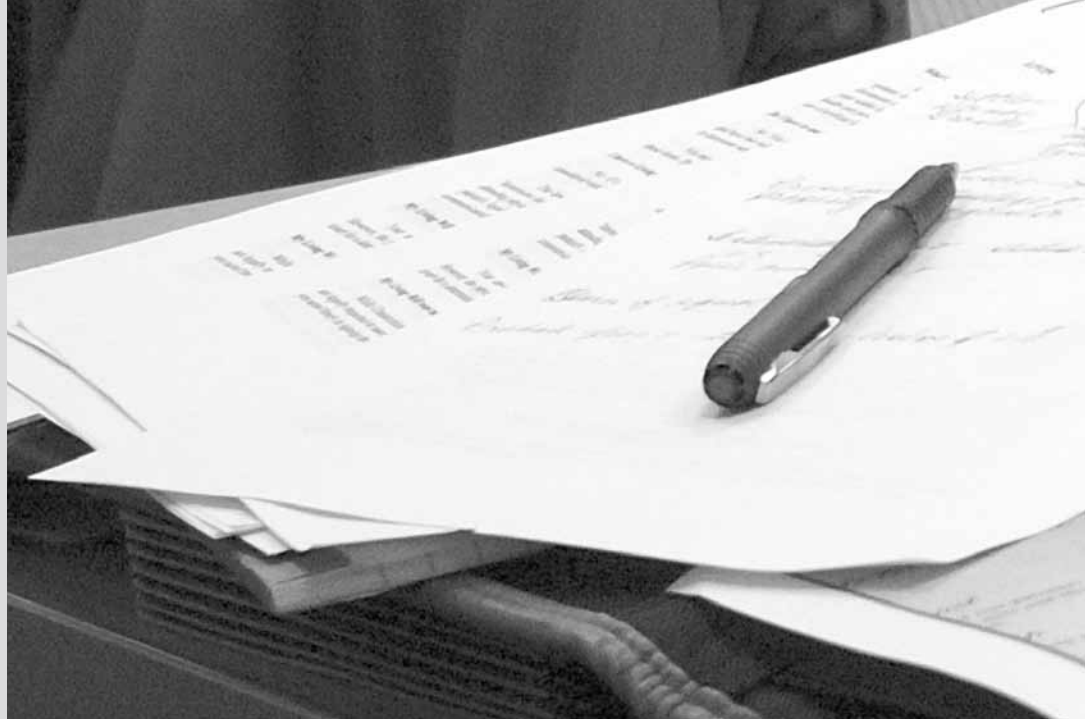
- Registrations are still first-come, first-served, with members always receiving the first opportunity to register.
- Confirmation letters will be mailed out around the end of February.
- Encourage a friend to go to the website for course information and a membership registration form.



# Mission

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*OLLI at UConn is a member-driven, community-responsive program offering non-credit learning experiences (courses, lectures, and special events) for older adults who want to engage socially and intellectually with their peers as teachers and learners. Situated on an intimate, state-of-the-art university campus with traditional-age students and research faculty, OLLI also provides fertile ground for an intergenerational interaction and exchange of ideas. The urban campus reaches out to a diverse region which provides opportunities for partnership with other cultural, educational, and arts organizations.*



## Annual Membership Benefits

### FEES ARE NON-REFUNDABLE!

**Annual OLLI Membership is \$60 – this is also called Basic Membership. When a member pays the annual \$60 membership, benefits include:**

- Opportunity to register for OLLI courses (see fee structure below)
- Participation in OLLI Café and other Lunchtime Activities
- UConn Waterbury parking pass allows parking when on campus (see directions/parking on pages 11 and 36 for details)
- OLLI members are now Mattatuck Museum Members (see page 34 for details)
- UConn Library Privileges
- Priority Registration
- Opportunity to participate in OLLI Trips
- Entrance to Special OLLI Events
- Discounts for OLLI partnership events
- Year-round notices about additional OLLI programs
- OLLI membership card (issued once)
- Opportunity to contribute through OLLI committees

### COURSE FEE STRUCTURE

- 4-week class - \$20
- 6-week class - \$30
- 8-week class - \$40
- Food classes - \$50

**If you are a returning OLLI, your membership expiration date is noted on mailing label of the brochure – after your name!**

OLLI provides memberships on 12-month cycles. The cycles extend from March to February of the following year OR September to August of the following year. Members are entitled to register for courses for all sessions that occur within their membership cycle.

### Membership Cycle Examples

Members who joined OLLI in spring or summer 2011 have a membership cycle from March 2011 through February 2012. These members need to renew their membership now and pay the annual \$60 fee (new membership will extend from March 2012 to February 2012).

Members who joined OLLI in fall 2011 have a membership cycle from September 2011 through August 2012. These people remain members through August 2012 and do not pay the membership fee at this time (they will renew their membership in fall – or August 2012).

A member joining OLLI for the first time in spring / summer 2012 will have a membership cycle from March 2012 to February 2013 – paying \$60 now to cover annual membership.

**Save the Dates!  
Fall OLLI Session  
September 14 – November 2, 2012**



## Why Lifelong Learning?

Enjoyment, fulfillment, intellectual stimulation, shared enthusiasm, challenging discussions, enriching existing friendships and forging new ones – these benefits merely begin to answer the question, “Why Lifelong Learning?”

Lifelong learning is an educational philosophy that embraces a comprehensive definition of human inquiry; educational activities can and should be available through all stages of life. We are endowed at birth with insatiable curiosity and an incredible capacity to learn. Spend a few moments watching a group of children who encounter something completely new that captures their attention and challenges their intellect. There is pure delight in the adventure of experimentation and the thrill of discovery.

The magnificent news is that there is no expiration date on inquisitiveness and imagination. Lifelong learning is a gift we give ourselves that allows us to once again experience that sense of awe and wonder, coupled with the satisfaction of mastering a new skill or adding to our store of knowledge. For adult learners, lifelong learning offers the added practical benefit of maintaining brain health.

Cognitive stimulation, otherwise known as “exercise for your brain,” is essential to maintaining high cognitive functioning in later life. “Cognition is dependent upon brain function and brain function can be improved through physical exercise and cognitive stimulation. Lifelong learning institutes offer older adults a myriad of opportunities to enhance their cognitive function.” (Simone & Scullini, 2006)

Harkening back to the days when we were encouraged to seek a well-rounded education, we now have the opportunity to engage fully and ask the deeper questions using our own life histories and those around us. Lifelong learning allows us to relish – either again or for the first

time – the big ideas of art, history, music, health, philosophy, politics, religion, science and more. And not just with our contemporaries, but with people ten, twenty, or thirty years older or younger. Some OLLI courses and programs are designed to be intergenerational, with college undergraduates working alongside OLLI members. The mix of young and old in a university setting opens up new worlds of interest, re-examination, excitement, varying points of view, and sometimes a healthy level of controversy. It enlivens our mind, helps focus our life, and gives us new insights to the world around us. And there are no exams! So come and revel in the experience of learning for the joy of it!

**Laurie Davidian-Smith** – “You’ve got to try it!” This is what I say to encourage people to join and take advantage of the enriching, exciting experience that is OLLI. The courses and extraordinary instructors have stimulated my mind, stretched my body, and made me laugh. The format and content is as varied as the topics, lectures, spirited discussions, outings, and personal expression (acting, singing, etc). I am self-employed and extremely busy taking my business to the next-level, but I treat myself to OLLI Fridays – it’s my gift to myself. It is what life and living are all about, and is a jewel in our community. I love it! “You’ve got to try it!”

**Phil Benevento** – I have been a member of OLLI for approximately five years and have been able to appreciate this exciting organization on several levels. As a student I have enjoyed classes in a wide range of subjects covering such diverse topics as architecture, the French Impressionists, photography, computer skills and nutrition. As a presenter I have experienced the joy of teaching and learning through lively discussion and interaction with my peers. Finally, as a member of the OLLI Leadership Council, I have grown to appreciate all of the wonderful things that our volunteers do to make the OLLI experience both invigorating and professional.

**To join and register for spring and summer classes, please fill out the enclosed membership form and return by Friday, March 9, 2012. Please use the designated course number(s) to indicate your class choice(s) on membership registration form – and include 1st, 2nd and 3rd course choices! Also check the special events you’d like to attend.**

# Giving

OLLI at UConn is currently funded by endowment interest, membership and course fees, and in-kind support from the University.

## **How are we supported by the Bernard Osher Foundation?**

As of Spring 2011, OLLI at UConn received a generous gift endowment to be invested by the University of Connecticut Foundation. A portion of the interest from this endowment will be used each year to continue funding operational expenses. Operational expenses are used to provide staffing, equipment, promotion, and other day-to-day expenses.

## **What are the advantages of an endowment?**

Endowments provide long-term stable funding. Endowment principal can never be spent. Rather, endowment is invested and the Institute receives a pre-determined portion of the annual interest each year. Unused portions of the interest (if any) would be added back to the initial principal to increase the size of the endowment as a future hedge against inflation.

## **How can I help?**

As we prepare for the future, we need to rely more heavily on individual donations from members and non-members who believe in the transformative work of lifelong learning and want to support its continuation and growth. You can help by making a tax-deductible donation of any size to our OLLI Sustainability Fund, and/or by remembering OLLI and UConn Waterbury in your estate planning ("Planned Giving"). Every individual who donates to OLLI at UConn demonstrates local community support for lifelong learning and reinforces the commitment of the Bernard Osher Foundation. We have created an OLLI family here at UConn and together we can proudly sustain an Institute that improves the lives of thousands.

If you have questions, please contact Brian Chapman, Director of OLLI at 203-236-9881 or [brian.chapman@uconn.edu](mailto:brian.chapman@uconn.edu). To make a donation in support of the "OLLI Sustainability Fund" please use the adjoining form and mail with your check to the address indicated.

- To donate online go to UConn Foundation's website: [www.foundation.uconn.edu](http://www.foundation.uconn.edu) – In the box provided, identify the Gift Designation by entering "OLLI Sustainability Fund (22682)."
- To donate by phone call: 800.269.9965 or 860.486.5000
- To donate appreciated securities call: 860.486.2965
- To donate via check, please make your check payable to:  
The University of Connecticut Foundation, Inc.

## **Please always remember to mention and include in memo: "OLLI Sustainability Fund (22682)." Mailing Address:**

The University of Connecticut Foundation, Inc.

\*Attn: Data Services  
2390 Alumni Drive, Unit 3206,  
Storrs, CT 06269-3206

## **What is the OLLI Sustainability Fund?**

Donations to the fund will benefit the general operation of the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut – Waterbury Campus.

## **Why are all donations payable to "The University of Connecticut Foundation?"/ What is the role of the UConn Foundation?**

The University of Connecticut Foundation is a tax-exempt corporation that operates exclusively to promote the educational, scientific, cultural, and recreational objectives of the University of Connecticut. As the primary fundraising vehicle for the University, the Foundation's mission is to solicit, receive and administer gifts and financial resources from private sources to support UConn's pursuit of excellence in teaching, research and public service. Donations to OLLI and UConn Waterbury are invested by the UConn Foundation. For more information about the UConn Foundation please visit: [www.foundation.uconn.edu](http://www.foundation.uconn.edu).

By including OLLI Sustainability Fund #22682" on your check, it will ensure that your donation will benefit the OLLI program in Waterbury.





## OLLI Sustainability Fund

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Are you a UConn alumnus/a?  Yes  No

School/College: \_\_\_\_\_ Class Year: \_\_\_\_\_

For joint credit, my partner/spouse's name is \_\_\_\_\_

I wish this gift to be anonymous

### Designation

- OLLI Sustainability Fund (#22682)
- Other: \_\_\_\_\_

### Method of Payment

- To donate by phone: call 800.269.9965 or 860.486.5000
- To donate appreciated securities: call 860.486.2965
- To donate online: [www.foundation.uconn.edu](http://www.foundation.uconn.edu)

Enclosed is my gift of: \$ \_\_\_\_\_

Check Enclosed Made payable to

The University of Connecticut Foundation, Inc.,  
2390 Alumni Drive, Unit 3206, Storrs, CT 06269-3206

Credit Card Amount \$ \_\_\_\_\_

Visa  MasterCard  AMEX  Discover

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ \*Code: \_\_\_\_\_

\*The last 3 or 4 digits located on the back of your card (front right for American Express)

Name as it appears on your card: \_\_\_\_\_

Signature: \_\_\_\_\_

### University of Connecticut Foundation, Inc.

2390 Alumni Drive Unit 3206  
Storrs, CT 06269-3206  
[www.foundation.uconn.edu](http://www.foundation.uconn.edu)

### Business Information

Company: \_\_\_\_\_

Position/Title: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Business Phone: \_\_\_\_\_

My or my spouse/partner's employer will match my/our gift.

(Please enclose the matching gift form.)

Visit [www.matchinggifts.com/uconn](http://www.matchinggifts.com/uconn) to find out if your employer matches gifts made to the Foundation.

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### IMPORTANT NOTICE

Your gift will be received by The University of Connecticut Foundation, Inc., a Connecticut non-profit that exists exclusively to benefit UConn by raising and administering private gifts and philanthropic grants to support the University's pursuit of excellence in teaching, research and public service. You may obtain a copy of the Foundation's financial report, or you may contact us at 2390 Alumni Drive, U-3206, Storrs, CT 06269, or 800-269-9965. The Foundation is exempt from registration as a charitable organization in a number of states and jurisdictions. If the Foundation is required to register and comply with state laws related to charitable contributions, the official registration, documents and financial information can be obtained from that state's Attorney General, Secretary of State, or other charitable solicitation licensing agency. For additional state contact information, please visit our website at [www.foundation.uconn.edu](http://www.foundation.uconn.edu).

**REGISTRATION WITH A STATE AGENCY DOES NOT CONSTITUTE OR IMPLY ENDORSEMENT, APPROVAL OR RECOMMENDATION BY THAT STATE.**

## SPRING COURSE TITLES / COURSE NUMBERS / CATEGORY / PAGE NUMBERS

Please use designated course number as your choice on membership registration form!  
Include 1st, 2nd and 3rd choices!

