Health Related Majors

Recent Majors
Students have designed health-themed individualized majors through the College of Liberal Arts and Sciences (BA or BS) and the College of Agriculture, Health and Natural Resources (BS). Recent titles include:

- Health and Social Inequality
- Health and the Environment
- Food, Culture, and Health
- Global Health
- Community Health and Wellness
- Exercise Physiology and Health

Required Courses
Your individualized major plan of study will consist of at least 36 credits of 2000-level or higher courses, 18 of which must be from the college granting your degree, and must include the following:

**Research Methods Course**
A research methods course will introduce you to how knowledge is produced and evaluated in a particular discipline. Choose one from an academic department that is integral to your major. Some examples include: PSYC 2100WQ, SOCI 3201, ANTH 3004, or HDFS 2004W.

**Capstone**
UNIV 4600W Capstone Course, UNIV 4697W Senior Thesis, or an approved alternative.

**Writing Intensive Course**
A writing intensive course that is relevant to the major theme. This will normally be designated “W” in the course catalog and is in addition to the capstone.

We strongly recommend that you include an experiential learning component, such as an internship, research, or study abroad, in your plan of study.

**Bachelor of Science in CLAS**
If you intend to complete a BS in your individualized major through the College of Liberal Arts and Sciences, you must include 24 credits of science in your individualized major plan of study and fulfill the CLAS general education requirements for the BS degree. (Note: if your IMJR is your second major and you primary major is in a science field, then you do not have to have 24 science credits in your IMJR.)

**Prerequisites**
Check the catalog for any prerequisites for the courses you wish to include in your plan of study. Upper-level courses in communication, economics, psychology, statistics, and the sciences all have prerequisites.

PUBH 1001 Introduction to Public Health serves as an excellent foundation for a major focused on public or community health.
Frequently Included Courses

Please note that this is not a complete list; you may find other relevant courses in the catalog. Please check Student Admin and consult with your faculty advisors to be sure that the courses you would like to include in your major will be taught in the upcoming semesters.

Important Note! Almost all courses in AH, PNB, and MCB are relevant to health; they are not listed individually below. Most HCMI courses are also relevant to health, but please see the IMJR Guidelines on Inclusion of School of Business Courses.

**ANTH**
- 3003 Field Research in Social Settings
- 3004 Cultural Research
- 3202W Illness and Curing
- 3251 Psychological Anthropology
- 3300 Medical Anthropology
- 3302 Medical Ecology
- 3325 Intro to Global Health
- 3326 Global Health and Human Rights
- 3327 Power and Health in Latin America and the Caribbean

**CHEM**
- 2443-2445 Organic Chemistry & Lab

**COMM**
- 4700 Health Communication

**ECON**
- 3451 Health Economics

**GEOG**
- 3240 Medical and Health Care Geography

**HDFS**
- 2004W Research Methods in HDFS
- 2100 Human Dev: Infancy through Adolescence
- 2200 Human Dev: Adulthood and Aging
- 3250 Disabilities: A Lifetime Perspective
- 3251 Biotechnology, Disability and the Family
- 3252 Death, Dying, and Bereavement
- 3425 Food and the American Family
- 3442 Latino Health and Health Care
- 4255 Living with Chronic or Life-Threatening Illness

**KINS**
- 3320 Exercise Psychology
- 3522 Biomechanics of Injury and Sport
- 4500 Exercise Physiology I
- 4510/W Exercise Physiology II

**NURS**
- 2175 Global Politics of Childbearing and Reproduction

**NUSC**
- 2200 Nutrition and Human Development
- 3230 Community Nutrition
- 4250 Nutrition for Exercise and Sport

**PSYC**
- 2100WQ Principles of Research in Psychology
- 2200 Physiological Psychology
- 2201 Drugs and Behavior
- 2300 Abnormal Psychology
- 2400 Developmental Psychology
- 3105 Health Psychology

**PUBH**
- PUBH 3001 Introduction to Epidemiology

**SOCI**
- 2275 Social Well-Being
- 2705 Sociology of Food
- 3201 Methods of Social Research
- 3211Q Quantitative Methods of Social Research
- 3451 Sociology of Health
- 3457 Sociology of Mental Illness
- 3507 Race and Reproduction

**STAT**
- 3005 Biostatistics for Health Professions
- 4625 Introduction to Biostatistics

**WGSS**
- 3105 The Politics of Reproduction
- 3257 Feminist Disability Studies
- 3453 Women and Health