

(OLLI) at the University of Connecticut, Waterbury, CT

Lifelong Learning | Providing older adults with opportunities to engage in intellectual development, cultural stimulation, and social interaction.





September to November 2012

OPEN HOUSE - OLLI FOR A DAY!

Wednesday, August 15, 2012 See details on page 33



L-R: Dr. Brian Chapman, Mary Donnarumma Sharnick, Phil Benevento and Dr. William Pizzuto

WELCOME

to the University of Connecticut's Waterbury Campus!

Welcome to the University of Connecticut, Waterbury campus! Our campus proudly serves Waterbury and the region by delivering educational programs for undergraduate, graduate, and lifelong learning students in a dynamic, accessible, state-of-the-art environment. We are equally proud to be associated with the Bernard Osher Foundation and the network of one hundred and seventeen (117) Osher Lifelong Learning Institutes across the United States. We express deep thanks to The Bernard Osher Foundation for its generosity and vision with regard to the lifelong learning movement. Whether you will be connecting with college for the first time, reconnecting with higher education, or returning to UConn, we want this to be a positive and enriching experience. OLLI members bring a unique and positive energy to our campus through their enthusiasm and their depth of life experience in various careers, family life, and civic engagement. I extend a warm welcome to each and every one of you. Please enjoy your time here and savor the fun of learning.

William J. Pizzuto, Ph. D.

Director, UConn Waterbury Campus

Welcome to our OLLI fall, 2012 semester! We are offering a selection of interesting, exciting and informative courses that are sure to please you. Our OLLI Café lunchtime presentations and separate program events continue to be an added benefit to membership in our lifelong learning institute. During the past months, the OLLI Leadership Council, committee members, and OLLI administrators have been hard at work to continue to make our lifelong learning program one of exceptional quality. In addition to the course listings and café programs, the OLLI brochure lists wonderful travel opportunities, the choice to join the OLLI Book Club and/or Poetry Coffeehouse, and other activities available to our growing membership. You are invited and encouraged to take advantage of each and every phase of the OLLI experience and I wish you continued learning and fun each and every day. Have a wonderful semester!

Nancy Via

President, OLLI at UConn Waterbury







Dear OLLI Members and Friends—

Welcome to fall 2012 OLLI at UConn! We are looking forward to seeing you and your friends here on campus in a few weeks!

As a nation, we have moved into an age of "Brain Health," in which we are increasingly focused on what activities, lifestyles, and practices encourage and support good brain health for a high quality of life. Engagement in lifelong learning activities is considered among the many things we can all do to support overall good health, including brain health. Our Open House this year is themed around this important topic. We hope you will join us on August 15, 2012.

As OLLI continues to grow and expand, we are pleased about the following:

- We are maintaining the "first-come, first-served" registration process. This process sometimes brings disappointment, but it remains preferable to the alternative of a lottery system. We ask for your continued patience and the sometimes delayed gratification related to waiting until the next semester. We are proud of the quality of our offerings and hope you appreciate, that by selecting an alternative course (to your first preference), you are doing something noteworthy. By accepting second and third choices, you are meeting an important challenge of lifelong learning—stepping into something new and exciting and sometimes seemingly "risky." We hope these options keep the goals of improved health, "brain fitness," and an enhanced life experience front and center. Please remember ALL OLLI fees are non-refundable.
- Again this session, in your registration confirmation packets, you will find the early feedback forms which allow us to address major concerns early in the session – please use them if necessary.

- The pilot Winter Session 2012 was a success in every way! Please look forward to receiving announcements about Winter 2013 five Fridays from January 18 to February 15 (with February 22 as a snow date).
- You asked for it and we are going to try it! In Spring 2013,
 OLLI is moving from 8-week semesters to 10-week semesters!
 We will introduce 5-week courses and sometimes courses of other length. Dates for Pilot Spring 2013 ten Fridays, from March 1 to May 10 (no classes on Friday, March 29).
- Most importantly, a huge THANK YOU to each and every person who has made a donation of any size to the OLLI Sustainability Fund during the last year. Congratulations, as you have clearly demonstrated a commitment to learning and enrichment for older adults in the region! We could not operate this program without your support. The annual campaign continues; tax-deductible donations can still be made if you missed our appeal at the end of 2011. Please see pages 6 and 7 for more details. We hope you can continue to contribute to the OLLI at UConn family again this year—we will be reaching out to you again in late fall 2012. Many of you have proven that there is now measurable pride in OLLI at UConn!

Here's to joyful learning and great health!

Sincerely,

Brian G. Chapman, Ed.D.

Director of The Osher Lifelong Learning Institute at the University of Connecticut

REGISTRATION

- Registrations are still first-come, first-served, with members always receiving the first opportunity to register.
 - Confirmation letters will be mailed out around mid-August.
 - ALL FEES ARE NON-REFUNDABLE
- Encourage a friend to go to the website for course information and a membership registration form.



Mission

OLLI at UConn is a memberdriven, community-responsive program offering non-credit learning experiences (courses, lectures, and special events) for older adults who want to engage socially and intellectually with their peers as teachers and learners. Situated on an intimate, state-of-the-art university campus with traditionalage students and research faculty, OLLI also provides fertile ground for an intergenerational interaction and exchange of ideas. The urban campus reaches out to a diverse region which provides opportunities for partnership with other cultural, educational, and arts organizations.



Annual Membership Benefits

ALL FEES ARE NON-REFUNDABLE!

Annual OLLI Membership is \$60 this is also called Basic Membership. When a member pays the annual \$60 membership, benefits include:

- Opportunity to register for OLLI courses (see fee structure below)
- Participation in OLLI Café and other Lunchtime Activities
- UConn Waterbury parking pass allows parking when on campus (see directions/ parking on pages 9 and 39 for details)
- OLLI members are also Mattatuck Museum Members (see page 37 for details)
- UConn Library Privileges
- Priority Registration
- Opportunity to participate in OLLI Trips
- Entrance to Special OLLI Events
- Discounts to OLLI partnership events
- Year-round notices about additional OLLI programs and events
- OLLI membership card (issued once)
- Opportunity to contribute by joining OLLI committees/OLLI VIPs

COURSE FEE STRUCTURE

4-week class - \$20

5-week class - \$25

6-week class - \$30

8-week class - \$40

10-week class - \$50

Food classes - \$50

If you are a returning OLLI, your membership expiration date is noted on mailing label of the brochure after your name!

OLLI provides memberships on 12-month cycles. The cycles extend from September to August of the following year OR March to February of the following year. Members are entitled to register for courses for all sessions that occur within their membership cycle.

Membership Cycle Examples

Members who joined OLLI in fall 2011 have a membership cycle from September 2011 through August 2012. These members need to renew their membership now and pay the annual \$60 fee (new membership will extend from September 2012 to August 2013.

Members who joined OLLI in spring/summer 2012 have a membership cycle from March 2012 through February 2013. These people remain members through February 2013 and do not pay the membership fee at this time (they will renew their membership in spring or March 2013).

A member joining OLLI for the first time in fall 2012 will have a membership cycle from September 2012 to August 2013. – paying \$60 now to cover annual membership.

If you are a returning OLLI, your membership expiration date is noted on mailing label of brochure – after your name!

Save the 2013 OLLI Dates!

Winter Session - 5 classes from January 18 to February 15, 2013

Pilot Spring Session - now 10 weeks - March 1 to May 10 (no classes March 29)

Summer Session - Tuesdays, Wednesdays, Thursdays, June 4 to 27, 2013





Why Lifelong Learning?

Robert and Paula Crean, OLLI Members

Enjoyment, fulfillment, intellectual stimulation, shared enthusiasm, challenging discussions, enriching existing friendships and forging new ones – these benefits merely begin to answer the question, "Why Lifelong Learning?"

Lifelong learning is an educational philosophy that embraces a comprehensive definition of human inquiry; educational activities can and should be available through all stages of life. We are endowed at birth with insatiable curiosity and an incredible capacity to learn. Spend a few moments watching a group of children who encounter something completely new that captures their attention and challenges their intellect. There is pure delight in the adventure of experimentation and the thrill of discovery.

The magnificent news is that there is no expiration date on inquisitiveness and imagination. Lifelong learning is a gift we give ourselves that allows us to once again experience that sense of awe and wonder, coupled with the satisfaction of mastering a new skill or adding to our store of knowledge. For adult learners, lifelong learning offers the added practical benefit of maintaining brain health.

Cognitive stimulation, otherwise known as "exercise for your brain," is essential to maintaining high cognitive functioning in later life. "Cognition is dependent upon brain function and brain function can be improved through physical exercise and cognitive stimulation. Lifelong learning institutes offer older adults a myriad of opportunities to enhance their cognitive function." (Simone & Scuilli, 2006)

Harkening back to the days when we were encouraged to seek a well-rounded education, we now have the opportunity to engage fully and ask the deeper questions using our own life histories and those around us. Lifelong learning allows us to relish – either again or for the first

time – the big ideas of art, history, music, health, philosophy, politics, religion, science and more. And not just with our contemporaries, but with people ten, twenty, or thirty years older or younger. Some OLLI courses and programs are designed to be intergenerational, with college undergraduates learning alongside OLLI members. The mix of young and old in a university setting opens up new worlds of interest, re-examination, excitement, varying points of view, and sometimes a healthy level of controversy. It enlivens our mind, helps focus our life, and gives us new insights to the world around us. And there are no exams! So come and revel in the experience of learning for the joy of it!

In 2007, OLLI at UConn boasted 27 husband and wife members. In 2012, we now have almost 100 husband and wife members – including Robert and Paula Crean!

Bob and Paula have been taking the American History class together for two years. But it did not start out that way. Paula joined OLLI the first semester it began – in spring of 2007 – when there were only 120 members and 11 courses to choose from. Her enthusiasm for the intellectual stimulation and re-connecting with childhood friends encouraged Bob to join OLLI. Bob, a 1965 graduate of the UConn Law School, is happy to be able to return to his "alma mater" in a much more casual, relaxed and entertaining atmosphere – learning just for fun. The couple both enjoy the OLLI Café presentations and have participated in several day and overnight trips planned by the OLLI Travel Committee. They admire the energy and dedication of all the volunteers who make OLLI such a success. Bob and Paula both grew up in Waterbury, and are so proud that this amazing program is offered in their hometown.

To join and register for fall classes, please fill out the enclosed membership form and return by Friday, September 7, 2012. Please use the designated course number(s) to indicate your class choice(s) on the membership registration form – and include 1st, 2nd and 3rd course choices!

Also check the special events you'd like to attend. ALL FEES ARE NON-REFUNDABLE!



OLLI at UConn is currently funded by endowment interest, membership and course fees, and in-kind support from the University.

How are we supported by the Bernard Osher Foundation?

As of Spring 2011, OLLI at UConn received a generous gift endowment to be invested by the University of Connecticut Foundation. A portion of the interest from this endowment will be used each year to continue funding operational expenses. Operational expenses are used to provide staffing, equipment, promotion, and other day-to-day expenses.

What are the advantages of an endowment?

Endowments provide long-term stable funding. Endowment principal can never be spent. Rather, endowment is invested and the Institute receives a predetermined portion of the annual interest each year. Unused portions of the interest (if any) would be added back to the initial principal to increase the size of the endowment as a future hedge against inflation.

How can I help?

As we prepare for the future, we need to rely more heavily on individual donations from members and non-members who believe in the transformative work of lifelong learning and want to support its continuation and growth. You can help by making a tax-deductible donation of any size to our OLLI Sustainability Fund, and/or by remembering OLLI and UConn Waterbury in your estate planning ("Planned Giving"). Every individual who donates to OLLI at UConn demonstrates local community support for lifelong learning and reinforces the commitment of the Bernard Osher Foundation. We have created an OLLI family here at UConn and together we can proudly sustain an Institute that improves the lives of thousands.

If you have questions, please contact Brian Chapman, Director of OLLI at 203-236-9881 or brian.chapman@uconn.edu. To make a donation in support of the "OLLI Sustainability Fund," please use the adjoining form and mail it with your check to the address indicated.

- To donate online go to UConn Foundation's website: www.foundation.uconn.edu – In the box provided, identify the Gift Designation by entering "OLLI Sustainability Fund (22682)."
- To donate by phone call: 800.269.9965 or 860.486.5000
- To donate appreciated securities call: 860.486.2965
- To donate via check, please make your check payable to: The University of Connecticut Foundation, Inc.

Please always remember to mention and include in memo: "OLLI Sustainability Fund (22682)." Mailing Address:

The University of Connecticut Foundation, Inc. *Attn: Data Services 2390 Alumni Drive, Unit 3206, Storrs, CT 06269-3206

What is the OLLI Sustainability Fund?

Donations to the Fund will benefit the general operation of the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut – Waterbury Campus.

Why are all donations payable to "The University of Connecticut Foundation?"/ What is the role of the UConn Foundation?

The University of Connecticut Foundation is a tax-exempt corporation that operates exclusively to promote the educational, scientific, cultural, and recreational objectives of the University of Connecticut. As the primary fundraising vehicle for the University, the Foundation's mission is to solicit, receive and administer gifts and financial resources from private sources to support UConn's pursuit of excellence in teaching, research and public service. Donations to OLLI and UConn Waterbury are invested by the UConn Foundation. For more information about the UConn Foundation please visit: www.foundation.uconn.edu.

By including OLLI Sustainability Fund #22682" on your check, it will ensure that your donation will benefit the OLLI program in Waterbury.

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OLLI Sustainability Fund

Name:			
Address:			
City:	State:	Zip:	
Home Phone:	Work	c Phone:	
E-mail:			
Are you a UConn alumnus/a? 🗆 Yes	□ No		
School/College:	Class	Year:	
Matching Gift		Method of Payment	
☐ My or my spouse/partner's employe	, ,	• To donate by phone: call 800.269.9965 or 860.486.5000	
(Please enclose completed matching gi	ft form.)	• To donate appreciated securities: call 860.486.2965	
Visit www.matchinggifts.com/uconn to find out if your employer matches gifts made to the Foundation.		To donate online: www.foundation.uconn.edu	
Additional Information		☐ Check enclosed \$	
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Position/Title:			
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Special Requests ☐ For joint credit, my spouse/partner's name is:		*The last 3 or 4 digits located on the back of your card (front right for American Express)	
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IMPORTANT NOTICE

Your gift will be received by The University of Connecticut Foundation, Inc., a Connecticut non-profit that exists exclusively to benefit UConn by raising and administering private gifts and philanthropic grants to support the University's pursuit of excellence in teaching, research and public service. You may obtain a copy of the Foundation's financial report, or you may contact us at 2390 Alumni Drive, U-3206, Storrs, CT 06269, or 800-269-9965. The Foundation is exempt from registration as a charitable organization in a number of states and jurisdictions. If the Foundation is required to register and comply with state laws related to charitable contributions, the official registration, documents and financial information can be obtained from that state's Attorney General, Secretary of State, or other charitable solicitation licensing agency. For additional state contact information, please visit our website at www.foundation.uconn.edu.

OLLI-At-A-Glance

FALL COURSE TITLES / COURSE NUMBERS / CATEGORY / PAGE NUMBERS

Please use designated course number as your choice on membership registration form! Include 1st, 2nd and 3rd choices!