### ART & ART HISTORY

**AH-409** American Masters at the Met  
*Dr. Virginia Bush*..... 18

### CURRENT EVENTS

**CE-001** Life's New Normals – Will You be Able to Cope With Them?  
*Paul Ramunni*..... 15

### COMPUTERS

**CO-401** Not Your Father's Internet  
*Cindy Eastman*..... 15

**CO-404** The Many Faces of Google  
*Peter Freeman*..... 18

**CO-405** Digital Photography Basics  
*Peter Freeman*..... 15

**CO-406** Overcoming Your Computer Phobia (Beginner Computer Class)  
*Peter Oliver*..... 15

### CULTURE & LANGUAGE

**CL-402** Conversational German I: Auf Deutsch, Bitte!  
*Irene Zemaitaitis*..... 19

**CL-412** Latin for the Fun of It!  
*Penny O'Connell*..... 19

**CL-413** Learning Italian Through Film  
*Concetta Scarfone*..... 20

**CL-414** Survival Sign Language  
*Kate Gavigan*..... 20

### GENEALOGY

**GE-401** What Branch Are You From? Researching Your Family Tree.  
*Polly Gunther*..... 19

**GE-402** Genealogy Online: What's Good, What's Not.  
*Polly Gunther*..... 18

### HEALTH & WELLNESS

**HW-403** Reiki Level II  
*Barbara Schafer*..... 17

**HW-411 (A&B)** Chair Yoga: Relax, Renew and Rejoice from the Comfort of a Chair  
*Kathleen Greco*..... 14

**HW-412** Yoga: Stretch, Strengthen and Breathe  
*Cynthia Paolino*..... 15

**HW-414** The Power of Food for Diabetes  
*Jane Sirignano*..... 19

**HW-415** Chinese Medicine's Spirit and Judeo-Christian Religions  
*William Courtland*..... 19

**HW-416** How Important Are Your Vital Signs?  
*Dr. Michael David Angelicola*..... 14

**HW-417** Think Young – Balance, Posture and Beyond  
*Peter Anderheggen & Michaela Hauser-Wagner*..... 18

### HISTORY

**HS-425** European History for Travelers: A Focus on Eastern/Southern Europe  
*Diane Stone*..... 15

**HS-433** The U.S. Constitution: Preparing for the 2012 Presidential Election  
*Barry Davis*..... 17

**HS-435** European History for Travelers: A Focus on Western Europe  
*Diane Stone*..... 18

**HS-436** American History Continues – 1968 to Present  
*Penny O'Connell*..... 16

**HS-437** Neither Friend Nor Foe  
*Dr. David Reed*..... 19

### INTERIOR DESIGN

**ID-001** Home Interior Decorating Made Easy  
*Cheryl DiRollo*..... 19

### LITERATURE & WRITING

**LW-403** In So Many Words  
*Cindy Eastman*..... 15

**LW-415** Publishing Your Children's Book or Biography  
*Ron Gagliardi*..... 20

**LW-416** Searching for the New Jerusalem: the Poetic Quest  
*Phil Benevento*..... 16

**LW-417** Poetry Coffeehouse!  
*Denise Whelan*..... 17

### MATH & SCIENCE

**MS-410** Earth and the Solar System  
*Gary Ruggeri*..... 18

### MUSIC

**MU-413** Sing From Your Heart  
*Julie Cook*..... 16

**MU-414** Opera: A Passion for the Ages, Part V  
*Nunzio DeFilippis*..... 20

### PERFORMING ARTS

**PA-401** Dance for the Love of It!  
*Donna Bonasera*..... 14

**PA-403** All Tapped Out, Part I  
*Sheila Waters Fucci*..... 14

**PA-404** Rhythm: Music's Motor  
*Steve Collins*..... 15

**PA-409** All Tapped Out, Part II  
*Sheila Waters Fucci*..... 14

**PA-413 (A&B)** Life is a Cabaret - Continues  
*Sue Matsuki*..... 18/19

**PA-414** Life is a Cabaret, How to Write a Show (Patter!)  
*Sue Matsuki*..... 16

**PA-415** Cole Porter: On Broadway and the Silver Screen  
*Dr. Stuart Brown*..... 14

**PA-416** Acting for Grown-Ups  
*Aleta Staton & Damone McCollum*..... 20

### PERSONAL DEVELOPMENT

**PD-414** Passport to Retirement  
*James Coleman, Sr.*..... 20

**PD-415** Women and Investments  
*Jessica Kott*..... 17

### PHILOSOPHY & RELIGION

**PR-405** Religions & Spiritual Practices of the World  
*Dr. Maria Decsy*..... 18

**PR-406** Metaphysical Interpretation of the Bible  
*Barbara Schafer*..... 16

**PR-408** Hey – I Can Fly! Great Dreams of Antiquity.  
*Dr. Carol Rizzolo*..... 16

**PR-409** Reading the Gospels Side by Side  
*Rev. Jim Bradley*..... 15

### TRAVEL

**TR-003** Have Car, Will Travel!  
*Dr. Maria Decsy*..... 15

### VISUAL ARTS

**VA-401** Painting With Torn Paper  
*Carol Moore*..... 17

**VA-402** Drawing on the Right Side of the Brain  
*Judy Jaworski*..... 17

**VA-408** Watercolor Without Fear  
*Bridget Grady*..... 14

**VA-409** Animals in the City (Drawing)  
*Bridget Grady*..... 14



SPRING COURSE TIME SLOTS / PAGES / ROOM NUMBERS			
CLASS TIMES	FIRST 4 WEEKS MAR. 16, 23, 30, APR. 13	FULL 8 WEEKS MAR. 16, 23, 30, APR. 13, 20, 27, MAY 4, 11	LAST 4 WEEKS APRIL 20, 27, MAY 4, 11
8:15 AM – 9:45 AM	HW-411A CHAIR YOGA (also offered second 4 weeks) Kathleen Greco   Room #102, Page 15	PA-415 COLE PORTER: ON BROADWAY AND THE SILVER SCREEN (6 classes) Dr. Stuart Brown   Room #218, Page 14	HW-411 B CHAIR YOGA (also offered first 4 weeks) Kathleen Greco   Room #102, Page 14
		CO-406 OVERCOMING YOUR COMPUTER PHOBIA Peter Oliver   Room #317, Page 15	
		PR-409 READING THE GOSPELS SIDE BY SIDE Rev. Jim Bradley   Room #203, Page 15	
	HW-416 HOW IMPORTANT ARE YOUR VITAL SIGNS? Dr. Michael David Angelicola   Room #217, Page 14	CO-401 NOT YOUR FATHER'S INTERNET Cindy Eastman   Room #224, Page 15	
10:00 AM – 11:30 AM	TR-003 HAVE CAR, WILL TRAVEL! Dr. Maria Decsy   Room #207, Page 15	CE-001 LIFE'S NEW NORMALS FOR 2012 Paul Ramunni   Room #210, Page 15	PA-404 RHYTHM: MUSIC'S MOTOR Steve Collins   Room #318, Page 15
		CO-405 DIGITAL PHOTOGRAPHY BASICS (6 classes), Peter Freeman   Room #317, Page 15	
		HW-412 YOGA: STRETCH, STRENGTHEN, AND BREATHE (6 classes) Cynthia Paolino   Room #102, Page 15	
		LW-403 IN SO MANY WORDS Cindy Eastman   Room #218, Page 15	
		LW-416 SEARCHING FOR THE NEW JERUSALEM Phil Benevento   Room #210, Page 16	
		HS-436 AMERICAN HISTORY CONTINUES-1968 TO PRESENT Penny O'Connell   Room #333, Page 16	
		PA-414 LIFE IS A CABARET- HOW TO WRITE A SHOW (PATTER) Sue Matsuki   Room #324, Page 16	
		PR-408 HEY - I CAN FLY! GREAT DREAMS OF ANTIQUITY Dr. Carol Rizzolo   Room #203, Page 16	
		MU-413 SING FROM YOUR HEART (7 classes) Julie Cook   Room# 227G (2 <sup>nd</sup> floor library), Page 16	
		PR-406 METAPHYSICAL INTERPRETATION OF THE BIBLE Barbara Schafer   Room #204, Page 16	
VA-402 DRAWING ON THE RIGHT SIDE OF THE BRAIN Judy Jaworski   Room #217, Page 17	HS-425 EUROPEAN HISTORY: EASTERN & SOUTHERN EUROPE Diane Stone   Room #323, Page 15		

The Osher Lifelong Learning Institute at the University of Connecticut Waterbury campus does not endorse any products, services, or outside organizations. OLLI presenters and speakers are prohibited from promoting products, services, or organizations while in service to OLLI (during teaching or presenting for scheduled OLLI classes or events). OLLI presenters and speakers cannot require the purchase of specific books, educational materials, or supplies from which they will benefit. OLLI does maintain partnerships with other organizations for the purpose of furthering its educational mission for members. OLLI members and presenters are encouraged to share information about educational and cultural activities outside the classroom in order to promote intellectual stimulation and expansion of the OLLI learning community beyond the University and the campus.

# OLLI-At-A-Glance

## SPRING COURSE TIME SLOTS / PAGES / ROOM NUMBERS

11:40 AM - 1:00 PM		<p><b>LW-417 POETRY COFFEEHOUSE!</b> (6 classes) Denise Whelan   Room #210, Page 17</p> <p><b>HS-433 THE U.S. CONSTITUTION...</b> Barry Davis   Room #218, Page 17</p> <p><b>VA-401 PAINTING WITH TORN PAPER</b> Carol Moore   Room #102D, Page 17</p> <p><b>PA-413A LIFE IS A CABARET - CONTINUES</b> Sue Matsuki   Room #227G (2<sup>nd</sup> floor library) (This class also offered at 1:15 PM), Page 18</p> <p><b>PR-405 RELIGIONS &amp; SPIRITUAL PRACTICES OF THE WORLD</b> Dr. Maria Decsy   Room #203, Page 18</p> <p><b>MS-410 EARTH AND THE SOLAR SYSTEM</b> Gary Ruggeri   Room #217, Page 18</p> <p><b>GE-402 GENEALOGY ONLINE</b> Polly Gunther   Room #317, Page 18</p> <p><b>HW-403 REIKI LEVEL II</b> Barbara Schafer   Room #102, Page 17</p>	<p><b>PD-415 WOMEN &amp; INVESTMENTS</b> Jessica Kott   Room #318, Page 17</p>
1:15 PM - 2:45 PM	<p><b>AH-409 AMERICAN MASTERS AT THE MET</b> Dr. Virginia Bush   Room #218, Page 18</p>	<p><b>CO-404 THE MANY FACES OF GOOGLE</b> (6 classes) Peter Freeman   Room #317, Page 18</p> <p><b>ID-001 HOME INTERIOR DECORATING MADE EASY!</b> Cheryl DiRollo   Room #210, Page 19</p> <p><b>CL-412 LATIN FOR THE FUN OF IT!</b> Penny O'Connell   Room #333, Page 19</p> <p><b>GE-401 WHAT BRANCH ARE YOU FROM?</b> Polly Gunther   Room #318, Page 19</p>	<p><b>HS-435 EUROPEAN HISTORY FOR TRAVELERS: WESTERN EUROPE</b> Diane Stone   Room #207, Page 18</p>
	<p><b>HW-417 THINK YOUNG- BALANCE, POSTURE AND BEYOND</b> Peter Anderheggen &amp; Michaela Hauser-Wagner   Room #102, Page 18</p>	<p><b>PA-413B LIFE IS A CABARET- CONTINUES</b> Sue Matsuki   Room #227G (2<sup>nd</sup> floor library), (This class also offered at 11:40 AM), Page 19</p> <p><b>CL-402 CONVERSATIONAL GERMAN I</b> Irene Zemaitaitis   Room #213, Page 19</p> <p><b>HW-414 THE POWER OF FOOD/DIABETES</b> Jane Sirignano   Room #119, Page 19</p> <p><b>HW-415 CHINESE MEDICINE</b> William Courtland   Room #327, Page 19</p> <p><b>HS-437 NEITHER FRIEND NOR FOE</b> Dr. David Reed   Room #203, Page 19</p>	
3:00 PM - 4:30 PM		<p><b>PD-414 PASSPORT TO RETIREMENT</b> (6 classes) James Coleman, Sr. Room #213, Page 20</p> <p><b>CL-414 SURVIVAL SIGN LANGUAGE</b> (6 classes) Kate Gavigan   Room #218, Page 20</p> <p><b>LW-415 PUBLISHING YOUR CHILDREN'S BOOK OR BIOGRAPHY</b> Ron Gagliardi   Room #217, Page 20</p> <p><b>MU-414 OPERA: A PASSION FOR THE AGES, PART V, THE BEL CANTO</b> Nunzio DeFilippis   Room #207, Page 20</p> <p><b>CL-413 LEARNING ITALIAN THROUGH FILM</b> Concetta Scarfone   Room #113, Page 20</p> <p><b>PA-416 ACTING FOR GROWN-UPS!</b> Aleta Staton &amp; Damone McCollum   Room #102, Page 20</p>	

OFF SITE CLASSES/NON-FRIDAY CLASSES

CLASS TIMES	4 CLASSES	6-8 CLASSES
THURSDAYS 10:00 AM - 11:30 PM	VA-408 WATERCOLOR WITHOUT FEAR! Thursdays, March 15, 22, 29, April 12 Bridget Grady   Room #102D, Page 14	
THURSDAYS 1:30 PM - 3:00 PM		VA-409 ANIMALS IN THE CITY (DRAWING) (6 classes) Thursdays, March 15, 22, 29, April 12, 19, 26 Bridget Grady   At the Blue Horse Arts Studio, Watertown, Page 14
TUESDAYS 10:00 AM - 11:30 PM		PA-401 DANCE FOR THE LOVE OF IT! Tuesdays, March 13, 20, 27, April 3, 10, 17, 24, May 1 Donna Bonasera   At the Howland Hughes Bldg, Bank St., Page 14
TUESDAYS 11:30 AM - 1:00 PM		PA-403 ALL TAPPED OUT- PART I Tuesdays, March 13, 20, 27, April 3, 10, 17, 24, May 1 Sheila Waters Fucci   At the Howland Hughes Bldg, Bank St., Page 14
TUESDAYS 1:00 PM - 2:30 PM		PA-409 ALL TAPPED OUT- PART II Tuesdays, March 13, 20, 27, April 3, 10, 17, 24, May 1 Sheila Waters Fucci   At the Howland Hughes Bldg, Bank St., Page 14



UConn Police Officers conduct routine parking enforcement in the attached campus parking garage and all cars will be ticketed for parking violations. These violations include, but are not limited to: failure to display a UConn parking decal, parking in an unauthorized area (faculty/staff parking on level one, fire lanes, handicap & reserved spaces). Parking fines can be as high as \$150 for parking in handicap spaces or misuse of a handicap permit. The fine for not displaying a University decal is \$30. OLLI members are not authorized to park on level one.

# OLLI-At-A-Glance

## SUMMER COURSE TITLES / COURSE NUMBERS / CATEGORY / PAGE NUMBERS

Please use designated course number as your choice on membership registration form!  
Include 1st, 2nd and 3rd choices!

