Day - Hiking

What to bring:

- Hiking boots
- Base-layer athletic clothing
- Fleece / insulating layer
- Light-weight / quick drying pants
- Rain jacket
- Water (32oz +)
- High energy snacks
- Extra cash
- Bugspray / sunscreen

What to tell our staff:

- If you would like a rental day-pack, or have your own

Provided Gear

- Trekking Poles (optional)
- Daypack (optional)

Personal Gear

Daypack:

- Water bottles
- High energy snacks
- Spending money

Athletic clothing (layers)

- Base - wicking, performance materials
- Insulating - fleece, wool, down
- Shell - rain jacket / pants

WATERPROOF HIKING BOOTS!