ART & ART HISTORY AH-412 Go for Barocco! Dr. Virginia Bush	10	HS-439 Dissent 8 Dr. Raymond Sullivan
	19	HS-440 U.S.A. vs Dr. Leon Bock
COMPUTERS CO-401 Not Your Father's Internet		HS-441 American
Cindy Eastman	15	Penny O'Connell HS-442 Current
CO-404 The Many Faces of Google Peter Freeman	20	Barry Davis
	20	HS-443 The Ame
CO-405 Digital Photography Basics Peter Freeman	16	Barry Davis
	10	HS-444 Italy, The
CULTURE & LANGUAGE CL-402 German I		Dr. David Reed
Irene Zemaitaitis	21	HS-445 Jewelry A
CL-408 Basic Conversational Italian	21	Connie Scarfone
Dr. Bart DePetrillo	22	HORTICULTURE
CL-415 Conversational French for Travelers		HC-401 Don't Tr
Mary Conseur	14	Chris Baliko
CL-416 A Pictogram is Worth 1000 Words!		HC-403 From Sec
Gabrielle Brand	16	Nunzio DeFilippis
CURRENT EVENTS		INTERIOR DESIGN
CE-002 Muslims, Islamism, and European Security Policy		ID-001 Home Inte
Leslie Lebl	17	Cheryl DiRollo
CE-003 Medicare and You		LITERATURE & W
Michael Regan & Guest Speakers	23	LW-406 From the
HEALTH & WELLNESS		Jeremy Joyell
HW-401 Unlocking the Secrets of Ayurveda		LW-418 Journey
Dr. Eashwarlall Ramdhani	22	Barclay Johnson
HW-405 Reiki Level I		LW-419 (A&B) lt
Barbara Schafer	20	William Blair
HW-411 Chair Yoga		LW-420 Story Ch
Kathleen GrecoKathleen Greco	14	Jean McGavin
HW-412 Yoga: Stretch, Strengthen and Breathe		LW-421 Sculpting
Cynthia Paolino	16	Sandra Ebner
HW-414 The Power of Food for Diabetes		LW-422 Cleopatr
Jane Sirignano	21	Penny O'Connell
HW-417 Think Young- Balance, Posture, and Beyond		MATH & SCIENCE
Peter Anderheggen & Michaela Hauser-Wagner	18	MS-411 Basic Ast
HW-419 Medically Speaking!		Gary Ruggeri
Dr. Raymond Sullivan & Guest Speakers	20	MS-412 Just How
HW-420 Chinese Medicine's Spirit and Sexuality	20	Dr. Arnold Heiser
William Courtland	20	MUSIC
HISTORY		MU-408 Music fo
HS-425 European History for Travelers: Eastern & Southern Europe	10	Julie Cook
Diane Stone	19	MU-416 Bump Di
HS-435 European History for Travelers: Western Europe Diane Stone	15	Elizabeth Hanahan
HS-438 Rails of the Iron Horse	13	MU-419 Introduc Mark Bassell
HS-438 Rails of the Iron Horse Edward Hyland	14	Mark Dassell

HS-439 Dissent & Democracy in American Puritanism Dr. Raymond Sullivan	16
HS-440 U.S.A. vs. U.S.S.R. – Post World War II Cold War Dr. Leon Bock	
HS-441 American History Continues – 1988 to Present	
Penny O'Connell	
Barry Davis	
Barry Davis HS-444 Italy, The Mother of Europe	
Dr. David Reed	
Connie Scarfone	22
HORTICULTURE HC-401 Don't Treat Your Soil Like Dirt! Chris Baliko	14
HC-403 From Seed to Harvest to Preserve! Nunzio DeFilippis	
NTERIOR DESIGN	14
ID-001 Home Interior Decorating for Beginners Cheryl DiRollo	18
LITERATURE & WRITING LW-406 From the Bard to Frost	
Jeremy Joyell	19
Barclay Johnson	15
LW-419 (A&B) It's Miller Time – Arthur Miller, that is! William Blair	
LW-420 Story Chip – Bet You Can't Read (or write) Just One! Jean McGavin	18
LW-421 Sculpting the Poem Sandra Ebner	19
LW-422 Cleopatra: A Woman of Power in the Ancient World Penny O'Connell	
MATH & SCIENCE	
MS-411 Basic Astronomy: The Sun, Stars, and Planets Gary Ruggeri	19
MS-412 Just How Old Is Our Observable Universe? Dr. Arnold Heiser	15
MUSIC	
MU-408 Music for Fun and Well Being Julie Cook	17
MU-416 Bump Diddy Strum Elizabeth Hanahan	19
MU-419 Introduction to Black Music	

The Osher Lifelong Learning Institute at the University of Connecticut Waterbury campus does not endorse any products, services, or outside organizations. OLLI presenters and speakers are prohibited from promoting products, services, or organizations while in service to OLLI (during teaching or presenting scheduled OLLI classes or events). OLLI presenters and speakers cannot require the purchase of specific books, educational materials, or supplies from which they will benefit. OLLI does maintain partnerships with other organizations for the purpose of furthering its educational mission for members. OLLI members and presenters are encouraged to share information about educational and cultural activities outside the classroom in order to promote intellectual stimulation and expansion of the OLLI learning community beyond the University and the campus.

FALL COURSE TITLES / COURSE NUMBERS / CATEGORY / PAGE NUMBERS

Please use designated course number as your choice on membership registration form! Include 1st, 2nd and 3rd choices!

MU-420 More To "Messiah" Than Meets the Ear Donna Obarowski
MU-421 Dear Old DAD – Mountain Dulcimer Tuning! Elizabeth Hanahan
MU-422 Opera: A Passion for the Ages Nunzio DeFilippis23
PERFORMING ARTS
PA-401 Dance for the Love of It! Donna Bonasera
PA-403 All Tapped Out – Part I Sheila Waters Fucci
PA-409 All Tapped Out – Part 2 Sheila Waters Fucci
PA-411 Life is a Cabaret! Sue Matsuki21
PA-417 Life is a Cabarat – The Show! Sue Matsuki 21
PERSONAL DEVELOPMENT PD-411 Life Story Writing Workshop
Sandra Noel
PD-414 Passport to Retirement James Coleman, Sr
PD-415 Women and Investments Jessica Kott
PD-418 Connecting to Your Inner Artist Rose-Ann Chrzanowski
PD-419 The Big Picture: Your Life as Art Ilene Wolf

PD-420 Quid est Veritas? What is Truth? John Westcott	
PHILOSOPHY & RELIGION PR-406 Metaphysical Interpretation of the Bible Barbara Schafer	16
PR-409 Reading the Gospels Side by Side Rev. James Bradley	15
PR-410 The Wonders Of Greek Mythology Dr. Carol Rizzolo	17
PR-411 Blame It On Abraham! Dr. Maria Decsy	19
VISUAL ARTS VA-402 Drawing on the Right Side of the Brain Judy Jaworski	17
VA-403 Learn How To Draw Your Favorite People, Places, Things Dr. Maryellen Considine	
VA-407 Come To The Artist's Studio Dr. Maryellen Considine	19
VA-411 Watercolor Techniques Susan Wolanic	14
VA-412 Amazing I-2-3 Acrylic Painting Deneen Datcher	17
VA-413 Cartooning with Grandkids – for Grandparents! Ron Gagliardi2	23



UConn Police Officers conduct routine parking enforcement in the attached campus parking garage and all cars will be ticketed for parking violations. These violations include, but are not limited to: failure to display a UConn parking decal, parking in an unauthorized area - NO PARKING on level one, fire lanes, handicap and reserved spaces. Parking fines can be as high as \$150 for parking in handicap spaces or misuse of a handicap permit. The fine for not displaying a University decal is \$30. NO ONE IS ALLOWED TO PARK ON LEVEL ONE OF THE UCONN GARAGE. ALL REPLACEMENT PARKING STICKERS - including newly purchased vehicle stickers: \$10.

OLLI-At-A-Glance

	FALL COURSE T	TIME SLOTS / PAGES / ROOM	NUMBERS	
CLASS TIMES	FIRST 4 WEEKS SEPT. 14, 21, 28 & OCT. 5	FULL 8 WEEKS SEPT. 14, 21, 28, OCT. 5, 12, 19, 26 & NOV. 2	LAST 4 WEEKS OCT. 12, 19, 26, & NOV. 2	
ΨΑ	HS-438 RAILS OF THE IRON HORSE Edward Hyland Room #203, Page 14	CL-415 CONVERSATIONAL FRENCH FOR TRAVELERS Mary Conseur Room #318, Page 14	HC-403 FROM SEED TO HARVEST TO PRESERVE! Nunzio DeFilippis Room #210, Page 14	
9:45 /	HW-411 CHAIR YOGA: RELAX, RENEW & REJOICE (5 Classes) Kathleen Greco Room #102, Page 14	PD-411 LIFE STORY WRITING WORKSHOP Sandra Noel Room #321D in Library, Page 15		
Ψ		PR-409 READING THE GOSPELS SIDE BY SIDE Rev. Jim Bradley Room #204, Page 15	VA-411 WATERCOLOR TECHNIQUES	
8:15	HC-401 DON'T TREAT YOUR SOIL LIKE DIRT Chris Baliko Room #324, Page 14	CO-401 NOT YOUR FATHER'S INTERNET Cindy Eastman Room #317, Page 15	Susan Wolanic Room #102D, Page 14	
	LW-418 A JOURNEY UP THE CONGO RIVER Barclay Johnson Room #323, Page 15	HW-412 YOGA: STRETCH, STRENGTHEN AND BREATHE (6 Classes) Cynthia Paolino Room #102, Page 16	HS-435 EUROPEAN HISTORY FOR TRAVELERS: WESTERN EUROPE Diane Stone Room #323, Page 15	
		CO-405 DIGITAL PHOTOGRAPHY BASICS (6 Classes) Peter Freeman Room #317, Page 16		
		PR-406 METAPHYSICAL INTERPRETATION OF THE BIBLE Barbara Schafer Room #203, Page 16		
10:00 AM - 11:30 AM		LW-419(A) IT'S MILLER TIME - ARTHUR MILLER, THAT IS! (This class is also offered at 11:40 AM) William Blair Room #324, Page 16		
		HS-440 U.S.A. / U.S.S.R. POST WORLD WAR II COLD WAR Dr. Leon Bock Room #218, Page 16	PD-415 WOMEN & INVESTMENTS Jessica Kott Room #213, Page 15	
		VA-403 LEARN HOW TO DRAW YOUR FAVORITE PEOPLE, PLACES, & THINGS Dr. Maryellen Considine Room #318, Page 16		
	MS-412 JUST HOW OLD IS OUR OBSERVABLE UNIVERSE? Dr. Arnold Heiser Room #210, Page 15	PR-410 THE WONDERS OF GREEK MYTHOLOGY Dr. Carol Rizzolo Room #204, Page 17	CL-416 A PICTOGRAM IS WORTH 1000 WORDS! Gabriella Brand Room #210, Page 16	
		VA-402 DRAWING ON THE RIGHT SIDE OF THE BRAIN Judy Jaworski Room #321D in Library, Page 17		
		HS-441 AMERICAN HISTORY CONTINUES - 1988 TO PRESENT Penny O'Connell Room #333, Page 17		
		MU-408 MUSIC FOR FUN AND WELL BEING Julie Cook Room #227G in Library, Page 17	HS-439 DEMOCRACY IN AMERICAN PURITANISM Dr. Ray Sullivan Room #326, Page 16	
		VA-412 AMAZING 1-2-3 ACRYLIC PAINTING Deneen Datcher Room #102D, Page 17		

	FALL COURSE T	TIME SLOTS / PAGES / ROOM	NUMBERS
		HW-417 THINK YOUNG- BALANCE, POSTURE, AND BEYOND (6 Classes) Peter Anderheggen & Michaela Hauser-Wagner Room #102, Page 18	
	CE-002 MUSLIMS, ISLAMISM, &	HS-442 CONSTITUTIONAL ISSUES: 2012 ELECTION (6 Classes) Barry Davis Room #218, Page 18	
		PD-414 PASSPORT TO RETIREMENT (6 Classes) James Coleman Room #32ID in Library, Page 18	
Σ		ID-001 INTERIOR DECORATING FOR BEGINNERS (6 Classes) Cheryl DiRollo Room #323, Page 18	
1:00 PM		LW-420 STORY CHIP - BET YOU CAN'T READ/WRITE JUST ONE Jean McGavin Room #213, Page 18	PD-418 CONNECTING TO
L EURO	EUROPEAN SECURITY POLICY Leslie Lebl Room #203, Page 17	LW-419(B) IT'S MILLER TIME - ARTHUR MILLER, THAT IS! (This class is also offered at 10:00 AM) William Blair Room #324, Page 18	YOUR INNER ARTIST Rose-Ann Chrzanowski Room #102D, Page 17
Ë		VA-407 COME TO THE ARTIST'S STUDIO Dr. Maryellen Considine Room #318, Page 19	
		LW-406 FROM THE BARD TO FROST Jeremy Joyell Room #204, Page 19	
		PR-411 BLAME IT ON ABRAHAM! Dr. Maria Decsy Room #326, Page 19	
		MS-411 BASIC ASTRONOMY: SUN, STARS, & PLANETS Gary Ruggeri Room #210, Page 19	
		MU-416 BUMP DIDDY STRUM - LEARN THE MOUNTAIN DULCIMER (8 Classes Beginning Sept. 21) Elizabeth Hanahan Room #227G in Library, Page 19	
		HS-443 THE AMERICAN CONSTITUTION - DISSECTED (6 Classes) Barry Davis Room #204, Page 19	HS-425 EUROPEAN HISTORY FOR TRAVELERS: EASTERN & SOUTHERN EUROPE Diane Stone Room #323, Page 19
		CO-404 THE MANY FACES OF GOOGLE (6 Classes) Peter Freeman Room #317, Page 20	
		HW-405 REIKI, LEVEL I Barbara Schafer Room #102, Page 20	
AH-412 GO FOR BAROCCO! Dr. Virginia Bush Room #218, Page 19		HW-419 MEDICALLY SPEAKING! Dr. Ray Sullivan & Guests Room #326, Page 20	
	AH-412 GO FOR BAROCCO!	HW-420 CHINESE MEDICINE'S SPIRIT AND SEXUALITY William Courtland Room #201, Page 20	
	Dr. Virginia Bush Room #218, Page 19	LW-422 CLEOPATRA: A WOMAN OF POWER Penny O'Connell Room #333, Page 20	
		HS-444 ITALY, THE MOTHER OF EUROPE Dr. David Reed Room #203, Page 20	
		PA-417 LIFE IS A CABARET - THE SHOW! Sue Matsuki Room #227G in Library, Page 21	LW-421 SCULPTING THE POEM Sandra Ebner Room #321D in Library, Page 19
		CL-402 GERMAN I - WOLLEN SIE DEUTSCH LERNEN Irene Zemaitaitis Room #213, Page 21	
		HW-414 THE POWER OF FOOD FOR DIABETES (1:15 PM TO 3:00 PM) Jane Sirignano Room #119, Page 21	