<b>AH-411</b> Sculpture is what you bump into... Dr. Virginia Bush.....21	<b>MU-416</b> Bump Diddy Strum! Elizabeth Hanahan.....21
<b>HS-433</b> The U.S. Constitution: Preparing for the 2012 Election Barry Davis.....21	<b>PA-416</b> Acting for Grown-Ups Aleta Staton & Damone McCollum.....21
<b>HW-407</b> Food to Live For! Jane Sirignano.....21	<b>PD-411</b> Life Story Writing Workshop Sandra Noel.....20
<b>HW-418</b> Chair Yoga: Intermediate Level Kathleen Greco.....20	<b>PD-414</b> Passport to Retirement James Coleman, Sr.....21
<b>MU-413</b> Sing From Your Heart! Julie Cook.....21	<b>PD-416</b> Visionaries Have Wrinkles Karen Sands.....21
<b>MU-415</b> Opera: A Passion for the Ages, Part VI, Mozart Nunzio DeFilippis.....21	<b>PD-417</b> Let's Play Bridge! Joyce McMillan.....21

## SUMMER COURSE TIME SLOTS / PAGES / ROOM NUMBERS

CLASS TIMES	4 CLASSES	6-8 CLASSES
8:30 AM - 9:45 AM	<b>PD-411 LIFE STORY WRITING WORKSHOP</b> Wednesdays, June 6, 13, 20, 27 Sandra Noel   Room #TBD, Page # 20	<b>HW-418 CHAIR YOGA- INTERMEDIATE LEVEL</b> Tuesdays and Thursdays, June 5/7, 12/14, 19/21, 26/28 Kathleen Greco   Room #102, Page 20
10:15 AM - 11:45 AM	<b>PD-416 VISIONARIES HAVE WRINKLES</b> Tuesdays, June 5, 12, 19, 26 (Also offered in spring) Karen Sands   Room #TBD, Page 21	<b>PA-416 ACTING FOR GROWN UPS!</b> Tuesdays and Thursdays, June 5/7, 12/14, 19/21, 26/28 Aleta Staton & Damone McCollum   Room #102, Page 21
	<b>HS-433 U.S. CONSTITUTION: 2012 ELECTION</b> Wednesdays, June 6, 13, 20, 27 (Also offered in spring) Barry Davis   Room #TBD, Page 21	<b>PD-414 PASSPORT TO RETIREMENT (6 CLASSES)</b> Tuesdays and Thursdays, June 5/7, 12/14, 19/21 James Coleman, Sr.   Room #TBD, Page # 21
12:00 PM - 1:30 PM	<b>MU-413 SING FROM YOUR HEART</b> Tuesdays, June 5, 12, 19, 26 Julie Cook   Room #102, Page 21	<b>MU-416 BUMP DIDDY STRUM!</b> Tuesdays and Thursdays, June 5/7, 12/14, 19/21, 26/28 Elizabeth Hanahan   Room #227G (2nd floor Library), Page 21
12:30 PM - 2:30 PM	<b>HW-407 FOOD TO LIVE FOR!</b> Thursdays, June 7, 14, 21, 28 Jane Sirignano   Room #119, Page 21	
1:45 PM - 3:15 PM	<b>AH-411 SCULPTURE IS WHAT YOU BUMP INTO....</b> Wednesdays, June 6, 13, 20, 27 Dr. Virginia Bush   Room #TBD, Page 21	<b>PD-417 LET'S PLAY BRIDGE! (6 CLASSES)</b> Tuesdays and Thursdays, June 5/7, 12/14, 19/21 Joyce McMillan   Room #102, Page 21
	<b>MU-415 OPERA: A PASSION FOR THE AGES, PART VI, MOZART</b> Tuesdays, June 5, 12, 19, 26 Nunzio DeFilippis   Room #TBD, Page 21	

CALENDAR OF EVENTS

(Preregister for these events on membership registration form)

Open registration for spring / summer session – all returning and new OLLI members can register for classes and events. Registration ends Friday, March 9, 2012

MARCH	7	<b>UConn Research Lecture: Mathematics and Juggling</b> Open to OLLI members and the public (see page 31 for details)	13	<b>UConn Library Workshop - Facebook</b> Open to OLLI members only (see page 28 for details)	15	<b>Thursday classes begin with Bridget Grady</b> (see page 15, 20 for details)	27	<b>UConn Library Workshop - AudioBooks from iConn</b> Open to OLLI members only (see page 28 for details)
			13	<b>Offsite classes begin at CT Dance Theatre</b> (see page 14 for details)	20	<b>UConn Library Workshop - Twitter</b> Open to OLLI members only (see page 28 for details)		
APRIL	3	<b>UConn Library Workshop - Technology Petting Zoo.. iPhones, Tablets, iTouches, iPads?</b> Open to OLLI members only (see page 28 for details)	4	<b>Creative Sustenance</b> Open to OLLI members, UConn students and the public (see page 31 for details)	14	<b>Brass City Dash - UConn 3rd Annual Road Race, registration 9:30 AM, at UConn Waterbury</b> Open to OLLI members and the public – volunteer to help (see page 32 for details)	18	<b>Gracie Mansion &amp; Madame Tussaud's Wax Museum - NYC (trip)</b> Open to OLLI members – sign up with Friendship Tours (see page 30 for details)
	3	<b>AARP Driver Safety Course</b> Open to OLLI members and the public (see page 32 for details)	10	<b>UConn Research Lecture: Spiders, Cocaine and Dementia...Oh My! Robert Astur, PhD</b> Open to OLLI members and the public – register and bring a friend (see page 31 for details)				
MAY	1	<b>FINAL Deadline for Fall 2012 course proposals! Mark your calendars.</b>	9	<b>The Cloisters &amp; the Metropolitan Museum of Art - NYC (trip)</b> Open to OLLI members – sign up with Friendship Tours (see page 30 for details)	30	<b>Mattatuck Museum Lunch &amp; Learn Trilogy - Ernest Roth's Venetian Prints: Marc Chabot</b> Open to OLLI members only (see page 29 for details)		
JUNE	4	<b>AARP Driver Safety Course</b> Open to OLLI members and the public (see page 32 for details)	6	<b>Mattatuck Museum Lunch &amp; Learn Trilogy - Capturing the Mystery &amp; Beauty of Venice: Judy Kollias</b> Open to OLLI members only (see page 29 for details)	13	<b>Mattatuck Museum Lunch &amp; Learn Trilogy - A Tour of Venice: Nunzio DeFilippis</b> Open to OLLI members only (see page 29 for details)		
SEPTEMBER	10-13	<b>Colonial Williamsburg and Jamestown, VA (trip)</b> Open to OLLI members – sign up with Friendship Tours (see page 30 for details)						

# Course Descriptions

## OLLI OFF-SITE CLASSES / NON-FRIDAY CLASSES!

**VA-408**

### **Watercolor Without Fear!**

**Presenter:** Bridget Grady

**4 Classes – Thursdays from 10:00 AM – 11:30 AM**

**March 15, 22, 29, April 12 - \$20 (watercolor and brushes supplied – call presenter re other supplies)**

**NOTE:** This class is held on Thursdays at UConn in #102D

This beginner's art workshop will get you jump-started in the medium of watercolor. Learn to go with the flow and learn control at the same time with this slippery medium. No experience necessary!

**VA-409**

### **Animals in the City (Drawing)**

**Presenter:** Bridget Grady

**6 Classes – Thursdays from 1:30 PM – 3:00 PM**

**March 15, 22, 29, April 12, 19, 26 - \$30**

**(watercolors/brushes supplied – call presenter re other supplies)**

**NOTE:** This class is on Thursdays at Blue Horse Arts Studio in Watertown – directions to be provided.

You will learn to draw animals in pencil, watercolor, or gouache while developing visual compositions inspired by your recollections of animals from your youthful experiences in the city. All are welcome from the shy beginner to the seasoned pro!

**PA-401**

### **Dance for the Love of It!**

**Presenter:** Donna Bonasera

**8 Classes – Tuesdays from 10:00 AM – 11:30 AM**

**March 13, 20, 27, April 3, 10, 17, 24, May 1 - \$40**

**NOTE:** This class is held on Tuesdays at CT Dance Theatre in the Howland Hughes Bldg., 120 Bank Street.

Learn the many styles of dance and, at the same time, learn the history of famous choreographers such as Fred Astaire and Gene Kelly. Enjoy this movement course and the positive effects dance has on our well being – mind, body and soul – and the health benefits as well.

**PA-403**

### **All Tapped Out – Part I**

**Presenter:** Sheila Waters Fucci

**8 Classes – Tuesdays from 11:30 AM – 1:00 PM**

**March 13, 20, 27, April 3, 10, 17, 24, May 1 - \$40 (Tap Shoes Required)**

**NOTE:** This class is held on Tuesdays at CT Dance Theatre in the Howland Hughes Bldg., 120 Bank Street.

This movement class is tap dancing! Learn the basics of tap as an instrument and art form, along with studying the different techniques of tap and the great tap artists of our time – great exercise for both body and mind.

**PA-409**

### **All Tapped Out – Part II**

**Presenter:** Sheila Waters Fucci

**8 Classes – Tuesdays from 1:00 PM – 2:30 PM**

**March 13, 20, 27, April 3, 10, 17, 24, May 1 - \$40 (Tap Shoes Required)**

**NOTE:** This class is held on Tuesdays at CT Dance Theatre in the Howland Hughes Bldg., Tappers! If you have tap experience, this is the class for you!

## OLLI ON-CAMPUS CLASSES – NO CLASSES FRIDAY, APRIL 6

**8:15 AM – 9:45 AM**

**HW-411A**

### **Chair Yoga: Relax, Renew and Rejoice from the Comfort of a Chair**

**Presenter:** Kathleen Greco

**4 Classes – Fridays from 8:15 AM – 9:45 AM**

**(this class also offered the second four weeks)**

**March 16, 23, 30, April 13 - \$20**

**Room #102**

Enjoy the benefits of popular Yoga postures from the convenience and safety of your chair. Each class will take you through a practice that will improve your abilities as you combine breathing and movement. Experience improved health as you apply Yoga to everyday life.

**HW-416**

### **How Important Are Your Vital Signs?**

**Presenter:** Dr. Michael David Angelicola

**4 Classes – Fridays from 8:15 AM – 9:45 AM**

**March 16, 23, 30, April 13 - \$20**

**Room #217**

This course will answer that question by presenting both a serious and a lighthearted look at the historical and current uses of specific signs and symptoms of diseases and health. No prior knowledge of medical history is required. There will be active participation in discussions and safe, simple exercises and demonstrations, helping to provide useful information to both medical consumers and health care providers.

**HW-411B**

### **Chair Yoga: Relax, Renew and Rejoice from the Comfort of a Chair**

**Presenter:** Kathleen Greco

**4 Classes – Fridays from 8:15 AM – 9:45 AM**

**(this class also offered the first four weeks)**

**April 20, 27, May 4, 11 - \$20**

**Room #102**

See description of HW-411A

**PA-415**

### **Cole Porter: On Broadway and the Silver Screen**

**Presenter:** Dr. Stuart Brown

**6 Classes – Fridays from 8:15 AM – 9:45 AM**

**March 16, 23, 30, April 13, 20, 27 - \$30**

**(recommended reading)**

**Room #218**

Cole Porter was one of the most successful composers in Broadway history. From the 1920's through the 1950's he produced such works as "Anything Goes," "Kiss Me, Kate," and "Can-Can." This course will review his work on Broadway as well as in Hollywood.

**CO-406**

**Overcoming Your Computer Phobia!**

Presenter: Peter Oliver

8 Classes – Fridays from 8:15 AM – 9:45 AM  
 March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40  
 Room #317

Are you hesitant about or just plain resistant to learning how to use a computer? Do you think you could never learn how to use one? If that's the case, this beginner course is for you. Learn how a computer works, the basics of operating it, and what it can do for you. Learn about the PC, laptops, netbook, hardware, monitors, keyboard, mouse, and actually open up a desktop computer to examine what is inside! Limited enrollment due to computer classroom size.

**PR-409**

**Reading the Gospels Side by Side**

Presenter: Rev. Jim Bradley

8 Classes - Fridays from 8:15 AM – 9:45 AM  
 March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40  
 (required reading – copy of New Testament)  
 Room #203

Most people think they know the Jesus story. Truth is, there are four distinct stories that we conflate together; a careful, disciplined compare and contrast between our old friends Matthew, Mark, Luke and John. The course will literally be a verse-by-verse reading of the four canonical gospels to note and observe the distinctions in the tone, outline, content, and purpose of each gospel – covering four stories with many differences.

**CO-401**

**Not Your Father's Internet**

Presenter: Cindy Eastman

8 Classes – Fridays from 8:15 AM – 9:45 AM  
 March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40  
 Room #224

The Internet has created a whole new way of communicating with family, friends and the world. If you have a computer at home, put it to work for you; start an online diary or reconnect with old classmates. If you are already comfortable using your computer and exploring the Internet, become more comfortable with it in this self-paced course designed to ease the casual user into useful productivity.

**CE-001**

**Life's New Normals for 2012 and Beyond – Will You be Able to Cope with Them?**

Presenter: Paul Ramunni

8 Classes – Fridays from 8:15 AM – 9:45 AM  
 March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40  
 Room #210

This will be an honest and very real discussion about the new rules, issues, and ways of living that have developed in the last few years for our families and businesses. Topics such as the new rules for investing, coping with job loss, starting a business during times of uncertainty and dealing with social security issues will be discussed. In general, this class will also touch on how we're raising children today, dealing with new stress levels, and how to cope with so much change in our lives.

**10:00 AM – 11:30 AM**

**TR-003**

**Have Car, Will Travel!**

Presenter: Dr. Maria Decsy

4 Classes – Fridays from 10:00 AM – 11:30 AM  
 March 16, 23, 30, April 13 - \$20  
 Room #207

Have a car? Like to travel? Talk with and dream up a trip with an enthusiastic, expert "road-runner!" It is great fun to have a travel companion, BUT never stay home just because you cannot find one! If you have a desire to take a cross-country trip to see and discover breathtaking sights of interest, come hear how you can plan and do just that. Highways, byways, and National Parks of the USA will be covered.

**PA-404**

**Rhythm: Music's Motor**

Presenter: Steve Collins

4 Classes – Fridays from 10:00 AM – 11:30 AM  
 April 20, 27, May 4, 11 - \$20  
 Room #318

Just what is rhythm? And how does it function in music? This engaging course will explore the fundamental but little-understood component of music. Each class will involve listening to examples and hands-on performance using percussion instruments. Students will have the opportunity to attend open rehearsals of the Waterbury Symphony Orchestra, and attend a WSO concert with a "new set of ears" AND discounted tickets. No musical experience or knowledge is required.

**HS-425**

**European History for Travelers: A Focus on Eastern & Southern Europe**

Presenter: Diane Stone

4 Classes – Fridays from 10:00 AM – 11:30 AM  
 April 20, 27, May 4, 11 - \$20  
 Room #323

This course is a continuation of European History for Travelers, with emphasis on Western Europe. It will focus on the main tourist sites, and the geographic areas from which most of the Waterbury area immigrant groups, and their ancestors, came to the U.S. from the mid-19th to the mid-20th centuries. We will cover the areas of Southern Italy, Poland, Lithuania, and Prague.

**CO-405**

**Digital Photography Basics**

Presenter: Peter Freeman

6 Classes – Fridays from 10:00 AM – 11:30 AM  
 March 16, 23, 30, April 13, 20, 27 - \$30  
 Room #317

This hands-on lecture, computer course will cover how a digital camera works, photo composition, and photo processing using Google's free photo editing tool, Picasa. Participants must be familiar with the computer and internet. Bring your digital camera. There will also be a field trip. Limited enrollment due to computer classroom size.

**HW-412**

**Yoga: Stretch, Strengthen, Breathe**

Presenter: Cynthia Paolino

6 Classes – Fridays from 10:00 AM – 11:30 AM  
 March 16, 23, 30, April 13, 20, 27 - \$30 (yoga mat)  
 Room #102

This movement class will help create balance between body, mind, and spirit through the practice of yoga postures, breathing techniques, and relaxation to help increase flexibility, balance, and healing. Bring a yoga mat.

**LW-403**

**In So Many Words**

Presenter: Cindy Eastman

8 Classes – Fridays from 10:00 AM – 11:30 AM  
 March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40  
 Room #218 (notebook/journal)

Everyone can write. Writing is a phenomenological process by which we humans make sense of our experiences. In this facilitated course, participants will learn strategies and models for journaling and will be guided to hear their own writing voice.

# Course Descriptions



LW -416

## Searching for the New Jerusalem: the Poetic Quest

Presenter: Phil Benevento

8 Classes – Fridays from 10:00 AM – 11:30 AM  
March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40  
Room #210

This course will examine 19<sup>th</sup> and 20<sup>th</sup> century British and American poetry. We will read the poetry of writers seeking to overcome human and societal limitations as they contemplate the world of the everyday and the world of the wonderful. We will review literary terms and poetical devices to better appreciate how these poets transformed the form that they employed to express their views. Among others, we will look at the poetry of Shelley, Blake, Coleridge, Tennyson, Yeats, T. S. Eliot, Dylan Thomas, Amy Lowell and Edna St. Vincent Millay.

