Health Related Majors

Recent Majors
Students have designed health-themed individualized majors through the College of Liberal Arts and Sciences (BA or BS) and the College of Agriculture, Health and Natural Resources (BS). Recent titles include:

- Health and Social Inequality
- Population Health
- Food, Culture, and Health
- Global Health
- Community Health and Wellness
- Exercise Physiology and Health

Required Courses
Your individualized major plan of study will consist of at least 36 credits of 2000-level or higher courses, 18 of which must be from the college granting your degree, and must include the following:

Research Methods Course
A research methods course will introduce you to how knowledge is produced and evaluated in a particular discipline. Choose one from an academic department that is integral to your major. Some examples include: PSYC 2100WQ, SOCI 3201, ANTH 3004, or HDFS 2004W.

Capstone
UNIV 4600W Capstone Course, UNIV 4697W Senior Thesis, or an approved alternative.

Writing Intensive Course
A writing intensive course that is relevant to the major theme. This will normally be designated “W” in the course catalog and is in addition to the capstone.

We strongly recommend that you include an experiential learning component, such as an internship, research, or study abroad, in your plan of study.

Bachelor of Science in CLAS
If you intend to complete a BS in your individualized major through the College of Liberal Arts and Sciences, you must include 24 credits of science in your individualized major plan of study and fulfill the CLAS general education requirements for the BS degree. (Note: if your IMJR is your second major and your primary major is in a science field, then you do not have to have 24 science credits in your IMJR.)

Prerequisites
Check the catalog for any prerequisites for the courses you wish to include in your plan of study. Upper-level courses in communication, economics, psychology, statistics, and the sciences all have prerequisites.

PUBH 1001 Introduction to Public Health serves as an excellent foundation for a major focused on public or community health.
Frequently Included Courses

Please note that this is not a complete list; you may find other relevant courses in the catalog. Please check Student Admin and consult with your faculty advisors to be sure that the courses you would like to include in your major will be taught in the upcoming semesters.

Important Note! Almost all courses in AH, PNB, and MCB are relevant to health; they are not listed individually below. Because of high demand for many AH courses, it is important to consult with the Allied Health Academic Advising Office regarding access to them.

ANTH
3003 Field Research in Social Settings
3004 Cultural Research
3202W Illness and Curing
3300 Medical Anthropology
3302 Medical Ecology
3325 Intro to Global Health
3326 Global Health and Human Rights
3327 Power and Health in Latin America and the Caribbean

CHEM
2443-2445 Organic Chemistry & Lab

COMM
4700 Health Communication

GEOG
3240 Medical and Health Care Geography

HDFS
2004W Research Methods in HDFS
2100 Human Dev: Infancy through Adolescence
2200 Human Dev: Adulthood and Aging
3095 Special Topics: Food and the American Family
3251 Biotechnology, Disability and the Family
3252 Death, Dying, and Bereavement
3442 Latino Health and Health Care

KINS
3205 Health Fitness Assessment
3320 Exercise Psychology
3522 Biomechanics of Injury and Sport

KINS (continued)
4500 Exercise Physiology I
4510/W Exercise Physiology II

NUSC
2200 Nutrition and Human Development
3230 Community Nutrition
4250 Nutrition for Exercise and Sport

PSYC
2100WQ Principles of Research in Psychology
2200 Physiological Psychology
2201 Drugs and Behavior
2300 Abnormal Psychology
2400 Developmental Psychology
3105 Health Psychology

PUBH
PUBH 3001 Introduction to Epidemiology

SOCI
2275 Social Well-Being
2705 Sociology of Food
3201 Methods of Social Research
3211Q Quantitative Methods of Social Research
3451 Sociology of Health
3507 Race and Reproduction

STAT
3005 Biostatistics for Health Professions
4625 Introduction to Biostatistics

WGSS
3105 The Politics of Reproduction
3257 Feminist Disability Studies