OLLI-At-A-Glance

	FALL COURSE T	IME SLOTS / PAGES / ROOM	NUMBERS
3:00 PM - 4:30 PM	PA-411 LIFE IS A CABARET! Sue Matsuki Room #321D in Library, Page 21	CL-408 BASIC CONVERSATIONAL ITALIAN (7 Classes: Starts Sept. 21) Dr. Bart DePetrillo Room #213, Page 22	PD-420 QUID EST VERITAS? (WHAT IS THE TRUTH?) John Westcott Room #203, Page 22
		HS-445 JEWELRY ARCHAEOLOGY Connie Scarfone Room #204, Page 22	
	PD-419 THE BIG PICTURE - YOUR LIFE AS ART Ilene Wolf Room #102D, Page 21	MU-422 OPERA: A PASSION FOR THE AGES Nunzio DeFilippis Room #201, Page 23	
		VA-413 CARTOONING WITH GRANDKIDS - FOR GRANDPARENTS! Ron Gagliardi Room# 217, Page 23	PD-421 COUNTING CROSS STITCH FOR BEGINNERS Sue Matsuki Room #321D in Library, Page 22
		MU-421 DEAR OLD DAD - MOUNTAIN DULCIMER TUNING! (8 classes beginning Sept. 21) Elizabeth Hanahan Room #227G, Page 23	
	MU-420 MORE TO "MESSIAH" THAN MEETS THE EAR Donna Obarowski Room #203, Page 22	CE-003 MEDICARE AND YOU Michael Regan & Guests Room #333, Page 23	HW-401 UNLOCKING THE SECRETS OF HEALTH USING AYURVEDA Dr. Eashwarlall Ramdhani Room #218, Page 22
		MU-419 INTRODUCTION TO BLACK MUSIC Mark Bassell Room #210, Page 23	

OFF SITE CLASSES/NON-FRIDAY CLASSES		
CLASS TIMES	10 CLASSES - \$50	
TUESDAYS 10:00 AM - 11:30 PM	PA-401 DANCE FOR THE LOVE OF IT! Sept. II, 18, 25, Oct. 2, 9, 16, 23, 30, Nov. 6, 13 - \$50 Donna Bonasera At CT Dance Theatre on Bank St., Page 14	
TUESDAYS 11:30 AM - 1:00 PM	PA-403 ALL TAPPED OUT - PART I Sept. II, 18, 25, Oct. 2, 9, 16, 23, 30, Nov. 6, 13 - \$50 Sheila Waters Fucci At CT Dance Theatre on Bank St., Page 14	
TUESDAYS 1:00 PM - 2:30 PM	PA-409 ALL TAPPED OUT - PART II Sept. II, 18, 25, Oct. 2, 9, 16, 23, 30, Nov. 6, 13 - \$50 Sheila Waters Fucci At CT Dance Theatre on Bank St., Page 14	

CALENDAR OF EVENTS

(Please pre-register for these events on membership registration form)

Open registration for fall session — all returning and new OLLI members can register for classes and events. Registration begins August 1 and ends September 7, 2012.

15

OLLI Open House -OLLI for a Day!

Open to OLLI members and the public (see page 33 for details)

SEPTEMBER

AUGUST

10-13

Colonial Williamsburg and Jamestown, VA (trip)

Open to OLLI members – sign up with Friendship Tours (see page 32 for details)

18

UConn Research Lecture: Improving the Pomperaug River, Carol Haskins & James Belden

Open to OLLI members and the public (see page 35 for details)

24

AARP Drivers Safety

Open to OLLI members and the public (see page 35 for details)

9

Food Justice in Urban Connecticut

Open to OLLI members and the public (see page 34 for details)

10

Italians and the Holocaust, Dr. Bart DePetrillo

Open to OLLI members and the public (see page 34 for details)

16

UConn Research Lecture: Preventing Lyme Disease, Neeta Connally, PhD

Open to OLLI members and the public (see page 35 for details)

16

Hello, Gorgeous! Author, William Mann

Open to OLLI members and the public (see page 34 for details)

18

Rockefeller Estate / Union Church (trip)

Open to OLLI members – sign up with Friendship Tours (see page 32 for details)

19

Deadline for Winter, Spring/Summer 2013 course proposals!

NOVEMBER

OCTOBER

7

UConn Research Lecture: Logical Fallacies, Edward H. Freeman, JD, MCP, MCT

Open to OLLI members and the public (see page 35 for details)

9

Veterans Day Event -

Open to OLLI members and the public – register and bring a friend (see page 34 for details)

12

AARP Drivers Safety -

Open to OLLI members and the public (see page 35 for details)

1,000 (trip) Open t with Fi for det

3-5 1,000 Islands Excursion (trip)

Open to OLLI members – sign up with Friendship Tours (see page 32 for details)

Course Descriptions

OLLI OFF-SITE / NON-FRIDAY CLASSES!

NOTE: All dance classes have been extended to 10 weeks! Enjoy

PA-401

Dance for the Love of It!

Presenter: Donna Bonasera

10 Classes - Tuesdays from 10:00 AM to 11:30 AM September 11, 18, 25, October 2, 9, 16, 23, 30,

November 6, 13 - \$50

NOTE: The class is held on Tuesdays at CT Dance Theatre, 120 Bank Street.

Learn the many styles of dance and, at the same time, learn the history of famous choreographers such as Fred Astaire and Gene Kelly. Enjoy this movement course and the positive effects dance has on our wellbeing - mind, body and soul - and the health benefits as well.

PA-403

All Tapped Out - Part I

Presenter: Sheila Waters Fucci

10 Classes - Tuesdays from 11:30 AM to 1:00 PM September 11, 18, 25, October 2, 9, 16, 23, 30, November 6, 13 - \$50 (Tap Shoes Required)

NOTE: The class is held on Tuesdays at CT Dance Theatre, 120 Bank Street.

This movement class is tap dancing! Learn the basics of tap as an instrument and art form, along with studying the different techniques of tap and the great tap artists of our time great exercise for both body and mind. Tap shoes required.

PA-409

All Tapped Out - Part II

Presenter: Sheila Waters Fucci

10 Classes - Tuesdays from 1:00 PM to 2:30 PM September 11, 18, 25, October 2, 9, 16, 23, 30, November 6, 13 - \$50 (Tap Shoes Required)

NOTE: The class is held on Tuesdays at CT Dance Theatre, 120 Bank Street.

Tappers! If you have tap experience, this is the class for you! Explore complex sounds and rhythms as we increase our tap vocabulary and tune our technique!

OLLI ON-CAMPUS CLASSES

8:15 AM - 9:45 AM

HS-438

Rails of the Iron Horse

Presenter: Edward Hyland

4 Classes - Fridays from 8:15 AM to 9:45 AM September 14, 21, 28, October 5 - \$20

Room #203

Take a historical trip on the American railroads. Learn about the development and growth of the early railroads and the impact railroads had on American lifestyles. Hear about the evolution of steam and diesel locomotives along with the history of railroading in Connecticut, and rail travel across the U.S.A.

HC-401

Don't Treat Your Soil Like Dirt!

Presenter: Chris Baliko

4 Classes - Fridays from 8:15 AM to 9:45 AM (option to continue with HC-403 in second 4 weeks) September 14, 21, 28, October 5 - \$20 Room #324

This class will discuss ways to create healthier and safer environments. Topics will cover soil biology and testing, organic alternatives to synthetic products, composting, and native plants. If interested, this topic will be continued in HC-403 with Nunzio DeFilippis.

From Seed to Harvest

to Preserve!

Presenter: Nunzio DeFilippis

4 Classes – Fridays from 8:15 AM to 9:45 AM (this class is an optional continuation of HC-401) October 12, 19, 26, November 2 - \$20

Room #210

A follow-up to preparing your soil, this class is an introduction to a new way of gardening - with raised beds - the urban concept of farming. It will cover planning the vegetable beds; planning an herb garden; the essentials of good organic gardening and its cultivation; and preserving the garden produce. The ultimate goal of this course is to follow up in spring 2013, volunteer with the Brass City Harvest in real gardening and harvesting, and delivering the vegetables to soup kitchens, etc.

VA-411

Watercolor Techniques

Presenter: Susan Wolanic

4 Classes - Fridays from 8:15 AM to 9:45 AM October 12, 19, 26, November 2 - \$20 (art supplies) Room #102D (please be prompt so as not to interrupt class in 102)

This introductory art class will cover various watercolor techniques, with the instructor demonstrating and participants following along. Both beginners and intermediate

painters welcome - and participants will leave each class with a nature painting.

HW-411

Chair Yoga: Relax, Renew & Rejoice from a Chair

Presenter: Kathleen Greco

5 Classes - Fridays from 8:15 AM to 9:45 AM September 14, 21, 28, October 5, 12 - \$25 Room 102 (please be prompt so as not to interrupt class in 102D)

Enjoy the benefits of popular Yoga postures from the comfort and safety of your chair. Each class will take you through a practice that will improve your abilities as you combine breathing and movement. Experience improved health as you apply Yoga to everyday life.

CL-415

Conversational French

for Travelers

Presenter: Mary Conseur

8 Classes – Fridays from 8:15 AM to 9:45 AM September 14, 21, 28, October 5, 12, 19, 26,

November 2 - \$40 (required book)

Room #318

The goal of this course is to help the participant feel more confident about traveling to a French-speaking country, learning simple

words/phrases to use in hotels, airports, trains/bus stations, and restaurants. No prior knowledge of French required. Simple homework assignments will be recommended.

PD-411

Life-Story Writing Workshop

Presenter: Sandra Noel

8 Classes – Fridays from 8:15 AM to 9:45 AM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 (journal or notebook) Room #321D (3rd fl. Library - take Library elevator to #3, exit right around corner)

This writing workshop is intended to encourage and stimulate the continual process of painting a portrait of our lives in words, to further develop the skills of externalizing our stories, reflecting and sharing who we are. It will cover recognition and integration of various story types, and review of how our story is influenced by history, culture, traditions, spirituality, and family relationships. Learn formatting and editing techniques, as well as utilizing tools to refine and expand stories, and end up with a basis for legacy and memoir-writing and possible publication.

PR-409

Reading the Gospels Side by Side

Presenter: Rev. Jim Bradley

8 Classes - Fridays from 8:15 AM to 9:45 AM
September 14, 21, 28, October 5, 12, 19, 26,
November 2 - \$40 (any translation of New Testament)
Room #204

Experience an encounter on the distinction and differences of Matthew, Mark, Luke, and John – seeking to find Jesus – and finding four lesus figures instead!

CO-401

Not Your Father's Internet

Presenter: Cindy Eastman

8 Classes — Fridays from 8:15 AM to 9:45 AM September 14, 21, 28, October 5, 12, 19, 26,

November 2 - \$40 Room #317

The Internet has created a whole new way of communicating with family, friends, and the world. If you have a computer at home, put it to work for you to start an online diary or reconnect with former classmates. If you are already comfortable using your computer and exploring the Internet, become more comfortable with it in this self-paced course designed to ease the casual user into useful productivity.

10:00 AM - 11:30 AM

LW-418

A Journey Up the Congo River: Joseph Conrad's Heart of Darkness

Presenter: Barclay Johnson

4 Classes – Fridays from 10:00 AM to 11:30 AM September 14, 21, 28, October 5 - \$20 (required book)

Room #323

This seminar is an appreciation of the modern classic, Heart of Darkness, by Joseph Conrad. Our concerns include the uniqueness of subject, structure, and style. Time permitting, the class will discuss the modern adaptation of Apocalypse Now.

MS-412

Just How Old Is Our Observable Universe?

Presenter: Dr. Arnold Heiser

4 Classes – Fridays from 10:00 AM to 11:30 AM September 14, 21, 28, October 5 - \$20 Room #210

Scientists, from the time of Galileo to today's astrophysicists, have used data from rocks and meteorites, and the observations of stars, galaxies, and the cosmic background radiation, to determine ages of the Earth, the Solar System, and Stars and Galaxies. These ages show, with high reliability, that our observable universe came into existence about 13.7 billion years ago.

HS-435

European History for Travelers to Enrich your Vacation Experience: Western Europe

Presenter: Diane Stone

4 Classes – Fridays from 10:00 AM to 11:30 AM October 12, 19, 26, November 2 - \$20 Room #323

The great tourist attractions of Western Europe are on everyone's "bucket list." Americans come from a 235-year-old country and what we see in Europe can be hundreds or even 1,000 or more years old. Join this classroom journey to gain a greater understanding of the places you plan to visit as we explore London, Paris, Florence, Venice, and Rome.

PD-415

Women & Investments: Take Control of Your Financial Future

Presenter: Jessica Kott

4 Classes – Fridays from 10:00 AM to 11:30 AM October 12, 19, 26, November 2 - \$20 Room #213

Gain confidence by establishing an appropriate investment strategy. Get practical advice to better understand your options. A portion of each class will be devoted to answering investment-related questions from participants. Topics covered will include portfolio management and maintenance, fixed income securities, and equity securities. Men are also invited to register for this class!



Course Descriptions

"Learning this way, at this time in life, is a blast!"

CL-416

A Pictogram is Worth 1000 Words!

Presenter: Gabriella Brand 4 Classes – Fridays from 10:00 AM to 11:30 AM October 12, 19, 26, November 2 - \$20 Room #210

This class will take a look at the differences between alphabet-based languages and pictorial languages. What does a Japanese computer keyboard look like? A Chinese crossword puzzle? How does a child recite the ABCs if there are no ABCs? Where did "our" 26 letters come from? Where are they going?

HS-439

Dissent & Democracy Rooted in American Puritanism

Presenter: Dr. Ray Sullivan 4 Classes – Fridays from 10:00 AM to 11:30 AM October 12, 19, 26, November 2 - \$20 Room #326

The course will trace the history of religious dissent from the Great Schism to the rise of Protestantism, from Henry VIII's Anglicanism to Puritanism in the early American colonies, and conclude with the establishment of religious freedom and democracy in America.

HW-412

Yoga: Stretch, Strengthen and Breathe

Presenter: Cynthia Paolino

6 Classes – Fridays from 10:00 AM to 11:30 AM September 14, 21, 28, October 5, 12, 19 - \$30

(yoga mat)

Room #102 (please be prompt so as not to interrupt class in 102D)

This movement class will help create balance between mind, body and spirit through the practice of yoga postures. Increasing the body's flexibility, strength and balance, it will include a final relaxation to reduce stress and promote healing.

CO-405

Digital Photography Basics

Presenter: Peter Freeman

6 Classes – Fridays from 10:00 AM to 11:30 AM September 14, 21, 28, October 5, 12, 19 - \$30 Room #317

This hands-on computer course will cover how a digital camera works, photo composition, and photo processing using Google's free photo editing tool, Picasa. Participants must be familiar with the computer and internet. Bring your digital camera. There will also be a field trip. Limited enrollment due to computer classroom size.

PR-406

Introduction to the Metaphysical Interpretation of the Bible

Presenter: Barbara Schafer 8 Classes – Fridays from 10:00 AM to 11:30 AM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 (any Bible) Room #203

Literal interpretation of the Bible can be incredible and perplexing. When interpreted metaphysically, the Bible becomes understandable, dynamic, and inspirational. Contradictions and confusion are clarified as the spiritual sacred Truths underlying the words are revealed. It can be a catalyst for our soul's growth that can fill the emptiness of a soul devoid of spirituality. Then it becomes a fascinating, dynamic roadmap that guides us to a sense of fulfillment, joy, and inner peace, providing practical answers to life's challenges.

"A true gift for retirees."

LW-419(A)

It's Miller Time -Arthur Miller, that is!

Presenter: William Blair

8 Classes – Fridays from 10:00 AM to 11:30 AM (this class is also offered at 11:40 AM)
September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 (required books)
Room #324

We all "know" of the plays – Salesman, Crucible, Broken Glass – so now let's "study" them. No dogma allowed; just lively discussion of the works of Arthur Miller!