HS-436

## American History Continues – 1968 to Present

Presenter: Penny O'Connell

8 Classes – Fridays from 10:00 AM – 11:30 AM  
March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40  
Room #333

This course will cover Presidents Nixon (Nixon and Watergate), Ford, Carter, Reagan, Bush #1, Clinton, Bush #2, and Obama's first term. Topics for discussion are abuse of presidential power, war, and the continuing conflict between conservative and liberal solutions to America's persistent social and economic problems.

PA-414

## Life is a Cabaret – How to Write a Show (Patter)

Presenter: Sue Matsuki

8 Classes – Fridays from 10:00 AM – 11:30 AM  
March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40  
Room #324

This course will explore how to write song set-ups (patter) and participants will learn how to put an entire show of 13 songs together. This is an instructional course – not a singing/performance course; however, you will be performing your written song sets (patter) for the class. This class will also touch upon the history of Cabaret as an art form. As a bonus, Sue will be doing a live mini-show as an example of what a real cabaret show is like – just for this class – to show how “patter” is created and how a show is actually put together.

PR-408

## Hey – I Can Fly! Great Dreams of Antiquity

Presenter: Dr. Carol Rizzolo

8 Classes – Fridays from 10:00 AM- 11:30 AM  
March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40  
Room #203

The mystical and magical nature of dreams has delighted and intrigued people since the earliest mists of history. Dreams of the biblical Jacob and of the prophet Mohammed have served as guideposts to entire communities. Together we will explore the great dreams of historical figures. This course will explore the richness of dreams from a mythical perspective.

MU-413

## Sing From Your Heart

Presenter: Julie Cook

7 Classes – Fridays from 10:00 AM – 11:30 AM  
March 23, 30, April 13, 20, 27, May 4, 11 - \$35  
Room #227G - 2nd floor Library

Singing the OLLI way is fun, easy, healthy, and for anyone regardless of experience. Members will explore the known familiar songs and rounds – along with the unknown – to create unique group music using Bobby McFerrin-type song circles and other creative games. Simple percussion instruments will enhance our music.

PR-406

## Introduction to the Metaphysical Interpretation of the Bible

Presenter: Barbara Schafer

8 Classes – Fridays from 10:00 AM – 11:30 AM  
March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40  
Room #204 (Any Bible)

Literal interpretation of the Bible can be incredible and perplexing. When interpreted metaphysically, the Bible becomes understandable, dynamic, and inspirational. Contradictions and confusion are clarified as the spiritual sacred Truths underlying the words are revealed. It can be a catalyst for our soul's growth that can fill the emptiness of a soul devoid of spirituality. Then it becomes a fascinating, dynamic roadmap that guides us to a sense of fulfillment, joy, and inner peace, providing practical answers to life's challenges.

Some courses have required and/or recommended reading. The UConn Co-op bookstore welcomes OLLI members and carries a supply of most required or recommended books. OLLI members are also entitled to join the Co-op OLLI Book Club to save money on their book purchases.

A Co-op book card will be issued to new members only. Please see Co-op when card is full.

Please keep your Co-op book card from session to session.



**VA-402**

**Drawing on the Right Side of the Brain**

Presenter: Judy Jaworski

8 Classes – Fridays from 10:00 AM – 11:30 AM  
 March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40  
 (required book & supplies)  
 Room #217

This course is designed to expand your powers of perception through drawing, increase your visual awareness and develop a new mode of seeing. Participants will explore various methods of perfecting their skill – to image-space relationships, perspective, and people. Everyone has the latent ability to draw with proper guidance. A required text (and proper supplies) will be your guide.

**11:40 AM – 1:00 PM**

Note: These classes conflict with OLLI Café and other lunchtime offerings.

**PD-415**

**Women & Investments: Take Control of Your Financial Future**

Presenter: Jessica Kott

4 Classes – Fridays from 11:40 AM – 1:00 PM  
 April 20, 27, May 4, 11 - \$20  
 Room #318

Gain confidence by establishing an appropriate investment strategy. Get practical advice to better understand your options. A portion of each class will be devoted to answering investment-related questions from participants. Topics covered will include portfolio management and maintenance, fixed income securities and equity securities. Men are also encouraged to register for this class!

**LW-417**

**Poetry Coffeehouse!**

Presenter: Denise Whelan

6 Classes – Fridays from 11:40 AM – 1:00 PM  
 March 16, 23, 30, April 13, 20, 27 - \$30 (notebook)  
 Room #210

Do you write poetry? Perhaps you have a favorite poet you'd like to read or maybe you'd just like to listen. In these free-flowing sessions,



we'll talk about poetry devices and styles. There will be open mic time to share your writing. Poetry is meant to be read ALOUD! We'll discuss traditional publishing and current technology available to get your work in print and how social media like personal websites, Facebook, Twitter, Google+, KLOUT, etc. play their part in our technology-driven society. Come join us and bring your fingers ready to go - SNAP! SNAP! SNAP!

**HS-433**

**The U.S. Constitution: Preparing for the 2012 Presidential Election!**

Presenter: Barry Davis

6 Classes – Fridays from 11:40 AM – 1:00 PM  
 (this class is also offered during the summer session)  
 March 16, 23, 30, April 13, 20, 27 - \$30  
 Room #218

This course will examine the current structure of the American government with emphasis on non-Constitutional growth

(e.g. where did committee chairmen and committees and the filibuster come from?) Review will include the main structures of the government and how they came about (e.g. the bi-cameral Congress, the division and separation of powers) and explore the future of the Constitution in terms of how current forces might require changes. Each class will explore at least one current constitutional issue drawn from today's newspapers.

**VA-401**

**Painting With Torn Paper**

Presenter: Carol Moore

8 Classes – Fridays from 11:40 AM – 1:00 PM  
 March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40  
 Room #102D (please be prompt so as not to interrupt class in 102) (art supplies)

This collage class will create delightful, interesting paintings using torn paper from recycled magazines and catalogs. All you need is glue (Modge Podge) and paper. No experience necessary.

**HW-403**

**Reiki Level II**

Presenter: Barbara Schafer

Assistants: Rosemary Toletti and Sr. Cecilia Baranowski, Reiki Master Teachers

8 Classes – Fridays from 11:40 AM – 1:00 PM  
 March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40  
 Room #102 (please be prompt so as not to interrupt class in 102D) (recommended book)

Pre-requisite: Reiki I from any Reiki Master Teacher. Having learned the fundamentals of Reiki Level I that focused upon the physical realm, Level II focuses upon the emotional/mental realms of healing. There will be a brief review of Level I to assure past knowledge and skills. Participants will learn how to use three ancient Reiki symbols to augment healing, how to do long-distance healings, a technique for mental/emotional healing, other Reiki healing techniques, meditations, ethical issues, and will receive a Level II attunement. At the successful completion of this level, the participant becomes a Reiki Practitioner.

*“OLLI provides a new lease on life by providing a variety of learning opportunities making it possible to once again engage in the joy of learning.”*

# Course Descriptions

*All I can say is I wish I had started when OLLI first came on scene.  
The atmosphere is great. I have this “Oh yes I can attitude.”  
Thank you, thank you, thank you!*

## PA-413A

### Life is a Cabaret - Continues

Presenter: Sue Matsuki

8 Classes – Fridays from 11:40 AM – 1:00 PM

(this class is also offered at 1:15 PM)

March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40

Room #227G (2nd floor Library)

Have you ever dreamed of singing the great old American Songbook Classics - songs by the Gershwins, Porter or Ellington, Ella, Sinatra, Peggy Lee or Nat King Cole? This hands-on singing course is a continuation of the previous Cabaret courses. All levels of singers and new members are welcome. Learn how to connect to a lyric, and work towards doing a class show.

## PR-405

### Religions and Spiritual Practices of the World

Presenter: Dr. Maria Decsy

8 Classes – Fridays from 11:40 AM – 1:00 PM

(recommended book)

March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40

Room #203

Too often we see the religions of the world in competitive terms of differences and divisions. During these classes you will ponder the common grounds, the wisdom,

and the spiritual treasures of Hinduism, Buddhism, Taoism, Confucianism and Shinto, as well as Judaism, Christianity, and Islam. You will also touch on the unwritten traditions of native people, including aboriginal Australians and Native Americans. Religions, on their best behavior, already supply the foundation for better individual and global order and have the power to awaken in us the universal call to compassion, kindness, and justice.

## MS-410

### Earth and the Solar System

Presenter: Gary Ruggeri

8 Classes – Fridays from 11:40 AM – 1:00 PM

March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40

Room #217

This course will compare earth's systems and why they work to promote life versus the rest of the solar system. It will cover weather and climate, geology, and oceans, along with the solar system, planets, moons, asteroids, and new discoveries in space.

## GE-402

### Genealogy Online:

#### What's Good, What's Not

Presenter: Polly Gunther

8 Classes – Fridays from 11:40 AM – 1:00 PM

March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40

Room #317

Participants will have the opportunity to explore a variety of genealogy websites. Each week will focus on a particular type of site from free, to pay, to members only. Search engines such as Google will also be explored. Some knowledge of computers and previous genealogy background are necessary.

1:15 PM – 2:45 PM

## AH-409

### American Masters at the Met

Presenter: Dr. Virginia Bush

4 Classes – Fridays from 1:15 PM – 2:45 PM

March 16, 23, 30, April 13 - \$20

Room #218

The Met reopened all its American galleries in January, 2012. To make a visit more rewarding, this course will show highlights

of the collection, compare them with works from other venues, and give a selective overview of art in America from Colonial to Modern times.

## HW-417

### Think Young – Balance, Posture and Beyond

Presenter: Peter Anderheggen

Co-Presenter: Michaela Hauser-Wagner

4 Classes – Fridays from 1:15 PM – 2:45 PM

(recommended books)

March 16, 23, 30, April 13 - \$20

Room #102

Learn how to improve your posture, balance, and back health. The Alexander Technique is a method of self-care developed over 100 years ago and has been used predominantly in the performing arts, but recently received increased attention for its relief of chronic back pain. In addition to lectures and discussion, members will be encouraged to participate actively in each session – learning methods of restorative rest, and better ways to sit, walk, work, and exercise.

## HS-435

### European History for Travelers to Enrich your Vacation Experience: Western Europe

Presenter: Diane Stone

4 Classes – Fridays from 1:15 PM – 2:45 PM

April 20, 27, May 4, 11 - \$20

Room #207

The great tourist attractions of Western Europe are on everyone's "bucket list." Americans come from a 235-year-old country and what we see in Europe can be hundreds or even 1,000 or more years old. Join this classroom journey to gain a greater understanding of the places you plan to visit as we explore London, Paris, Florence, Venice, and Rome.

## CO-404

### The Many Faces of Google

Presenter: Peter Freeman

6 Classes – Fridays from 1:15 PM – 2:45 PM

March 16, 23, 30, April 13, 20, 27 - \$30

Room #317



Google has a reputation for being the most popular search engine to find information on the Web. However, most users do not know about the many free, hidden tricks and tools buried in Google. This hands-on course will show you where to look and how to use the hidden power in Google to discover the powerhouse that it really is. Participants must have computer internet knowledge. Limited enrollment due to computer classroom size.

**ID-001**

**Home Interior Decorating Made Easy!**

**Presenter: Cheryl DiRollo**

**8 Classes – Fridays from 1:15 PM – 2:45 PM (supplies from home)**

**March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40 Room #210**

This course is designed for anyone interested in the basics of interior decorating – giving your home a face lift on a budget. Learn how to select colors, fabrics, finishes, where and how to buy inexpensive accessories and review magazines to get ideas that can be applied to redecorating your home. Come see what we can create together! A possible visit to Home Depot or Lowes will be planned.

**CL-412**

**Latin for the Fun of It!**

**Presenter: Penny O'Connell**

**8 Classes – Fridays from 1:15 PM – 2:45 PM**

**March 16, 23, 30, April 13, 20, May 4, 11 - \$40 Room #333**

The Latin language is alive and well in our words, grammar, and sentence structure, all of which are gifts to us from the “dead” Latin language. Participants will play with Latin by doing crossword puzzles, word searches, singing songs and nursery rhymes, and acting out a play in Latin. If you’ve studied Latin before, here’s an opportunity to refresh your memory; if not, here’s a chance to see what you missed! This is fun – not work!

**GE-401**

**What Branch Are You From? Researching Your Family Tree**

**Presenter: Polly Gunther**

**8 Classes – Fridays from 1:15 PM – 2:45 PM**

**March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40 Room #318 (recommended book)**

This course will focus on the fundamentals of genealogy. Participants will learn how to organize, use, and properly record genealogy

information, in addition to learning to use census records, vital records, church records, immigration records, and search for information on the Internet. A field trip to the Connecticut’s State Library’s Dept. of History and Genealogy is planned for one Saturday.

**PA-413B**

**Life is a Cabaret - Continues**

**Presenter: Sue Matsuki**

**8 Classes – Fridays from 1:15 PM – 2:45 PM (this class also offered at 11:40 AM)**

**March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40 Room #227G (2nd floor Library)**

See description of PA-413A

**CL-402**

**Conversational German I - Auf Deutsch, Bitte!**

**Presenter: Irene Zemaitaitis**

**8 Classes – Fridays from 1:15 PM – 2:45 PM**

**March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40 Room #213 (required book)**

This conversational German I course will be geared for students who may be planning travel to German-speaking countries. Essential vocabulary and expressions, as well as necessary grammar, will be taught and practiced with short dialogues. Brief written exercises in the textbook will be assigned, and short quizzes will serve as feedback for the students and the presenter. Oral participation in class will be encouraged.

**HW-415**

**Chinese Medicine’s Spirit and the Judeo-Christian Religions**

**Presenter: William Courtland**

**8 Classes – Fridays from 1:15 PM – 2:45 PM**

**March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40 Room #327**

Is there a relationship between Spirit in eastern Chinese Medicine and the western religions? This question will be the basis for this course that will also determine how religion is to serve Spirit, when the individual wishes to discover what is numinous in them. The “Way of Life” upon which Chinese Medicine is based will be examined and used as a guide for making this individual discovery.

**HW-414**

**The Power of Food for Diabetes**

**Presenter: Jane Sirignano**

**8 Classes – Fridays from 1:15 PM – 2:45 PM**

**March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$50 Room #119**



The goal of this program is to empower people who have diabetes or concerns about developing diabetes (along with their friends and family members) with new information and skills. Each class offers a cooking demonstration and provides samples of delicious, health-promoting dishes, along with a take-home packet of easy and affordable recipes.

**HS-437**

**Neither Friend Nor Foe**

**Presenter: Dr. David Reed**

**8 Classes – Fridays from 1:15 PM – 2:45 PM**

**March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40 Room #203**

Of the 30 nations on the European continent on the eve of World War II, Switzerland, Sweden, Spain, Portugal, and Ireland remained neutral throughout the war. How were they able to maintain their neutrality? Concessions had to be made, and the term neutral might be changed to successful non-belligerents. Their relationship with the contending combatants had surprising twists and turns, which have not appeared in standard high school and college history texts. Vatican City is rarely listed as neutral, but in fact it was. There were large numbers of Catholics fighting on both sides of the firing lines. The classes will be highlighted by videos and discussion.

# Course Descriptions

*“The class gave me an opportunity to try something outside my comfort level and I enjoyed it!”*

**3:00 PM – 4:30 PM**

**CL -414**

## **Survival Sign Language**

**Presenter: Kate Gavigan**

**6 Classes – Fridays from 3:00 PM – 4:30 PM**

**March 16, 23, 30, April 13, 20, 27 - \$30**

**Room #218**

This course is designed for the person who has always wanted to learn American sign language. Participants will discover the facial expressions and body language that send a clear message and will learn to master specific Emergency “signs” that are great to know in many situations. Basic vocabulary signs, concepts and rules of the American sign language structure and grammar will be covered. Flash cards and videos will be used.

**PD-414**

## **Passport to Retirement**

**Presenter: James Coleman, Sr.**

**6 Classes – Fridays from 3:00 PM – 4:30 PM**

**(this class is also offered in summer session)**

**March 16, 23, 30, April 13, 20, 27 - \$30 (required workbook provided by presenter for \$25)**

**Room #213**

This course will help you assess the costs of retirement, set realistic goals, identify sources of income, invest now for the future, manage your taxes, protect your wealth and assets, take a retirement distribution and provide for your family and heirs. You'll purchase a 140-page workbook with current information about financial concepts to use as a class reference tool and future resource.

**LW-415**

## **Publishing Your Children's Book or Biography: From Concept to Sale**

**Presenter: Ron Gagliardi**

**8 Classes – Fridays from 3:00 PM – 4:30 PM**

**March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40**

**Room #217**

Let a successful, published author awaken your muse and shepherd your book, whether it's a children's book, your own biography, or the biography of a loved one, from the earliest stages to publication and sale.

This hands-on course will begin with a brainstorming session, discussion of a catchy title, along with an outline and timeline to guide the writer.

**MU-414**

## **Opera: A Passion for the Ages, Part V, The Bel Canto**

**Presenter: Nunzio DeFilippis**

**8 Classes – Fridays from 3:00 PM – 4:30 PM**

**March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40**

**Room #207**

From Rossini's *Il Barbiere di Siviglia* and *La Cenerentola* to Donizetti's *L'Elisir d'Amore* and *Lucia di Lammermoor* to Bellini's *La Sonnambula* and *Norma* to Verdi's *Nabucco* and *Emani*. A journey into the development of the *Bel Canto* tradition from Rossini to the last great composer of that style, Verdi, in his early operas. A brief introduction to the history of the evolution of the opera

supported by discussions of selected operas and opera themes.

**CL-413**

## **Learning Italian Through Film**

**Presenter: Concetta Scarfone**

**8 Classes – Fridays from 3:00 PM – 4:30 PM**

**March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40**

**Room #113**

By watching Italian films, participants will explore the Italian culture, language, and grammar within context of the film. The material covered is geared toward reading and global viewing of the films – *Cinema Paradiso*, *Johnny Stecchino*, and *Mediterraneo*.

**PA-416**

## **Acting for Grown-Ups!**

**Presenter: Aleta Staton**

**Co-Presenter: Damone McCollum**

**8 Classes – Fridays from 3:00 PM – 4:30 PM**

**(this class is also offered during summer session)**

**March 16, 23, 30, April 13, 20, 27, May 4, 11 - \$40**

**Room #102**

Using college level acting exercises, we will investigate the lives that we have lived thus far, and venture toward the lives we wish to live. This is a physically active course for the burgeoning acting student as well as the actor with experience who wishes to return to those explorations of self, as well as limited dramatic literature.

## SUMMER SESSION

**8:30 AM – 10:00 AM**

**PD-411**

## **Life Story Writing Workshop**

**Presenter: Sandra Noel**

**4 Classes – from 8:30 AM – 10:00 AM**

**Wednesdays, June 6, 13, 20, 27 - \$20**

**(notebook or personal computer)**

**Room TBD**

This life story writing workshop will encourage and stimulate the process of painting a portrait of your lives in

words. It will further develop your skills of externalizing your stories, reflecting and sharing who you are, recognizing and integrating our various story types and reviewing how your story is influenced by history, culture, traditions, spirituality, and relationship networks. This workshop is for those who have completed *Memories, Memories... Let Your Life Speak!* or another similar writing class.

**HW-418**

## **Chair Yoga – Intermediate Level**

**Presenter: Kathleen Greco**

**8 Classes from 8:30 AM – 10:00 AM**

**Tuesdays and Thursdays, June 5/7, 12/14, 19/21, 26/28 - \$40 Room #102**

Enjoy the benefits of intermediate level yoga postures from the convenience and safety of your chair. Members who have taken previous chair yoga courses or experienced yoga are invited to attend. *Pranayama* breathing work and advanced movements will be introduced. Expand your yoga knowledge and abilities.

**10:15 AM – 11:45 AM**

**PD-414**

**Passport to Retirement**

Presenter: James Coleman, Sr.

6 Classes from 10:15 AM – 11:45 AM

(this class also offered in spring session)

Tuesdays and Thursdays, June 5/7, 12/14, 19/21 - \$30

(required workbook provided by presenter for \$25)

Room TBD

See course description of PD-414 in spring session.

**PA-416**

**Acting for Grown Ups!**

Presenter: Aleta Staton

Co-Presenter: Damone McCollum

8 Classes from 10:15 AM – 11:45 AM

(this class is also offered during spring session)

Tuesdays and Thursdays, June 5/7, 12/14, 19/21,

26/28 - \$40

Room #102

See course description of PA-416 in spring session.

**PD-416**

**Visionaries Have Wrinkles**

Presenter: Karen Sands, MCC

4 Classes from 10:15 AM – 11:45 AM

Tuesdays, June 5, 12, 19, 26 - \$20

Room TBD

This experiential, interactive, and exploratory course is for women over 50 who are looking for a new role that is as much about doing good as it is doing well, with a focus on the Triple Bottom Line: People, Planet, or Profit. Participants will be introduced to wise women visionaries who are reshaping the future and changing the conversation around aging. Together we will develop strategies for reinventing ourselves, reshaping the future, and saving our world.

**HS-433**

**The U.S. Constitution: Preparing for the 2012 Presidential Election!**

Presenter: Barry Davis

4 Classes from 10:15 AM – 11:45 AM

(this class is also offered during the spring session)

Wednesdays, June 6, 13, 20, 27 - \$20

Room TBD

See course description of HS-433 in spring session.



**12:00 PM – 1:30 PM**

**MU-413**

**Sing From Your Heart**

Presenter: Julie Cook

4 Classes from 12:00 PM – 1:30 PM

(this class is also offered during the spring session)

Tuesdays, June 5, 12, 19, 26 - \$20

Room #102

See course description of MU-413 in spring session.

**MU-416**

**Bump Diddy Strum!**

Presenter: Elizabeth Hanahan

8 Classes from 12:00 PM – 1:30 PM

Tuesday and Thursdays, June 5/7, 12/14, 19/21,

26/28 - \$40

Room #227G – 2nd Floor Library

Come learn to play the mountain dulcimer, born in the mountains of Appalachia and a foundation of the roots of American folk music. No music experience is needed; you will be playing tunes by the end of the first class. Instruments will be available on loan from the presenter. Learn the history and development of the dulcimer, the styles of playing, and care of the instrument.

**12:30 PM – 2:30 PM**

**HW-407**

**Food to Live For!**

Presenter: Jane Sirignano

4 Classes from 12:30 PM – 2:30 PM

Thursdays, June 7, 14, 21, 28 - \$30

Room #119

Learn basic nutrition and wellness topics: grains, protein, phytochemicals, cleansing detox, and label reading. See how to prepare nutrient-dense meals. Enjoy sampling delicious recipes that are gluten-free, heart-healthy, cancer-fighting, and Type 2 diabetes defeating.

**1:45 PM – 3:15 PM**

**AH-411**

**“Sculpture is what you bump into...”**

Presenter: Dr. Virginia Bush

4 Classes from 1:45 PM – 3:15 PM

Wednesdays, June 6, 13, 20, 27 - \$20

Room TBD

...when you back up to look at a painting.”

The quote from minimalist painter, Ad Rinehart, suggests that some people have difficulty approaching and appreciating the special aesthetics of sculpture. This course will survey well-known and surprising examples of three dimensional art, from tiny ancient amulets to giant modern monuments, explaining many sculptural techniques and forms of expression.

**MU-415**

**Opera: A Passion for the Ages, Part VI, Mozart**

Presenter: Nunzio De Filippis

4 Classes from 1:45 PM – 3:15 PM

Tuesdays, June 5, 12, 19, 26 - \$20

Room TBD

Mozart and Lorenzo da Ponte: the genius and the beauty of Mozart’s music with the revolutionary and almost verismo librettos of da Ponte. A combination that created three of the greatest operas ever composed: Le Nozze di Figaro, Don Giovanni and Cosi Fan Tutte.

**PD-417**

**Let’s Play Bridge!**

Presenter: Joyce McMillan

6 Classes from 1:45 PM – 3:15 PM

Tuesday and Thursdays, June 5/7, 12/14, 19/21 - \$30

Room #102

This class is for beginners or for those returning to the game after a long absence. This bridge class is taught in a relaxed, friendly manner with the emphasis on learning the game and having a good time! Members must be fully committed to each session.

# Spring & Summer 2012 Presenters

## INTRODUCING THE SPRING & SUMMER 2012 PRESENTERS



**Peter Anderheggen & Michaela Hauser-Wagner** are nationally certified teachers of the Alexander Technique. Peter taught writing and public speaking at the college level for 30 years and has also taught Hatha Yoga. Michaela studied the Alexander Technique to support her daughter's scoliosis treatment and brings many years of clinical experience to her Alexander teaching practice.

**Dr. Michael David Angelicola** is a retired medical doctor. He earned a BS in Biology from Boston College and his MD from Tufts Medical School. He is board certified in internal and emergency medicine. He has trained medical students, nurses, doctors, and EMTs.

**Phil Benevento** is a retired teacher. He is currently a member of the Silas Bronson Board of Library Agents, the OLLI Leadership Council, and serves as historian for the City of Waterbury. He has a BA and MA from UConn, a Certificate of Advanced Studies in Literature from Wesleyan and a Certificate in Administration and Supervision from SCSU.

**Donna Bonasera** is Artistic Director of CT Dance Theatre, Inc. She received a diploma in the Vaganova Method of Classical Ballet while studying in Russia. She is the state director for National Dance Week and is recognized nationally and internationally for training high-caliber dancers and for her choreography in ballet and musical theater.

**Rev. Jim Bradley** earned a BA in English/Political Science from West Virginia University, a Master of Theological Studies from Harvard Divinity School, a Master of Divinity from Virginia Theological Seminary, and was ordained an Episcopal Priest. He also holds a Doctorate of Ministry from Hartford Seminary. He served parishes in Charleston, WV and New Haven before becoming Rector of St. John's in Waterbury, where he served for 21 years.

**Dr. Stuart Brown** is the Director of Student Services at the Waterbury Campus of the University of Connecticut. He hosts a weekly Broadway music radio show and writes a theatrical blog. He has previously taught OLLI courses on Richard Rodgers and Irving Berlin.

**Dr. Virginia Bush** attended Wellesley College, received her PhD from Columbia University, and is a Fellow of the American Academy in Rome. She has taught in New York, New Jersey, and CT, has authored articles on Italian Renaissance art history and modern art, and has worked in art galleries and arts administration. Her travels have resulted in a collection of about 30,000 art images.

**James Coleman, Sr.** is an independent financial advisor with two decades of experience in the financial services industry. He has hosted numerous radio talk shows on WATR and has been a guest speaker on a

number of TV interviews. He is the author of several financial publications and is currently President of the Connecticut Chapter of SOFA (Society for Financial Awareness).

**Steve Collins** is the Executive Director of the Waterbury Symphony Orchestra and was previously its Principal Timpanist. Collins was the Director of Education for the New Haven Symphony Orchestra, where he produced concerts and education events ranging from solo performances to full orchestra engagements for more than 30,000 children and families throughout the state. He also performs throughout the state.

**Julie Cook's** music journey has included studying and playing the piano for most of her life. She studied at the Hartt School of Music and taught for 26 years at her studios in Newtown and Woodbury. She facilitates workshops for musicians and non-musicians, and is a facilitator of Music for People, an organization that promotes an improvisational approach to music.

**William Courtland**, teacher and lecturer, researches the principles of Chinese Medicine and its mind-body relationship. He is a faculty member of the CT Center for Massage Therapy in Westport where he teaches introductory, intermediate, and advanced courses on Acupressure and the principles of Chinese Medicine.

**Barry Davis** is a graduate of C.W. Post College. He taught American History, Principles of American Foreign Policy, and Political Science for 31 years before retiring in 1993. Three years before retiring, he began a computer consulting company, Small Business Computing, LLC. In that role, he designed and wrote custom software for businesses of up to \$100 million in sales.

**Dr. Maria Decsy** is an adjunct professor of World Religions at Manchester Community College and of Human Biology at Middlesex Community College. With a MA in Pastoral Ministry and Spirituality, PhD in Biochemistry, and a Certificate in Spiritual Direction, she teaches World Religions. She has also taken seven cross-country car trips alone and with a friend!



**Nunzio De Filippis** has a degree in Political Science from Queens College and 43 doctoral credits from the CUNY Graduate Center. A businessman for 35 years, he began teaching opera to share his lifelong passion for the subject. He has taught Opera History, Italian Opera, An Introduction to Verdi, the Bel Canto Operas, and Mozart's Operatic Works. His teaching has been featured in the New York Times and the Daily News, and he has been recognized by New York's Governor.

**Cheryl DiRollo** completed an Interior Decorating internship at a local Southbury business – assisting clients in selecting coordinating fabrics, color, texture, and patterns to complement their décor and lifestyle. She has worked in advertising agencies, enjoys decorating 'on a budget,' and loves the challenge of difficult spaces and selecting colors.

**Cindy Eastman** is a teacher, divorce mediator, parenting educator and a writer. She holds a Masters degree in Education and teaches English at Naugatuck Valley Community College. She directs a co-parenting program and consults privately with divorced and separated parents in developing co-parenting plans.

**Peter Freeman** has 33 years experience teaching adults in the corporate world, and was the director of claim education for a

large insurance company. He holds a BA from the University of Vermont and served six years in the Army as an officer. He is manager and trainer at the Computer Learning Center at Southington's Senior Center.

**Sheila Waters Fucci** earned a BFA in dance from the Boston Conservatory of Music. She has performed, choreographed, and directed for community theaters throughout MA and CT, including The Warner Theatre, Thomaston Opera House, and Salisbury Players. She currently teaches at the Warner Theatre Center for Arts Education, Deborah's Dance Workshop in Torrington, and Connecticut Dance Theatre.

**Kate Gavigan** has taught sign language at various agencies including Naugatuck Valley Technical Community College, CT Valley Hospital, Greater Waterbury Mental Health Association and the Home School Connection Group in Prospect. A graduate of the National Technical Institute for the Deaf, she holds a Bachelor degree in Psychology from the SUNY, and has been a Certified Interpreter since 1987.

**Bridget Grady** is an artist, educator, and founder of the Blue Horse Arts Studio in Watertown, Connecticut – where she will conduct OLLI art classes.

**Kathleen Greco** is a certified Yoga instructor registered with Yoga Alliance. She is known for her ability to be creative as she designs variations of the traditional postures, accommodating diverse needs and capabilities. She has made Yoga a life-long practice.