HS-440

U.S.A. vs. U.S.S.R. - Post World War II Cold War: Hot Flashes in Korea & Vietnam

Presenter: Dr. Leon Bock

8 Classes — Fridays from 10:00 AM to 11:30 AM September 14, 21, 28, October 5, 12, 19, 26,

November 2 - \$40 Room #218

This course will be an analysis of the disintegration of the World War II U.S. British and Soviet Alliance into the global struggle for power between the U.S. and Soviet blocs, along with an appraisal of the proxy military conflicts conducted in Korea and Vietnam and a view of the fall of the Soviet Union in the late 1980s.

VA-403

Learn How to Draw Your Favorite People, Places, and Things

Presenter: Dr. Maryellen Considine 8 Classes – Fridays from 10:00 AM to 11:30 AM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 (art supplies) Room #318

Drawing has much more to do with the eye than the hand. The method used in this class will culminate not only with the finished

Some courses have required and/or recommended reading. The UConn Co-op bookstore welcomes OLLI members and carries a supply of most required or recommended books. OLLI members are also entitled to join the Co-op OLLI Book Club to save money on their book purchases.

A Co-op book card will be issued to new members only. Please see Co-op when card is full.

Please keep your Co-op book card from session to session. Come See and Buy the New OLLI Sweatshirt!



drawing(s), but with an enhancement of powers of observation and of better drawing skills. Members taking the class for the first time will use graphite pencil, while members returning to the class will go on to using color.

PR-410

The Wonders of Greek Mythology Presenter: Dr. Carol Rizzolo 8 Classes – Fridays from 10:00 AM to 11:30 AM September 14, 21, 28, October 5, 12, 19, 26,

November 2 - \$40 (recommended book) Room #204

Did you ever wonder why so many of us have such fondness for Greek Myth? Using artwork inspired by stories of old, and Ovid's literary masterpiece The Metamorphosis as our roadmap, this class will explore the delightfully timeless stories of the ancient civilization that so informed our own!

VA-402

Drawing on the Right Side of the Brain

Presenter: Judy Jaworski

8 Classes – Fridays from 10:00 AM to 11:30 AM September 14, 21, 8, October 5, 12, 19, 26, November 2 - \$40 (required book & supplies) Room #321D (3rd fl. Library - take Library elevator to #3, exit right around corner)

This course is designed to expand your powers of perception through drawing, increase your visual awareness, and develop a new mode of seeing. Participants will explore various

methods of perfecting their skill pertaining to image-space relationships, perspective, and people. Everyone has the latent ability to draw with proper guidance. A required text (and proper supplies) will be your guide.

HS-441

American History Continues – 1988 to Present

Presenter: Penny O'Connell 8 Classes – Fridays from 10:00 AM to 11:30 AM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 Room #333

This course will cover Presidents Bush #1, Clinton, Bush #2, and Obama. Topics for discussion are the continuing conflict between conservative and liberal solutions to America's persistent social and economic problems, with special attention to the presidential election of 2012.

MU-408

Music for Fun and Well-Being Presenter: Julie Cook

8 Classes – Fridays from 10:00 AM to 11:30 AM September 14, 21, 28, October 5, 12, 19, 26,

November 2 - \$40

Room #227G (2nd fl. Library - take stairs or Library elevator to #2 and follow signs to Math Tutor Room)

In this course members will learn how various aspects of music affect our physical and emotional well-being – and experience them first-hand. Topics include: how the

vibrations of music are used by many cultures for wellness, why drumming feels so good, the magic of entrainment and resonance, how listening choices can enhance our days, and pairing words and music creatively, to name a few. Members will engage in group music-making using easy-to-play instruments in a supportive atmosphere. No previous music experience is necessary.

VA-412

Amazing 1-2-3 Acrylic Painting

Presenter: Deneen Datcher

8 Classes – Fridays from 10:00 AM to 11:30 AM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 (art supplies)

Room #102D (please be prompt so as not to interrupt class in 102)

Everyone can paint! In this unique paint-along class – with the ever-so-popular 1-2-3 fun and easy techniques – several landscapes and still-life paintings can be completed in this class. You'll be amazed at what you can accomplish.

11:40 AM - 1:00 PM

Note: These classes conflict with OLLI Café and other lunchtime offerings.

CE-002

Muslims, Islamism, and European Security Policy

Presenter: Leslie Lebl

4 Classes — Fridays from 11:40 AM to 1:00 PM September 14, 21, 28, October 5 - \$20 (recommended book)

Room #203

This course will examine the long-term demographic trends in Europe, the role of "non-violent" Islamists in Europe, and their impact on European security policy at home and abroad.

PD-418

Connecting to Your Inner Artist

Presenter: Rose-Ann Chrzanowski 4 Classes – Fridays from 11:40 AM to 1:00 PM October 12, 19, 26, November 2 - \$20 (supplies) Room #102D (please be prompt so as not to interrupt class in 102)

Take a relaxing journey of self-discovery while learning about sound (instruments) as healing tools. Connect with your inner artist as you create mandalas, journals, and paintings. Create personal art from the soul, no need to be an artist in the traditional sense; this art is in your heart.

Course Descriptions

HW-417

Think Young - Balance, Posture, and Beyond

Presenter: Peter Anderheggen Co-Presenter: Michaela Hauser-Wagner 6 Classes – Fridays from 11:40 AM to 1:00 PM September 14, 21, 28, October 5, 12, 19 - \$30 (recommended books)

Room #102 (please be prompt so as not to interrupt class in 102D)

Learn how to improve your posture, balance, and back health. The Alexander Technique is a method of self-care developed over 100 years ago and has been used predominantly in the performing arts, but recently received increased attention for its relief of chronic back pain. In addition to lectures and discussion, members will be encouraged to participate actively in each session – learning methods of restorative rest, and better ways to sit, walk, work, and exercise.

HS-442

Current Constitutional Issues - Preparing for the 2012 Election!

Presenter: Barry Davis

6 Classes – Fridays from 11:40 AM to 1:00 PM September 14, 21, 28, October 5, 12, 19 - \$30 Room #218

This course will examine the current state of the American government, exploring how the Constitution – its current interpretation and problems – all impact our lives on a daily basis. The newspaper will be all the reading material we will need.

PD-414

Passport to Retirement the New Retirement. Is Your Money Ready?

Presenter: James Coleman

6 Classes – Fridays from 11:40 AM to 1:00 PM September 14, 21, 28, October 5, 12, 19 - \$30 (required workbook/purchase in class for \$25) Room #321D (3rd fl. Library - take Library elevator to #3, exit right around corner)

How is retirement changing for Americans? This course will cover reliable sources of retirement income, investment strategies to reduce risk while increasing return, how to position your portfolio to withstand volatility in the markets, and help you preserve your estate for your heirs. There will be visual aids and handouts that are clear and easy to understand. The 140-page workbook for purchase will be used as a class reference tool and future resource.

ID-001

Home Interior Decorating for Beginners

Presenter: Cheryl DiRollo

6 Classes – Fridays from 11:40 AM to 1:00 PM September 14, 21, 28, October 5, 12, 19 - \$30 Room #323

This beginner course is for those who would like to learn some basic concepts of interior design. It will cover developing a floor plan, defining your color scheme, selecting a decorating style, and window treatments, to name a few.

LW-420

Story Chip - Bet You Can't Read (or write) Just One!

Presenter: Jean McGavin

8 Classes – Fridays from 11:40 AM to 1:00 PM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 (notebook or journal) Room #213

Your stories are precious chips of the history of our world. Learn how to add your stories to the memoir of our time. Each story, big or small, is special and vital to telling our collective story and participants will be invited to add their stories to the Story Chip website.

LW-419(B)

It's Miller Time -Arthur Miller, that is!

Presenter: William Blair

8 Classes – Fridays from 11:40 AM to 1:00 PM (this class is also offered at 10:00 AM)
September 14, 21, 28, October 5, 12, 19, 26,
November 2 - \$40 (required books)

Room #324

We all "know" of the plays – Salesman, Crucible, Broken Glass – so now let's "study" them. No dogma allowed, just lively discussion on the works of Arthur Miller!

"OLLI is an asset to the community; it keeps us young and involved!"





VA-407

Come to the Artist's Studio Presenter: Dr. Marvellen Considine 8 Classes - Fridays from 11:40 AM to 1:00 PM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 (art supplies) Room # 318

Participants will be introduced to techniques that will enable them to consider various ways of approaching painting with oil or acrylic paint. The workshop environment will encourage experimentation and creativity. The class will be tailored to assist members in achieving their individual goals through painting - whether you are a beginner or beyond!

LW-406

From the Bard to Frost: Let the **Great Poets Speak to You**

Presenter: Jeremy Joyell 8 Classes - Fridays from 11:40 AM to 1:00 PM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 (required book) Room #204

The greatest poems in the English language are the ones Alex asks about on Jeopardy, the ones songwriters, pundits, and presidents quote - words, images, and thoughts you should know something about. Here's a chance to see how poetry works, to discover

where those famous lines come from, and to learn how all of our culture and heritage has been touched by them. You will find poetry is not a mystery; you will lose your fears and embrace the most magical of literary genres.

PR-411

Blame it on Abraham! Presenter: Dr. Maria Decsy 8 Classes - Fridays from 11:40 AM to 1:00 PM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 (recommended book) Room #326

This class will be an overview of Judaism, Christianity, and Islam - an introduction and exploration of the three religions with a comparison of the common grounds of the three.

MS-411

Basic Astronomy: The Sun, Stars, and the Planets

Presenter: Gary Ruggeri

8 Classes – Fridays from 11:40 AM to 1:00 PM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 Room #210

This class is an exploration of the universe including the big bang, stars, galaxies, our sun and its planets, and moons. Discussions will include the lives of stars and their differences, formation of our sun, galaxies and solar system, along with methods of observing the ever-expanding universe.

MU-416

Bump Diddy Strum - Introduction to the Mountain Dulcimer

Presenter: Elizabeth Hanahan

8 Classes – Fridays from 11:40 AM to 1:00 PM September 21, 28, October 5, 12, 19, 26, November 2, 9 - \$40 (instruments provided)

Note: This class begins the second week of fall OLLI session

Room #227G (2nd fl. Library – take stairs or Library elevator to #2 and follow signs to Math Tutor Room)

Come learn to play the Appalachian mountain dulcimer and obtain a foundation of the roots of American folk music. No music experience is needed; you will be playing tunes by the end of the first class. Instruments will be available on loan from the presenter. Learn the history and development of the dulcimer, the styles of playing, and care of the instrument.

1:15 PM - 2:45 PM

AH-412

Go for Barocco!

Presenter: Dr. Virginia Bush

4 Classes - Fridays from 1:15 PM to 2:45 PM September 14, 21, 28, October 5 - \$20

Room #218

The 17th and 18th Centuries in Italy saw the creation of emotional, exuberant, and even extravagant art for papal and princely patrons. From Caravaggio, through Barromini and Bertini, the class focus will be on the painting, architecture, and sculpture of the era.

HS-425

European History for Travelers: A Focus on Eastern & Southern Europe

Presenter: Diane Stone

4 Classes - Fridays from 1:15 PM to 2:45 PM October 12, 19, 26, November 2 - \$20 Room #323

This course is a continuation of European History for Travelers, with emphasis on Southern and Eastern Europe. It will focus on the main tourist sites, and the geographic areas from which most of the Waterbury area immigrant groups and their ancestors came to the U.S. from the mid-19th to the mid-20th centuries. We will cover the areas of Southern Italy, Poland, Lithuania, and Prague.

LW-421

Sculpting the Poem

Presenter: Sandra Ebner

4 Classes - Fridays from 1:15 PM to 2:45 PM October 12, 19, 26, November 2 - \$20 (notebook) Room #321D (3rd fl. Library - take Library elevator to #3, exit right around corner)

One can think of a poem as a block of clay: what do I need; what can be chipped away? Writing exercises will be used as spring boards to create first drafts that will then be shaped into finished poems. Life experience is the only requirement, so come write poems!

HS-443

The American Constitution -**Dissected**

Presenter: Barry Davis

6 Classes - Fridays from 1:15 PM to 2:45 PM September 14, 21, 28, October 5, 12, 19 - \$30 Room #204

This class will examine the Constitution of the United States – exploring it Article by Article to determine what it says and what it doesn't say!

Course Descriptions

"Very successful in providing stimulating and interesting topics for everyone."

CO-404

The Many Faces of Google
Presenter: Peter Freeman
6 Classes – Fridays from 1:15 PM to 2:45 PM
September 14, 21, 28, October 5, 12, 19 - \$30

Google has a reputation for being the most popular search engine to find information on the Web. However, most users do not know about the many free, hidden tricks and tools buried in Google. This hands-on course will show you where to look and how to use the hidden power in Google to discover the powerhouse that it really is. Participants must have computer internet knowledge. Limited enrollment due to computer class room size.

HW-405

Reiki, Level I

Presenter: Barbara Schafer

Assistants: Rosemary Toletti & Cecilia Baranowski,

Reiki Master Teachers

8 Classes – Fridays from 1:15 PM to 2:45 PM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 (recommended book)

Room #102

Reiki is a non-invasive, caring way of energizing, restoring, and balancing the energy centers in our bodies. Why take this course? To heal yourself and others in body, mind and spirit; reduce stress and promote profound relaxation; enhance health and

prevent illness, feel more energized, improve mental clarity, increase creativity, calm yourself and others; and promote a sense of deep peace and well-being. The course will cover definitions, history, basic principles, how it works, the chakras and energy fields. Participants will practice doing Reiki on themselves and others and will receive a Reiki attunement. Anyone can learn it!

HW-419

Medically Speaking!
Presenters: Dr. Raymond Sullivan,
David Angelicola, M.D., Terri L. Cyr, O.D.,
Jaye Howes, M.S.N., Nurse Practitioner,
Arvind Shah, M.D. and Douglas Welsh, PhD
8 Classes — Fridays from 1:15 PM to 2:45 PM
September 14, 21, 28, October 5, 12, 19, 26,
November 2 - \$40
Room #326

This new course concept will be a multi-disciplinary symposium covering various health issues of interest to seniors. Topics will be: an introduction to cancer, the inside story and what's next; the insight into eye care; urgencies and emergencies; two cardiovascular lectures on hypertension and the common heart rhythm disturbance, A-Fib; a stimulating lecture on the psychology of life entitled: The Human Traffic Jam and You and Me; with the symposium ending on a lighter note with What's So Funny About Your Health?



HW-420

Chinese Medicine's Spirit and Sexuality

Presenter: William Courtland 8 Classes – Fridays from 1:15 PM to 2:45 PM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 Room #201

Is Spirit only a religious subject? Is Sex only a biological function? Is there a relationship between Spirit and Sex? Does Sexuality originate from and express Spirit? Do either or both influence an individual's psychological and physical health? This course will examine these questions using the "Way of Life," upon which the principles of Chinese Medicine are based, and reveal the importance of both for those who wish to maintain their health.

LW-422

Cleopatra: A Woman of Power in the Ancient World

Presenter: Penny O'Connell

8 Classes – Fridays from 1:15 PM to 2:45 PM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 (required book) Room #333

Participants will read the latest biography of Cleopatra, by Stacy Schiff, to determine who she really was – an example of a strong female ruler willing to ally herself with Julius Caesar, and after his death, with Mark Anthony – or notorious libertine determined to thwart her archenemy, the future Caesar Augustus? History has not been kind to her, so we will strive to set the record straight and give her the respect she deserves!