**Polly Gunther** is a self taught genealogist and is a member of the CT Society of Genealogists, CT Professional Genealogists Council, The New England Historic Genealogical Society, and the Society of Mayflower Descendants of the State of CT. She is a retired elementary school teacher.

**Elizabeth Hanahan** is a retired public school teacher. She has taught dulcimer to adults at Folkcraft Music in Winsted, CT and at an area dulcimer festival. She has also performed at area nursing homes and for Branford Hospice.

**Judy Jaworski** has been teaching drawing and painting for more than 40 years at Naugatuck Adult Education, Heritage Village, and the Naugatuck Senior Center. She studied at the RI School of Design and has been listed in the Artists' Bank at the CT Commission on the Arts. Her paintings have been exhibited throughout the state.

**Jessica Kott** holds a Certified Financial Planner certification, and has worked in the financial services industry for 29 years with expertise in private bank lending and in the analysis, construction, and management of investment portfolios. She is currently an executive committee member at the Mattatuck Museum Arts & History Center.

**Sue Matsuki**, a 20-year Jazz/Cabaret Singing veteran, having played in legendary jazz clubs – The Village Gate, The Iridium, Birdland, and Sweet Rhythm – and the best Cabarets in town, such as Feinstein's at the Regency, The Metropolitan Room, and The Laurie Beechman Theatre. Sue will be accompanied by one of New York's leading Musical Directors.

**Joyce McMillan** is dedicated to the game of bridge for its challenges and fun – not to mention the benefits of the game in terms of being an antidote to memory loss. Joyce has a BA from College of St. Elizabeth, has run her own business, and does volunteer charity work.

**Carol Moore** is a well-known local painter and potter, who teaches at her home studio, Pots & Paints Studio in Bantam, at the West Hartford Art League, and does workshops with the Litchfield Performing Arts. Her paintings are in collections throughout the U.S. and Canada. With a MA from Wesleyan University, she is currently co-president of the C Pastel Society.

**Sandra Noel** is Director of Congregational Care and Sr. Ministry at Bethany Covenant Church. She has studied aging, counseling, spirituality, and leads life story writing groups, along with using the life story

# Spring & Summer 2012 Presenters

process in care giving work. She is a member of the American Society on Aging, Forum on Religion, Spirituality and Aging, and CT Gerontology Consortium.

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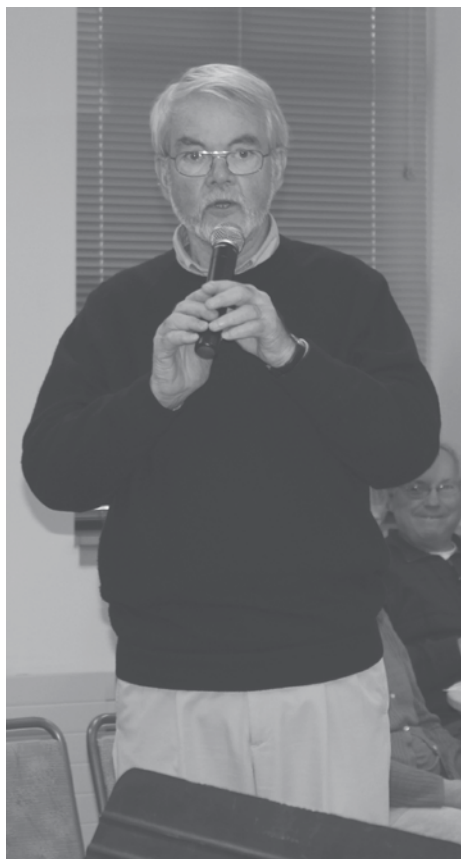
**Penny O'Connell** has a BA in Political Science from Skidmore College. She is a retired high school history teacher with a broad view of world history, having taught courses on the Ancient World, and European and American history. Intrigued with the mysteries of our historical past, she is delighted to share her discoveries with those who have inquiring minds.

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**Peter Oliver** earned a BA in History from Bucknell University, and a degree in Data Processing from Hartford State Technical College. He has been a Computer Programmer, Systems Analyst, Director of Production support and Programming Consultant, and has taught Basic programming language at the college level.

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**Cynthia Paolino** is a certified and registered yoga teacher for children and adults with Yoga Alliance. She has been practicing and teaching many styles of yoga throughout the state for over 10 years. She is also a Reiki master and practitioner healer.



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**Paul Ramunni** is a CPA with more than 35 years of public practice and 14 years of teaching experience. He has counseled many clients over the years in investment and estate planning, as well as small business startup and operation.

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**Dr. David Reed** retired from the practice of medicine after 45 years. His interest since his school days has been in Russian and Eastern European History. He has visited Russia on several occasions and has recently completed a book, *The Czechoslovak Legion and the Russian Civil War* (unpublished).

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**Dr. Carol Rizzolo** retired after a 25-year career as a Physician's Assistant and recently earned her PhD in Mythological Studies with an emphasis in Depth Psychology. She enjoys bicycling and kayaking, and playing the concert harp, classical guitar, and the piano.

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**Gary Ruggeri** received a degree in Education from SCSU and completed his 5th year in Science from CCSU. He taught biology and the sciences at Northwest Catholic High School, Wethersfield High School, and also at Briarwood College. He served in the U.S. Navy and is married with three adult children.

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**Karen Sands**, MCC is an author and speaker whose foundational course is based on her books, *The Greatness Challenge* and *Visionaries Have Wrinkles*. She is an Educator, Business Executive, Covener, Certified Gerontologist, Futurist and ICF-Certified Master Coach, and is the founder of [AgingForTheFuture.com](http://AgingForTheFuture.com) and [FutureWorksInstitute.com](http://FutureWorksInstitute.com).

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**Concetta Scarfone** has a BA in Natural Sciences from CCSU and an MBA with double specializations in Healthcare and Global Management. She currently teaches Italian at Wilby High School and Spanish at Post University. She speaks fluent Spanish, Italian, and several dialects of Southern Italy. Her annual travels to Italy focus on the culture and archaeological research.

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**Barbara Schafer** is a graduate of the Unity School of Christianity, is a certified Licensed Unity Teacher. A graduate of St. Joseph's Hospital, she earned a BSN from Wiles University, and a Master in Nursing from the University of Pittsburgh. A Reiki Master Teacher since 1996, she teaches Reiki at her private practice, Holistic Health Unlimited

in Naugatuck, and is a volunteer at Griffin Hospital and Cancer Center.

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**Jane Sirignano** has been a Food for Life Nutrition & Cooking instructor for six years, has a diploma in nutrition, and has managed a natural foods store. She has worked seven years with the Coronary Health Improvement Project, (CHIP) where reversal of Type 2 diabetes was a focus.

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**Aleta Staton** has many years of regional theater experience, acting, and directing throughout the U.S. and has worked with Oscar award-winning actress, Olympia Dukakis. She earned a BA in Theater from Wesleyan University and a MA from Goucher College in Baltimore, MD. Damone McCollum is co-presenter.

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**Diane Stone** took a 30-year detour in the world of business. After traveling the world for business and pleasure, she realized how much her European History academic background enriched her travels. She majored in History at Queens College and holds a Masters in European History from the University of Michigan.

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**Denise Whelan** began her studies at SUNY. She holds a BS from UConn and an MS in Education. She has been a contributing writer for a local newspaper, is a teacher, and a storyteller at local schools, libraries, and charity events. Her first book, *In the Land of Six and Seven*, was published recently.

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**Irene Zemaitaitis** was born in Lithuania and lived and attended school in Germany. After immigrating to the U.S. in 1950, she earned a BA in English and German from UConn and a Masters in Education from SCSU. She taught English and German in Lithuania and taught English at the Third Age University for Senior Citizens.

*"I'm so happy to have  
discovered OLLI!  
Thanks!"*



# Being a Course Presenter

for the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut, Waterbury Campus



25

OLLI Courses are generally led by retired, semi-retired and working educators, professionals, entrepreneurs, artists, writers, and others.

- Share your passion on a topic or set of topics
  - Inspire others to learn and explore
  - Engage with peers and community members
  - Lead learners without the administrative burdens of traditional teaching (reading papers/homework, calculating grades, etc.)
  - Develop innovative, interesting, and compelling learning experiences
  - Utilize the campus infrastructure to deliver enriching experiences for older adult learners and yourself—without the pressures of homework or testing
  - Explore topics with other learners and create a laboratory for new ideas
  - Join a national movement of adult learners at the first and only Osher Institute in Connecticut
  - Receive classroom information technology assistance
- Some of the perks . . .**
- free Basic OLLI membership
  - **One free OLLI course**
  - reasonable supplies and equipment for course instruction
  - UConn parking pass
  - Recognition event
  - Presenter Honoraria

## TIME TO THINK ABOUT FALL 2012!

Fall 2012 Session - Fridays from September 14 - November 2, 2012

FINAL Deadline for FALL course proposals - Tuesday, May 1, 2012

Please contact us if you would like to present a Fall 2012 course!

Call 203-236-9808 or email: [osher@uconn.edu](mailto:osher@uconn.edu)

# OLLI Lunchtime Happenings

OLLI CAFE • OLLI CLASSES • MATTATUCK MUSEUM TRILOGY • LIBRARY WORKSHOPS

**OLLI Café** is a venue for the exchange of ideas and experiences focusing on improving the quality of life. The goal of OLLI Café is to present a potpourri of presentations and activities that provide information and new knowledge to OLLI members.

Bring your lunch and we will provide the coffee and fruit! OLLI Café presentations are open to all OLLI members. These are not courses—OLLI Café is one of the benefits of your annual OLLI membership. Pre-registration is not required. The weekly event features a guest speaker followed by a short Q&A session.

**Fridays—Room #119 • 11:30 – 12:00 Lunch • 12:00 – 1:00 Speaker Presentation**



## MARCH 16

### Thoughts on Art from a Newspaper Art Reporter

Come hear what a seasoned local newspaper reporter has learned from covering art for 15 years and why she believes newspapers are a critical force in shaping our understanding and appreciation of art.

**Tracey O'Shaughnessy**, a two-time recipient of the Society of Professional Journalists award for her Sunday Reflections column, is the Associate Features Editor of the Republican-American. She has been at the Republican-American since 1994 and is also responsible for the paper's theater and visual arts coverage. A journalist for the past 30 years, she has also worked as an editor, reporter and columnist for a small, community newspaper and wire service in Washington, D.C. She has a published book entitled, *Every Little Thing*.

## MARCH 23

### Demystifying stem cells: What are they and why should we care?

Stem cells have great promise to understand and treat human disease, but at what cost? The science, ethics, and politics of stem cell research are of concern to all of us. Our state and federal dollars support this work, religious and ethics organizations express concerns about it, and we are asked to make decisions about it in the voting booth. To vote responsibly and advise our legislative

representatives appropriately, we need to understand what stem cells are from scientific, ethical, and legal perspectives. This talk seeks to cut through the technical jargon and discuss the topic in lay terms without sidestepping the complex social issues that concern us all.

**Dr. Larry Rizzolo** is an Associate Professor of Surgery at the Yale University School of Medicine where he studies diseases of the retina, especially age-related macular degeneration. He earned a PhD in Biochemistry from Duke University with post-doctoral training at Harvard and New York University. In his practice he uses stem cells to learn how the retina functions and how to develop tissue that can be transplanted into the retina of patients with AMD.

## MARCH 30

### The Third Dimension in Concert!

Enjoy a program of music, ranging from classical to contemporary. Piano, keyboard, flute, percussion and voice will all be incorporated.

**The Third Dimension** is a musical ensemble combining the talents of three classically trained, experienced musicians – Helen Falcone, Jeanne Hinkson, and Jenny Li. The trio performs a mixture of classical, Broadway, and popular songs with Helen on piano, percussion and voice, Jeanne on piano, keyboard, percussion and voice and Jenny on piano, keyboard, flute, percussion and voice.

## APRIL 13

### A Chocolate Extravaganza!

Have you ever wondered about the health benefits, history, preparation, or ethnobotany of chocolate? This sweet presentation will include some pictures, myths and facts, and just a bit of tasting and sharing! Chocolate lovers welcome!

**Paula K. B. Philbrick** holds a PhD in Plant Biology from the University of New Hampshire, is a full time lecturer at UConn Waterbury and enjoys sharing her love of plants, foods, and life, with students of all ages.

## APRIL 20

### Writers Write - Writers Unite!

April is National Poetry Month. A popular way to enjoy poetry is to hear it read aloud. OLLI members are encouraged to participate and share this experience. We'd like to hear from you if you write poetry or even if you would like to recommend a fellow member. Submissions are due by April 6, 2011 – they can be dropped off in the OLLI office (#103) or emailed to [osher@uconn.edu](mailto:osher@uconn.edu). Please come join us.

OLLI presenters **Denise Whelan** and **Cindy Eastman** will accept submissions and facilitate this event to celebrate National Poetry Month.

APRIL 27

**Rochambeau: Washington's Ideal Lieutenant**

In July, 1780, during the American Revolution, General Comte de Rochambeau arrived in Newport, RI after 70 days at sea – with 5,500 suffering French troops. Though historians have long credited his military strategies as part of the Revolution's Yorktown victory, author and OLLI member, Jini Jones Vail, never understood how few Americans knew his story. Hear some of the highlights of her book about this war hero.

**Jini Jones Vail** earned a degree in French literature from Sweet Briar College, and later pursued graduate courses at the University of Touraine in Tours and the University of Bourgogne in Dijon, both through SCSU. She

spent summers in France studying language, history and art and actually met General de Rochambeau at his home near Vendome, France. She continued to correspond with him until his death and spent over five years researching and writing Rochambeau.

MAY 4

**Gardening with Perennials**

What are perennials? Planning and designing with perennials involves preparing a site, purchasing and propagation of the perennials, then planting and maintaining your perennial garden – and the problems you can encounter. Also see photos of old and new perennials, in addition to grasses and herbs you can plant. The presenter will suggest local gardens to visit and share information on books you will need for your perennial garden.

**Laurel Stabell** always had a great love and respect for nature. She began gardening as a child when her mother taught her to plant beans and she learned how to divide perennials. She later became a certified horticulturalist and opened a business designing, installing and maintaining landscapes and gardens. She obtained a Master Gardeners certificate in 2008 and has spoken to many groups and organizations on gardening.

MAY 11

**OLLI Spring Session Finale**

This OLLI Café will close our spring session and may feature creative works of OLLI members, OLLI updates and business matters. Please join us for this informative and fun Café.



OLLI LUNCHTIME CLASSES 11:40 AM – 1:00 PM

**PD-415 Women & Investments: Take Control of Your Financial Future**

Jessica Kott (see page 17 for details)

**LW – 417 Poetry Coffeehouse!**

Denise Whelan (see page 17 for details)

**HS-433 The U.S. Constitution: 2012 Election!**

Barry Davis (see page 17 for details)

**VA-401 Painting With Torn Paper**

Carol Moore (see page 17 for details)

**PA413 A Life is a Cabaret - Continues**

Sue Matsuki (see page 18 for details)

**PR-405 Religions & Spiritual Practices of the World**

Dr. Maria Decsy (see page 18 for details)

**MS-410 Earth and the Solar System**

Gary Ruggeri (see page 18 for details)

**GE-402 Genealogy Online: What's Good, What's Not**

Polly Gunther (see page 18 for details)

# OLLI Lunchtime Happenings

OLLI CAFE • OLLI CLASSES • MATTATUCK MUSEUM TRILOGY • LIBRARY WORKSHOPS

CONNECT TO THE WORLD THROUGH SOCIAL MEDIA GADGETS & TOOLS



See registration form to sign up for one or all of these workshops – check your date of choice. Must have an email account and bring your public library card! Enrollment is limited due to space in computer classroom.

4 Sessions – Tuesdays, March 13, March 20, March 27, April 3, 2012  
11:40 AM – 1:00 PM, Room #317

Stay on top of technology with a 4-week workshop series where librarians and guests will walk you through Facebook, Twitter, iPhones, eReaders, and iPads. The sessions will provide hands-on opportunities for attendees. No experience is needed, but an **active email account** and **public library card** is, so please register for a free email account prior to class!

## Session 1: March 13 – Facebook

Facebook is a great way to stay in touch with family and friends, exchange photos, and track down long lost buddies. But it is so much more! Facebook is also a valuable source to get news from local organizations and venues. This workshop will provide you with basic working knowledge of Facebook, show you how to set up your own page, ensure that you have the right privacy settings, and start you off on finding and “friending” others.

Presenter, **Beth Rumery**, UConn Avery Point, is the Director of the UConn Avery Point Library. She has worked in college and university academic libraries since 1987. Her approach to teaching information literacy and lifelong learning is to share examples that are relevant to student needs, leaning toward humor whenever possible.

## Session 2: March 20 – Twitter

With millions of users using Twitter, wouldn't you like to know what the fuss is about? Learn the basics, understand the secrets behind “hash tags” and feeds, and if you're ready... begin following and sharing information with others who share your interests and hobbies.

Presenter, **Kathy Labadorf**, UConn Storrs, has worked at the UConn Storrs Library since 1997 following a 25-year career as a professional flutist. She serves as the Library Liaison to the Women's Studies program and Undergraduate Services Librarian. Her twitter bio also admits her other secret passions – feminist, beekeeper and gardener.

## Session 3: March 27 – AudioBooks from iConn

Did you know that your public library card allows you free access to hundreds of fiction and nonfiction audio books that can be downloaded to your PC, iPad or MP3 player? Learn to search the iConn.org website to identify titles and download titles by your favorite authors. You will learn to navigate iCONN's Recorded Book webpage, create accounts, download and install Recorded Books's OneClickdigital Media Manager, and reserve/place items in personal folders. Attendees are asked to bring in their Connecticut Public Library Card.

Presenter, **Eric Hansen**, Electronic Resources Coordinator, iConn.org, came to Connecticut from Kansas in August of 2006. As the Electronic Resources Coordinator for iCONN.org with the State Library, he helps bring people and electronic resources together. In his free time he enjoys birding and playing the lute.

## Session 4: April 3 –Technology Petting Zoo... iPhones, Tablets, iTouches, iPads?

What are they all about? Are you getting the most from these powerful gadgets? Here's a chance to get your hands on new tools and interact with online technology. Learn the basics and some bells and whistles along the way that make these gadgets fun and friendly.

Presenter, **Marsha Lee**, is the Undergraduate Services Librarian and Library Liaison to the Humanities and Sciences programs of the UConn Greater Hartford Campus. She is fascinated by technology – her Smartphone is her lifeline – and has channeled that passion into her work, web-based tools to make research easier for online users.

Presenter, **Shelley Goldstein**, is the Director of the UConn Waterbury Library. Among her many hats, she wears that of educator and provides instructional sessions to students, staff, and OLLI affiliates. She loves to dabble in and embrace new technology.

MATTATUCK MUSEUM PRESENTS LUNCH & LEARN TRILOGY



MATTATUCK MUSEUM

See Registration Form to sign up for one or all of the Lunch & Learn Trilogy sessions.

Tours: 11:30 AM – 12:30 PM

12:30 PM – Continue the discussion over lunch (for purchase) at the Mattatuck Café / David Alan Catering.

The beauty, mystery, and romance of one of the world’s most beautiful cities will be captured in the upcoming exhibit Reflections and Undercurrents: *Prints of Venice 1900-1940*, organized by Eric Denker, senior lecturer at the Smithsonian’s National Gallery. The exhibit features ninety five etchings by Ernest Roth, a Connecticut resident, whose work was influenced by European and American etchers of the period.

**Articulations of the Actual: Ernest Roth’s Venetian Prints with Marc Chabot**

Wednesday, May 30, 2012

**Marc Chabot** is an artist, curator, and owner of Marc Chabot Fine Arts in Southbury, CT. He will demonstrate the process of how an etching is made and discuss Ernest Roth’s works, while comparing them to other artists who made etchings of Venice – such as James A. M. Whistler, John Taylor Arms, and Otto Bacher.

**Capturing the Mystery and Beauty of Venice with Judy Kollias**

Wednesday, June 6, 2012

Museum art lecturer, **Judy Kollias** will explore the allure of Venice captured by Roth in his etchings. Ms. Kollias will engage the audience in a discussion of the power of the works in communicating story, emotion, and a sense of romance. Judy is a retired teacher and popular lecturer at the Mattatuck Museum . She is currently co-chairperson of the OLLI Curriculum Committee and a member of the OLLI Leadership Council.

**A Tour of Venice with Nunzio DeFilippis**

Wednesday June 13, 2011

**Nunzio DeFilippis** will take us on a power-point tour through the winding streets and canals, the picturesque bridges, and intriguing by-ways, as he give us new insights into the cultural history of one of his favorite cities. Mr. DeFilippis, a retired businessman and OLLI Presenter, is noted for his lectures on opera history, Italian opera, and Mozart’s operatic works.



OLLI BOOK CLUB AT JOHN BALE BOOKSTORE & CAFÉ



The OLLI Book Club will discuss book selections at John Bale Bookstore and Cafe, 158 Grand Street, on the third Monday of each month at 2:00 PM. Participation is open to all current OLLI members and book readings and selections will be decided by the group. Lunch, at the member’s expense, is available prior to and during the open discussions. Contact Nancy Via at [nvia@sbcglobal.net](mailto:nvia@sbcglobal.net). Happy Reading!



Enjoy day trips with OLLI members planned by the Travel Committee and Friendship Tours. If you have suggestions for future trips, you may leave them in the OLLI Suggestion boxes at either Information Table addressed to the Travel Committee. Join us for OLLI Travel and learn about new and old places waiting to be explored. For Registration and other Information, see "Some Facts for OLLI Travelers" at the end of this Travel section. For reservation or questions, call Ben at Friendship Tours - 860-263-0174.



## Gracie Mansion & Madame Tussaud's Wax Museum - NYC

Wednesday, April 18, 2012; Member Price \$75 includes-bus transportation, docent-led tour of Gracie Mansion, free time in Times Square (for lunch on your own), admission to Madame Tussaud's Wax Museum, tour director and all gratuities. Bus leaves Waterbury Hamilton Ave. Commuter Parking Lot at 8:00 AM - return ETA: 7:30 PM.

Overlooking a bend in the East River, Gracie Mansion is the official residence of the Mayor of NYC. Built by prominent businessman, Archibald Grace in 1799, Gracie Mansion has been home to many famous residents. Your docent-led tour will focus on the country estate's architecture, paintings, and period furnishings. Then off to Times Square to enjoy free time for lunch and/or shopping. Next stop - the world famous Madame Tussaud's Wax Museum - to view the over 200 lifelike wax creations, some of the greatest celebrities, music and sports icons, along with political and historical figures.



## The Cloisters & The Metropolitan Museum of Art - NYC

Wednesday, May 9, 2012; Member Price \$83 includes - bus transportation, docent-led tours at both museums, tour director, and all gratuities. Lunch will be on your own at either museum. Bus leaves Waterbury Hamilton Ave. Commuter Parking Lot at 8:30 AM - return ETA: 7:30 PM

Enjoy the docent-led tour of the Cloisters Museum & Gardens (a branch of the Metropolitan Museum of Art) devoted to the art and architecture of medieval Europe. With approximately 3,000 works of art from the 9th through 16th century and architectural elements dating from the 12th through 15th century. The afternoon will include a "Highlights Tour" of the Metropolitan Museum of Art, viewing works that span from the Stone Age to the 20th century. There will be free time in both places to browse and have lunch at either museum.



## OVERNIGHT EXCURSION

### Colonial Williamsburg and Jamestown, Virginia, September 10 - 13, 2012

Washington DC is tucked against the Virginia border as a result of negotiations during this nation's birth. Come, with OLLI and Friendship Tours, and visit the exciting past which underlies these United States. The trip is all inclusive with **three nights and four days** of discovery, satisfaction, and comfort. The accommodations, itinerary, and meals have been chosen to satisfy UConn OLLI goals and preferences. A three-night trip represents a logical expansion of the overnight program and is priced at \$575, with a \$20 surcharge for a nonmember. Don't miss the bus, the anticipated excellent weather, the value, and the historical enrichment. Call **Friendship Tours** for registration at **860-243-1630** as soon as you, your family, and friends make the decision to join us in the fun, excitement, and comfort of this Fall 2012, Virginia experience.

### friendship tours

Trips are open to current OLLI members on a first come, first served basis. If extra bus seats become available, non-OLLI members (on a waiting list) will be allowed to register at an additional fee of \$10 for day trips or \$20 for overnight bus trips. For reservations or questions, call **Ben at Friendship Tours, 860-263-0174 (not the OLLI office)**. Once registered, please mail individual checks for each trip made out to **Friendship Tours, 533 Cottage Grove Rd., Bloomfield, CT 06002 (ATTN: Ben)**. Once your check is received by Friendship Tours, you will receive confirmation through the mail. If you have any special needs or handicaps, please advise Friendship Tours when you sign up.

**Please note - Trip fees are non refundable unless a substitute is available.**



# Events Open to the Public

SPRING/SUMMER 2012

Events open to the public include celebrations, film premiers, author talks, special lectures, and other programs.

## UConn WATERBURY RESEARCH LECTURE SERIES

### The Mathematical Structure of Juggling

Wednesday, March 7, 2012  
12:45 PM – 2:00 PM, Room #333

In juggling, each throw has a whole number – N – associated with it, which corresponds to the height necessary to juggle “N” objects. Successful juggling of “N” objects must satisfy specific requirements, and if they are satisfied, then you have something called a siteswap. Pinchas will show the audience how to develop new juggling patterns, and will try to convince the audience that juggling makes one smarter! No juggling experience or advanced mathematics required.

**Pinchas Schreiber's** interest in juggling goes back many years, having learned the basic 3 ball pattern as a 13 year old, and over the years has practiced with balls, clubs and rings – one time juggling six balls (very briefly). He learned about siteswaps claiming it has breathed new life into his juggling interests. When not juggling, he teaches college-level

math. He earned a bachelor degree in Math at SUNY at Albany and a Masters in Math from the University of Illinois.

### Spiders, Cocaine, and Dementia... oh my! (How Virtual Reality is helping psychology in the 21<sup>st</sup> century)

Tuesday, April 10, 2012  
12:45 PM – 2:00 PM, Room #333

Each day we observe people playing within virtual reality (VR) worlds on their Xbox, computer, Wii, or other gaming device. All are now commonplace due to the raw power and speed of modern technology. However, lesser known than these traditional entertainment uses is the ability of researchers to use VR to treat and explore areas of psychology that were difficult or impossible to address beforehand. VR allows for excellent experimental control so that complex real life behaviors can be studied under well-defined laboratory conditions.

Hear how VR has been used successfully to treat a number of anxiety disorders, including phobias of spiders, airplanes, and public speaking as well as treating post traumatic stress disorder in today's military veterans returning from Iraq and Afghanistan. He also will discuss how VR is used to assess driving skills so that older drivers can drive safely as long as possible.

**Robert Astur, Ph.D.** is an Associate Professor of Psychology at the University of Connecticut, Waterbury. Dr. Astur recently joined UConn in August 2011, but he has been conducting research at Yale University, the Institute of Living, and the Naval Submarine Base over the last 10 years. His research focuses on understanding the neural bases of learning and memory to provide insight into predicting and treating various psychological disorders and includes treating and determining risk factors for developing Alzheimer's disease, addictions, depression, or post traumatic stress disorder.

## UConn CREATIVE SUSTENANCE

Wednesday, April 4, 2012, 7:00 PM in the Multipurpose Room

UConn Waterbury's 4th annual Creative Sustenance will feature poetry and dramatic readings by local writers, including several from the UConn community. The event is intended to raise awareness of hunger and poverty in the area and attendees are asked to bring canned or non-perishable food items to be donated to Greater Waterbury Interfaith Ministries, a nonprofit organization that provides 225 meals daily to Waterbury's neediest residents. The evening will provide emotional, intellectual, and spiritual sustenance – what we call Creative Sustenance. Select OLLI members will be reading their own poetry and undergraduate students will showcase their creative abilities, as well as read their prize-winning writing. The event will be hosted by Jim Long, Student Activities Coordinator, Bilal Tajildeen, president of the Artists' Guild, and the Osher Lifelong Learning Institute.

Appearance and readings by Michael Bradford, award winning Director and Professor of Dramatic Arts at the University of Connecticut, “considered one of the most promising African American playwrights today.” - UConn, School of Fine Arts

**Submission Deadline: March 5, 2012 Guidelines are as follows:**

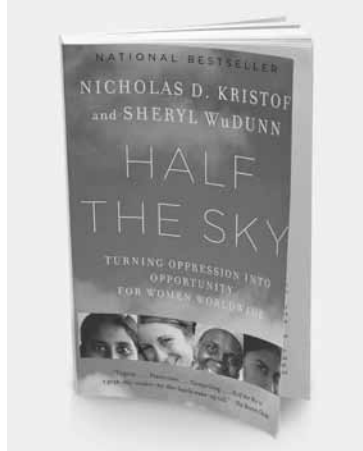
- Your entry must be a piece of creative writing (prose) or poetry. Nonfiction essays, research papers, etc. are not eligible.
- Submit 3 hard copies of your work, each with a cover page containing your name and the title of the piece as well as a contact phone number. Your name should appear **ONLY** on the cover page,
- You may submit as many creative pieces as you like.
- The piece(s) submitted must be unpublished work.
- Please submit all writings to the UConn Information Desk or Library.

If you have any questions, please contact Bilal Tajildeen:

Bilal.Tajildeen@UConn.edu

## UConn READS

READ THE BOOK.  
JOIN THE DISCUSSION.



The University is pleased to introduce UConn Reads, a new program that welcomes all to join in a book discussion open to the entire University community. Announced by UConn President Susan Herbst, UConn Reads aims to gather students, staff, alumni, faculty, and state citizens who share an interest and pride in the University, who relish intelligent, respectful debate, and who can bring their own individual perspectives and personal experiences to a thought-provoking and engaging conversation.

OLLI members are members of the UConn Community and are encouraged to read the book selection and participate in this intellectually enriching activity. The OLLI Book Club and UConn Libraries, along with many other units of the University will be sponsoring activities and ideas that relate directly to the provocative and eye-opening information revealed in *Half the Sky*. Please join us for this important adventure in lifelong learning! The best way to get started is by reading the book which is available (in limited quantities) in the UConn Waterbury Library, UConn Co-op or through your local library or bookstore. Stay tuned for more details!

# Events Open to the Public

Events open to the public include celebrations, film premiers, author talks, special lectures, and other programs.