HS-444

Italy, the Mother of Europe
Presenter: Dr. David Reed
8 Classes — Fridays from 1:15 PM to 2:45 PM
September 14, 21, 28, October 5, 12, 19, 26,
November 2 - \$40
Room #203

Italy, the Mother of Europe, provides an introduction to the history of Europe. The early peoples of that territory became the daughters of Rome who passed on the legacy to future generations. How this happened is



an intriguing story because the events of that early age give us the background of European civilization up to the present day. Discussion and videos will be included.

PA-417

Life is a Cabaret - The Show!

Presenter: Sue Matsuki

8 Classes – Fridays from 1:15 PM to 2:45 PM September 14, 21, 28, October 5, 12, 19, 26,

November 2 - \$40

Room #227G (2nd fl. Library - take stairs or elevator to #2 and follow signs to Math Tutor Room)

You've sung the songs — learned how to create patter. The focus of this Cabaret class will be to develop a cabaret show to be performed at UConn. Each participant will perform one or two songs and learn how to set it up with "patter." Stay tuned to the OLLI show for details!

CL-402

German I - Wollen Sie Deutsch Lernen?

Presenter: Irene Zemaitaitis

8 Classes – Fridays from 1:15 PM to 2:45 PM September 14, 21, 28, October 5, 12, 19, 26,

November 2 - \$40 (required book) Room #213

This conversational class will acquaint you with essential vocabulary and expressions. Necessary grammar will be taught and practiced with short dialogs. Brief written exercises will be assigned and short quizzes will serve as feedback for the students and the presenter. Oral participation in class will be encouraged.

HW-414

The Power of Food for Diabetes

Presenter: Jane Sirignano

8 Classes – Fridays from 1:15 PM to 3:00 PM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$50 (book to purchase in class – optional)

Room #119

Learn delicious, easy-to-prepare recipes and be part of a supportive group. Prevention Magazine, May 2012 says, "The Food Cure: The most effective treatment for early type-2 diabetes can be found in your fridge." Anyone with type-2 diabetes can learn how to avoid complications and reduce or eliminate the need for medications, and those concerned about type 2 diabetes can benefit from the class. Class includes DVD segments featuring Neal Barnard, M.D., and his research on plant-based diets, along with a food shopping tour at LaBonne's. Watertown.

"OLLI is great and is getting greater."

3:00 PM - 4:30 PM

PA-411

Life is a Cabaret!

Presenter: Sue Matsuki

4 Classes – Fridays from 3:00 PM to 4:30 PM September 14, 21, 28, October 5 - \$20 Room #321D (3rd fl. Library - take Library elevator to #3, exit right around corner)

Have you ever dreamed of singing a great old American Songbook Classic in a club setting — singing songs by the Gershwins, Porter or Ellington? Then this is the class for you. Learn how to interpret a song or face your fears of public speaking by singing! No previous performance experience required, but being musical helps! Bring two pieces of sheet music to learn (optional), but familiar tunes will also be provided — for a possible performance!

PD-419

The Big Picture - Your Life as Art Presenter: Ilene Wolf

4 Classes – Fridays from 3:00 PM to 4:30 PM September 14, 21, 28, October 5 - \$20 Room #102D

Participants will cover and review their life experiences through analysis, interpretation, and documentation of the accumulation of experience and insight, all while employing a variety of techniques including oral history, family mythology, writing, photography, and video. Members will leave with a piece that can be personally enjoyed and/or passed along to their families.

Course Descriptions

MU-420

More to "Messiah" Than Meets the Ear

Presenter: Donna Obarowski

4 Classes – Fridays from 3:00 PM to 4:30 PM September 14, 21, 28, October 5 - \$20

Room #203

George Friedrich Handel's Messiah, with its iconic "Hallelujah" chorus, is his masterpiece and, arguably, the most loved and performed of all choral works. The story of its composition (and its composer) is one of the most compelling in music history. Participants will examine and listen in depth to this perennial favorite to explore how Messiah is more than meets the ear!

PD-420 Quid est Veritas? (What is the Truth?)

Presenter: John Westcott 4 Classes – Fridays from 3:00 PM to 4:30 PM October 12, 19, 26, November 2 - \$20 Room #203

Recently a young woman asked a Great Decisions group, "How do I know the truth?" In today's increasing electronic world, we are bombarded with options, conflicting statements, and evidence supporting many positions that impact the lives of seniors. Through open discussion of current events, we will examine research involving recognition of groupthink, will assess facts to back beliefs, and impartially examine science

that has political implications on topics such as global warming, the role of GMO, and organic food population change.

PD-421

Counting Cross Stitch for Beginners

Presenter: Sue Matsuki

4 Classes – Fridays from 3:00 PM to 4:30 PM October 12, 19, 26, November 2 - \$20 Room #321D (3rd fl. Library - take Library elevator to #3, exit right around corner)

How would you like to learn how to make beautiful, homemade Christmas stockings, ornaments, baby gifts or household folklore art pieces in just 4 weeks? Cross-stitching is a dying art form that's making a come-back. Learn the history of this folklore art form that dates back to the 1600s or BT (before television)! Handouts and historic pictures of how cross-stitching has evolved over the years will be shared. All materials will be supplied!

HW-401

Unlocking the Secrets of Health & Longevity Using Ayurveda

Presenter: Dr. Eashwarlall Ramdhani 4 Classes – Fridays from 3:00 PM to 4:30 PM October 12, 19, 26, November 2 - \$20 Room #218

This course introduces the medical system of Ayurveda, to provide personal ways of achieving and maintaining long-term well-being. It will focus on the importance

of Ayurveda in daily living and introduce the importance of diet, rest, exercise, and other lifestyle practices in relation to one's physical and mental constitutions (Doshas). It will also touch on some of the controversies raised with respect to the practice of Ayurveda in the U.S.

CL-408

Basic Conversational Italian

Presenter: Dr. Bart DePetrillo

7 Classes – Fridays from 3:00 PM to 4:30 PM September 21, 28, October 5, 12, 19, 26,

November 2 - \$35

Note: this class begins the second week of fall OLLI session

Room #213

This elementary language course will focus on learning simple Italian expressions, enabling the traveler to ask for basic services. The class will focus on grammar – with homework assignments.

HS-445

Jewelry Archaeology: From the Ancients to the Moderns

Presenter: Connie Scarfone

 $8\ Classes-Fridays\ from\ 3:00\ PM\ to\ 4:30\ PM$ September 14, 21, 28, October 5, 12, 19, 26,

November 2 - \$40 Room #204

Jewelry Archaeology influences the styles and traditions of today's jewelry. This course highlights the connection of all jewelry,



whether precious or fashion jewelry, to the art and usage in ancient civilizations. It will focus on the history of jewelry; a brief background of the Etruscan, Roman, Greek, Egyptian, Scythian, Mesopotamian, and Meso and South American cultures; the lore of gemstones; and the symbols and meanings associated with each. It will be a combination of slide presentations and discussion.

MU-422

Opera: A Passion for the Ages, An International Voyage in the Opera World

Presenter: Nunzio DeFilippis 8 Classes – Fridays from 3:00 PM to 4:30 PM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 Room #201

The course is an international journey of the opera world in multiple times, settings, and languages – covering Daniel Catan's "Il Postino" in Spanish, George Gershwin's "Porgy and Bess" in English, Philip Glass's "Satyagraha" in Sanskrit, Jacques Offenbach's "La belle Helene" in French, Giuseppe Verdi's "La forza del Destino" in Italian, and Richard Wagner's "Parsifal" in German, just to name a few.

VA-413

Cartooning With Grandkids - for Grandparents!

Presenter: Ron Gagliardi 8 Classes – Fridays from 3:00 PM to 4:30 PM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 (supplies) Room #217

General Giggleharty (Ron) will teach you animation and cartooning techniques you can teach to your grandkids. His NUMLET method uses numbers and letters to draw characters. Members will learn how to create professional-looking, one-to-four panel cartoons – just like in the newspaper.



MU-421

Dear Old DAD - Mountain Dulcimer Tuning!

Presenter: Elizabeth Hanahan 8 Classes – Fridays from 3:00 PM to 4:30 PM September 21, 28, October 5, 12, 19, 26, November 2, 9 - \$40 (instruments not provided)

Note: this class begins the second week of fall OLLI session and ends one week later

Room #227G (2nd fl. Library - take stairs or elevator to #2 and follow signs to Math Tutor Room)

For those who have taken Bump Diddy Strum (mountain dulcimer instrument) or who have basic knowledge of reading TAB, fingering and strumming on the mountain dulcimer, participants will learn to play in DAD tuning, the most commonly used tuning at festivals and jams today – along with learning new techniques like finger and flat picking.

"A return to my youth in a subject I had always loved."

CE-003

Medicare and You: Putting Together Your Retirement & Estate Planning Puzzle

Presenter: Michael Regan and Guest Speakers 8 Classes – Fridays from 3:00 PM to 4:30 PM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 Room #333

Presenter and guest speakers – WCAAA, Waterbury YMCA, a local Attorney and Social Security representative – will focus on highlights of your retirement years, briefly covering aspects of Medicare, Social Security, long term healthcare and annuities, along with insurance fraud and complaints, to make sure you have your affairs in order for a safe, sound retirement plan.

MU-419

Introduction to Black Music - The Ecstatic Presentation

Presenter: Mark Bassell 8 Classes – Fridays from 3:00 PM to 4:30 PM September 14, 21, 28, October 5, 12, 19, 26, November 2 - \$40 Room #210

This class will focus on jazz, blues, and gospel music of the U.S., parts of Africa, Latin America, the Middle East, India, and Klezmer music, with a mini-focus on Reggae and Jamaican gospel music.

Fall 2012 Presenters

INTRODUCING THE FALL 2012 PRESENTERS

Peter Anderheggen & Michaela Hauser-Wagner are both nationally certified teachers of the Alexander Technique. Peter taught writing and public speaking at the college level for 30 years and has also taught Hatha Yoga. Michaela studied the Alexander Technique to support her daughter's scoliosis treatment and is also a speech language pathologist.

Chris Baliko is an accredited organic land care professional and a member of the Northeast Organic Farming Association. He has a BS from the University of Connecticut and is co-founder of Growing Solutions, LLC, an organic land care company.

Donna Bonasera is Director of CT Dance Theatre, Inc. She is one of the few Americans to receive a diploma in the Vaganova Method of Classical Ballet while studying in Russia. She is the state director for National Dance Week and is recognized nationally and internationally for training high-caliber dancers and for her choreography in ballet and musical theater.

Mark Bassell is a former trumpet player with a massive record collection! His interest in music started when he was young as he grew up with many musical friends – some of whom became internationally known.

William Blair is a long-time OLLI presenter who has various degrees in English and Anthropology.

Dr. Leon Bock was a teacher of history, political science and education at the high school and college levels. He earned an MA and an EdD from Columbia University and was a high school principal and superintendent of schools.

Rev. James Bradley holds a BA in English/ Political Science, a Master of Theological Studies, a Master of Divinity, and a Doctorate of Ministry, and was ordained an Episcopal Priest. He was the Rector of St. John's in Waterbury for 21 years.

Gabriella Brand attended the University of Neuchatel, Switzerland and holds an MA from Middlebury College. She has taught several modern languages along with Latin and also served as a school administrator in several private schools.

Dr. Virginia Bush attended Wellesley College, received her PhD from Columbia University, and is a Fellow of the American Academy in Rome. She has taught in NY, NJ, and CT, has authored several articles on Italian Renaissance art history, and has worked in art galleries and art administration. Her travels have garnered a collection of about 30,000 art images.

Rose-Ann Chrzanowski has 34 years of experience teaching art at the elementary, middle, and high school levels. She is currently a part-time professor in the Quinnipiac Master of Arts teaching program.

James Coleman, Sr. is an independent financial advisor and author, and has hosted numerous radio talk shows (All About Money, on WATR). He is the current president of the Connecticut Chapter of SOFA (Society for Financial Awareness).

Mary Conseur has 20 years' experience teaching French to teens and adults. She holds an MA in French from Purdue University and studied French at the University of Fribourg, Switzerland. She currently teaches at the Education Connection and enjoys traveling to French-speaking countries.

Maryellen Considine, EdD is an exhibiting artist whose work has been shown throughout Connecticut, New York, and North Carolina. She holds a doctorate in art education with a concentration in painting from Columbia University (see wardnasse.org.)

Julie Cook studied piano at Hartt School of Music and has taught for 26 years at her studios in Newtown and Woodbury. She facilitates music workshops for the purpose of health and self-expression, and is a facilitator of Music for People.

William Courtland researches and teaches the principles of Chinese Medicine and its mind-body relationship. He is a faculty member of the CT Center for Massage Therapy where he teaches courses in Acupressure and the principles of Chinese Medicine.

Deneen Datcher has been an artist and teacher since 1982, teaching at the high school and community college levels, and has conducted seminars in Connecticut, New York, Vermont, and New Hampshire.

Barry Davis is a graduate of C.W. Post College. He taught American History, Principles of American Foreign Policy, and Political Science for 31 years. He then created Small Business Computing, LLC, designing and writing custom software.

Dr. Maria Decsy is a professor of World Religions, and Human Biology. She holds an MA in Pastoral Ministry and Spirituality, a PhD in Biochemistry, and a Certificate in Spiritual Direction. She teaches World Religions at Manchester Community College, at retreat centers and at the women's prison.



Nunzio De Filippis holds a degree in Political Science and doctoral credits from the CUNY Graduate Center. A businessman for 35 years, he began teaching opera at the age of 51 to share his lifelong passion for the subject. He has been featured in the New York Times and the Daily News, and he has been recognized by New York's Governor George Pataki.

Dr. Bart DePetrillo, a native of Italy, has spent most of his adult life in Waterbury where he practiced obstetrics and gynecology for more than 30 years. Since his retirement, he has devoted his time to promoting Italian culture by teaching the Italian language and lecturing extensively on historic and artistic topics.

Cheryl DiRollo completed an Interior Decorating internship at a local Southbury business and has worked in advertising. She enjoys decorating on a budget, has decorated several homes, and loves the challenge of difficult spaces and selecting colors.

Cindy Eastman holds a Master's degree in Education and teaches English at Naugatuck Valley Community College. She has also taught K-I2 students in computer lab, technology, career skills, and multicultural education, and has delivered professional development to K-I2 teachers.

Sandra Ebner is an award-winning poet whose book, The Space Between, was published in 2000. She is also featured in The Poetry of Nursing, Poems and Commentaries of Leading Nurse Poets, published by Kent State University Press.

Peter Freeman has 33 years' experience teaching adults in the corporate world, including being the director of claim education for a well-known insurance company. He holds a BA from the University of Vermont and was an officer in the U.S. Army. He currently manages the Computer Learning Center at Southington's Sr. Center.

Sheila Waters Fucci earned her BFA in dance from the Boston Conservatory of Music. She has performed, choreographed, and directed for community theaters throughout MA and CT, including The Warner Theatre, Thomaston Opera House, and Salisbury Players. She teaches Musical Theater and Tap at the Warner Theatre, Deborah's Dance Workshop, and CT Dance Theatre.

Kathleen Greco is a certified Yoga instructor registered with Yoga Alliance. She is known for her ability to be creative as she designs variations of the traditional postures, accommodating diverse needs and capabilities, and has made Yoga a life-long practice.

Elizabeth Hanahan is a retired public school teacher. She has taught dulcimer to adults at Folkcraft Music in Winsted, CT and at an area dulcimer festival. She has also performed at area nursing homes and for Branford Hospice.

Dr. Arnold Heiser is an Emeritus Professor of Astronomy at Vanderbilt University. His research papers have appeared in the Journal of the AAVSO and in the Bulletin of the American Astronomical Society.

Edward Hyland graduated from Sacred Heart High, Waterbury, and holds a BA from St. Bonaventure University. He has been involved in hospital ministry, education, and was a pastor. With an interest in railroading and model railroads, he has also traveled the U.S. on Amtrak!

Judy Jaworski has taught art for more than 40 years, after attending RISD. Judy was listed in the Artists' Bank at the CT Commission on the Arts and her paintings have been exhibited throughout Connecticut.

Barclay Johnson is an Emeritus teacher of English at Taft School, and a creative writing teacher at Post College. He holds a BA from Middlebury College, an MA from Trinity College, along with CAS graduate credits from Wesleyan University.

Jeremy Joyell, a Waterbury native, taught English at both the high school and college levels. He earned a BA in English from UConn, an MS from the University of Hartford, and graduate credits from Trinity College, CCSU, University of Hartford, and URI.

Jessica Kott holds a Certified Financial Planner certification, has worked in the financial services industry for 29 years, and has experience in private-bank lending and management of investment portfolios. She is currently an executive committee member at the Mattatuck Museum Arts & History Center.



Leslie Lebl is a former U.S. diplomat who served with NATO in Bosnia and was then a minister-counselor for political affairs at the U.S. Mission to the EU in Brussels, Belgium. She is writing a book on the EU, the Muslim Brotherhood and the OIC, and a monograph on the impact of growing Muslim populations on European security policy.

Sue Matsuki, is a 20-year Jazz/Cabaret Singing veteran, having played in legendary NYC jazz clubs — The Village Gate, The Iridium, Birdland, and Sweet Rhythm. She has also performed at Feinstein's at the Regency, The Metropolitan Room, and The Laurie Beechman Theatre.

Jean McGavin is co-founder of www. storychip.com and also owns Global Voice Systems, Inc. She spent ten years working in the New York City Theater after earning a BA in Intellectual History and an MFA in Theatre Design.

Sandra Noel is Director of Congregational Care and Sr. Ministry at Bethany Covenant Church. She integrates the study of aging, counseling and spirituality, and uses the life story writing process in her care-giving work. She is a member of the American Society on Aging, Forum on Religion, Spirituality and Aging, and CT Gerontology Consortium.

Fall 2012 Presenters

"Wonderful opportunity to learn – and use the knowledge!"

Donna Obarowski, a UConn graduate, has been Minister of Music at several greater Waterbury churches, as well as an instructor for the Foothills Adult Education program.

Penny O'Connell has a BA in Political Science, and is a retired Ancient World, European and American history teacher. She has spent years trying to unravel the mysteries of our historical past and is delighted to share her discoveries with those who have inquiring minds.

Cynthia Paolino, owner of Cynusura Yoga is an alliance-certified and registered teacher of adults and children. Her approach to practicing and teaching draws on several styles and traditions, and she is known for her unique ability to bring balance of mind, body and spirit. Along with the healing practice of yoga, she is also a Reiki Practitioner.

Dr. Eashwarlall Ramdhani is a dedicated doctor in the practice of Health and Alternative Medicine. He has taught programs at prominent schools and colleges in Guyana, South America. A member of the American Alternative Medical Association, he is currently pursuing post-graduate research studies in Traditional Chinese Medicine.

Michael Regan hosts a talk show, "Medicare and You" on WATR, and is owner of G.S. Regan Inc. Insurance. He holds a BS from Wesley College and a BA in Dramatic Arts. His classes will feature guest speakers on specific retirement topics.

Dr. David Reed retired from the practice of medicine after 45 years. He has always had an interest in Russian and Eastern European history. He has visited Russia on several occasions and has recently completed a book, The Czechoslovak Legion and the Russian Civil War (unpublished).

Dr. Carol Rizzolo retired after a 25-year career as a Physician's Assistant and recently earned her PhD in Mythological Studies with an emphasis in Depth Psychology. The mother of three, Carol enjoys bicycling and kayaking, along with playing the concert harp, classical guitar, and piano.

Gary Ruggeri attended Sacred Heart in Waterbury, received a degree in Education from SCSU, and taught biology and the sciences at Northwest Catholic High School, Wethersfield High School, and at Briarwood College.

Concetta Scarfone has a BA in Natural Sciences from CCSU and an MBA in Healthcare and Global Management. She teaches Italian at Wilby High School and Spanish at Post University. Fluent in Spanish and Italian, her annual travels to Italy focus on the culture and on archaeological research.

Barbara Schafer is a graduate of the Unity School of Christianity, St. Joseph's Hospital, Wilkes University and the University of Pittsburgh. A certified Licensed Unity Teacher, she is also a Reiki Master Teacher, and has her own private practice while volunteering at Griffin Hospital and Cancer Center.

Jane Sirignano is a Food for Life Nutrition & Cooking instructor, has a diploma in nutrition, and has managed a natural foods store. She has worked with the Coronary Health Improvement Project (CHIP), where reversal of Type 2 diabetes was a focus.

Diane Stone spent 30 years traveling the world for business and pleasure and realized how much her European History academic background enriched her travels. She majored in History at Queens College and holds a Master's in European History from the University of Michigan.



Dr. Raymond Sullivan, a retired surgeon with a passion for New England history, is presenting Democracy in American Puritanism and is also coordinating the Medically Speaking course with a group of medical professionals. Dr. Michael David Angelicola is a retired medical doctor, with a BS in Biology from Boston College and an MD from Tufts Medical School. Terri Cyr, O.D., currently practices eye care in Wallingford. Jaye Howes, MSN, is a Master's-prepared Nurse Practitioner with more than 30 years in the nursing field. Arvind Shah, M.D., of Bombay, India, is a member of the Royal College of Psychiatrists and holds an M.R.C. degree in Psychology from the University of London. Douglas Welsh, PhD, attended Boston College and earned his Master's and Doctoral degrees from Rutgers University.

John Westcott has taught middle-school children and has made many presentations on worldwide issues to adult groups in the corporate world when he worked with a major Fortune 500 corporation. He holds BS and MS degrees in Horticulture, and minored in Foreign Service.

Susan Wolanic has been teaching watercolor classes for more than 40 years — at the high school level, in private classes and workshops. A graduate of Paier College of Art, she is a member of the CT Watercolor Society and several art leagues.

Ilene Wolf was a newspaper reporter at several CT dailies and the A.P. wire service. She holds a degree in Gerontology and was program director at the Cheshire Sr. Center. She teaches adult education classes and also produces Finding Center, a public access program.

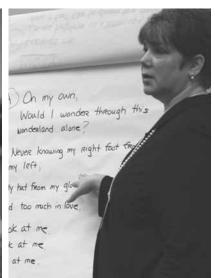
Irene Zemaitaitis was born in Lithuania and lived and attended schools in Germany. She earned a BA in English and German from UConn and a Master's in Education from SCSU. She taught English and German in Lithuania and taught English at the Third Age University for Senior Citizens.

Being a Course Presenter

for the Osher Lifelong Learning Institute (OLLI) at the University of Connecticut, Waterbury Campus









OLLI Courses are generally led by retired, semi-retired and working educators, professionals, entrepreneurs, artists, writers, and others.

- Share your passion on a topic or set of topics
- · Inspire others to learn and explore
- Engage with peers and community members
- Lead learners without the administrative burdens of traditional teaching (reading papers/homework, calculating grades, etc.)
- Develop innovative, interesting, and compelling learning experiences

- Utilize the campus infrastructure to deliver enriching experiences for older adult learners and yourself—without the pressures of homework or testing
- Explore topics with other learners and create a laboratory for new ideas
- Join a national movement of adult learners at the first and only Osher Institute in Connecticut
- Receive classroom information technology assistance

Some of the perks . . .

- free Basic OLLI membership
- One free OLLI course
- reasonable supplies and equipment for course instruction
- · UConn parking pass
- Presenter events
- Presenter Honoraria

TIME TO THINK ABOUT WINTER / SPRING / SUMMER 2013!

Winter Session - Five Fridays from January 18 to February 15 (snow date, February 22)
Pilot Spring Session - Ten Fridays from March 1 to May 10 (no classes on March 29)
Summer Session - Tuesdays, Wednesdays, Thursdays, June 4 to 27
FINAL Deadline for ALL course proposals - Friday, October 19, 2012
Please contact us if you would like to present a Winter/Spring/Summer 2013 course!
Call 203-236-9808 or email: osher@uconn.edu

OLLI Lunchtime Happenings

OLLI CAFE • OLLI CLASSES • MATTATUCK MUSEUM TRILOGY • OLLI CLUBS

OLLI Café is a venue for the exchange of ideas and experiences focusing on improving the quality of life. The goal of OLLI Café is to present a potpourri of presentations and activities that provide information and new knowledge to OLLI members.

Bring your lunch and we will provide the coffee and fruit! OLLI Café presentations are open to all OLLI members. These are not courses—OLLI Café is one of the benefits of your annual OLLI membership. Pre-registration is not required. The weekly event features a guest speaker followed by a short Q&A session.

Fridays—Room #119 • 11:30 − 12:00 Lunch • 12:00 − 1:00 Speaker Presentation

SEPTEMBER 14

A Humanitarian's Journey

Follow the steps of my humanitarian work with children in Central and South America — working with seven foreign foster children who received life-saving surgeries here in the U.S., to my thirteen surgical missions to Ecuador, Colombia, Guatemala and Paraguay, to the founding of my own free children's clinic, Clinica Dulce Refugio, in Riobamba, Ecuador.

Paul R. Martel is the Founder & President of YHB Investment Advisors, Inc. in West Hartford, and has been doing humanitarian work for nearly 15 years. He is the author of To the Least of These My Brothers and founder of Fundacion Internacional Buen Samaritano Paul Martel in Ecuador and founder of Clinica Dulce Refugio in Riobamba. Since its inception in 2007, the clinic has treated over 10,000 needy children.

SEPTEMBER 21

Turtles of Connecticut

The U.S. has more native turtle species than any other country (there are 12 species in CT alone) yet many are becoming rare. Come hear all about Connecticut's native turtle species, the conservation issues pertaining to turtles in our state and what is being done as a result of last year's CT Department of Environmental Protection initiative, in which state and federal wildlife agencies, along with several conservation and turtle organizations partnered to help spread the word about the plight of turtles.

Laura Saucier is a wildlife technician with the DEEP Wildlife Division in Burlington, CT. She works with reptiles, amphibians and invertebrates, and most of her time is devoted to documenting rare and declining species across the state. Laura is also a UConn graduate!

SEPTEMBER 28

Collecting Coins for Fun & Profit

Numismatics is the study of coins, medals and paper money. Learn the difference between all three, along with the history of American coins, how to develop a collection, and where to buy and sell your collection. Participants can arrange for an informal evaluation session of their collections with the presenter at a later time.

Bob Hewey has been collecting coins since 1958. He is a member of the American Numismatic Association and New England Numismatic Association, as well as local coin clubs. He has taken courses on coin grading and counterfeit identification. He is retired from Hartford Financial Services Group.

OCTOBER 5

American to the Backbone - the Story of the Fugitive Slave Who Helped Shape America

Based on the book by the same title, this presentation is the story of James Pennington, a man who escaped from slavery at the age of 19. He was illiterate, but within five years, became a school teacher and was ordained to

the Congregational Church ministry ten years later, after becoming the first black student at Yale. He wrote the first black history, founded the first black missionary society, served churches in Hartford and New York City, and helped integrate the NYC street car system.

Christopher Webber is an Episcopal priest and author of some thirty books on a variety of subjects ranging from marriage to Beowulf. He has served churches in Brooklyn, Bronxville, and in Tokyo, and currently serves on a part-time basis in a small church in Bantam, CT. He spent over five years doing research for this book and will sell his books after the talk.

OCTOBER 12

Waterbury Postcards - Hidden Connections

How is Mark Twain connected to the horse fountain on the Waterbury green? How are the series of vintage postcards from all over New England connected to the Elton Hotel in Waterbury? Did James Thurber set one of his most famous works in that hotel?

Mark Heiss and John Wiehn, both local residents, will expand upon their book, Waterbury 1890-1930: A Postcard History to reveal the hidden connections in a presentation featuring the period images captured on vintage postcards — as well as showing a small display from their collection. Both passionate collectors of local history, Heiss and Wiehn will have copies of their book for sale.

OCTOBER 19

What to See on Broadway?

Do you struggle over which Broadway show to see? Will it be worth the money you spend? Stuart Brown, theater critic and host of a weekly Broadway radio program, will give his view on what's worth seeing on Broadway and how to do it cheaply.

Dr. Stuart Brown is the Director of Student Services at the Waterbury Campus of UConn. He hosts a weekly Broadway music radio show and writes a theatrical blog. He has previously taught OLLI courses on Richard Rodgers, Cole Porter and Irving Berlin.

OCTOBER 26

Bell Music for a Fall Day!

Enjoy a different kind of music performed by the Litchfield County Bell Ringers – with a mix of classical, spiritual, folk and pop songs. The group plays a 4-octive set of Schulmerich hand bells and the sounds will mesmerize and delight everyone.

Litchfield County Bell Ringers, a volunteer group of music lovers, is in its

fourth year of bringing the sparkling sound of hand-bell music to audiences throughout

the Northwest Corner. A diverse group of either 6 or 12 ringers, they have performed at weddings and memorials, charity events, and for retirement communities in the area.

NOVEMBER 2

Bravo Waterbury - Playing Music, Building Futures!

From Venezuela to the United States, Bravo Waterbury! is an El Sistema inspired music program launched in fall 2012 at Children's Community School in Waterbury. Bravo Director Calida Jones, WSO Conductor Leif Bjaland, and WSO Executive Director Steve Collins traveled to Venezuela in June for 12 days to work in a "nucleo" in Acarigua. Come hear the trio's exciting experiences in the beautiful country of Venezuela!

Calida Jones is the newly appointed Program Director for Bravo Waterbury! She was previously the Director of the Blue Hills Suzuki Violin Program in Hartford and is an accomplished violinist and teacher.

Leif Bjaland is Music Director of the WSO. He has gained national recognition as an orchestra builder and for his innovative programming. He serves as Artistic Advisor to the Southwest Florida Symphony Orchestra.

Steve Collins is Executive Director of the WSO and was previously its Principal Timpanist. He performs with the New Haven, Hartford, and Greater Bridgeport Symphony Orchestras, Goodspeed Musicals, and varied chamber ensembles across the tri-state area.