## OLLI AT UCONN OFFERS THE AARP DRIVER SAFETY COURSE



**The power to make it better.®**

Sign up for one of the sessions on the member registration form – circle date of choice

On today's challenging roadways, we need to be able to adapt quickly to the demands imposed by changing traffic patterns, more cars and trucks, and the changes in our bodies as we age. The AARP Driver Safety Program is the nation's first and largest classroom driver safety course designed especially for drivers age 50 and older. There are no on-the-road or written tests. Participants learn how to operate their vehicles more safely in today's increasingly challenging driving environment.

The **NEW** 4-hour course offers drivers:

- Insight into how age-related changes in vision, hearing and reaction time affect driving
- Information about the most dangerous situations for older drivers
- Tips for driving with trucks, buses and other large vehicles
- Strategies for handling aggressive and impaired drivers
- Recommendations for scanning habits, mirror adjustments and following distances
- Ways to evaluate unsafe driving habits.

Tuesday, April 3, 2012 9:00 AM – 1:30 PM OR

Monday, June 4, 2012 9:00 AM – 1:30 PM

Room #119 – first floor

Upon completion, participants will receive a Certificate which they can submit to their insurance companies for an insurance discount. State law mandates that all insurance companies must provide a discount of at least 5% off liability insurance for at least two years for those 60 and older. Check with your insurance company to verify the discount.

### Registration and Cost

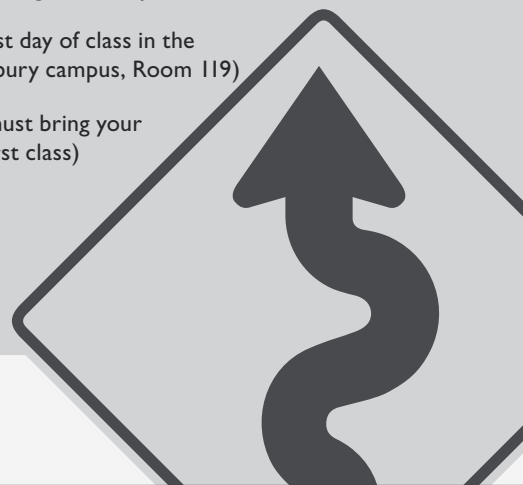
Please call 203-236-9924 to register today!

Fees are payable on the first day of class in the classroom (UConn Waterbury campus, Room 119)

\$12 AARP Member (you must bring your membership card to the first class)

\$14 Non-AARP member

OLLI Membership is not required to register



## 3RD ANNUAL UCONN WATERBURY BRASS CITY DASH

2012  
UCONN WATERBURY  
BRASS CITY DASH

Saturday, April 14, 2012  
9:30 AM

### 5k Road Race through Downtown Waterbury

The University of Connecticut Waterbury Campus Brass City Dash, a 5K road race throughout downtown Waterbury, will be held on Saturday, April 14, 2012. The course will begin and end at the University of Connecticut Waterbury campus. The proceeds from this event will be used to support students in the areas of academic and enrichment activities, and enhancement of common areas at the UConn Waterbury Campus.

Students, faculty, staff, OLLI members, alumni, and community members are invited to participate.

### A SPECIAL CALL TO ALL OLLI MEMBERS— WE NEED YOU!

We need dozens of OLLI volunteers for this special day of UConn Waterbury camaraderie and spirit! We need volunteers for: day before set-up, check-in and registration, traffic control, water station, bag check station, refreshment set-up, hospitality, sneaker recycling station, timing station, finish-line cheerleading, and pre-race promotion (on- and off-campus).

Please call Sue Kienle, 203-236-9932 or email [sue.kienle@uconn.edu](mailto:sue.kienle@uconn.edu) to offer your assistance in any way!



# OLLI Partnership Events

SPRING/SUMMER 2012

OLLI members will receive discounts for events sponsored by partnering organizations.

## THE PALACE THEATER ♥ OLLI



Photo courtesy of Louis Belloisy

### YOUR PALACE - YOUR <sup>Show</sup> PLACE -

Thank you OLLI friends for supporting the Palace the way you do! Once again, we are offering OLLI members savings on the wonderful shows below! Save **\*20% when you show your OLLI membership card at the Palace Box Office.** And don't forget—when you purchase your tickets on Senior Fridays from 10 am – 2 pm at the Palace Box office, there are **NO \*handling fees!**



Sponsored by  
**Comcast.**

#### The Irish Rovers

Friday, March 9 – 8:00 PM

For more than four decades, The Irish Rovers have charmed and entertained audiences around the world with their exciting stage shows, and their songs have become anthems of revelry and joy among generations of fans. These international ambassadors of Irish music have maintained their timeless ability to deliver a rollicking, rousing performance of good cheer — one that will have audiences singing and clapping along.

Tickets: \$45/ \$35/ \$25

#### The Official Blues Brothers Revue

featuring Wayne Catania and Kieron Lafferty as "Jake & Elwood."

Saturday, March 24 – 8:00 PM

The Blues Brothers can only be described as a musical, comedic, and cinematic legend. They have become part of our culture, and the irreverent characters of Jake & Elwood resonate with everyday people all over the world. The Official Blues Brothers Revue is a live concert show that combines the comedy and songs from the original 1980 hit film, as well as the five popular albums put out by John Belushi and Dan Aykroyd. Sanctioned by Dan Aykroyd and The John Belushi Estate, The Official Blues Brothers Revue and their 10-piece intercontinental rhythm & blues revue band, pay homage to the humor, music and mayhem of the Blues Brothers, as well as the rich history of blues, gospel and soul music.

Tickets: \$55/ \$45/ \$35

#### Mel Brooks' Young Frankenstein

Friday, April 13 – 8:00 PM

Saturday, April 14 – 2:00 PM & 8:00 PM

The classic Mel Brooks movie is **ALIVE** – and it's headed here! You'll have a monstrously good time at this spectacular new production, winner of the 2008 Outer Critics Circle Award and the Broadway.com Audience Award for **BEST MUSICAL!** Don't miss the sensational cast delivering all your favorite moments from the classic film, plus brand-new show-stopping numbers for the stage. The wickedly bright young Dr. Frankenstein (that's Fronkensteen) attempts to create a monster – but not without scary and hilarious complications. The brains behind the laughter is mad, genius and three-time Tony® winner Mel Brooks himself, along with his record-breaking team from The Producers; five-time Tony-winning director and choreographer Susan Stroman; and three-time Tony-winning writer, Thomas Meehan.

Tickets: \$68 / \$58 / \$48

\* Some seating restrictions may apply. Offer cannot be combined with other discounts.



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## SEVEN ANGELS THEATRE



### Come Join The Fun!

Seven Angels Theatre is offering a 10% discount to OLLI Members on any single ticket Mainstage Shows during the 2011-2012 season. Call the Seven Angels Theatre box office at (203)757-4676 for details and a complete list of shows for its upcoming season.

## CONNECTICUT DANCE THEATRE



Connecticut Dance Theatre will offer OLLI members a 10% discount on all CDT performances and social dances coming this spring.



#### Donna Bonasera

For all CDT events, contact Donna Bonasera at CDTstudio in the new location at 120-140 Bank Street 203-573-0004

# OLLI Partnership Events

## MATTATUCK MUSEUM



### MATTATUCK MUSEUM

We are proud to say – All OLLI members are Mattatuck Museum members and receive the same member benefits. Visit [www.MattatuckMuseum.org](http://www.MattatuckMuseum.org) for information on performers for the spring and summer!

#### OLLI Program Membership Benefits

- Members of the OLLI Program have unlimited free admission to the Museum by showing their OLLI membership cards.
- Discounted admission to the First Thursday Concert Series at the Museum: OLLI Members receive the same discount as Mattatuck Museum members.
- Free Admission to Museum Exhibition Openings.
- All communications from the museum to the OLLI staff and members will be sent by email. To receive emails, OLLI members must sign up at the Mattatuck Museum website.

#### First Thursday and TGI Third Thursday at the Mattatuck Museum

From 5:30 PM – 7:30 PM

Join us for exceptional live jazz music on First Thursday and for danceable favorites by well-known local musicians at TGI Third Thursday. To purchase tickets in advance, call 203-753-0381 ext.10 or go to the website at [www.MattatuckMuseum.org](http://www.MattatuckMuseum.org) for more information and to register online. Admission is \$7 for museum and OLLI members. Convenient, free parking is located directly behind the museum on Park Place.

**March 1, 2012 - All Jazz First Thursday  
Presents Vocalist Glenda Davenport &  
Bassist John Mobilio**

**March 15, 2012 - TGI Third Thursday  
Presents St. Patrick's Day Favorites with  
Willie Nininger**

#### Current & Upcoming Exhibitions at the Museum

##### Community Gallery:

- Enjoy the fun of yesteryear in Toys: Treasures From Long Ago, through March
- The Waterbury Chorale celebrates its history in an exhibit April through June

##### Whittemore Gallery

- Shared Sensibilities: The Art of Sol LeWitt and His Friends continues through April
- Opening in May, Reflections and Undercurrents: Prints of Venice, 1900-1940 includes ninety-five works: etchings, preliminary drawings, etching plates, sketchbooks, and photographs. The exhibit focuses on the art of Ernest David Roth (1879-1964).

#### Join us for Lunch!

#### The Mattatuck Museum Café by David Alan Catering

The Café presents a brand new lunch menu featuring delicious hot panini sandwiches and freshly tossed salads. Show your OLLI membership card at checkout and get your sandwich, wrap or salad with chips and a drink for \$6.50.

##### Hours of Operation:

Monday – Friday, 11:00 AM - 1:30 PM

Pre-order pickup available. To reach the Café please dial 203-753-0381 ext. 24

## WATERBURY SYMPHONY ORCHESTRA



**WATERBURY SYMPHONY  
ORCHESTRA**  
LEIF BJALAND, MUSIC DIRECTOR & CONDUCTOR

The WSO is offering a 20% discount to OLLI members on any single "choice" ticket (\$30, discounted to \$24). Call the WSO office at 203-574-4283 to purchase your tickets.

#### "Forbidden Love"

Saturday, February 11, 2012 – 8:00 PM at the NVCC  
Fine Arts Center

Shakespeare's immortal words are set to the music of Berlioz, Bernstein, Prokofiev and Tchaikovsky – and brought to life by the actors of Shakesperience.

#### "Come Fly With Me!"

Friday, March 23, 2012 – 8:00 PM at Litchfield  
Intermediate School

Saturday, March 24, 2012 – 8:00 PM at NVCC Fine  
Arts Center

Some of the most enduring popular music came from the big band era of the forties, and what bigger star of that era and beyond than Francis Albert Sinatra?

#### "Metamorphosis"

Saturday, May 12, 2012 – 8:00 PM at  
NVCC Fine Arts Center

This show features the works of Weber, Liszt, Tchaikovsky and Hindemith, and guest pianist, William Wolfram.

UNIVERSITY OF CONNECTICUT



NEAG School of Education

**Neag School of Education – Teacher Certification Program for College Graduates**

Become a Teacher and Earn a Master's in one year!

**Waterbury Campus Information Sessions:**  
 September 18 and October 23, 2012,  
 6:30 PM – Room 113.

Contact: Ann Marie Niesobecki 203-236-9926 or  
 ann\_marie.niesobecki@uconn.edu

UConn School of Business **MBA Program**

**Open Houses in Waterbury**

Tuesday, March 6, Wednesday, April 4, Thursday, May 3, Tuesday, June 5,  
 Wednesday, July 11

Monthly MBA Program Open Houses will be held for anyone interested in UConn's part-time, full-time or Executive MBA programs. Information sessions will begin at 5:00 and 6:00 PM. MBA admissions, curriculum and course scheduling will be discussed. Please call (203) 236-9935 or email glen.richardson@business.uconn.edu if you have any questions or wish to RSVP to an MBA Open House.



**UConn Degree Completion Programs**  
 BPS Bachelor of Professional Studies Degree  
 BGS Bachelor of General Studies Degree

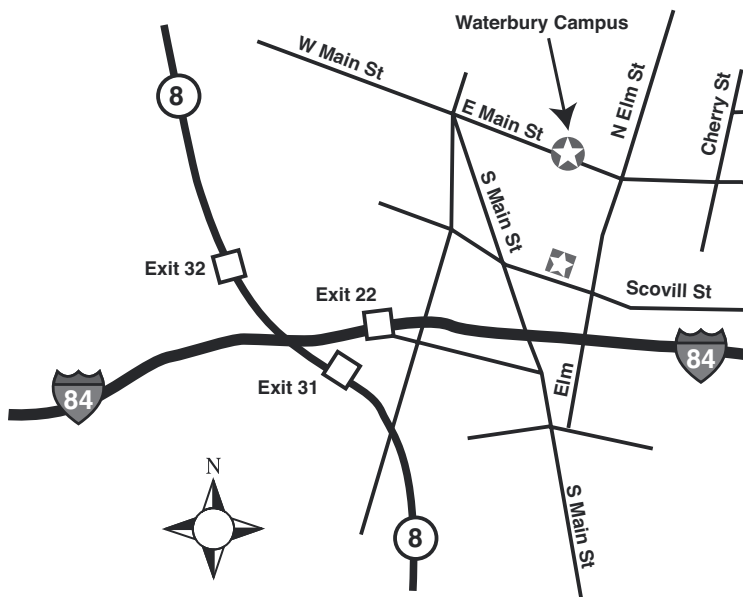
**Center for Continuing Studies**

Flexible Bachelor's Degree options for students with 60+ credits

Waterbury Campus, contact: Sue Kienle 203-236-9932 or  
 susan.kienle@uconn.edu

**Contact Us**

For more information call 203-236-9924 or 203-236-9925. Email: osher@uconn.edu or visit our website at [www.waterbury.uconn.edu/osher](http://www.waterbury.uconn.edu/osher)



**Directions**

The UConn campus is located at 99 East Main Street in Waterbury, across the street from the Palace Theater. Parking and directions to campus can be obtained from our website, [www.waterbury.uconn.edu/osher](http://www.waterbury.uconn.edu/osher) or by calling 203.236.9924.

**Parking**

By special arrangement with the UConn Waterbury campus, OLLI membership includes University parking privileges in downtown Waterbury. Parking passes are issued to paid members and presenters. OLLI members can use their parking pass in the UConn garage located on North Elm Street on a space available basis. Parking is allowed ONLY on levels 2 and 3. Parking on level 1 is reserved for faculty and staff only and is not permitted for students or OLLI members.\* OLLI members can also use the Scovill Street Garage on levels 5 and 6 by displaying their UConn parking pass. The Scovill Street Garage is located opposite the campus and directly behind the Palace Theater—it is a short walk through a paved courtyard to the UConn campus.

**\*Violators will be ticketed!**



University of Connecticut

Osher Lifelong Learning Institute  
The University of Connecticut  
99 East Main Street  
Waterbury, CT 06702



*OLLI Photos Courtesy of Tom Kmetzo and UConn, Waterbury I.T. Department*



The University of Connecticut's Waterbury campus serves more than 1,100 students annually. In its sixty years of operation, UConn Waterbury has opened the doors to educational access and excellence to thousands of Connecticut residents, many of whom have distinguished themselves in the fields of community service, business, education, law and politics. Today, the campus is located in a modern, state-of-the-art facility in the heart of downtown Waterbury. Our neighbors are the historic Palace Theater and a new arts magnet middle and high school, making our location a beacon for educational and cultural enlightenment. Students enjoy quality interaction with great professors and participate in research opportunities that enrich the college experience. An extensive range of undergraduate and graduate course offerings and study areas are available. Visit us online: [www.waterbury.uconn.edu](http://www.waterbury.uconn.edu).