OLLI LUNCHTIME CLASSES 11:40 AM - 1:00 PM

CE-002

Muslims, Islamism, and European Security Policy Leslie Lebl (see page 17 for details)

PD-418

Connecting to Your Inner Artist Rose-Ann Chrzanowski (see page 17 for details)

HW-417

Think Young - Balance,
Posture, and Beyond
Peter Anderheggen & Michaela Hauser-Wagner (see page 18 for details)

HS-442

Current Constitutional Issues - Preparing for the 2012 Election!
Barry Davis (see page 18 for details)

PD-414

Passport to Retirement –
Is Your Money Ready?
James Coleman (see page 18 for details)

ID-001

Home Interior Decorating for Beginners Cheryl DiRollo (see page 18 for details)

LW-420

Story Chip - Bet You Can't Read (or write) Just One! Jean McGavin (see page 18 for details)

LW-419(B)

It's Miller Time -Arthur Miller, that is! William Blair (see page 18 for details)

VA-407

Come to the Artist's Studio
Dr. Maryellen Considine (see page 19 for details)

LW-406

From the Bard to Frost: Let the Great Poets Speak to You Jeremy Joyell (see page 19 for details)

PR-411

Blame it on Abraham! Dr. Maria Decsy (see page 19 for details)

MS-411

Basic Astronomy: The Sun, Stars, and the Planets Gary Ruggeri (see page 19 for details)

MU-416

Bump Diddy Strum -Learn the Mountain Dulcimer Elizabeth Hanahan (see page 19 for details)

OLLI Lunchtime Happenings

OLLI CAFE • OLLI CLASSES • MATTATUCK MUSEUM TRILOGY • LIBRARY WORKSHOPS

VOLUNTEERISM



Did you know that volunteering may just be the next miracle treatment for longevity?

Studies have shown that people who volunteer for selfless reasons, such as helping others, live longer than those who don't lend a helping hand. OLLI programs rely on member-volunteers to keep things running smoothly, efficiently and at the lowest cost possible. We encourage OLLI members who enjoy their time here at UConn to volunteer for any of the five standing committees – Curriculum, Membership, Communications (newsletter), Travel, and the Editorial Board (publishes "Voices and Visions"). Please consider joining a committee! But there is another way to volunteer because there is a need, as well, for "once-in-a-while" volunteers to keep operations running seamlessly. The "Very Involved People" (VIP) program is intended for members who are willing to sign up for a minimal, once-per-session stint to help out at our gathering times, or special events. On an occasional basis, workers are needed for registration and mailing activities, refreshments, table set-ups (and break-downs) at lectures, and as greeters at our Open House. Doesn't this sound like the ideal way to assist with our program without a time-consuming commitment?

OLLI is always looking for volunteers. It's easy to sign up on OLLI Fridays, or on the registration form, or by calling 203-236-9924. With your help we can make volunteerism the heartbeat of the OLLI program. Think about it...then do it!

OLLI BOOK CLUB



The OLLI Book Club will discuss book selections on the third Monday of each month. Participation is open to all current OLLI members and book readings and selections will be decided by the group. Snacks can be shared during the open discussions. Contact Nancy Via at nvia@sbcglobal.net. Happy Reading!

OLLI POETRY COFFE HOUSE AT JOHN BALE BOOKSTORE & CAFÉ

Do you write poetry and are you looking for a venue to read it aloud, and perhaps get some friendly feedback?

Do you have a favorite poet you'd like to share? Or do you just want to have a cup of coffee and listen to poetry and prose read aloud in a cozy atmosphere? Join us at this open mic opportunity to share with other OLLI literary enthusiasts. The club will meet at John Bale Bookstore & Cafe on the second Friday of each month at 10:00 AM. Beverages, snacks, sandwiches, etc., are available for purchase. John Bale Bookstore is just a few blocks from UConn. You can walk from campus or use the meters, garages, or lots in the Grand Street area. Contact Denise Whelan, deniseawhelan@yahoo.com for more information.

First Coffee House will be October 12, 2012.



MATTATUCK MUSEUM PRESENTS LUNCH & LEARN TRILOGY

See Registration Form to sign up for one or all of the Lunch & Learn Trilogy sessions.



Museum Tours: 11:30 AM - 12:30 PM

12:30 PM - Continue the discussion over lunch! Boxed lunches must be pre-ordered ONE WEEK AHEAD OF EACH EVENT. Lunch includes a sandwich, your choice of cookie or chips and a drink for \$8.50 Call 203.753.0381 ext. 10 to pre-order lunch.







Beatrice Cuming, Saturday Night New London, (Lyman Allyn Museum)

A Matter of Taste - Pastel Society Art Show with OLLI Member and docent, Judy Kollias

Wednesday, October 3, 2012 Museum Tour: 11:30 AM to 12:30 PM

Why are we drawn to certain works of art and not others? Participants will be invited to select their favorite works as Ms. Kollias leads an exploration of what makes a work of art appealing, compelling and memorable.

Freemasonry in Waterbury: The Centennial Celebration of Waterbury's Masonic Temple with Michael Forino

Wednesday, October 10, 2012 Museum Tour: 11:30 AM to 12:30 PM

Freemason Michael Forino, historian and curatorial assistant at the Mattatuck Museum, will present a history of Freemasonry in Waterbury, beginning with the establishment of the area's first Masonic Lodge in 1797. The talk will focus on Freemasonry's rapid growth in the late nineteenth century, as well as the construction of the Waterbury Masonic Temple in 1912, which is now home to the Mattatuck Museum. The program includes a walking tour of the museum, explaining the building's original use, symbolism and architecture.

The Federal Art Project in Connecticut with Museum Curator, Cynthia Roznoy

Wednesday, October 17, 2012 Museum Tour: 11:30 AM to 12:30 PM

In the 1930s, President Roosevelt's New Deal Administration instituted work relief programs to create jobs of every sector of the economy. The Federal Art Project put visual artists to work; in Connecticut 169 artists produced murals, easel paintings, and documented American craft for the Index of American Design. Join curator Cynthia Roznoy for a gallery tour of this exhibition that includes samples of each aspect of the Federal Art Project.

OLLI Travel

Enjoy day and overnight excursions with OLLI members, planned by the OLLI Travel Committee and Friendship Tours. If you have suggestions for future trips, leave them in the Suggestion Boxes at OLLI Information Table addressed to the Travel Committee. Join us for OLLI Travel and learn about new and old places waiting to be explored. For more information see "Registration Info for OLLI Travelers" at the bottom of this Travel Page.





Kykuit (Rockefeller Estate) & Union Church, Hudson River Valley, NY

Thursday, October 18, 2012 – Member Price, \$61

Includes bus transportation, admission and docent-led tour at Kykuit and Union Church, tour director, and all gratuities. Lunch on your own at the Eldorado Diner in Tarrytown.

Bus leaves Waterbury Hamilton Ave. Commuter Parking Lot at 7:45 AM - Return ETA: 5:00 PM

Home to four generations of the Rockefeller family, Kykuit commands a breathtaking view of the Hudson River, with stone terraces, formal gardens, and glorious fountains. The guided tour will take in the gardens of Nelson Rockefeller's extraordinary sculpture collection, including works by Moore, Calder, Nevelson, and Picasso. The house is furnished with antiques, fine ceramics, and paintings, and the coach barn houses vintage automobiles and carriages. Enjoy the after lunch tour of Union Church in Pocantico Hills, with its stained glass windows by Marc Chagall and Henri Matisse that create dramatic combinations of light and color in the small country church.

OVERNIGHT EXCURSION

Abundant Riches of 1,000 Island

Monday, June 3 to Wednesday, June 5, 2013 - Member Price, \$471.00

Includes deluxe motor coach, 2 night accommodations, 2 breakfasts, 2 dinners, sightseeing and admissions as per itinerary, tour director, and ALL gratuities.

Bus leaves Waterbury Hamilton Ave. Commuter Parking Lot at 7:30 AM

Discover the Saint Lawrence Seaway and enjoy the late spring beauty of 1,000 Islands accompanied by a Friendship Tours' presentation. The 2-night, 3-day trip includes visits and tours of extravagant estates on the scenic islands, including Boldt Castle, the showcase of the owners of the New York Waldorf Astoria hotel. The beautiful Riveredge Resort provides majestic views of the castles and the seaway. Breakfasts and dinners are included. Passports not required. In addition to visiting and touring millionaire's row, enjoy a tour and tasting at a famous winery along with an antique boat museum. Come enjoy the wonders of the islands, and the company of OLLI friends!



Trips are open to current OLLI members on a first-come, first-served basis. They become open to non-members, if room allows on September 14, 2012 for a surcharge of \$10 for day trips and \$20 for overnight excursions. For reservations or questions, call Ben at Friendship Tours, 860-263-0174 for Day Trips - call 860-243-1630 for Overnight Excursions (not the OLLI Office). Once registered by phone, mail individual checks for each trip made out to Friendship Tours, 533 Cottage Grove Rd., Bloomfield, CT 06002 (ATTN: Ben). When check is received by Friendship Tours, you will

receive mail confirmation with information for your trip. If you have any special needs or handicaps, please advise Friendship Tours when you sign up. Please note: trip fees are non refundable unless a substitute is

available on the waiting list. Parking for pick-up and delivery at Hamilton Avenue - ONLY!

Events Open to the Public FALL 2012

Please register for these events on membership registration form.

OLLI FOR A DAY - OPEN HOUSE



9:00 AM - 10:00 AM - Continental Breakfast, Fall Registration (room #218) and Information Tables.

10:00 AM - Keynote Speaker (multipurpose room)

Brain Health and Aging Positively with Laura K.M. Donorfio, Ph.D. We are never too young or old to commit to challenging our brain's capacity to reach its maximum potential. Years ago, science and medicine held claim that our brains were unalterable. Today, science has reversed those widely held beliefs and claim that our brains continue to grow, change, and form new complex connections throughout our lives. Hear some of the new discoveries made in the area of brain and health and how they relate to our longevity and positive aging, and learn about the complexities of the brain and how you can contribute to building new brain cells of your own!

Laura K.M. Donorfio, Ph.D., is an associate professor at UConn's Department of Human Development and Family Studies. She currently holds a visiting scientist appointment at the MIT AgeLab. Her research interests address "later life dependencies," specifically older driver research and informal family caregiving. Her most recent research interests involve gerontological education, intergenerational engagement, and lifelong learning. Her research has been published in several journals related to aging. She has appeared on CTN and Public Radio, and is included in the Association for Gerontology as Higher Education's Distinguished Teacher. Dr. Donorfio is the faculty liaison for the University's Osher Lifelong Learning Institute.

Visit Committee tables and Community Partners in the main concourse, and OLLI on-site registration in room #218 (second floor).

12:00 Noon – Bring your own lunch or enjoy a special OLLI discount lunch at participating downtown restaurants. Details provided at Open House.

BRING YOUR POST CARD INVITATION FOR A DRAWING TO WIN AN ANNUAL MEMBERSHIP!

Wednesday, August 15, 2012, 9:00 AM — 3:00 PM

Calling all former, current, and future OLLI Members! This event is open to the general public. OLLI members are encouraged to attend and bring their friends. Attendees will be eligible to enter a drawing for a free OLLI membership! Bring your post card invitation and drop it in the silver box!

JOIN US FOR A DAY OF BRAIN HEALTH

YOUR CHOICE OF FOUR AFTERNOON PROGRAMS! 1:30 PM

A Healthy Heart is a Healthy Brain! Room #201 (Option A on registration form)

The Brain's function as our "Mind" has an important relationship to the Heart in Chinese Medicine that tells us, "the Mind is in the Heart" as well as in the Brain. To maintain the health of the Brain's Mind, it is said one must also support the Heart's Mind because it is not possible to separate the health of the Mind from the health of the Heart.

William Courtland researches and teaches the principles of Chinese Medicine and its mind-body relationship. He is a faculty member of the CT Center for Massage Therapy where he teaches courses in Acupressure and the principles of Chinese Medicine and also a returning OLLI presenter.

Composing a Creative Life on Purpose! Room #333 (Option B on registration form)

Imagine, connect and act on purpose to create the life you want to lead. Explore creativity and apply your imagination to rediscovering your purpose - and life - as a creative act. Learn strategies for creative thinking, discover new connections between your creativy and your purpose, and learn to think in new ways about your possibilities and challenges.

Steve Dahlberg heads the International Centre for Creativity and Imagination, is vice president of innovation for Future Workplace, and teaches Creativity & Social Change at UConn.

Sharpen the Senses and Have Fun Acting!

Room #102 (Option C on registration form)

Play-acting to focus on modes of communication - interpreting what we see before adding language. This workshop will capsulise the visual-to-audio trail of communication, sharpening the ability to interpret what we see and hear. Come have fun!

Aleta Staton has acting and directing experience and has taught theater to students of all ages. She holds a BA in Theater from Wesleyan University and an MA in Arts Administration from Goucher College in Baltimore, MD. Damone McCollum is a producer, director, actor and entrepreneur who has performed with such luminaries as Denzel Washington, Ice T, Jeffrey Wright and teen idol, Usher.

Super Foods for the Brain! Room #119 (Option D on registration form)

Don't lose your brain power as you age. Learn what foods help to preserve brain power and which ones can worsen brain functioning. Current research gives insights into simple choices that can make a difference.

Jane Sirignano is a Food for Life Nutrition & Cooking instructor, has a diploma in nutrition, and has managed a natural foods store. She has worked with the Coronary Health Improvement Project (CHIP), where reversal of Type 2 diabetes was a focus.

VISIT THE UCONN CO-OP TO PURCHASE THE NEW OLLI SWEATSHIRT!

Events Open to the Public

Events open to the public include celebrations, film premiers, author talks, special lectures, and other programs.

VETERANS DAY

FOOD JUSTICE

AUTHOR TALK



Afternoon Cabaret: Celebrating Veterans and Their Families Through Song

Friday, November 9, 2012 from 1:00 PM to 2:30 PM, Multipurpose Room Sue Matsuki, Producer and Special Guest from NYC Cabaret! Light refreshments will be served.

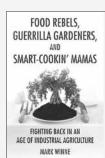
Please join us for our fourth annual Veteran's Day Celebration. This program will feature performances by OLLI members and special guests. The program of music will include selections that honor the lives and times of service of Veterans throughout modern history.

Sue Matsuki, a Waterbury native, is an 8-time Manhattan Area Cabaret Award winning performer. This 24-year veteran Cabaret/Jazz singer and comedian has played legendary NYC jazz clubs and has also appeared in Las Vegas, Alaska, California, Florida, Pennsylvania, and Connecticut. She has performed at the Metropolitan Opera and is also a producer, writer, reviewer, Cabaret teacher, serves on the MAC Board of Directors as the Treasurer, and is an award-winning songwriter.

Food Justice in Urban Connecticut

Co-sponsored by Urban and Community Studies, Brass City Harvest, and OLLI at UConn Tuesday, October 9, 2012 Multipurpose Room, 12:30 PM Light refreshments will be served.

Mark Winne, author of Food Rebels, Guerrilla Gardeners, and Smart Cookin' Mamas, along with Closing the Food Gap, will speak on the topic of Food Justice. This event is part of a year-long focus on aspects of this critical issue. Practices and experiences from other communities will be shared and discussed.



Winne was Executive Director of the Hartford Food System, a non-profit agency that works on food and hunger issues in that area. He organized community self-help food projects to assist the city's lower

income and elderly residents, helped with development of commercial food businesses, the CT Farmers' Market Nutrition Program, a large community-supported agriculture farm, a food bank, and a neighborhood supermarket. Mark currently writes, speaks, and consults on topics including hunger and food insecurity, local agriculture, and community food assessment. Books will be available for sale.

Hello, Gorgeous...

Author: William Mann Tuesday, October 16, 2012 from 4:00 PM to 5:30 PM, Multipurpose Room Light refreshments will be served.

In 1960, Barbra Streisand was just a 17-year-old



lewish kid with plenty of talent and even more ambition. She later took over Broadway as the star of Funny Girl and had three platinum albums. In Hello, Gorgeous, Mann charts that climb to fame. He takes us back to her formative years: her relationship with her mother, her early lovers, and her husband, Elliott Gould. With access to the previously sealed private collections of Jerome Robbins, Bob Fosse, and many others, Mann lays out the first-ever accurate account of the making of Funny Girl, fills in an incomplete record of Streisand's early nightclub and television appearances, and takes us behind the scenes of the canny marketing team whose strategies made her stardom seem inevitable. Certainly, OLLI members will remember when the phenomenon of Barbra Streisand rewrote all the rules of stardom. In this intimate portrait, Mann incisively illuminates the woman before she became the icon.

William Mann, author of Kate, the Woman Who Was Hepburn and How to be a Movie Star, Elizabeth Taylor in Hollywood, returns to OLLI for a third time to delight the audience with his literary encounter of yet another star! Books will be available for sale.

NATIONAL ITALIAN-AMERICAN HERITAGE DAY

Italians and the Holocaust the History of Italian Shindler, Giorgio Perlasca

Guest Speaker - Dr. Bart DePetrillo

Wednesday, October 10, 2012 from 1:00 PM — 2:30 PM, Multipurpose Room Light refreshments will be served. It is the perception among the general public that Italy, being an allied and co-belligerent with Germany, and having enacted anti-Semitic legislation, shared heavy responsibility for the atrocities committed by Nazi Germany. This lecture will bring to light the deeds of Italian Shindler, Giorgio Perlasca, who, unmotivated by selfishness, risked his own life to save endangered Jews who otherwise would have entered the infamous extermination camps. His exploits remained largely unknown for 40 years before he was awarded the deserved tribute befitting this righteous act.

Dr. Bart DePetrillo, a native of Italy, has spent most of his adult life in Waterbury where he practiced obstetrics and gynecology for more than 30 years. Since his retirement, he has devoted his time to proclaim Italian culture by teaching the Italian language and lecturing extensively on historic and artistic topics. Dr. DePetrillo is also an OLLI presenter.



UCONN WATERBURY RESEARCH LECTURE SERIES

Scientifically Improving the Pomperaug River

Tuesday, September 18, 2012 12:45 PM to 2:00 PM, Room #333

Since the late 1800s, the Pomperaug Basin has been of significant interest to the U.S. Geological Survey. The Pomperaug River Watershed Coalition is using this research to improve the water quality and habitat of the river, improve land management practices, and to prevent degradation in surrounding communities. Learn about the fish population and other critical research being used for a habitat improvement project along the Pomperaug River in Southbury.

Carol Haskins, Outreach Director, and James Belden, Executive Director of the Pomperaug River Watershed Coalition use both science and education to protect and improve the high quality water in their local communities.

Preventing Lyme Disease in Your Backyard

Tuesday, October 16, 2012 12:45 PM to 2:00 PM, Room #333

Blacklegged ticks are found throughout the northeastern landscape, and have been implicated in the transmission of Lyme disease, babesiosis and human anaplasmosis. Hear about the ecology of these tiny blood-sucking creatures, and why prevention efforts should begin by focusing on our own backyards. Results of a large Connecticut Lyme disease prevention study will be presented.

Neeta Connally, PhD has been conducting Lyme disease ecology and prevention research for 12 years at U.R.I., the NY State Department of Health, and Yale School of Public Health. A member of the Department of Biological and Environmental Sciences at Western CT State University, she conducts research pertaining to the prevention of diseases transmitted by blood-sucking arthropods.

Logical Fallacies: How to Recognize and Use them to One's Own Advantage

Wednesday, November 7, 2012 12:45 PM – 2:00 PM, Room #333

Logical fallacies are standard forms of flawed reasoning that seduce and often persuade us, but are sometimes not logically sound and lead to faulty conclusions. This lecture will discuss several of these fallacies, how to recognize them and how to use them to one's own advantage.

Edward H. Freeman, JD, MCP, MCT, an attorney and educational consultant in West Hartford, has written over 70 articles on computer technology, privacy, security and legal issues. He is also an adjunct faculty member at CCSU, St. Joseph College, and UConn – teaching math and computer science courses.

AARP DRIVERS SAFETY



The power to make it better.

Sign up for one of the sessions on the member registration form – check date of choice

The AARP Drivers Safety Program is the nation's first and largest classroom driver safety course designed especially for drivers age 50 and older. There are no on-the-road or written tests. Participants learn how to operate their vehicles more safely in today's increasingly challenging driving environment.

The **NEW** 4-hour course offers drivers:

- Insight into how age-related changes in vision, hearing and reaction time affect driving
- Information about the most dangerous situations for older drivers
- · Tips for driving with trucks, buses and other large vehicles
- · Strategies for handling aggressive and impaired drivers
- Recommendations for scanning habits, mirror adjustments and following distances
- · Ways to evaluate unsafe driving habits.

Upon completion, participants will receive a Certificate which they can submit to their insurance companies for a policy discount.

Monday, September 24, 2012 9:00 AM to 1:30 PM OR Monday, November 12, 2012 9:00 AM to 1:30 PM Room #119 – first floor

Registration and Cost

Please call 203-236-9924 to register today!

Fees are payable on the first day of class in the classroom (UConn Waterbury campus, Room 119)

\$12 AARP Member (you must bring your membership card to the first class)

\$14 Non-AARP member

OLLI Membership is not required to register

During the month of November, U.S. Veterans can attend course for FREE.



OLLI Partnership Events

OLLI members will receive discounts for events sponsored by partnering organizations.

THE PALACE THEATER ♥ OLLI



Photo courtesy of Louis Belloisy

YOUR PALACE

Hop aboard the Palace Theater's Magical Mystery Tour bus and travel back to the '60s - a time when pop art reigned and everything was groovy!





THIS IS THE '60S

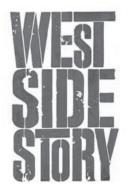
Saturday, November 17 - 8:00 PM

It's the ultimate multimedia stage experience – featuring events that shaped the music, and music that helped shape the events –

during one of the world's most turbulent decades. Experience live music, film, dance, vintage fashion, and computer-generated imagery, recreating the decade's pop culture – from Rock & Roll to the birth of the peace movement. Enjoy classics from The Beatles, The Rolling Stones, Jefferson Airplane, The Who, Jimi Hendrix, Janis Joplin and many more.

Tickets: \$45/\$35/\$25 (prices exclude fees)

Gather 20 or more friends and become a group to enjoy 10% group discount savings and other special group benefits. To learn more, call Deirdre Patterson, 203-346-2011.



WEST SIDE STORY

Saturday, November 24 - 2:00 PM and 8:00 PM Sunday, November 25 - 1:00 PM and 6:30 PM

More than fifty years ago one musical changed theater forever. Now it's back and mesmerizing audiences once again – West Side Story – the greatest love story of all time. Based on award-winning Arthur Laurents' Broadway direction, the show remains as powerful, poignant and timely as ever. The Bernstein and Sondheim score features such classics of the American

musical theatre as Something's Coming, Tonight, America, I Feel Pretty and Somewhere.

Tickets: \$69/\$59/\$49 (prices exclude fees)

Mention you're an OLLI member to enjoy 10% savings on single tickets to this show! OLLIs must ask for discount at time of purchase – either by phone (203-346-2000) or in-person.







Come Join The Fun!

Seven Angels Theatre is offering OLLI members \$5 off any regular price ticket during the 2012 fall season (cannot be combined with other discount offers). Call the Seven Angels Theatre box office (203-757-4676) for a list of shows for the upcoming season.

MATTATUCK MUSEUM



We are proud to say - All OLLI members are Mattatuck Museum members and receive the same member benefits. Visit www.MattatuckMuseum.org for information on programs, events and exhibitions for the fall and winter!

OLLI Program Membership Benefits

- Members of the OLLI Program have unlimited free admission to the Museum by showing their OLLI membership cards.
- Discounted admission to the First Thursday Concert Series at the Museum: OLLI Members receive the same discount as Mattatuck Museum members.
- Free Admission to Museum Exhibition Openings.
- All communications from the museum to the OLLI staff and members will be sent by email.
 To receive emails, OLLI members must sign up at the Mattatuck
 Museum website.
- Visit www.MattatuckMuseum.org for information for First Thursday performers for the fall and winter!

First Thursday and TGI Third Thursday at the Mattatuck Museum

5:30 PM to 7:30 PM

Admission: \$7 for museum and OLLI members. Join us for exceptional live jazz music on First Thursday and for danceable favorites by well-known local musicians on TGI Third Thursday. For advance tickets, call 203-753-0381 ext.10 or go to the website. Convenient, free parking is located directly behind the museum on Park Place.

- Thursday, September 20 TGI Third Thursday
- Thursday, October 4 All Jazz First Thursday
- Thursday, October 18 TGI Third Thursday
- Thursday, November 1 All Jazz First Thursday
- Thursday, November 15 TGI Third Thursday

Current & Upcoming Exhibitions at the Museum

Community Gallery

- In the Shadow of Saint Anne's: The Life of a Changing Community on view from June 28, 2012 - October 21, 2012.
- Waterbury Symphony Orchestra Celebrates
 75 Years on view from November 2, 2012 –
 February 2013.

Whittemore Gallery

Opening September 14, Art for Everyone:
 The Federal Art Project in Connecticut explores the paintings, murals, and sculptures created from the early 1930s to the outbreak of World War II when the federal government invested substantial funds in back-to-work programs, including work projects in the arts.

Sculpture Installation

 Mara Sfara: Mythology and Magic on view from June 28 – September 9, 2012. The installation of Sfara's whimsical bronze sculptures will inaugurate a new rooftop sculpture terrace, which is only visible from within the museum.

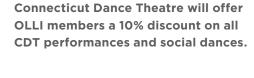
CONNECTICUT DANCE THEATRE





Donna Bonasera

For all CDT events, contact Donna Bonasera at CDTstudio in the new location at 120 Bank Street 203-573-0004





OLLI Partnership Events

WATERBURY SYMPHONY ORCHESTRA



The WSO is offering a 20% discount to OLLI members on any single "choice" ticket (\$30, discounted to \$24). Call the WSO office at 203-574-4283 to purchase your tickets. Come join in the celebration of our 75th Anniversary!

Celebrazione!

September 29, 2012 — 8:00 PM NVCC Fine Arts Center

Come open our season with a work from our very first concert, Tchaikovsky's "Capriccio Italian" and salute our founding conductor's Italian Heritage with Respighi's "Roman Festival." Guest pianist Alex Beyer is back for Mozart's "Piano Concerto no. 20, D minor, k.466." Immediately following the concert, you're invited to our birthday party!

Bolero

November 4, 2012 – 3:00 PM NVCC Fine Arts Center

Ravel's Bolero is one of the greatest orchestral showpieces ever written. This concert will explore exotic places of the world, with a healthy dose of Spain, which inspired three Frenchmen to create their masterpieces. Guest Artists include: Kim Collins, flute, Itamar Zorman, violin and Jennifer Ayler, soprano.

Messiah

(three performances to choose from)

December 7, 2012 – 8:00 PM
First Congregational Church, Washington

December 8, 2012 – 8:00 PM St. Michael's Church, Litchfield

December 9, 2012 – 3:00 PM NVCC Fine Arts Center

Since it was premiered in Dublin in 1741, Handel's Messiah has continued to inspire with its message of joy and celebration. Soloists from the Yale University opera program and the chorus of Naugatuck Valley Community College will give voice to this timeless classic.



Leif Bjaland, Music Director, shares a laugh with OLLI members attending the spring OLLI class presented by the WSO.

UNIVERSITY OF CONNECTICUT



NEAG School of Education

Neag School of Education - Teacher Certification Program for College Graduates

Become a Teacher and Earn a Master's in one year!

Waterbury Campus Information Sessions: September 18 and October 23, 2012, 6:30 PM — Room 113.

Contact: Ann Marie Niesobecki 203-236-9926 or ann marie.niesobecki@uconn.edu

UConn School of Business BAProgram

Fall 2012 Open Houses in Waterbury

Tuesday, September 4 - Wednesday, October 3 - Thursday, November 8 - Tuesday, December 4

Monthly MBA Program Open Houses will be held for anyone interested in UConn's part-time, full-time or Executive MBA programs. Information sessions will begin at 5:00 and 6:00 PM. MBA admissions, curriculum and course scheduling will be discussed. Please call (203) 236-9935 or email glen. richardson@business.uconn.edu if you have any questions or wish to RSVP to an MBA Open House.



UConn Degree Completion Programs

BPS Bachelor of Professional Studies Degree BGS Bachelor of General Studies Degree

Center for Continuing Studies

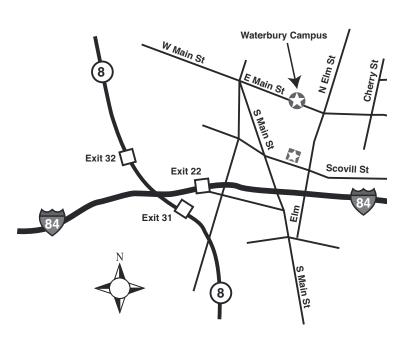
Flexible Bachelor's Degree options for students with 60+ credits

Waterbury Campus

Contact: Susan Kienle 203-236-9932 or susan.kienle@uconn.edu

Contact Us

For more information call 203-236-9924 or 203-236-9925. Email: osher@uconn.edu or visit our website at www.waterbury.uconn.edu/osher



Directions

The UConn campus is located at 99 East Main Street in Waterbury, across the street from the Palace Theater. Parking and directions to campus can be obtained from our website, www.waterbury. uconn.edu/osher or by calling 203.236.9924.

Parking

By special arrangement with the UConn Waterbury campus, OLLI membership includes University parking privileges in downtown Waterbury. Parking passes are issued to paid members and presenters. OLLI members can use their parking pass in the UConn garage located on North Elm Street on a space available basis. Parking is allowed ONLY on levels 2 and 3. Parking on level I is reserved for UConn faculty and staff ONLY and is not accessible to OLLI members or presenters.* ALL replacement parking stickers: \$10. OLLI members can also use the Scovill Street Garage on levels 5 and 6 by displaying their UConn parking pass. The Scovill Street Garage is located opposite the campus and directly behind the Palace Theater—it is a short walk through a paved courtyard to the UConn campus.

*Violators will be ticketed!



Osher Lifelong Learning Institute The University of Connecticut 99 East Main Street Waterbury, CT 06702



OLLI Photos Courtesy of Tom Kmetzo and UConn, Waterbury I.T. Department Brochure Design: Rita Quinn (OLLI) and Michele Hyjek Design



The University of Connecticut's Waterbury campus serves more than 1,100 students annually. In its sixty years of operation, UConn Waterbury has opened the doors to educational access and excellence to thousands of Connecticut residents, many of whom have distinguished themselves in the fields of community service, business, education, law and politics. Today, the campus is located in a modern, state-of-the art facility in the heart of downtown Waterbury. Our neighbors are the historic Palace Theater and the Waterbury Arts Magnet middle and high school, making our location a beacon for educational and cultural enlightenment. Students enjoy quality interaction with great professors and participate in research opportunities that enrich the college experience. An extensive range of undergraduate and graduate course offerings and study areas are available. Visit us online: www.waterbury.uconn.edu.

